

NorthRidge

Gracious Retirement Living

14532 Allisonville Road • Fishers, IN 46038 • Phone (317) 776-1980 • www.seniorlivinginstyle.com

AUGUST 2019

NORTHRIDGE STAFF

Managers..... MIKE & MIRIAM LUBINSKI
Assistant ManagersSCOTT & SUSAN LANE
Executive Chef.....BRANDY FELTS
Marketing.....KASHIA CUTLER
Activity Coordinator DENISE MIRRO
Transportation MANDY KAUR

TRANSPORTATION

Monday, 9 a.m.-2 p.m.: Appointments
Tuesday, 9 a.m.: Meijer
Wednesday, 9 a.m.: Walmart
Thursday, 9 a.m.-2 p.m.: Appointments

HAWTHORN
SENIOR LIVING

Welcome Kashia!

We are pleased to announce the recent hiring of Kashia Cutler, our new Community Sales and Marketing Manager. Kashia earned her bachelor's degree in exercise science from Marian University in 2015. Kashia comes to us from Priority Rehab where she began her career as front office receptionist, eventually working her way up to community outreach coordinator. Her responsibilities

included marketing home healthcare and wellness services, generating new patient referrals and managing relationships with local senior communities including NorthRidge!

Kashia is a three-year resident of Fishers, Indiana and resides here with her husband, Dan, and their two French Bulldogs, Zoey and Zola. She has a passion for helping others and in her spare time she enjoys spending time with family and friends, gardening, traveling, and DIY projects.

We are eager to see Kashia's positive contributions to our community and enthusiastically welcome her to our NorthRidge family.





Cheeseburgers in Paradise

Burgers, burgers and more burgers! A burger bar extravaganza is what it was with over 25 different toppings to choose from.

It felt like we were at the beach with the Caribbean music, margaritas and bikinis.

Hold on to those bikinis and suntan lotion because we will be hitting the beach again real soon!



Sometimes the Best Vacation Is a Stay-Cation!

We are going on vacation — a stay-cation!

I'm talking toes in the sand, pina coladas in the hand, beach volleyball, seashell findings, bikinis, and did I mention pina coladas? Oh yes, I did.

Keep an eye out. We will be announcing the date and time real soon!



Ready...
Set...

Staycation!



Safety

If you missed seeing Detective Dean Mucha's presentation on Fraud, it's a must attend for next time. His quarterly visit to NorthRidge is much appreciated, as he keeps us in the know on what's happening around us, how we can protect ourselves from fraud, and how to recognize the signs of being scammed. Detective Mucha will be out at NorthRidge again, just keep an eye out for our newsletter.



Outings

Join us for an outing. We are always getting out and going to fun places. Whether it's a breakfast or lunch outing or a trip to the ice cream shop or a day at the casino, we all like to get out once in a while. There are so many summer concerts coming our way so please take the time to look at the upcoming outing list and sign up. I promise you won't regret it ... matter of fact, you may make a new friend or two.

Pictured here is a group heading in to see the Symphony Orchestra! We had a blast!



AUGUST
2019

Birthdays

Dan Padgett, 2nd
Wade Larkin, 3rd
Lynn Hodgson, 11th
Stephen Rott, 11th
Arlene Vineyard, 18th
Ruby Taylor, 22nd
Bettie Demaree, 24th

Locations

Activity Room, AR
Atrium, AT
Backyard Patio, BP
Billiards, BL
Bistro, BI
Chapel, CH
Computer Room, CR
Dining Room, DR
Fitness Center, FC
Front Lobby, LB
Library, LB
Movie Theater, MT
TV Room, TV

Do what you love,
love what you do.

Movies shown daily at
3 p.m. and 6:45 p.m.


