## Country Club of Woodland Hills - Activities Calendar for August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1st Floor GH-Great Hall GR-Gathering Room DR-Dining Room CR-Crystal Room BR-Billiards Room C – Chapel RD – Residential Dining  2nd Floor & Cottages EC-Entertainment Center L-Library CL-Cozy Lounge CCH—Cottage Club House	All vendors will be in the Great Hall from approximately 10 am - 2 pm  Dr. Wong, Therapeutic Reflexologist Is at 918.813.3338 Comes to CCWH on Mondays. Please Call to make appt	Trip to Pawhuska  Front Row: Norma Thomason, Armenda Cann,		<ul> <li>1</li> <li>9:30 am Sr Tai Chi DVD - BR</li> <li>1:00 pm—1:30 pm Blood Pressure Checks-BR</li> <li>1:30 pm SCRABBLE! - EC</li> <li>2:00 pm Hand Maidens— CL</li> <li>3:15 pm Bible Study -EC</li> <li>6:30 pm Resident led Bingo—EC</li> </ul>	<ul> <li>2 9:30 am Breakfast Club-RD</li> <li>10:15 am Chair Exercise-BR</li> <li>12:30 pm Mexican Train—EC</li> <li>12:30 Poker with Bob - BR</li> <li>2:00 pm Town Hall – GH</li> <li>3:00 pm Social Hour w/ Fools on Stools</li> <li>5:00 Wii Bowling &amp; Billiards - BR</li> </ul>	Gardner's Book Store Trip 2 pm  Southern Gospel Worship Gathering FREE! Leaving at 5:15 pm
9:00 am Church Bus Runs  Sunday Brunch Buffet 11 am – 2 pm  11:15 am Worship Service- GH  1:30 pm Game Time – EC Mexican Train & Variety of Card Games  5:00 Cottage Night Out Saltgrass Steakhouse  5:30 pm Movie Night– GH	5 9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR 2:00 pm OM:NI-BR 3:00 pm Mindful Mondays - GH 5:00 pm ROMEO Club at Olive Garden	6 9:30 am Sr Tai Chi DVD - BR  10:30 am Lunch Bunch at Ted's Escondido  12:30 Poker with Bob - BR  1:00 pm Discovery University Presents President Truman: The Manhattan Project – EC  1:00 pm Penny Bingo – RD  6:00 pm Phase 10 - EC  6:00 Bridge - EC	<ul> <li>7</li> <li>9:00 am Stretch &amp; Tone CCH</li> <li>9:30 am Breakfast Club-RD</li> <li>10:15 am Chair Exercise-BR</li> <li>10:45 Prayer Meeting - C</li> <li>11-12 Therapy Dog Visit – Lobby</li> <li>12:30 pm Skip Bo—EC</li> <li>1:30 Fire &amp; Life Safety</li> <li>Presentation by Tulsa Fire Dept - GH</li> <li>5:30 pm Hand &amp; Foot—EC</li> <li>6:30 pm Movie Night-GH</li> </ul>	<ul> <li>8</li> <li>9:30 am Sr Tai Chi DVD - BR</li> <li>11:00 am Newcomer's</li></ul>	<ul> <li>9</li> <li>9:30 am Breakfast Club-RD</li> <li>10:15 am Chair Exercise-BR</li> <li>12:30 pm Mexican Train—EC</li> <li>12:30 Poker with Bob - BR</li> <li>3:00 pm Social Hour</li> <li>Celebrates the Dog Days of</li> <li>Summer with our CCWH</li> <li>Dog Parade &amp; Show</li> <li>5:00 Wii Bowling &amp; Billiards</li> <li>- BR</li> </ul>	GAMES!  Valizee  LET THE GOOD  TIMES ROLL!  2 PM - EC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ul> <li>9:00 am Church Bus Runs</li> <li>Sunday Brunch Buffet</li> <li>11 am – 2 pm</li> <li>11:15 am Worship Service-GH</li> <li>1:30 pm Game Time – EC</li> <li>Mexican Train &amp; Variety of</li> <li>Card Games</li> <li>5:30 pm Movie Night– GH</li> </ul>	<ul> <li>12 Avon</li> <li>9:00 am Stretch &amp; Tone CCH</li> <li>10:15 am Chair Exercise -BR</li> <li>1:00 pm Gilcrease Presents: Taos Society of Artists – EC</li> <li>2:00 pm OM:NI-BR</li> <li>3:00 pm Mindful Mondays - GH</li> </ul>	9:30 am Sr Tai Chi DVD - BR 10:45 am Lunch Bunch at Kirin Asian Cuisine & Sushi  12:30 Poker with Bob - BR 1:00 pm Penny Bingo – RD 2 – 4 pm Grief Share - CCH  5:00 Romeo Club at the Outback Steakhouse 6:00 