


August 2019 Assisted Living Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><p>WALTONWOOD[®] ASHBURN <i>Redefining Retirement Living</i> SINGH</p></div>	LOCATION Arbor Hobby Room (AHR) Fitness Room (FIT) IL Pool (ILP) Trunk Club (TC) Cafe (CF) Front Lobby (FL) Garden Room (GAR) Theater (TH) Dining Room (DR)			10:00am Resident Council Meeting (AHR) 10:30am Strength Training with Sue (FIT) 11:00am Resident Meeting (AHR) 2:00pm Water Walking (ILP) 3:00pm Gym Orientation with Sue (FIT) 3:00pm Bridge Club (TC) 4:00pm Sweet Treats Social (CF) 6:30pm Prize Bingo with Helping Seniors of VA (AHR)	10:00am Jeopardy Trivia (TC) 10:30am HUR Gym Equipment (FIT) 11:00am Board Game: Hollywood Game Night (TC) 2:00pm Pet Visit with Duke & Mason (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Happy Hour & Concert with Aaron Karppala (CF)	10:00am Garden Club (GAR) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: Beetlejuice (TH) 7:00pm Movie Replay (TH)
9:30am Christian Fellowship Church Non-Denominational Service (TH) 9:45am St. Teresa/St. David Church Trip (FL) 10:00am Dice Game: Bowling (TC) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: Marty (TH) 7:00pm Movie Replay (TH)	4 10:00am Bulletin Board Trivia (TC) 10:30am Balance Training with Sue (FIT) 11:00am Tech Class 101: Cell Phones (TC) 2:00pm Card Game: Canasta (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Monday Mixer & Concert with the Nguyen Brothers (CF)	5 10:00am Finish the Song Lyrics (TC) 10:00am Outing: Village Lanes Bowling (FL) 10:30am Strength Training with Sue (FIT) 11:00am Word Game: Crossword Puzzles (AHR) 2:00pm Card Game: Phase 10 (TC) 3:00pm Personal Training with Sue (FIT) 4:00pm Cocktail Hour (CF)	6 10:00am Ultimate Trivia (TC) 10:30am Cognitive Cardio with Sue (FIT) 11:00am Newcurrents (TC) 2:00pm Movie Matinee: The Graduate (TH) 3:00pm Personal Training with Sue (FIT) 4:00pm August Birthday Party (CF) 7:00pm Movie Replay (TH)	7 10:00am Words to Live By & Laugh By (TC) 10:30am Strength Training with Sue (FIT) 11:00am Bible Study with Fred (TH) 2:00pm Arts & Crafts: Walker Accessory Bag (AHR) 2:00pm Tile Game: Rummikub (TC) 3:00pm Gym Orientation with Sue (FIT) 3:00pm Bridge Club (TC) 4:00pm Sweet Treats Social (CF) 6:30pm Garden Show with the Garden Club (GAR)	8 10:00am August in History (TC) 10:30am HUR Gym Equipment (FIT) 11:00am Book Club Discussion (AHR) 2:00pm Pet Visit with Fluffernutter & Aristotle (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Happy Hour & Concert with Davis Bradley Duo (CF)	9 10:00am Garden Club (GAR) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: West Side Story (TH) 7:00pm Movie Replay (TH)
9:30am Christian Fellowship Church Non-Denominational Service (TH) 9:45am St. Teresa/St. David Church Trip (FL) 10:00am Board Game: Parcheesi (TC) 10:30am Open Gym (FIT) 11:00am Hymn Sing with Jocelyn (CF) 2:00pm Movie Matinee: Rebecca (TH) 3:00pm Pet Visit with Amos (TC) 7:00pm Movie Replay (TH)	11 10:00am More Jeopardy Trivia (TC) 10:30am Balance Training with Sue (FIT) 11:00am Resident Care Team Meeting with Yesenia (AHR) 2:00pm DJ & Dancing with Bill & Jean (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Monday Mixer (TC)	12 10:00am Trivia Challenge (TC) 10:30am Strength Training with Sue (FIT) 11:00am Word Game: Crossword Puzzles (AHR) 2:00pm Dice Game: Bunco (TC) 3:00pm Personal Training with Sue (FIT) 4:00pm Waltonwood Welcome Social (CF)	13 10:00am State Fair & Amusement Parks Trivia (TC) 10:30am Cognitive Cardio with Sue (FIT) 11:00am Newcurrents (TC) 11:30am Outing: Lunch Bunch - Matchbox (FL) 2:00pm Movie Matinee: Sixth Sense (TH) 3:00pm Personal Training with Sue (FIT) 4:00pm Dog Days of Summer Social (GAR) 7:00pm Movie Replay (TH)	14 10:00am Trivia Madness (TC) 10:30am Strength Training with Sue (FIT) 11:00am Bible Study with Fred (TH) 2:00pm Water Walking (ILP) 3:00pm Gym Orientation with Sue (FIT) 3:00pm Bridge Club (TC) 4:00pm Sweet Treats Social (CF) 5:00pm Dinner Cabaret Show (DR) 6:30pm Estate Planning Presentation with Legacy Centers: Benefits of Trusts vs. Wills (TC)	15 10:00am EZ Does It Trivia (TC) 10:30am HUR Gym Equipment (FIT) 11:00am Primrose School Game Day (TC) 2:00pm Pet Visit with Duke & Mason (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Happy Hour & Concert with Audrey Harris (CF)	16 10:00am Garden Club (GAR) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: Good Morning, Vietnam (TH) 7:00pm Movie Replay (TH)
