FARMINGTON SQUARE
A RADIANT SENIOR LIVING COMMUNITY

960 Boone Rd. SE
Salem, OR 97306

STAMP
HERE

Administrative Team:
503-363-2273

Margo Garibay
Executive Director
Sarah Shipley
Asst. Executive Director
Mari G. / Rebecca B.
Wellness Director
Shelly Kesterson
Business Office Director
Virginia Goldstein
Wellness Nurse
Chad Christy
Dining Services Director
George Curtis
Maintenance Director
Amanda Bell
Life Enrichment Director

Our mission is to create and sustain comfortable, caring environments for those who depend onus

Farmington Square Salem News

Assisted & Memory Care Newsletter

Peachy Keen! Reach for a Peach this National Peach Month!

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3 Resident & Staff Spotlight
4/5 Activities Calendar
6 Birthdays, Highlights, Social Media
7 Photos, Summer Sentiments
8 Mission, Team

August 2019 910-920

Celebrating National Seniors' Day!

For the past 31 years, August 21st has been National Senior Citizens' Day in the United States and we hope you'll join us in observing it!

It was back in 1988 that then President Ronald Reagan set in motion the day to annually highlight seniors' achievements, and bring awareness and assistance to their needs. He stated: "We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older, places in which older people can participate to the fullest and can find the **encouragement, acceptance, assistance, and services** they need to continue to lead lives of independence and dignity. […] For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and heartfelt salute."

We are proud to celebrate and thank our seniors for their contributions to society. As part of observing such a day, read on for seniors reaching golden-year goals, hobby ideas, and a few helpful online resources.

Success Can Come at Any Age

Seniors most certainly prove one can reach for the stars at an older age. A few examples: Laura Ingalls Wilder wrote the "Little House" series between the ages of 65 and 76. Gladys Burrill completed the Honolulu Marathon at age 92. Peter Mark Roget of "Roget's Thesaurus of English Words and Phrases" did not start the book until age 69. Painter Grandma Moses was 78 when she gained fame for her works. Julia Child was 50 when she released her first cookbook. And Colonel Sanders didn't come into great success with KFC until age 62. These are encouraging examples for all of us goal-chasers. Stick to your goals no matter how small you think they are, and feel the pride that comes from taking the journey.

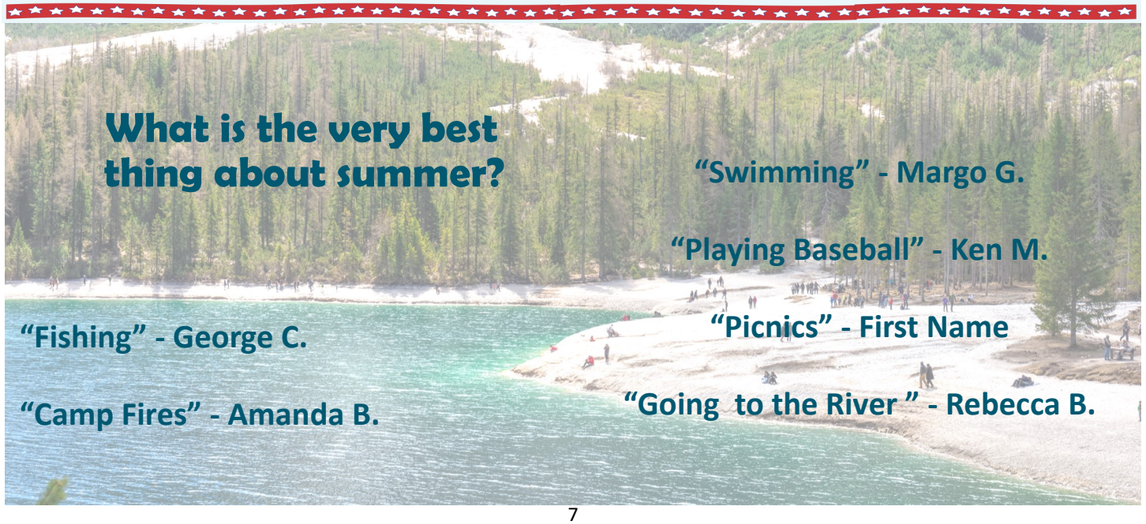
Hobbies to Consider Trying Out

Cooking: Share and make recipes in groups.
Golf: Whether for fun or competition!
Painting: Acrylics, watercolors, or oils
Poetry: Spoken or written, alone or for friends
Pottery: Start making hands-on masterpieces!

