

PROVIDENCE MEADOWS

Gracious Retirement Living

4123 Kuykendall Road • Charlotte, NC 28270 • Phone (704) 708-9931 • www.seniorlivinginstyle.com

AUGUST 2019

PROVIDENCE MEADOWS STAFF

Managers..... CHRISTOPHER & WINDY READ
Assistant Managers.. PAXTON & CATHY SCHMIDT
Executive Chef.....ANTOINE ROBINSON
Sous Chef JASMINE WORTHINGTON
Activity Coordinator ADRIANA RIVERA
Maintenance WESLEY HARDY
Bus Driver CARMELLA WATSON

TRANSPORTATION

Monday & Wednesday, 10 a.m.: Shopping

**Tuesday & Thursday,
9 a.m.-noon & 12:30-2 p.m.:**
Medical Appointments

Friday, TBA: Trips

HAWTHORN
SENIOR LIVING

Outings!

We don't need any excuse to get in a bus and have a good time. That is why on Wednesday you should not make plans and join us in our unexpected adventures where we have fun and we experience new places.

The lucky places that we went were the Hickory Tavern and Cheesecake Factory. Every place has its own charm but what makes the experience worth it is the company and all the memories that we create together.

Some other outings we get in contact with nature, we explore new places and we let our city enchant us with its own beauty. For this type of experience we went to the Daniel Stowe Botanical Garden to see the Butterfly Bungalow. The whole experience was surreal, the different types of



*Carol and Columba
with the butterflies*



The group is ready!



Enjoying the best hamburgers ever!

*(Continued on
Page 3.)*



Summer Safety Tips

- Stay hydrated.
- Do not stay out for too long.
- Check the forecast beforehand.
- Keep sunscreen nearby and use it.
- Check your prescriptions' side effects.
- Turn on the A/C.
- Beware of heat-related illnesses.
- Keep drinking water.



Recognition Time!

1. For some people, Bingo is just a silly, boring game. NOT FOR US! For us, Bingo is the opportunity to socialize, to keep stimulating our brain, and win some extra cash. It is more than a game, it is a whole experience thanks to the best weekend caller, Gloria. Thank you for what you do!
2. While every department of our building usually has a time to rest and spend time with the residents, the kitchen staff is always making sure that the next meal is perfectly prepared with the best flavors and presentation possible. There are not words that could describe how proud and appreciative we are to have all of you. Keep up the good work! We are gaining some weight!
3. Arlene D. bowled a three-game series of 674 (which is a 225 average). She also had one game of 257! You are rocking those pins!



Gloria



Arlene D. keep bowling



Miracle workers



Miracle workers



*One of our
miracle workers*





Outings! (Continued)

butterflies, the flowers, the fountains, and the whole scenery took our breath away and left us desiring for more.

There is nothing left to say ... than: "Come and join us."



The girls



Kay under the water

Therapy Horse

Our lives are filled with different types of commitments: doctor appointments, grocery shopping, occupational therapy (OT), physical therapy (PT), activities, visitors, etc. Sometimes it looks like our lives are getting more complicated than before and it is hard to take a time, a second, to breathe in and relax psychologically, mentally and spiritually.

We all shared that peaceful moment once Brandy, the miniature horse, entered the activity room. Just watching her brought smiles to faces that are submerged in physical pain every day. Petting her seems like the perfect antidote to any situation that troubled anyone. Watching her walk around, raising her leg like "striking a pose" after healing a little of the soul of each resident was miraculous.

I know that there is a lot of pain and a lot of grief surrounding us, but remember, just a second of hope, a simple smile, sharing a laugh, expecting a better day gives life a new meaning.



