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<p>RSVP- Sign Up Required *Shopping Schedule Departs @ 9:30 *Mondays: Food Lion, Dollar General *Wednesdays: Wal-Mart, Harris Teeter, Whole Foods IL: Independent Living VS: Verra Spring ARB - Arboretum AR- Activity Room BR - Bridge Room</p>	<p>B - Bus Outing Conf - Conference Room CR - Carolina Room CH - Chapel DR- Dining Room LB - Library LR - Living Room LKVR - Lakeview Room P - Pool PDR - Private Dining Room WC - Wellness Fitness Center RSVP - Signup Required</p>		<p>Welcome New Residents: Joan Thompson - 311 Sara Perera - 209</p> 	<p>1 10:00 Chair Exercise (CR) 10:00 Homewatch BP Checks (Outside of CR) 11:00 Cardio Exercise (CR) 2:00 BINGO (PDR) 2:00 Public Library Books (LB) 3:00 Social Hour With Caroline Gregory (CR) 6:30 Rosary (CH) 6:30 Mental Aerobics with Anne Browning from Homewatch Caregivers (CR)</p>	<p>2 9:00 Resident Water Walk (P) *11:45 Ladies Lunch Out: J. Alexander's (B, RSVP) 10:15 Tai Chi (CR) 2:00 The Knit Wits: Knit & Crochet Group (AR) 2:00 Life in the Oceans (CR)</p> 	<p>3 9:00 Technology Assistance with Jen (RSVP, Café) 9:45 Anne Pringle: Sit and Stretch Exercise DVD (WTTV) 11:00 Balloon Jolly-ball (CR) 2:00, 6:30 & 9:15 Movie Nite: <u>Chicago</u> (WTTV) 2:00 Silvertones Handbell Choir (CR)</p> 
<p>4 10:00 Woodland Church (CR) 2:00 BINGO (PDR) 2:00 Scrabble (AR) 3:00 Quarterly Resident Meeting (DR) 6:30 & 9:15 Sunday Night Movie: <u>Chitty Chitty Bang Bang</u> (WTTV)</p> 	<p>5 8:00 Toastmasters (CR) 9:00 Resident Water Walk (P) *9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 12:45 Poker Club (LKVR) 1:00 Wellness Committee (CR) 2:00 Great Courses: Amazing Animals (CR) 3:00 Pool Time with Heather (P) 7:15 Aqua Zumba with Fiorella (P)</p>	<p>6 Dr. Hill Podiatrist Visit 8:00 Men's Breakfast, Barry's Restaurant (B, RSVP) 10:00 Exercise (CR) 11:00 Cardio Exercise (CR) 1:00 Stars of Your Era with Wayne: Hope Summers (CR) 2:00 BINGO with Betty (PDR) 2:00 Line Dancing (CR) 3:30 Movie Star Match (CR) 6:30 Resident Led Trivia (CR)</p> 	<p>7 *9:30 Shopping (B, RSVP) 9:30 Communion (CH) 10:00 Chair Exercise (CR) 11:00 Friendship Comm. (PDR) 1:00 Terrace Taxi (Car, RSVP) 1:00 Yoga with Carolyn (CR) 1:00 Po-Ke-No Game (BR) 1:30 Memoir Writers (LKVR) 2:00 Great Courses (CR) 2:00 Scrabble (AR) 3:00 Men's Beer Break (CR) 6:00 Canasta (BR) 6:15 Mental Aerobics with Stephanie (CR)</p>	<p>8 Taste Travel Explore: Cuba 10:00 Chair Exercise (CR) 10:00 Homewatch BP Checks (Outside of CR) 11:00 Cardio Exercise (CR) 1:00 Book Club (CR) 2:00 BINGO (PDR) 2:00 Public Library Books (LB) 2:00-3:30 Dementia Support Group Meeting (LKVR, RSVP) 3:00 Social Hour with Music From Luke Lowe (CR) 7:15 Aqua Zumba with Fiorella (P)</p> 	<p>9 9:00 Resident Water Walk (P) 10:15 Tai Chi (CR) 2:00 The Knit Wits: Knit & Crochet Group (AR) 2:00 Life in the Oceans (CR)</p> 	
