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Our mission is to create and sustain comfortable, caring environments for those who depend on



The Pioneer Post

Independent & Assisted Living Newsletter



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August 2019

Celebrating National Seniors' Day!

For the past 31 years, August 21st has been National Senior Citizens' Day in the United States and we hope you'll join us in observing it!

It was back in 1988 that then President Ronald Reagan set in motion the day to annually highlight seniors' achievements, and bring awareness and assistance to their needs. He stated: "We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature

and grow older, places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance, and services they need to continue to lead lives of encouraging examples for all of us goalindependence and dignity. [...] For all they have achieved throughout life and for all they small you think they are, and feel the pride continue to accomplish, we owe older citizens that comes from taking the journey. our thanks and heartfelt salute."

We are proud to celebrate and thank our seniors for their contributions to society. As part of observing such a day, read on for seniors reaching golden-year goals, hobby ideas, and a few helpful online resources.

Success Can Come at Any Age

Seniors most certainly prove one can reach for the stars at an older age. A few examples: Laura Ingalls Wilder wrote the "Little House" series between the ages of 65 and 76. Gladys Burrill completed the Honolulu • Marathon at age 92. Peter Mark Roget of "Roget's Thesaurus of English Words and Phrases" did not start the book until age 69. Painter Grandma Moses was 78 when she gained fame for her works. Julia Child was 50



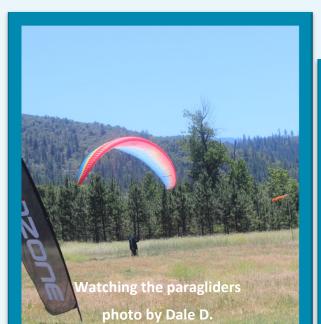
when she released her first cookbook. And Colonel Sanders didn't come into great success with KFC until age 62. These are chasers. Stick to your goals no matter how

Hobbies to Consider Trying Out

Cooking: Share and make recipes in groups. **Golf:** Whether for fun or competition! **Painting:** Acrylics, watercolors, or oils **Poetry:** Spoken or written, alone or for friends **Pottery:** Start making hands-on masterpieces!

3 Resources Seniors May Find Helpful:

- U.S. Department of Treasury Tax Counseling for Seniors: https:// www.benefits.gov/benefit/722
- **Social Security Administration Social Security Retirement Benefits**: https:// www.ssa.gov/benefits/retirement
- Corp. of National & Community Service **Retired and Senior Volunteer Program:** https://www.nationalservice.gov/serve



Special Moments









August Highlights

8/6 We are starting the mini series Centennial, it will be shown every Tuesday at 6:00pm. The series follows the fictional town Centennial C. from 1795 to 1970.

8/7 Library Luncheon, this months topic is The Chinook Salmon Migrations.

8/8 Carole Nielsen, the topic will be "Pirates". 8/9 The BiMart shopping trip has been moved to Friday the 9th.

8/10 Lake of the Woods, we will be going to the lake to help Neil P. celebrate his upcoming birthday, the family has everything arranged.

8/14 Out to Lunch Bunch will be dining at the Rivers Edge in Grants Pass, Oregon. Later in the afternoon, we will be have a car wash to benefit the Alzheimer's Association, Get your car washed by staff for a donation.

8/15 Bugs R Us, John's presentation will be on Butterflies and Moths.

8/15We are hosting a Grab & Go Spaghetti Dinner, the public has been invited to run in and by a spaghetti dinner to go. All proceeds to benefit the Alzheimer's research.

8/17 It's FREE FISHING DAY again, come enjoy some fun.

8/19 Supper Club will be dining out at Medford's favorite Italian place Rosario's, YUMMMMM.
8/20 Lisa Rose will be preforming during our cocktail hour in the Bistro, she plays and sings songs from Karen Carpenter.

8/21We are going to visit Wild Life Images, they are a rehabilitation and education center. Learn how they treat and care for injured wild animals.
8/22 Carole Nielsen, the topic is on fossils, she will have many to look at.

8/22 We are hosting a seminar on Fall Risk and Prevention.

8/23 We are inviting resident's family to come in and learn about the IN2L, we will demonstrate the many programs and apps they can use to help their loved one.

8/26 National Dog Day, we are going to have Chocolate Fondue with Scooby snacks (graham crackers) and other yummy dippable items.

8/28 Were going to visit Richard Gyuro's alpaca ranch. We will provide a sack lunch. After our return to PV we are having a beer tasting.
8/23 Birthday/Meet & Greet, help welcome all new residents and celebrate all of the August birthdays.

Just a note; we have removed 3 monthly meetings from our calendar. We will no longer be having the following meetings. 1. Independent Resident Meeting, 2. Cottage Meeting, 3. Food Committee Meeting. Please bring your concerns to the Resident Council meeting, and they will be discussed at our Fireside Chat the following week. Thank you.



Merlene has bee a part of our team for over 2 years. On her off time she enjoys, reading, music and her family. She was born in Tehachapi, CA. Merlene is Kawaiisu, Native American.

Employee of the Month, Merlene, Care staff

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A Little Bit of History, Jacksonville, Oregon

The Jacksonville Historic District encompasses the historic core of the 19th-century mining town of Jacksonville, Oregon. The city was a major mining, civic, and commercial center from 1852 to 1884, and declined thereafter, leaving a little-altered assemblage of architecture from that period that is unparalleled in the Pacific Northwest. The district was designated a U.S. National Historic Landmark in 1966. The city of Jacksonville was founded in 1852 after gold was found in the nearby hills. It grew quite rapidly in its first year, and became the county seat of Jackson County when that county was organized in 1853. It became the principal financial and commercial center in the mining country of southwestern Oregon, and flourished until the 1870s. In 1873, a significant portion of the city was destroyed by fire. Although much was rebuilt afterward, the city's decline in importance was cemented when the railroad bypassed it, and the county seat was relocated to Medford in 1927.

