

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661		<b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support	<b>Location Keys</b> Assisted Living Dining Room ALD Bistro Area BA Card Room CR Dining Room DR Front Lobby FL Lounge L Theater Room TV	9:00 <b>PE</b> Balance & Posture [ALD] <b>1</b> 9:30 <b>LL</b> Donuts and Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 2:00 <b>SS</b> AL ONLY One on One w/ Anna 3:00 <b>CE</b> History's Mysteries [TV] 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>PE</b> Group Walk to Safeway [FL] <b>2</b> 10:00 <b>LL</b> Wii Bowling 2 [TV] 10:30 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 2:00 <b>CE</b> Cribbage [CR] 2:00 <b>CC</b> Home Made Pie Day Bake Sale 3:00 <b>LL</b> Happy Birthday Happy Hour w/ Mathew Casey [BA] 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>3</b> 9:30 <b>LL</b> Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>LL</b> 9 Square [CR] 3:00 <b>LL</b> Table Games [CR] 6:00 <b>LL</b> Nightly Movie: [TV]
10:00 <b>LL</b> Sunday Stroll <b>4</b> 1:30 <b>SS</b> Self Care Day (meditate/reflect) 3:00 <b>LL</b> Sunday Fun Day Board Games 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>SS</b> Bible Study [CR] <b>5</b> 10:00 <b>PE</b> Free BP Clinic w/ Tracy [FL] 11:00 <b>CE</b> Chuck Presentation 11:00 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 3:00 <b>LL</b> Dean Sings [BA] 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>6</b> 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>CE</b> Mexican Train Dominos [BA] 1:30 <b>LL</b> National Rootbeer Float Day Social 2:00 <b>CC</b> Resident Council Meeting 3:00 <b>LL</b> Dule over Pool (Billiards table) [L] 6:00 <b>LL</b> Nightly Movie:	10:00 <b>LL</b> Guide Dogs for the Blind <b>7</b> 10:30 <b>PE</b> Sittercise [L] 1:00 <b>CE</b> Hand & Foot [L] 3:00 <b>LL</b> Scored Shuffle Board [L] 3:00 <b>PE</b> Wii Bowling 2 [TV] 6:00 <b>LL</b> Nightly Movie:	Clancy's bday Dona's bday 9:00 <b>PE</b> Balance & Posture [ALD] <b>8</b> 9:30 <b>LL</b> Donuts and Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 2:00 <b>SS</b> AL ONLY One on One w/ Anna 2:45 <b>CC</b> Town Hall [DR] 6:00 <b>LL</b> Nightly Movie [TV]	Gail's bday 10:00 <b>PE</b> Group Walk to Post Office [FL] <b>9</b> 10:00 <b>LL</b> Wii Bowling 2 [TV] 10:30 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 2:00 <b>CE</b> Cribbage [CR] 3:00 <b>LL</b> Happy Hour w/ Jim Collins 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>10</b> 9:30 <b>LL</b> Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>LL</b> 9 Square [CR] 3:00 <b>LL</b> Table Games [CR] 6:00 <b>LL</b> Nightly Movie: [TV]
Marilyn's bday Pauline's bday 9:00 <b>CC</b> Sunday Brunch [DR] <b>11</b> 10:00 <b>LL</b> Sunday Stroll 1:30 <b>SS</b> Self Care Day (meditate/reflect) 2:00 <b>SS</b> Worship Service w/Wood Village Baptist Church [CR] 3:00 <b>LL</b> Sunday Fun Day Board Games 6:00 <b>LL</b> Nightly Movie [TV]	9:30 <b>LL</b> National Vinyl Record Day - Bring yours down we will be listening all day [BA] <b>12</b> 10:00 <b>SS</b> Bible Study [CR] 10:00 <b>PE</b> Free BP Clinic w/ Tracy [FL] 11:00 <b>PE</b> Sittercise [L] 1:00 <b>CE</b> FREE BINGO w/ ANNA [L] 1:30 <b>LL</b> Pinochle [CR] 2:00 <b>LL</b> Monday Matinee w/ Popcorn [TV] 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>13</b> 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>CE</b> Mexican Train Dominos [BA] 2:00 <b>LL</b> Food Forum w/Chef Robert [L] 3:00 <b>LL</b> Dule over Pool (Billiards table) [L] 6:00 <b>LL</b> Nightly Movie:	10:00 <b>LL</b> Sandi's Artistic Impressions \$2-\$40 [CR] <b>14</b> 10:20 <b>LL</b> Lunch Outing: Cascade Dining at Skamina Lodge 10:30 <b>PE</b> Sittercise [L] 1:00 <b>CE</b> Hand & Foot [L] 3:00 <b>LL</b> Scored Shuffle Board [L] 3:00 <b>PE</b> Wii Bowling 2 [TV] 6:00 <b>LL</b> Nightly Movie:	9:00 <b>PE</b> Balance & Posture [ALD] <b>15</b> 9:30 <b>LL</b> Donuts and Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>CE</b> Humana