3 Resources Seniors May Find Helpful:

- **U.S. Department of Treasury Tax Counseling for Seniors**: https://www.benefits.gov/benefit/722
- **Social Security Administration Social Security Retirement Benefits**: https://www.ssa.gov/benefits/retirement
- **Corp. of National & Community Service Retired and Senior Volunteer Program:** https://www.nationalservice.gov/serve

Special Moments



August Highlights

August is Catfish Month, Eye Exam Month, Family Fun Month, Golf Month, Peaches Month, and Sandwich Month!

Aug. 1: Raspberry Cream Pie Day
Aug. 2: Ice Cream Sandwich Day
Aug. 3: Disc Golf Day; Mustard Day
Aug. 4: Friendship Day; Choc. Chip Cookie Day
Aug. 5: Oyster Day
Aug. 6: Root Beer Float Day; Wiggle Toes Day
Aug. 7: Lighthouse Day; Purple Heart Day
Aug. 8: Frozen Custard Day
Aug. 9: Book Lover's Day; Rice Pudding Day
Aug. 10: Bowling Day; S'mores Day
Aug. 11: Son and Daughter Day
Aug. 12: Julienne Fry Day; Middle Child Day
Aug. 13: Left-Handers Day
Aug. 14: Creamsicle Day
Aug. 15: Relaxation Day; Lemon Meringue Day
Aug. 16: Tell a Joke Day
Aug. 17: Black Cat Day; Thrift Shop Day; Bee Day
Aug. 18: Fajita Day; Ice Cream Pie Day
Aug. 19: Aviation Day; Intl. Bow Day
Aug. 20: Radio Day; Pecan Pie Day
Aug. 21: Senior Citizens Day; Spumoni Day
Aug. 22: Pecan Torte Day; Tooth Fairy Day
Aug. 23: Sponge Cake Day

Aug. 24: Peach Pie Day; Waffle Day
Aug. 25: Banana Split Day; Park Service Founders Day
Aug. 26: Dog Day; Cherry Popsicle Day
Aug. 27: Pots de Crème Day; Just Because Day
Aug. 28: Bow Tie Day; Cherry Turnovers Day
Aug. 29: Chop Suey Day
Aug. 30: College Colors Day; Marshmallows Day
Aug. 31: Trail Mix Day

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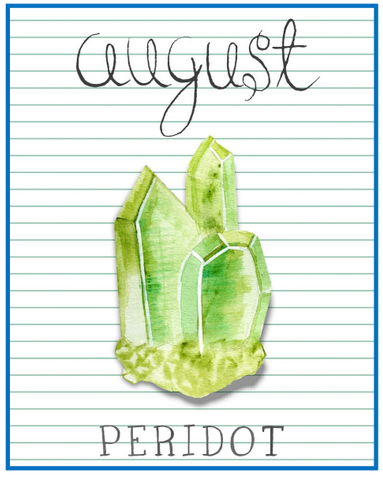
Blog.radiantseniorliving.com
Radiantsrliving on Instagram
Radiantvoices on Instagram
RadiantSrLiving on Twitter
Pinterest.com/radiantsrliving
Radiant Senior Living on YouTube



Happy Birthday to all those who celebrate their special day during the month of August!

Dorothy R. 940 8/12
Barbara F. 930 8/15
Debbie K. 920 8/23

Resident Spotlight!

Lyle K.

We are proud to announce Lyle as Farmington Square Resident of the Month!
Lyle has lived with us for 3 years now and he is always one of the first people to greet you with a smile as you walk in the door!
Lyle served in the Army and was a High School Social Studies, Health and P.E. Teacher for over 32 years. Lyle has a love for Baseball and will still go out with his son Bruce to catch a game!
We appreciate the years we have shared with Lyle and look forward to many more years to come!

Staff Spotlight!

Victoria P.

Victoria was personally nominated by her Residents as Staff Member of the Month and We would agree that she deserves it!
Victoria has been part of our Team for 5 years now and she not only diligently works to take care of each Residents needs, but truly shows love and compassion to them each and every day she is here.
Farmington Square is honored to have such a hard working, dedicated and loving Team Member.
Thank you Victoria!

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Charlie Foxx
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@ 1:30pm in 960

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Live Entertainment in 960
8/1 Diane @ 10:30 8/15 Ken @ 10:30
8/8 Royce @ 2pm 8/22 Jerry @ 10:30
8/29 Mark @ 10:30 8/30 Barbara @ 10:30

Lunch Outings
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8/ 14 Red Robin @ 11am
8/21 Almost Home @ 11am
8/28 Gold Dragon @ 11am

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8/21 Almost Home @ 11am
8/28 Gold Dragon @ 11am

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