<p>11 10:00 Woodland Church (CR) 2:30 Popcorn Movie Social: Glenn Miller Story (CR) 2:00 BINGO (PDR) 2:00 Scrabble (AR) 6:30 & 9:15 Sunday Night Movie: <u>Cinderella</u> (WTTV)</p> 	<p>12 8:00 Toastmasters (CR) 9:00 Resident Water Walk (P) 9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 12:45 Poker Club (LKVR) 2:00 Great Courses: Wonder of Birds (CR) 3:00 Pool Time with Heather (P) 3:15 Pal to Pal: Pen Pal Card Writing to Arboretum Residents (AR) 7:15 Aqua Zumba with Fiorella (P)</p>	<p>13 10:00 Exercise (CR) 10:00 Hearing Checks (AR) 11:00 Cardio Exercise (CR) 1:00 Dining Committee (LKVR) 1:00 Bldg. & Grds Comm. (PDR) *TBA Movie Outing (B, RSVP) 2:00 Line Dancing (CR) 2:00 BINGO with Dea (PDR) 3:00 Caroline Gregory in the Arb *CALLING ALL DANCERS!* (ARB)</p>	<p>14 9:30 Communion (CH) 9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 1:00 Terrace Taxi (Car, RSVP) 1:00 Yoga with Carolyn (CR) 1:00 Po-Ke-No Game with Anne From Homewatch (BR) 2:00 Great Courses: Wonder of Birds (CR) 2:00 Scrabble (AR) 3:00 Fiction Writers (PDR) 6:00 Canasta (BR) 6:15 Mental Aerobics with Stephanie (CR)</p>	<p>15 10:00 Chair Exercise (CR) 10:00 Homewatch BP Checks (Outside of CR) 11:00 Cardio Exercise (CR) 2:00 BINGO (PDR) 2:00 New Public Library Books (LB) 3:00 Social Hour With Music From Zek (CR) 6:30 Rosary (CH) 7:15 Aqua Zumba with Fiorella (P)</p>	<p>16 9:00 Resident Water Walk (P) 10:15 Tai Chi (CR) 1:30 Wii Bowling (WC) 2:00 The Knit Wits: Knit & Crochet Group (AR) 2:00 Life in the Oceans (CR) 3:00 Executive Director's Social with Matt Towler (CR & Café)</p> 	<p>17 9:00 Technology Assistance with Jen (RSVP, Café) 9:45 Anne Pringle: Sit and Stretch Exercise DVD (WTTV) 11:00 Memorial Service for Susan Keating (CR) 1:15 7th Day Adventist Sing Along (Arboretum A Hall) 2:00, 6:30 & 9:15 Movie Nite: <u>My House in Umbria</u> (WTTV) 2:00 Silvertones Handbell Choir (CR)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>18 10:00 Woodland Church (CR) 2:00 BINGO (PDR) 2:00 Scrabble (AR) 1:30 Memoir Writers Share (CR) 6:30 & 9:15 Sunday Night Movie: National Velvet (WTTV)</p> 	<p>19 8:00 Toastmasters (CR) 9:00 Resident Water Walk (P) 9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 12:45 Poker Club (LKVR) 1:00 Stand Strong Testing (WC) 2:00 Great Courses: Wonder of Birds (CR) 3:00 Pool Time with Heather (P) 4:30 Out on the Town: The Peddler Steakhouse (B, RSVP)</p> 	<p>20 10:00 Exercise (CR) 11:00 Cardio Exercise (CR) 1:00 Stars of Your Era with Wayne: Basil Rathbone (CR) 2:00 BINGO with Betty (PDR) 2:00 Line Dancing (CR) 6:30 Resident Led Trivia (CR)</p> 	<p>21 9:30 Communion (CH) 9:30 Shopping at Target (B, RSVP) 10:00 Chair Exercise (CR) 11:00 Chat with Legacy: Hydration (CR) 1:00 Board Meeting (PDR) 1:00 Terrace Taxi (Car, RSVP) 1:00 Po-Ke-No Game (BR) 1:00 Yoga with Carolyn (CR) 