

Sunday Monday Wednesday Thursday Saturday 9:30 SS Gussy UP and Happy Birthday Arva W. 9:30 SS Gussy UP and Positive 9:30 SS Gussy UP and Positive Positive **AE** Artistic Expression Affirmations Affirmations Affirmations 10:00 PE Morning Wake Up Movement 10:00 SS How I Am Feeling 10:00 PE Morning Wake Up Movement 6898 S. 2300 E. **CC** Community Connections Wentworth Wentworth Healthy Snacks & 10:30 PE Sit & Be Fit w/ Garrett 10:30 Œ Coffee Shop Talk 10:30 Coffee Shop Talk Cottonwood Heights, Utah CE Continuing Education 11:00 CE Coffee Shop Talk 1:00 CE Colorful Colorado! 1:00 PE Basketball Hydration offered Memory Tray 84121 **LL** Lifestyle & Leisure 2:30 Ice Cream Floats 2:30 CE True or False 2:30 Ice Cream Sandwich Day! throughout each day! Senior Living 3:30 PE Let's do the Twist! 3:30 Charades **PE** Physical Engagement 801.943.5858 Entertainment with "Scott Oils and Trivia Before Dinner 4:00 CC James Warr At The Piano Larabee" SS Spiritual Support 6:30 Pretty Hands and Pretty 6:30 Bedtime Yoga 6:30 LL Before Bed Meditation & Oils Music 9:30 SS Gussy UP and Positive 9:30 SS Gussy UP and Happy Birthday Mary Lee S. S Gussy UP and Positive S Gussy UP and Gussy UP and 10 Happy Birthday Barbara M. 9:30 9:30 Affirmations Positive Affirmations Positive Positive 9:30 SSI Gussy UP and 9:30 SS Gussy UP and 10:00 SS Bible Inspirations 10:00 PE Morning Wake Up Affirmations Affirmations Affirmations Positive Positive 10:30 SS Catholic Communion Movement 10:00 PE Morning Wake Up Movement 10:00 PE Morning Wake Up Movement Let's Have a Laugh! Affirmations **Affirmations** 10:30 PE Sunday Morning Stretches and 10:30 CE Coffee Shop Talk 10:00 📧 Morning Wake Up Movement 10:30 🔃 Coffee Shop Talk Sing Along 10:30 PE Sit & Be Fit w/ Garrett 10:30 CE Coffee Shop Talk 10:00 Salutations Nuts and Bolts Bingo 1:00 PE Table Hockey 11:00 CE Coffee Shop Talk 1:00 **Book Lovers Club** 10:30 CE Math Challenge 10:30 CE Coffee Shop Talk 11:00 CE Coffee Shop Talk Happiness Happens 2:30 National Root Beer Float Day! 2:30 AE Sun Catcher 1:30 SS LDS Sacrament 1:00 CE Famous Landmarks Beach Ball Bowling Book Lovers Club 1:00 2:30 Wine and Cheese 2:30 Summer Stroll Hand Massages 2:30 Birthday Social 3:30 PE National Bowling Day! 3:30 2:30 PE Chair Yoga 2:30 Who's the Artist? 3:30 This Week in History 3:30 PE Family Sunday Afternoon 6:30 PE Stretch and Relax 4:00 CC James Warr At The Piano 3:30 III Drinks on the Deck 3:00 CC Scenic Drive "East Bench" 3:45 CC Entertainment with "John 3:45 Oils Before Dinner 4:00 AE Artist Corner 6:30 Before Bed Meditation & Oils Bedtime Yoga 6:30 III Before Bed Tea and Trivia Green" 6:30 SS Before Bedtime Meditation and Oils Pretty Hands and Pretty Music 6:30 Movie Night 9:30 SS Gussy UP and Positive 9:30 SSS Gussy UP and 9:30 SSI Gussy UP and 9:00 Podiatrist 9:30 Gussy UP and 9:30 Gussy UP and 9:30 Gussy UP and Affirmations Positive Positive 9:30 88 Gussy UP and Positive Positive Positive 10:00 SS Bible Inspirations Affirmations Affirmations Positive Affirmations Affirmations Affirmations 10:30 SS Catholic Communion 10:00 PE Morning Wake Up Movement Affirmations 10:00 Hand Massages 10:00 PE Morning Wake Up Movement 10:00 PE Morning Wake Up 10:00 💶 Watch Out Willie! 10:30 PE Sunday Morning Stretches and 10:15 CE Ripley's Believe it or Not 10:00 PE Morning Wake Up Movement 10:30 CE Coffee Shop Talk 10:30 CE Coffee Shop Talk Movement 10:30 陆 Coffee Shop Talk Salutations 10:30 CE Coffee Shop Talk 10:30 🔃 Coffee Shop Talk 10:30 PE Sit & Be Fit w/ Garrett 10:30 SS Take Time for Gratitude 10:30 Helping Out 1:30 SSI LDS Sacrament 1:00 III Yard Sale Balloon Volleyball **Book Lovers Club** 1:00 AE Under the Sea Shirley Temples 1:00 1:00 1:00 1:00 CE "A" White Board Challenge 2:30 Summer Stroll 2:30 **E** Birth Stones Rice Pudding Day! 2:30 **E** Name that Tool Red Hat High Tea 2:30 CE Honey Bee Appreciation 2:30 3:30 PE Family Sunday Afternoon Peanut Butter and Jelly! 