9:30am Christian Fellowship Church Non-Denominational Service (TH) 9:45am St. Teresa/St. David Church Trip (FL) 10:00am Tile Game: Triominos (TC) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: Chinatown (TH) 7:00pm Movie Replay (TH)	18 10:00am Ultimate Senior Trivia (TC) 10:30am Balance Training with Sue (FIT) 11:00am Cranium Crunches (AHR) 2:00pm Card Game: Canasta (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Musical Monday Mixer: Tony Bennett (TC)	19 10:00am August IQ (TC) 10:30am Strength Training with Sue (FIT) 11:00am Word Game: Crossword Puzzles (AHR) 11:45am Catholic Rosary (TH) 2:00pm Board Game: Scene It (TH) 2:00pm Outing: Nothing Bundt Cakes (FL) 3:00pm Personal Training with Sue (FIT) 4:00pm Cocktail Hour (CF)	20 10:00am Trivia of the 1920s-40s (TC) 10:30am Cognitive Cardio with Sue (FIT) 11:00am Newcurrents (TC) 2:00pm Movie Matinee: Billy Elliot (TH) 3:00pm Personal Training with Sue (FIT) 4:00pm National Senior Citizen Day Social (TC) 7:00pm Movie Replay (TH)	21 10:00am Random Trivia (TC) 10:30am Strength Training with Sue (FIT) 11:00am Bible Study with Fred (TH) 2:00pm Dice Game: Farkle Roll (TC) 3:00pm Gym Orientation with Sue (FIT) 3:00pm Bridge Club (TC) 4:00pm Sweet Treats Social (CF) 6:30pm Singing Telegrams with Rachel (TC)	22 10:00am A-Z Trivia (TC) 10:30am HUR Gym Equipment (FIT) 11:00am History Presentation with Jimmy: Political Cartooning Through the Ages (TC) 2:00pm Pet Visit with Jack (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Happy Hour & Concert with Michael T & Alice P (CF)	23 10:00am Garden Club (GAR) 10:30am Open Gym (FIT) 11:00am Smiles Through Music Concert (CF) 2:00pm Movie Matinee: Mrs. Doubtfire (TH) 7:00pm Movie Replay (TH)
9:30am Christian Fellowship Church Non-Denominational Service (TH) 9:45am St. Teresa/St. David Church Trip (FL) 10:00am Word Game: Scrabble (TC) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: A Few Good Men (TH) 7:00pm Movie Replay (TH)	25 10:00am Who, What, When Trivia (TC) 10:30am Balance Training with Sue (FIT) 11:00am Name Chase (TC) 2:00pm Card Game: Canasta (TC) 3:00pm Waltonwood Walkers (FL) 4:00pm Musical Monday Mixer: American Bandstand (TC)	26 10:00am Everyday Life Trivia (TC) 10:30am Strength Training with Sue (FIT) 11:00am Word Game: Crossword Puzzles (AHR) 12:00pm Lunch Out/In: Papa John's Pizza (AHR) 2:00pm Art Class with Juliet (AHR) 3:00pm Personal Training with Sue (FIT) 4:00pm Cocktail Hour (CF)	27 10:00am Modern Day Trivia (TC) 10:00am Shopping at Target (FL) 10:30am Cognitive Cardio with Sue (FIT) 11:00am Newcurrents (TC) 2:00pm Movie Matinee: Gran Torino (TH) 3:00pm Personal Training with Sue (FIT) 4:00pm Feeling Hot, Hot, Hot Social (GAR) 7:00pm Movie Replay (TH)	28 10:00am Mind Joggers Trivia (TC) 10:30am Strength Training with Sue (FIT) 11:00am Bible Study with Fred (TH) 2:00pm Tile Game: Qwirkle (TC) 3:00pm Gym Orientation with Sue (FIT) 3:00pm Bridge Club (TC) 4:00pm Sweet Treats Social (CF) 6:30pm Bedtime Bingo (AHR)	29 10:00am Sports Trivia (TC) 10:30am HUR Gym Equipment (FIT) 11:00am Olli Players: Olli's Follies (DR) 2:00pm Word Game: Wheel of Fortune (AHR) 3:00pm Waltonwood Walkers (FL) 4:00pm Happy Hour & Concert with Katy Morse (CF)	30 10:00am Garden Club (GAR) 10:30am Open Gym (FIT) 2:00pm Movie Matinee: Grumpier Old Men (TH) 7:00pm Movie Replay (TH)