pm Phase 10-EC 6:00 Bridge - EC	9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR  10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC 2:00 pm How to Hire a Caregiver – GH  3:30 pm Woodland Aires Choir Practice - GH 5:30 pm Hand & Foot—EC 6:30 pm Movie Night-GH	9:30 am Sr Tai Chi DVD - BR 10-12 Miracle Ear free hearing aid cleaning - GH 1:00 pm—1:30 pm Blood Pressure Checks-BR 1:30 pm SCRABBLE! - EC 2:00 pm Hand Maidens- CL 3:15 pm Bible Study -EC 6:30 pm Resident led Bingo—EC	<ul> <li>16</li> <li>9:30 am Breakfast Club-RD</li> <li>10:15 am Chair Exercise-BR</li> <li>12:30 pm Mexican Train—EC</li> <li>12:30 pm Poker with Bob– BR</li> <li>3:00 pm Social Hour w/ Jazz This!</li> <li>5:00 Wii Bowling &amp; Billiards</li> <li>- BR</li> </ul>	2:00 pm - GH Richard Hicks In Concert
9:00 am Church Bus Runs Sunday Brunch Buffet 11 am – 2 pm  11:15 am Worship Service- GH  1:30 pm Game Time – EC Mexican Train & Variety of Card Games  5:30 pm Movie Night– GH	9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR 2:00 pm OM:NI-BR 3:00 pm Mindful Mondays – GH	<ul> <li>9:30 am Sr Tai Chi DVD - BR</li> <li>10:45 Lunch Bunch at First Watch</li> <li>12:30 Poker with Bob - BR</li> <li>1:00 pm Birthday Party w/ Danny Miller - GH</li> <li>1:00 pm Penny Bingo - RD</li> <li>2 - 4 pm Grief Share - CCH</li> <li>6:00 pm Phase 10 - EC</li> <li>6:00 Bridge - EC</li> </ul>	21 9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR 10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC  1:30 pm RC Council & Block Party 2 <sup>nd</sup> Floor North - GH  4 pm Sara Doodle Dog - 5:30 pm Hand & Foot—EC 6:30 pm Movie Night-GH	9:30 am Sr Tai Chi DVD - BR 1:00 pm—1:30 pm Blood Pressure Checks-BR  1:30 pm SCRABBLE! - EC 2:00 pm Hand Maidens- CL 3:15 pm Bible Study -EC  5:00 Cottage Potluck CCH  6:30 pm Resident led Bingo	<ul> <li>9:30 am Breakfast Club-RD</li> <li>10:15 am Chair Exercise-BR</li> <li>12:30 pm Mexican Train—EC</li> <li>12:30 pm Poker with Bob - BR</li> <li>3:00 pm Social Hour w/ TBA</li> <li>5:00 Wii Bowling &amp; Billiards - BR</li> </ul>	24 Road Trip! Will Rogers Memorial Museum & Hammett House
<ul> <li>25</li> <li>9:00 am Church Bus Runs</li> <li>Sunday Brunch Buffet</li> <li>11 am – 2 pm</li> <li>11:15 am Worship Service-GH</li> <li>1:30 pm Game Time – EC</li> <li>Mexican Train &amp; Variety of Card Games</li> <li>5:30 pm Movie Night– GH</li> </ul>	<ul> <li>26 Avon</li> <li>9:00 am Stretch &amp; Tone CCH</li> <li>10:15 am Chair Exercise -BR</li> <li>2:00 pm OM:NI-BR</li> <li>3:00 pm Mindful Mondays - GH</li> </ul>	9:30 am Sr Tai Chi DVD - BR  10:45 am Lunch Bunch at Smitty's Garage Burgers & Beer  12:30 Poker with Bob - BR 1:00 pm Penny Bingo - RD 2 - 4 pm Grief Share - CCH  6:00 pm Phase 10-EC  6:00 Bridge - EC	9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD  10:15 am Chair Exercise-BR 10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC  3:30 pm Woodland Aires Choir Practice - GH 5:30 pm Hand & Foot - EC 6:30 pm Movie Night - GH	9:30 am Sr Tai Chi DVD – BR  1:00 pm—1:30 pm Blood Pressure Checks-BR  1:30 pm SCRABBLE! - EC 2:00 pm Hand Maidens– CL  3:15 pm Bible Study -EC  6:30 pm Resident led Bingo	9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR  12:30 pm Mexican Train—EC 12:30 pm Poker with Bob - BR  3:00 pm Social Hour w/ Sandy Knox Timeless Standards and Jazz Boogie Music  5:00 Wii Bowling & Billiards - BR	Arm Chair Travel: California 2:00 pm - GH