Presentation: Partner w/ Doctor 2:00 <b>SS</b> AL ONLY One on One w/ Anna 3:00 <b>LL</b> The Carol Burnett Show [TV] 6:00 <b>LL</b> Nightly Movie [TV]	9:00a <b>CC</b> Cherry Park Plaza INDOOR GARAGE SALE <b>16</b> 10:00 <b>LL</b> Wii Bowling 2 [TV] 10:30 <b>PE</b> Sittercise [ALD] 1:00 <b>LL</b> Bingo [L] 2:00 <b>CE</b> Cribbage [CR] 3:00 <b>LL</b> Happy Hour w/ Pablo 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>17</b> 9:30 <b>LL</b> Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>LL</b> 9 Square [CR] 3:00 <b>LL</b> Table Games [CR] 6:00 <b>LL</b> Nightly Movie: [TV]
10:00 <b>LL</b> Sunday Stroll <b>18</b> 1:30 <b>SS</b> Self Care Day (meditate/reflect) 3:00 <b>LL</b> Sunday Fun Day Board Games 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>SS</b> Bible Study [CR] <b>19</b> 10:00 <b>PE</b> Free BP Clinic w/ Tracy [FL] 11:00 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 3:00 <b>LL</b> Dean Sings [BA] 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>20</b> 11:00 <b>CC</b> GARMENTS ON THE GO 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>CE</b> Mexican Train Dominos [BA] 1:30 <b>CC</b> New Resident Pie Social [L] 3:00 <b>LL</b> Dule over Pool (Billiards table) [L] 6:00 <b>LL</b> Nightly Movie:	9:30 <b>LL</b> Aviation Museum <b>21</b> 10:30 <b>PE</b> Sittercise [L] 1:00 <b>CE</b> Hand & Foot [L] 3:00 <b>LL</b> Scored Shuffle Board [L] 3:00 <b>PE</b> Wii Bowling 2 [TV] 6:00 <b>LL</b> Nightly Movie:	9:00 <b>PE</b> Balance & Posture [ALD] <b>22</b> 9:30 <b>LL</b> Donuts and Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 2:00 <b>SS</b> Luau Performers 3:00 <b>CE</b> Music History [TV] 4:00 <b>LL</b> Luau Dinner 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>PE</b> Group Walk of choice [FL] <b>23</b> 10:00 <b>LL</b> Wii Bowling 2 [TV] 10:30 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 2:00 <b>CE</b> Cribbage [CR] 3:00 <b>LL</b> Happy Hour w/ Cowboy Mike 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>24</b> 9:30 <b>LL</b> Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>LL</b> 9 Square [CR] 3:00 <b>LL</b> Table Games [CR] 6:00 <b>LL</b> Nightly Movie: [TV]
10:00 <b>LL</b> Sunday Stroll <b>25</b> 1:30 <b>SS</b> Self Care Day (meditate/reflect) 2:00 <b>SS</b> Worship Service w/Wood Village Baptist Church [CR] 3:00 <b>LL</b> Sunday Fun Day Board Games 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>SS</b> Bible Study [CR] <b>26</b> 10:00 <b>PE</b> Free BP Clinic w/ Tracy [FL] 11:00 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 1:30 <b>LL</b> Pinochle [CR] 2:00 <b>LL</b> Monday Matinee w/ Popcorn [TV] 2:30 <b>CC</b> Able Hearing [CR] 6:00 <b>LL</b> Nightly Movie:	Cathy's bday 9:30 <b>PE</b> Balance & Posture [ALD] <b>27</b> 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>CE</b> Mexican Train Dominos [BA] 2:00 <b>LL</b> Sorbet Social [L] 3:00 <b>LL</b> Dule over Pool (Billiards table) [L] 6:00 <b>LL</b> Nightly Movie:	10:00 <b>LL</b> Lunch Outing: The Eatery at Grant House <b>28</b> 10:30 <b>PE</b> Sittercise [L] 1:00 <b>CE</b> Hand & Foot [L] 3:00 <b>LL</b> Scored Shuffle Board [L] 3:00 <b>PE</b> Wii Bowling 2 [TV] 6:00 <b>LL</b> Nightly Movie:	9:00 <b>PE</b> Balance & Posture [ALD] <b>29</b> 9:30 <b>LL</b> Donuts and Coffee Social [L] 10:00 <b>CE</b> Resident Store [L] 11:00 <b>PE</b> Wii Bowling [TV] 2:00 <b>SS</b> AL ONLY One on One w/ Anna 3:00 <b>LL</b> The Carol Burnett Show [TV] 6:00 <b>LL</b> Nightly Movie [TV]	10:00 <b>PE</b> Group Walk up 257th [FL] <b>30</b> 10:00 <b>LL</b> Wii Bowling 2 [TV] 10:30 <b>PE</b> Sittercise [L] 1:00 <b>LL</b> Bingo [L] 2:00 <b>CE</b> Cribbage [CR] 3:00 <b>LL</b> Happy Hour w/ Flutist Karen 6:00 <b>LL</b> Nightly Movie:	9:30 <b>PE</b> Balance & Posture [ALD] <b>31</b> 9:30 <b>LL</b> Coffee Social [L] 11:00 <b>PE</b> Wii Bowling [TV] 1:00 <b>LL</b> 9 Square [CR] 3:00 <b>LL</b> Table Games [CR] 6:00 <b>LL</b> Nightly Movie: [TV]