



CHEF'S COOKING DEMONSTRATIONS

10

S'mores Demo at 12:15pm in the Dining Room

23

Pasta Bar at 12pm in the Dining Room

25

Banana Split Demo at 12:15pm in the Dining Room

29

Cupcake Decorating Class with Tiffany, Pastry Chef

CHEF'S SIGNATURE RECIPE

Old Fashioned Peach Cobbler

Ingredients:

- 5 Peaches, peeled, cored, and sliced (about 4 cups)
- ¾ cup Granulated sugar
- ¼ teaspoon Salt

For the Batter:

- 6 Tablespoons butter
- 1 cup all-purpose flour
- 1 cup granulated sugar
- 2 teaspoons baking powder
- ¼ teaspoon salt
- ¾ cup milk
- Ground Cinnamon

Instructions:

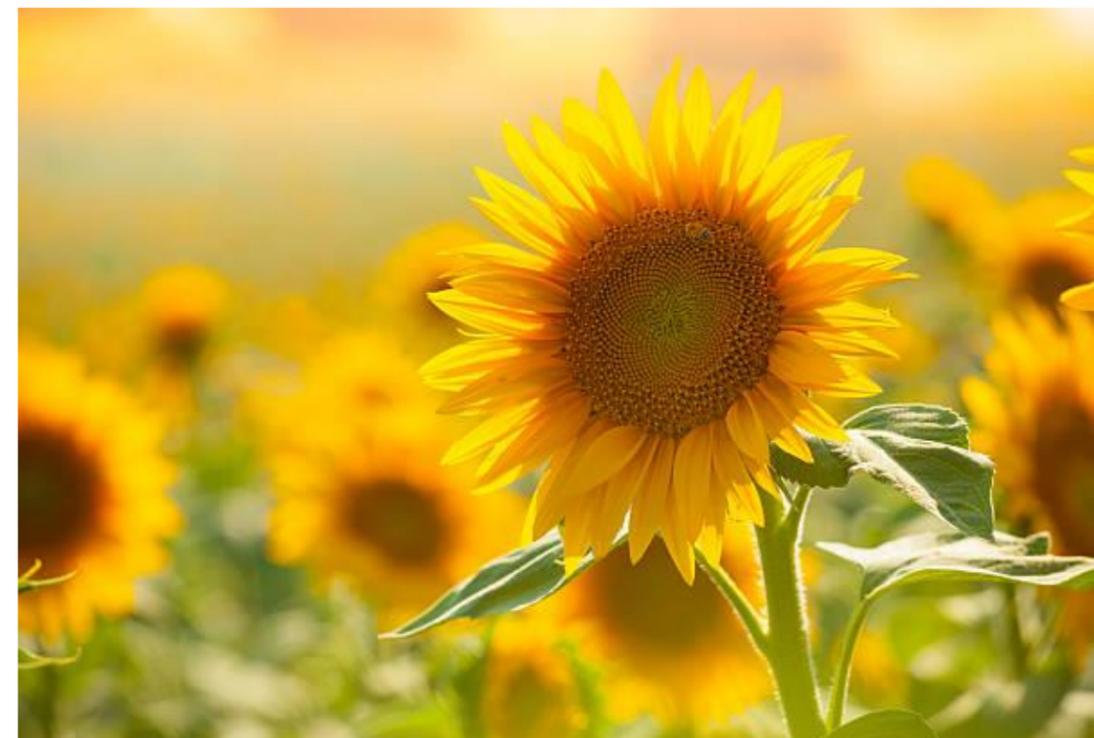
1. Add the sliced peaches, sugar and salt to a saucepan and stir to combine.
2. Cook on medium heat for just a few minutes, until the sugar is dissolved and helps to bring out juices from the peaches. Remove from heat and set aside.
3. Preheat oven to 350 degrees F. Slice butter into pieces and add to a 9x13inch baking dish. Place the pan in the oven while it preheats, to allow the butter to melt. Once melted remove the pan from the oven.
4. In a large bowl mix together the flour, sugar, baking powder, and salt. Stir in the milk, just until combined. Pour the mixture into the pan, over the melted butter and smooth it into an even layer.
5. Spoon the peaches and juice over the batter. Sprinkle cinnamon generously over the top.
6. Bake at 350degrees F for about 38-40minutes. Serve warm, with a scoop of ice cream, if desired.

