



Celebrating Resident Birthdays in August

- Aug 6 – Virginia J.
- Aug 7 – Jim L.
- Aug 10 – Bettie J.
- Aug 12 – Doris W.
- Aug 12 – Barbara O.
- Aug 13 – Priscilla D.
- Aug 16 – Joan V.
- Aug 23 – Carrie K.
- Aug 27 – Jean M.
- Aug 29 – Ron L.
- Aug 30 – Joan B.

Please join us for a birthday celebration in the dining room on August 22nd! All residents are welcome to attend!



FRIENDS & FAMILY REFERRAL PROGRAM!

CHEF’S COOKING DEMONSTRATIONS

10

S’mores Demo at 2:00pm in the Dining Room

16

Huli Huli Chicken Demo at 1:30pm in the dining room during the Luau party

23

Pasta Bar Demo at 1:30pm in the Dining Room

25

Banana Split Demo at 2:00pm in the Café

RESIDENT INFORMATION

Did you know Waltonwood Resident Frank Schupra created the “Cherry Hill Scholarship” with the Canton Community Foundation? This scholarship was created as a way to honor and thank the young people who serve the residents of Waltonwood each day. Each Spring, the Canton Community Foundation awards two scholarships; one to a graduating high school student and one to a current college student.

This year’s recipients were Hallie Younglas and Kaitlyn Maddox. Hallie recently graduated from Salem High School and plans to major in Communications this fall at the University of Michigan – Ann Arbor. Hallie said, “I find it easier to communicate through writing. Majoring in Communications will allow me to pursue not just a talent, but a passion.”

Kaitlyn just completed her junior year at Grand Valley State University, where she is majoring in Nursing. At age 17, Kaitlyn lost her dad to an unknown heart disease. She said, “I want to be a part of a healthcare team that helps prevent disease or treats existing diseases to extend lives and the quality of life for people.”

If you or your family would like more information on this fund, please contact Beth Meade at the Canton Community Foundation at (734) 495-1200.

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

AUGUST 2019



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill



DOG DAYS OF SUMMER

The Dog Days of Summer are here! Please join us in our contest to determine the cutest pooch. Pictures are due to Ariel, Life Enrichment Manager, no later than Monday, August 19th. The voting to determine the winner will be at 12:30pm on Monday, August 26th.

Along with the contest, we have many fun activities and outings planned for the month of August! To start the month off with some excitement, we will be hosting our 2nd Camp Waltonwood event on Friday, August 2nd! Our theme this year is fishing. There will be live music, fishing and camp themed food, and games! We hope you come with your families and have lots of fun!

Towards the middle of the month, we have our annual Luau Party! Join us on August 16th for a Hawaiian feast with live dancers, and of course, leis!

On August 22nd we are having our annual Yard Sale in the front entrance of Independent Living. All proceeds will go to the Alzheimer’s Association. If you would like to donate items, please contact Ariel. No donations will be accepted after August 15th.

Finally, at the end of the month, we welcome Robert from Oakland Helping Hands as he presents pictures and information about his recent trip to Africa. Enjoy pictures of animals and people, as well as themed snacks!

As always, please review the monthly Life Enrichment calendar for all of the fun programs!

COMMUNITY MANAGEMENT

- Gina Steigerwald
Executive Director
- Deanna Hite
Business Office Manager
- Renee Ralsky
Marketing Manager
- Jolene Maples
Move In Coordinator
- Kara Triplett
Culinary Services Manager
- Jack Strickland
Environmental Services Manager
- April Marcotte
Independent Living Manager
- Ariel Starr
Independent Living Life Enrichment Manager
- Allison Bock
Assisted Living Life Enrichment Manager
- Candice Jones
Memory Care Life Enrichment Manager
- Tiffany Woodson
Wellness Coordinator
- Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Deanna May, Receptionist

“Deanna is a very kind person.”

“She is helpful every time I call the desk.”

“She is the ‘angel of band-aids.’ Saved me twice!”

“She has helped me many, many times.”

Deanna is always smiling and assisting others. That is what makes her such a great associate! Congrats Deanna! We appreciate all of your hard work! We are lucky to have you as a part of the Cherry Hill team!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



JULY HIGHLIGHTS

09

Exotic Animal Show from July 9th. Here is Peggy S.!

12

Zipper Pouch Craft using Puffy Paints. Here is Phyllis S. with her creation!



18

S.S. Cherry Hill Dinner Cruise! Here is Irene and Archie D.!

23

Tea Party in honor of Gorgeous Grandma Day! Here is Dottie S.!



FOREVER FIT: STOP AND LISTEN

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important and sleep is essential. Our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful, and listen to the messages that your body is giving you.

-Chris, Fitness Instructor

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. We require at least a 24-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking group outings, community doctor visits, church outings, etc, can be found in the Red Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for the month of August:

- 8/1: Laurel Park Mall
- 8/8: Traveling Veterans Wall
- 8/14: Portofino Boat Cruise and Lunch
- 8/22: MGM Casino
- 8/29: Spring Valley Trout Farm Fishing

AUGUST SPECIAL EVENTS

02

Camp Waltonwood! Enjoy music, games, food, and more!

16

Luau Party with Hawaiian Dancers, food, and décor!

27

Cupcake Decorating with Pastry Chef, Tiffany

28

New Resident Social with Entertainment by Rob Crozier



EXECUTIVE DIRECTOR CORNER

Hello Family, Friends and Residents of Cherry Hill!
Alzheimer’s disease is relentless. So are we.

Waltonwood and Singh Management is proud to be a part of the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Please join us for the Alzheimer’s Association Walk to End Alzheimers® scheduled for August 24 at the Detroit Zoo in Royal Oak. Registration begins at 7am, the ceremony is at 8:30am and the walk starts at 8:50am. If you prefer to simply donate to the team, you can make a tax deductible donation at <http://act.alz.org/goto/WaltonwoodSingh>

Hope to see you all there!!
Best Regards, Gina