The historic district includes the city's central commercial district, on East California Street, and extends mainly northward to include adjacent residential areas. The former county courthouse is now a museum property of the local historical society, interpreting the city's history. The building stock is architecturally diverse, but limited to styles that were popular between the 1850s and 1880s in the region: the Greek Revival, Italianate, and Gothic Revival. Particularly well-preserved buildings include the 1856 Beekman Bank, which retains all of the original fixtures for a period bank. The district also includes the city's first cemetery, established in 1860.



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August 2019	Pioneer Village	• 805 N. 5th Street Jac	cksonville, Oregon	541-899-6825	
Sun Mon	Tue	Wed	Thu	Fri	Sat
Residents Sid R. 8/1 Dee W. 8/2 Hope R. 8/5 Lynn M. 8/5 Pat M. 8/12 Archien R. 8/14 Laural S. 8/16 Keith C. 8/18 Jack M. 8/25	IAIHAI F V F K I I I I I I	AL - A Building Lobby AK - Activity Kitchen BL - B Building Lobby B - Bistro CR - Cinema Room TF - Third Floor	Transportation 1 9:00 Morning Walk AL 10:00 Q Gong CR 10:30 Craft Hour AK 11:00 Activity Meeting BL 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 IN2L with Ethan	1:15 Wii Bowling TF	10:30 Shopping Walmart 1:00 BINGO TF 2:30 Women's Poker TF
9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee 2:30 Winery Visit Transportation 8:45 Morning Exercise TF 10:00 Morning Walk 11:15 Chair Yoga CR 1:15 Wii Bowling B 1:00 Men's Poker TF 2:00 Portable IN2L 3:00 Resident Council BL	Transportation 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 11:00 Welcome Comm. B 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 Cocktail Hour TF 6:00 Centennial Mini Series CR	8:45 Morning Exercise TF 11:00 Library Luncheon 1:15 Wii Bowling B 2:00 Scenic Drive 3:30 Ice Cream Social B	Transportation 8 9:00 Morning Walk AL 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 BINGO TF 2:00 Alzheimer's Support CR 2:30 Afternoon Exercise TF 3:00 Carole Nielsen Pirates	8:45 Morning Exercise TF 10:00 Coffee & Treats AL 10:30 Shopping BiMart 12:30 Cooking with Peggy AK 1:15 Wii Bowling TF 3:00 Wine Social B Tracy Davey	10:00 Lake of the Woods (Neil Phelps Birthday Celebration) 3:00 Women's Poker TF
9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee 2:30 Scenic Drive 12 8:45 Morning Exercise TF 10:00 Blood Pressure Clinic BL 10:00 Morning Walk 11:15 Chair Yoga CR 1:15 Wii Bowling B 1:00 Men's Poker TF 2:00 Portable IN2L 3:00 Fireside Chat BL	Transportation 13 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 Cocktail Hour TF 6:00 Centennial Mini Series CR	4.00 INZE IIIVIA II	7ransportation 15 9:00 Morning Walk AL 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 Bugs R Us Butterfly's & Moths 4:00 Grab & Go Spaghetti Dinner All proceeds' benefit Alzheimer's Association	1:15 Wii Bowling TF 3:30 Wine Social B Chris & Dom	2:30 Women's Poker TF 4:00 IN2L Google Earth 6:00 Saturday Night Movie The Proposal
9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:00 Sunday Matinee 2:30 Winery Visit 18 Transportation 8:45 Morning Exercise TF 10:00 Morning Walk 11:15 Chair Yoga CR 1:15 Wii Bowling B 1:00 Men's Poker TF 2:00 Portable IN2L 3:30 Supper Club Rosario's	Transportation 20 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 Cocktail Hour B Entertainment by Lisa Rose 6:00 Centennial Mini Series CR	8:45 Morning Exercise TF 10:00 Wild Life Images 1:15 Wii Bowling B 2:30 Making Ice Cream B 3:30 Learning IN2L TF	7777 777 777 777 777 777 777 777 777 7	8:45 Morning Exercise TF 10:00 Coffee & Treats AL 11:00 Painting with James TF 12:30 Cooking with Peggy AK 1:15 Wii Bowling TF 3:00 Wine Social B Michael Cruz 5:30 Family Introduction to IN2L	10:30 Shopping Trader Joes 1:00 BINGO TF 2:30 Women's Poker TF
9:00 One on One Visits 9:45 Ruch Church Bus 10:00 Local Church Bus 12:30 Poker TF 2:30 Sunday Matinee 25 8:45 Morning Exercise TF 10:00 Morning Walk 11:15 Chair Yoga CR 1:15 Wii Bowling B 1:00 Men's Poker TF 2:30 Scenic Drive 2:00 Portable IN2L 3:00 Chocolate Fondue B National dog day	Transportation 27 9:00 One on One Visits 10:00 Tending the Garden BP 10:45 Menu Meeting B 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 Cocktail Hour TF 6:00 Centennial Mini Series CR	10:00 Alpaca Ranch 1:15 Wii Bowling B 2:30 Beer Tasting B 3:30 IN2L Google Earth TF	Transportation 29 9:00 Morning Walk AL 10:00 Q Gong CR 10:30 Craft Hour AK 1:00 BINGO TF 2:30 Afternoon Exercise TF 3:00 IN2L Explore TF	10:00 Coffee & Treats AL11:00 Painting with James TF12:30 Cooking with Peggy AK	2:30 Women's Poker TF 6:00 Saturday Night Movie

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