3:30 AE Shooting Stars 3:30 III Drinks on the Deck 3:30 SS Chicken Soup for the Soul 3:30 PE Bean Bag Toss 3:30 CC Entertainment with "Ken Artist Corner 3:45 CC Scenic Drive "Liberty Park" 6:30 PE Stretch and Relax 6:30 **Pretty Hands and Pretty** 6:30 Before Bed Meditation & Oils 4:00 CC James Warr At The Piano 6:30 SS Before Bedtime Meditation and and Holly" 6:30 Refore Bed Tea and Trivia Music Bedtime Yoga 6:30 6:30 Movie Night 9:30 SS Gussy UP and 9:30 SS Gussy UP and Positive 9:30 SS Gussy UP and 9:30 SSS Gussy UP and Gussy UP and 9:30 S Gussy UP and Positive S Gussy UP and 24 19 9:30 9:30 Affirmations Affirmations Positive Positive Positive Positive Positive 10:00 SS Bible Inspirations 10:00 📴 Morning Wake Up Affirmations Affirmations Affirmations Affirmations Affirmations 10:30 SS Catholic Communion Movement 10:00 III national Senior Citizen's Day 10:00 RCC Apprectiation 10:00 PE Morning Wake Up Movement 10:00 PE Morning Wake Up 10:30 CE Coffee Shop Talk 10:00 PE Morning Wake Up 10:30 匯 Coffee Shop Talk 10:30 CE Coffee Shop Talk 10:30 💶 Entertainment: Anka 10:30 PE Sit & Be Fit w/ Garrett Movement 10:30 PE Sunday Morning Stretches and Movement 11:00 CC MS Support Group in AL TV Summerhill 11:00 CE Coffee Shop Talk 1:00 Waffle Day Salutations 10:30 Œ Coffee Shop Talk Room 10:30 🔃 Coffee Shop Talk 1:00 CE Poet's Day S LDS Sacrament 1:00 PE Hip to the Jive or Not? 2:30 AE Art Corner 1:00 III Food Forem 1:00 AE Sunflower Day Summer Stroll 1:00 **CE** Airplane Contest 2:30 CE This day in History 2:30 Gem Stones 3:30 CE Pompeii 2:30 Wine and Cheese Social 2:30 CE News Corner 3:30 E Family Sunday Afternoon 3:00 CC Outing: Clark Planetarium 3:30 CC Tea Club 4:00 CC James Warr At The Piano 2:30 CE Taste and Tell 3:30 AE Art Corner 3:00 CC Scenic Drive "Park City" 4:00 AE Art Corner 6:30 Movie Night 6:30 Before Bed Meditation & Oils Bedtime Yoga Oils Before Dinner 3:30 PE Putter 3:45 6:30 SS Before Bedtime Meditation and Oils 6:30 Les Before Bed Tea and Trivia Pretty Hands and Pretty Music 6:30 PE Stretch and Relax Happy Birthday Rachel Ray 9:30 SS Gussy UP and 9:30 SSS Gussy UP and 9:30 SS Gussy UP and 28 9:30 Gussy UP and Gussy UP and 9:30 Gussy UP and 31 9:30 9:30 SS Gussy UP and Positive Positive Positive Positive Positive Positive Positive Affirmations Affirmations Affirmations Affirmations Affirmations Affirmations Affirmations 10:00 SS Bible Inspirations 10:00 PE Morning Wake Up Movement 10:00 PE Morning Wake Up Movement 10:00 CC Men's Club 10:00 🖭 Morning Wake Up 10:00 PE Morning Wake Up 10:00 陆 Book Club 10:30 SS Catholic Communion 10:30 🔃 Coffee Shop Talk 10:30 PE Sit & Be Fit w/ Garrett 10:30 CE Coffee Shop Talk Movement Movement 10:30 🔃 Coffee Shop Talk 10:30 CE Coffee Shop Talk 1:00 Mary Poppins 11:00 CE Coffee Shop Talk 1:00 Picnic in the Courtvard 10:30 PE Sunday Morning Stretches and 10:30 Œ Coffee Shop Talk 10:30 CE Coffee Shop Talk 1:00 CE I Have A Dream 2:30 Lemonade Day 1:00 CE Women's Equality Movement 2:30 SS Wine and Cheese Salutations 1:00 **CE** Food Forem 1:00 CE News Corner 2:00 III Entertainment: John Greer 1:30 SS LDS Sacrament 3:30 Hallmark Day 2:30 Matching 3:30 **III** Spa Day 2:30 Wags and Wiggles 2:30 III Babana Lovers 3:00 CC Outing: Farmington Bay 2:30 Summer Stroll Oils Before Dinner 3:30 CE Finishing Lines 4:00 CC James Warr At The Piano 3:00 CC Scenic Drive "Oquirrh 3:30 SS Kindness Rocks 3:30 PE Family Sunday Afternoon 6:30 CC Family Night 6:30 6:30 Before Bed Meditation & Oils Pretty Hands and Pretty 6:30 Bedtime Yoga 4:00 Food Forem 6:30 E Before Bed Tea and Trivia 6:30 PE Stretch and Relax Music 6:30 SS Before Bedtime Meditation and Oils