CHERRY HILL CONNECT

AUGUST 2019



42500 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-5070
Facebook: /WaltonwoodCherryHill



COMMUNITY MANAGEMENT

Gina Steigerwald
Executive Director

Deanna Hite
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move In Coordinator

Kara Triplett
Culinary Services Manager

Jack Strickland
Environmental Services Manager

April Marcotte
Independent Living Manager

Ariel Starr
Independent Living Life
Enrichment Manager

Allison Bock
Assisted Living Life Enrichment
Manager

Candice Jones
Memory Care Life Enrichment
Manager

Tiffany Woodson
Wellness Coordinator

Lindsay Orlor
Housekeeping Supervisor

Dog Days of Summer

The Dog Days of Summer are here! Please join us in our contest to determine the cutest pooch. Pictures are due to Allison no later than Monday, August 19th. The residents will vote on the pictures come National Dog Day on Monday, August 26th!

To start the month off with some excitement, we will be hosting our 2nd Camp Waltonwood event on Friday, August 2nd! Our theme this year is fishing. There will be live music, fishing and camp themed food, and games! We hope you bring your families and have lots of fun!

Towards the middle of the month, we will be having a Luau complete with luau themed foods and hawaiian dancers on Friday, August 16th! Come and bring your dancing shoes and your appetite.

At the end of the month we will be celebrating our August Birthdays with Live Entertainment by Dorothy Martin and Celebrating National Cherry Turnover Day on the 28th! All residents are encouraged to attend and join in the celebration!

We hope to see you at the many fun events we have planned this month!

Celebrate the Birthdays in August

Resident Birthdays:

- 8/16- Joe W.
- 8/22- Mary Kay W.

Associate Birthdays:

- 8/3- Allison H.
- 8/12- Allison B.
- 8/20- Niani J.

Please join us for a birthday celebration in the dining room on August 28th! All residents are welcome to attend!

Welcome Home!

- 1015- Sally E.
- 1025- Jan C.
- 1035- Mickey L.



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

ASSOCIATE SPOTLIGHT

Associate of the Month:
 Erda Nozil, Caregiver

“Erda’s upbeat presence lifted my mother’s spirit! When I come in I can tell when Erda took care of my mom. From the way she coordinates mom’s outfits and combs her hair personal hygiene and the way the bedroom and bathroom are left. She cares and pays attention with detail.” ~Family Member

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents are not charged mileage for group activity outings.

All sign up sheets for activity outings, church outings, etc, can be found in the Outing Binder in the Assisted Living Post Office. You must sign up by writing your name and apartment number on the respective sheet.

Waltonwood pays upfront for the cost of the residents on the outings and then the amount is billed back on the residents monthly statement.

- 8/5- Lunch Outing: Olga’s Kitchen
- 8/12- Lunch Outing: Outback Steakhouse
- 8/14- Special Outing: Portofino Lunch Cruise
- 8/19- Lunch Outing: Rose’s Restaurant
- 8/26- Lunch Outing: Applebee’s
- 8/29- Special Outing: Spring Valley Trout Farm Fishing

JULY HIGHLIGHTS

- 03** Independence Day Party with Live Entertainment by Balancing Earth Duo
- 09** Exotic Zoo Visit with a Python!
- 18** S.S. Cherry Hill Dinner Cruise!
- 23** Creative Station: Watercolor Velvet Art Mini Quotes



AUGUST SPECIAL EVENTS

- 02** Camp Waltonwood! Enjoy music, games, food, and more!
- 16** Luau Party with Hawaiian Dancers, food, and décor!
- 21** New Resident Social with Live Entertainment by Paul Johannes and Celebrate National Sweet Tea Day!
- 28** August Birthday Party with Live Entertainment by Dorothy Martin and Celebrate National Cherry Turnover Day!



FOREVER FIT: STOP AND LISTEN

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important and sleep is essential. Our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful, and listen to the messages that your body is giving you.

-Chris, Fitness Instructor

EXECUTIVE DIRECTOR CORNER

Hello Family, Friends and Residents of Cherry Hill!
 Alzheimer’s disease is relentless. So are we.
 Waltonwood and Singh Management is proud to be a part of the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Please join us for the Alzheimer’s Association Walk to End Alzheimers® scheduled for August 24 at the Detroit Zoo in Royal Oak. Registration begins at 7am, the ceremony is at 8:30am and the walk starts at 8:50am. If you prefer to simply donate to the team, you can make a tax deductible donation at <http://act.alz.org/goto/WaltonwoodSingh>
 Hope to see you all there!!
 Best Regards, Gina