Transportation to Hazel Dell
Christian Church — Sunday
mornings at 8:45 a.m. for
9:15 a.m. worship service

Priority Rehab
and Wellness

Dr. Blake Wiseman, DPT
317-688-8232

Wright Touch
Styling Salon

317-773-8808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:15 Kitchen Tour, DR 1 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba with Bonnie, FC 2:00 Horse Racing 4:00 Dominoes, AR 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	9:30 NorthRidge Walk Group, AR 2 11:00 Friday Facials with Alicia, AR 11:00 Corn Hole, AT 11:30 The Bible Today/Devotion, CH 2:00 Bingo 3:00 Golf 7:00 Bridge Game 	2:00 Bridge Game, TV 3 2:00 Tripoley 4:00 Dominoes, AR 7:00 Samba Game, AR 7:00 Poker 7:00 Disciples at Work, CH 
9:00 Holy Spirit Parish at Geist, LB 4 9:30 First Christian Church, LB 9:30 1st Presbyterian Church, LB 9:30 Trinity Church Service, CH 11:00 Prayer Group, CH 2:00 Aggravation Time!, AR 7:00 9 Ball, BL 7:00 Shuffle Board with Mike, BP	9:30 Stretch with Denise, AR 5 10:30 Strength and Balance, AR 11:30 The Bible Today/Devotion, CH 1:30 Free Blood Pressure Clinic 3:00 Golf, AR 6:45 Karaoke with Rhett  7:00 Cards, TV	9:00 Meijer, LB 6 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 2:00 Bingo 4:00 Dominoes, AR 7:00 Wii Bowling League	9:00 Walmart 7 9:30 Stretch with Denise, AR 10:30 Circuit Training, FC 11:30 Resident Meeting, AR 2:00 Team Trivia 3:00 Golf 6:45 Bean Bag Baseball, AR	9:30 Chair Yoga, LB 8 10:00 Aggravation Time! 10:30 Zoomba with Bonnie, FC 11:30 Chef Chat, AR 2:00 Horse Racing 4:00 Dominoes, AR 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	9:30 NorthRidge Walk Group, AR 9 10:00 Late Risers' Breakfast Outing 11:00 Corn Hole, AT 11:30 The Bible Today/Devotion, CH 2:00 Bingo 3:00 Golf 4:00 Happy Hour & Line Dancing, AR  7:00 Bridge Game	12:30 Life Is a Beach Party 10 2:00 Bridge Game, TV 2:00 Tripoley 4:00 Dominoes, AR 7:00 Samba Game, AR 7:00 Poker 7:00 Disciples at Work, CH
9:00 Holy Spirit Parish at Geist, LB 11 9:30 First Christian Church, LB 9:30 1st Presbyterian Church, LB 11:00 Prayer Group, CH 2:00 Aggravation Time!, AR 7:00 9 Ball, BL 7:00 Shuffle Board with Mike, BP 	9:30 Stretch with Denise, AR 12 10:30 Strength and Balance, AR 11:30 The Bible Today/Devotion, CH 1:30 Free Blood Pressure Clinic 2:00 Watercoloring, AR 3:00 Golf, AR 7:00 Cards, TV	9:00 Meijer, LB 13 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 11:00 Bible Study with Pastor Ben, CH 2:00 Bingo 4:00 Dance with Kathy 4:00 Dominoes, AR 7:00 Wii Bowling League	9:00 Walmart 14 9:30 Stretch with Denise, AR 10:30 Circuit Training, FC 2:00 Team Trivia 3:00 Golf 6:45 Bean Bag Baseball, AR	9:30 Chair Yoga, LB 15 10:00 Aggravation Time! 10:30 Zoomba with Bonnie, FC 11:00 Chef Demo with Brandy, AR 2:00 Horse Racing 4:00 Dominoes, AR 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	9:30 NorthRidge Walk Group, AR 16 11:00 Corn Hole, AT 11:30 The Bible Today/Devotion, CH 2:00 Bingo 3:00 Golf 7:00 Bridge Game	2:00 Bridge Game, TV 17 2:00 Tripoley 4:00 Dominoes, AR 7:00 Samba Game, AR 7:00 Poker 7:00 Disciples at Work, CH
9:00 Holy Spirit Parish at Geist, LB 18 9:30 First Christian Church, LB 9:30 1st Presbyterian Church, LB 11:00 Prayer Group, CH 2:00 Aggravation Time!, AR 7:00 9 Ball, BL 7:00 Shuffle Board with Mike, BP 	9:30 Stretch with Denise, AR 19 10:30 Strength and Balance, AR 11:30 The Bible Today/Devotion, CH 1:30 Free Blood Pressure Clinic 3:00 Golf, AR 6:45 Karaoke with Rhett 7:00 Cards, TV	9:00 Meijer, LB 20 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 2:00 Bingo 4:00 Dominoes, AR 7:00 Wii Bowling League	9:00 Walmart 21 9:30 Stretch with Denise, AR 10:30 Circuit Training, FC 2:00 Team Trivia 3:00 Golf 6:45 Bean Bag Baseball, AR	9:30 Chair Yoga, LB 22 10:00 Aggravation Time! 10:30 Zoomba with Bonnie, FC 2:00 Horse Racing 4:00 Dominoes, AR 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL 	9:30 NorthRidge Walk Group, AR 23 10:00 Late Risers' Breakfast Outing 11:00 Corn Hole, AT 11:30 The Bible Today/Devotion, CH 2:00 Bingo 3:00 Golf 4:00 Happy Hour & Line Dancing, AR 7:00 Bridge Game	2:00 Bridge Game, TV 24 2:00 Tripoley 4:00 Dominoes, AR 6:45 Disney Movie with The Grandkids 7:00 Samba Game, AR 7:00 Poker 7:00 Disciples at Work, CH 
9:00 Holy Spirit Parish at Geist, LB 25 9:30 First Christian Church, LB 9:30 1st Presbyterian Church, LB 11:00 Prayer Group, CH 2:00 Aggravation Time!, AR 7:00 9 Ball, BL 7:00 Shuffle Board with Mike, BP	9:30 Stretch with Denise, AR 26 10:30 Strength and Balance, AR 11:30 The Bible Today/Devotion, CH 1:30 Free Blood Pressure Clinic 2:00 Watercoloring, AR 3:00 Golf, AR 7:00 Cards, TV	9:00 Meijer, LB 27 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 11:00 Bible Study with Pastor Ben, CH 2:00 Bingo 4:00 Dance with Kathy 4:00 Dominoes, AR 7:00 Wii Bowling League	9:00 Walmart 28 9:30 Stretch with Denise, AR 10:30 Circuit Training, FC 2:00 Team Trivia 3:00 Golf 6:45 Bean Bag Baseball, AR	9:30 Chair Yoga, LB 29 10:00 Aggravation Time! 10:30 Zoomba with Bonnie, FC 11:00 Chef Demo with Brandy, AR 2:00 Horse Racing 4:00 Dominoes, AR 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL 	9:30 NorthRidge Walk Group, AR 30 11:00 Corn Hole, AT 11:30 The Bible Today/Devotion, CH 2:00 Bingo 3:00 Golf 7:00 Bridge Game	2:00 Bridge Game, TV 31 2:00 Tripoley 4:00 Dominoes, AR 7:00 Samba Game, AR 7:00 Poker 7:00 Disciples at Work, CH