1:30 Memoir Writers (LKVR) 2:00 Great Courses (CR) 2:00 Scrabble (AR) 3:00 Men's Beer Break (CR) 6:00 Canasta (BR) 6:15 Mental Aerobics (CR)</p>	<p>22 10:00 Chair Exercise (CR) 10:00 Homewatch BP Checks (Outside of CR) 11:00 Cardio Exercise (CR) 1:00 Art Docent: Artists Depict Trees (CR) 2:00 BINGO (PDR) 2:00 Public Library Books (LB) 3:00 Birthday Social Hour (CR)</p> 	<p>23 9:00 Resident Water Walk (P) 10:15 Tai Chi (CR) 1:00 Crafting with Judi (LKVR, RSVP) 2:00 The Knit Wits: Knit & Crochet Group (AR) 2:00 Life in the Oceans (CR)</p> 	<p>24 9:45 Anne Pringle: Sit and Stretch Exercise DVD (WTTV) 11:00 Balloon Jolly-ball (CR) 1:30 Kaffeeklatsch Women's Group Get Together (LKVR, RSVP) 2:00, 6:30 & 9:15 Movie Nite: Operation Pacific (WTTV)</p> 	
<p>25 10:00 Woodland Church (CR) 2:00 BINGO (PDR) 2:00 Scrabble (AR) 3:00 Together One Voice Sing Along (CR) 6:30 & 9:15 Sunday Night Movie: Sunshine State (WTTV)</p> 	<p>26 8:00 Toastmasters (CR) 9:00 Resident Water Walk (P) 9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 12:45 Poker Club (LKVR) 2:00 Great Courses: Wonder of Birds (CR) 3:00 Pool Time with Heather (P) 3:15 Edwards Jones Chat: Estate Planning (CR)</p> 	<p>27 10:00 Exercise (CR) 11:00 Cardio Exercise (CR) 1:00 Stars of Your Era with Wayne: Laurence Olivier (CR) 2:00 BINGO with Dea (PDR) 2:00 Line Dancing (CR) 3:00 Homewatch Ice Cream Social (CR) 6:30 Active Minds Like a Think Voting Rights and Gerrymandering (CR)</p> 	<p>28 9:30 Communion (CH) 9:30 Shopping (B, RSVP) 10:00 Chair Exercise (CR) 12:00 Ladies Luncheon (RSVP, LKVR) 1:00 Terrace Taxi (Car, RSVP) 1:00 Po-Ke-No Game with Anne From Homewatch (BR) 1:15 Yoga with Carolyn (CR) 2:00 Great Courses: Wonder of Birds (CR) 2:00 Scrabble (AR) 3:00 Fiction Writers (PDR) 6:00 Canasta (BR) 6:15 Mental Aerobics (CR)</p> 	<p>29 10:00 Chair Exercise (CR) 10:00 Homewatch BP Checks (Outside of CR) 11:00 Cardio Exercise (CR) 2:00 BINGO (PDR) 2:00 Public Library Books (LB) 2:00-4:00 Last Dance for Summer Social with Music From the Sandrollers (CR)</p> 	<p>30 9:00 Resident Water Walk (P) 10:15 Tai Chi (CR) 11:00 Calendar Review (CR) 2:00 The Knit Wits: Knit & Crochet Group (AR) 2:00 Life in the Oceans (CR)</p> 	<p>31 9:00 Technology Assistance with Jen (RSVP, Café) 9:45 Anne Pringle: Sit and Stretch Exercise DVD (WTTV) 11:00 Balloon Jolly-ball (CR) 2:00, 6:30 & 9:15 Movie Nite: The Basketball Fix (WTTV)</p> 	
 <p>Woodland Terrace A KISCO SENIOR LIVING COMMUNITY</p>						<p>IL: Independent Living VS: Verra Spring AR - Activity Room ARB - Arboretum BR - Bridge Room B - Bus Outing C - Car Shuttle CK - Country Kitchen Conf - Conference Room CR - Carolina Room</p>	<p>CH - Chapel DR- Dining Room FL - Front Lobby LB - Library LR - Living Room LKVR - Lakeview Room P - Pool PDR - Private Dining Room WC - Wellness Fitness Center RSVP—Please Sign Up!</p>