


August 2019

Assisted Living Lifestyle & Leisure

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <p>3499 Grande Vista Drive Thousand Oaks, California 91320 (805)375-0695</p> </div> <div> <p>Location Keys</p> <p>CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p> <p>ACTIVITY ROOM COURT YARD DINING ROOM LIVING ROOM LOBBY MULTI-PURPOSE ROOM THEATRE</p> <p>AR CY DR LR L MPR T</p> </div>						
9:00 SS Church 10:00 PE Weekend Walkers (Mt.Baldwin) [LR] 11:00 CE Root Beer Floats & Snacks! [CY] 1:30 LL Bingo! [MPR] 2:45 Pot Painting Art! [AR] 6:00 LL Table Games [MPR]	9:00 CC Sage Walkers! (Mt.Kilimanjaro) [L] 10:00 SS Lets Yoga! [AR] 11:00 Garden Club [AR] 1:30 LL Bible Study Hour! 3:00 Wii Bowling 6:00 PE Pool Time ! [AR]	9:00 CC Sage Walkers! (Matterhorn) [L] 10:00 PE Half Hour Stretch and Fitness! [MPR] 11:00 LL Rummikub Club [MPR] 11:30 Beach Lunch Outing! 1:00 Movie Matinee 3:30 Penny Card Game 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Blanc) [L] 10:00 PE Get Lean with Debbie! [MPR] 11:00 Chair Volleyball! [AR] 1:00 Movie Matinee (AL) 3:00 Wii Bowling! 6:00 LL Table Games [MPR] 6:30 Bridge Game Club ! [MPR]	9:00 Sage Walkers! (Mt.Kailash) [L] 10:00 PE Stay Active Workout with Catherine ! [MPR] 11:00 CE Black Jack! [AR] 11:30 Thousand Oaks/Janss Mall Shopping [L] 1:00 Movie Matinee (AL) 3:00 LL Shirley Temple Afternoon With Mary Predmore! [DR] 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Rainier) 10:00 PE Fit Happens!! (cardio) [MPR] 11:00 Dominoes [MPR] 1:30 LL Bingo! 2:45 LL Relax & Paint [MPR] 6:00 LL Table Games [AR]	9:00 Sage Walkers! (Mt.Olympus) 10:00 PE Fitness (cardio & dance) [MPR] 11:00 Penny Card Game! 1:00 LL Movie Matinee [T] 3:00 LL Black Jack! [MPR] 6:00 LL Table Games [AR]
9:00 SS Church 10:00 PE Weekend Walkers! (Rocky Mountains) [LR] 11:00 CE Food and drink Social! [CY] 1:30 LL Bingo! [MPR] 2:45 Flower Arranging! [AR] 6:00 LL Table Games [MPR]	9:00 CC Sage Walkers! (Table Mountain) [L] 10:00 SS Lets Yoga! [AR] 11:00 Garden Club [AR] 1:30 LL Bible Study Hour! 3:00 Chair Vollyball! 6:00 PE Pool Time ! [AR]	9:00 CC Sage Walkers! (Mt.Hua) [L] 10:00 PE Half Hour Stretch and Fitness! [MPR] 11:00 LL Rummikub Club [MPR] 11:30 The Grinder Restaurant Outing! 1:00 Movie Matinee 3:30 Penny Card Game 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Aconcagua) [L] 10:00 PE Fitness Fun with Debbie! [MPR] 11:00 Cornhole Toss! [CY] 1:00 Movie Matinee (AL) 3:00 The Giselle's Tea! (Women Only!) 6:00 LL Table Games [MPR] 6:30 Bridge Game Club ! [MPR]	9:00 Sage Walkers! (Denali) [L] 10:00 PE Fresh and Fit with Catherine ! [MPR] 11:00 CE Black Jack! [AR] 11:30 Target Shopping! [L] 1:00 Movie Matinee (AL) 3:00 LL Happy Hour with Steve and Jerry! [DR] 3:00 Trivia Pursuit ! 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Emai) 10:00 PE Fit Happens!! (cardio) [MPR] 11:00 Dominoes [MPR] 1:30 LL Bingo! 2:45 LL Relax & Paint [MPR] 6:00 LL Table Games [AR]	9:00 Sage Walkers! (Mt.Elbrus) 10:00 PE Fitness (cardio & dance) [MPR] 11:00 Penny Card Game! 1:00 LL Movie Matinee [T] 3:00 LL Black Jack! [MPR] 6:00 LL Table Games [AR]