Tropical Treat

They're golden, tropical and oh-so-sweet. Pineapples have long been prized for their refreshing taste and regal image.

Pineapples originated in South America and were brought to the Caribbean islands, where Christopher Columbus encountered the strange-looking fruit on one of his voyages. He introduced the pineapple to Europe, and it became a status symbol among royalty.

During Colonial times, only the wealthy could afford the few pineapples that were shipped to America. Dinner parties in affluent homes showcased the exotic fruit as a decoration in elaborate food displays. The pineapple grew into a symbol of hospitality and was often depicted in home décor, art and architecture.

Around the turn of the 20th century, Massachusetts native James Dole moved to the island of Oahu, Hawaii, and started a pineapple plantation and canning operation, which later became Dole Food Co. Ad campaigns and recipes promoting canned pineapple led to booming sales, and the fruit became more widely available and an affordable treat.

Hawaii is the only U.S. state that grows pineapples.

Monthly Movie Matinee

Although we have a movie matinee every day here at a NorthRidge, we are now hosting a monthly "New Feature Movie" with the works. Come check out our next showing or call Kashia to make your reservation for a VIP seat in our theater.





Fourth of July Barbecue

A special thanks to New Horizons Band and our resident Mike Schofield for the wonderful band performance during our barbecue and to our Culinary team for pulling off a delicious barbecue meal.

We ended our day out on the back patio with some fireworks, glow necklaces, s'mores and some guitar tunes with our Co-Managers Scott and Susie.

Pictured here is a parade float created by three very artistic and creative residents ... Rolando DeCastro, Michael Schofield and Lois Poort! Thank you!



Mario and Lois pulling our parade float





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Fishers, IN 46038



Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.



317-776-1980