Fran hugging her new best friend



Billie showing all her love



Lynda and Doris petting their soon-to-be pet



Lynn enjoying the company



Brandy, Rosemary, and Mary Lou



Arlene S. having a moment with Brandy

AUGUST 2019

Birthdays

Ruth Creech, 2nd
Barbara Zipman, 2nd
Elena Farwell, 2nd
Ann Krzyzowski, 3rd
Susie Sakayed, 6th
Virginia Pratt, 9th
Sara Roggeman, 10th
Virginia Chandler, 10th
Vic Ficker, 11th
Meg Schexnayder, 12th
Ann Zimmer, 21st
Jean Chew, 26th
Bob Williams, 29th
Dolores Fox, 29th
George Robinson, 31st

Locations

Activity Room, AR
Atrium, A
Billiards Room, BR
Chapel, C
Dining Room, DR
Fitness Center, FC
Grandma's Kitchen, GK
Library, L
Outside, O
Television Room, TV
Theater, TH

"Whatever you are, be a good one."
— Abraham Lincoln

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10:00 Shake Your Body!, AR 11:00 PM Hand Bell Choir Practice, AR 12:30 Ice Cream Social!, DR 2:00 Bible Study 2:00 Craft Time, AR 3:00 <i>Right at Home Wellness Check, AR</i> 4:00 Wii Bowling, AR 7:00 Movie Night, TH	2 National Coloring Book Day 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Adult Coloring 11:00 Line Dancing, AR 2:00 Hand and Foot, TV 2:00 Bridge Club, BR 4:00 Beanbag Baseball, AR 7:00 Bingo with Gloria, AR 7:00 Action Movie Night, TH 	3 10:00 Praying the Rosary, C 11:00 Bunco!, AR 2:00 <i>Community Store Open</i> 3:00 Canasta, BR 3:00 Wii Bowling for Beginners, AR 4:00 Bingo with Gloria, AR 7:00 Billiards, BR 7:00 Movie Night, TH 
10:30 Catholic Communion, C 11:00 Presbyterian Service, TH 2:00 Sunday Matinee, TH 3:00 Sunday Worship, C 4:00 Candy Bar Bingo with Chris!, AR 7:00 Movie with Windy!, TH 7:00 Movie Night, TH 4	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 <i>Coffee with Windy & New Residents Meeting, AR</i> 10:20 Outing! Williams Place for Cornhole 11:00 Bingo with Adriana, AR 2:00 Hand and Foot, TV 2:00 Dominoes, AR 4:00 Beach Volleyball, AR 7:00 Movie Night, TH 5	9:30 Knitting Club, L 9:30 Golf with Chris, O 10:00 Shake Your Body!, AR 11:00 Line Dancing 1:30 Mahjong, TV 1:45 Bingo with Mobility and More, AR 2:00 Bridge Club, BR 3:00 Big Crossword, AR 4:00 Wii Bowling, AR 7:00 Billiards, BR 7:00 Movie Night, TH  6	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:30 Health Fair, A 10:30 Right at Home Wellness Check, A 11:00 Bunco!, AR 12:30 Dulcimer Club, FC 2:00 Euchre, BR 2:00 Levine Hearing Aid Clean and Check Clinic, AR 3:00 Chair Yoga with Carey 4:00 Trivia!, AR 7:00 Movie Night, TH 7:00 Board Game with the Reads, DR 7	8 National Happiness Happens Day 8:30 Omelette Station, DR 9:00 Catholic Mass, C 10:00 Shake Your Body!, AR 11:00 PM Hand Bell Choir Practice, AR 2:00 Brain Games!, AR 2:00 Bible Study 3:00 Karaoke!, AR 4:00 Dominoes, AR 4:00 Wii Bowling, AR 7:00 Movie Night, TH	9 National Book Lover Day 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Adult Coloring 11:00 Line Dancing, AR 2:00 Let's Try to Make a Book Club, AR 2:00 Bridge Club, BR 2:00 Hand and Foot, TV 4:00 Beanbag Baseball, AR 7:00 Bingo with Gloria, AR 7:00 Action Movie Night, TH 	10 10:00 Praying the Rosary, C 11:00 Bunco!, AR 2:00 <i>Community Store Open</i> 3:00 Canasta, BR 3:00 Music & Art Recital, DR 4:00 Bingo with Gloria, AR 7:00 Cribbage, AR 7:00 Billiards, BR 7:00 Movie Night, TH 