9:00 SS Church 10:00 PE Weekend Walkers! (Pacific Crest Trail) [LR] 11:00 CE Shirley Temples and Appetizers! [CY] 1:30 LL Bingo! [MPR] 2:45 Jewelry Making Class! [AR] 6:00 LL Table Games [MPR]	9:00 CC Sage Walkers! (Three Sisters) [L] 10:00 SS Let's Yoga! [MPR] 11:00 Garden Club [AR] 1:30 LL Bible Study Hour! 3:00 Wii Bowling 6:00 PE Pool Time ! [AR]	9:00 CC Sage Walkers! (Mt.Logan) [L] 10:00 PE Half Hour Stretch and Fitness! [MPR] 11:00 LL Rummikub Club [MPR] 11:30 Summerland Flower Tour and Lunch Outing! 1:00 Movie Matinee 3:30 Penny Card Game 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Shasta) [L] 10:00 PE Exercise with Debbie! [MPR] 11:00 Music and Manicures! [AR] 11:00 The Geezers Club! (Men Only!) [CY] 1:00 Movie Matinee (AL) 3:00 Wii Bowling 6:00 LL Table Games [MPR] 6:30 Bridge Game Club ! [MPR]	9:00 Sage Walkers! (Sierra Nevada's) [L] 10:00 PE Heart Healthy Workout with Catherine ! [MPR] 11:00 CE Black Jack! [AR] 11:30 Thousand Oaks/Janss Mall Shopping [L] 1:00 Movie Matinee (AL) 3:00 LL Happy Hour with Jerry Weisbecker! [DR] 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Alps) 10:00 PE Fit Happens!! (cardio) [AR] 11:00 Cornhole Toss! [CY] 1:30 LL Bingo! 2:45 LL Relax & Paint [MPR] 6:00 LL Table Games [AR]	9:00 Sage Walkers! (Appalacian Mt.) 10:00 PE Fitness (cardio & dance) [MPR] 11:00 Penny Card Game! 1:00 LL Movie Matinee [T] 3:00 LL Black Jack! [MPR] 6:00 LL Table Games [AR]
9:00 SS Church 10:00 PE Weekend Walkers! (Mt.Yari) [LR] 11:00 CE Cookies and Tea Social [CY] 11:00 Wheelchair and Walker Tune up! [AR] 1:30 LL Bingo! [MPR] 2:45 Resident Choice Art Class! 6:00 LL Table Games [MPR]	9:00 CC Sage Walkers! (Mt.Sinai) [L] 10:00 SS Let's Yoga! [MPR] 11:00 Garden Club [AR] 1:30 LL Bible Study Hour! 3:00 Wii Bowling 6:00 PE Pool Time ! [AR]	9:00 CC Sage Walkers! (Whiteface Mountain) [L] 10:00 PE Half Hour Stretch and Fitness! [MPR] 11:00 LL Rummikub Club [MPR] 11:30 Viva La Pasta Outing! [L] 1:00 Movie Matinee 3:00 Resident Council Meeting 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Ontake) [L] 10:00 PE Let's Move with Debbie! [MPR] 11:00 Chair Vollyball! 1:00 Movie Matinee (AL) 3:00 Birthday Celebrations in the Bistro! 6:00 LL Table Games [MPR] 6:30 Bridge Game Club ! [MPR]	9:00 Sage Walkers! (Mt.Vesuvius) [L] 10:00 PE Healthy Hustle with Catherine ! [AR] 11:00 CE Black Jack! [AR] 11:30 Target Shopping! [L] 1:00 Movie Matinee (AL) 3:00 LL Happy Hour with Chard! [DR] 6:00 LL Table Games! [MPR]	9:00 Sage Walkers! (Mt.Tate) 10:00 PE Fit Happens!! (cardio) [MPR] 11:00 Dominoes [MPR] 1:30 LL Bingo! 2:45 LL Relax & Paint [MPR] 6:00 LL Table Games [AR]	9:00 Sage Walkers! (Mt.Warusawa) 10:00 PE Fitness (cardio & dance) [MPR] 11:00 Penny Card Game! 1:00 LL Movie Matinee [T] 3:00 LL Black Jack! [MPR] 6:00 LL Table Games [AR]