10:30 Catholic Communion, C 11:00 Presbyterian Service, TH 2:00 Sunday Matinee, TH 3:00 Sunday Worship, C 4:00 Candy Bar Bingo with Chris!, AR  7:00 Movie Night, TH 11	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 11:00 Bingo with Adriana, AR 2:00 Hand and Foot, TV 2:00 Silly Games, AR 3:00 Dominoes, AR 4:00 Beach Volleyball, AR  7:00 Movie Night, TH 12	9:30 <i>Coffee & Donuts with Chris, AR</i> 9:30 Knitting Club, L 10:00 Shake Your Body!, AR 10:30 Let's Talk About It: The New Pills Packaging, AR 11:00 Line Dancing 1:30 Mahjong, TV 1:45 Bingo with Right at Home, AR 2:00 Games! 2:00 Bridge Club, BR 3:00 Big Crossword, AR 4:00 Dominoes, AR 4:00 Wii Bowling, AR 7:00 Billiards, BR 7:00 Movie Night, TH 13	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 <i>Resident/Managers' Meeting, AR</i> 11:00 Bunco!, AR 11:00 Bunco with FirstLight Home Care, AR 12:30 Outing! Chopt, O 12:30 Dulcimer Club, FC 2:00 Euchre, BR 2:00 Live Entertainment: Leslie Richardson, AR 3:00 Chair Yoga with Carey 4:00 Trivial!, AR 7:00 Movie Night, TH 14	15 9:30 <i>Resident/Activity Meeting, AR</i> 10:00 Shake Your Body!, AR 10:30 Chef's Presentation, GK 11:00 PM Hand Bell Choir Practice, AR 12:30 Sundae Social, DR 2:00 Bible Study 2:00 Craft Time, AR 4:00 Wii Bowling, AR 7:00 Movie Night, TH	16 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Adult Coloring 11:00 Line Dancing, AR 2:00 Bridge Club, BR 2:00 Hand and Foot, TV 4:00 Beanbag Baseball, AR 7:00 Bingo with Gloria, AR 7:00 Action Movie Night, TH	17 10:00 Praying the Rosary, C 11:00 Bunco!, AR 2:00 <i>Community Store Open</i> 3:00 Canasta, BR 3:00 Wii Bowling for Beginners, AR 4:00 Bingo with Gloria, AR 7:00 Billiards, BR 7:00 Movie Night, TH
10:30 Catholic Communion, C 11:00 Presbyterian Service, TH 2:00 Sunday Matinee, TH 3:00 Sunday Worship, C 4:00 Candy Bar Bingo with Chris!, AR 7:00 Movie Night, TH 18	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 11:00 Bingo with Adriana, AR 2:00 Hand and Foot, TV 2:00 Dominoes, AR 2:00 Silly Games 4:00 Beach Volleyball, AR 7:00 Movie Night, TH 19	9:30 Knitting Club, L 9:30 Golf with Chris, O 10:00 Shake Your Body!, AR 10:30 Chaos to Calm, AR 11:00 Line Dancing 1:30 Mahjong, TV 1:45 Bingo with Right at Home!, AR 2:00 Bridge Club, BR 3:00 Big Crossword, AR 4:00 Wii Bowling, AR 7:00 Billiards, BR 7:00 Movie Night, TH 20	21 National Senior Citizen Day 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Healthy Eating Habits! Carolina Pharmacy, AR 11:00 Bunco!, AR 12:30 Dulcimer Club, FC 1:45 Health Talk with Danielle, AR 2:00 Euchre, BR 3:00 Chair Yoga with Carey 4:00 Trivial, AR 7:00 Movie Night, TH  7:00 Board Game with the Reads, DR 21	22 10:00 Shake Your Body!, AR 11:00 PM Hand Bell Choir Practice, AR 2:00 Bible Study 2:00 Brain Games!, AR 3:00 Karaoke!, AR 3:00 <i>Taste of Argentina, AR</i> 4:00 Dominoes, AR 4:00 Wii Bowling, AR 7:00 Movie Night, TH	23 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Adult Coloring 11:00 Line Dancing, AR 2:00 Bridge Club, BR 2:00 Hand and Foot, TV 4:00 Beanbag Baseball, AR 7:00 Bingo with Gloria, AR 7:00 Action Movie Night, TH	24 10:00 Praying the Rosary, C 11:00 Bunco!, AR 2:00 <i>Community Store Open</i> 3:00 Canasta, BR 4:00 Bingo with Gloria, AR 7:00 Cribbage, AR 7:00 Billiards, BR 7:00 Movie Night, TH
10:30 Catholic Communion, C 11:00 Presbyterian Service, TH 2:00 Sunday Matinee, TH 3:00 Sunday Worship, C 4:00 Candy Bar Bingo with Chris!, AR 7:00 Movie Night, TH 25	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Let's Bake It! 11:00 Bingo with Adriana, AR 2:00 Dog Parade!, AR 2:00 Hand and Foot, TV 3:00 Dominoes, AR 4:00 Beach Volleyball, AR  7:00 Movie Night, TH 26	9:30 <i>Coffee & Donuts with Chris, AR</i> 9:30 Knitting Club, L 10:00 Shake Your Body!, AR 11:00 Line Dancing 1:30 Mahjong, TV 2:00 Games! 2:00 Bridge Club, BR 3:00 Big Crossword, AR 4:00 Dominoes, AR 4:00 Wii Bowling, AR 7:00 Billiards, BR 7:00 Movie Night, TH 27	7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:30 Knitting with Lynne, L 11:00 Bunco!, AR 12:30 Outing! Chili's 12:30 Dulcimer Club, FC 2:00 Euchre, BR 3:00 Chair Yoga with Carey 4:00 Trivial!, AR 7:00 Movie Night, TH 28	29 Trail Mix Day 10:00 Shake Your Body!, AR 10:30 <i>Resident/Chef Meeting, AR</i> 11:00 PM Hand Bell Choir Practice, AR 1:45 Health Talk with Beth, AR 2:00 Bible Study 4:00 Wii Bowling, AR  7:00 Movie Night, TH	30 Gentlecare Nail Services in Your Apartment 7:30 Fast-Paced Walking Club, O 9:00 Slow-Paced Walking Club, O 9:30 Stretching, FC 10:00 Adult Coloring 11:00 Line Dancing, AR 2:00 Hand and Foot, TV 2:00 Bridge Club, BR 4:00 Beanbag Baseball, AR 7:00 Bingo with Gloria, AR 7:00 Action Movie Night, TH	31 10:00 Praying the Rosary, C 11:00 Bunco!, AR 2:00 <i>Community Store Open</i> 3:00 Canasta, BR 4:00 Bingo with Gloria, AR 7:00 Billiards, BR 7:00 Movie Night, TH 



Happy Birthday Providence Meadows!

On June 17th, our residents were celebrating all the accomplishments that we have had as a community. Two years fly by and we keep strong, with an incredible staff, amazing residents, and wishing for more years of blessings and good company. Thank you to all of you for making this dream possible. Thank you for choosing us as your home! Let's keep celebrating!



Be our guest! Be our guest!



Jean, Joe, Pat, and Kay having a chat about our two-year birthday party



The international table enjoying our incredible desserts



The girls having a blast outside!



Jack having fun while Judy was trying not to get photographed ...



Everyone was in celebration mode!



Linda and Kay dancing



Mary dancing



Marion shaking her body!



The group having fun!



Happy Joy, Joy on the 4th of July!

There is nothing more emotional and happy than seeing families come together to commemorate our 4th of July Celebration! We experienced the crazy buffet while enjoying the beautiful parade of patriotic shirts, outfits, jewelry and even a patriotic spirit!

After the feast, we enjoy the Funny 4th of July Bingo and even though the weather was not working on our side, in our hearts the sparkles made the whole building bright up again!



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Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.

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