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Our mission is to create and sustain comfortable, caring environments for those who depend on



## The Farmington Square Times

**Assisted & Memory Care Newsletter** 



### Peachy Keen! Reach for a Peach this National Peach Month!

2 A Look into Senior Citizen's Day3 Resident & Staff Spotlight4/5 Activities Calendar

6 Birthdays, Highlights, Social Media7 Photos, Summer Sentiments8 Mission, Team

August 2019

## Celebrating National Seniors' Day!

For the past 31 years, August 21st has been National Senior Citizens' Day in the United States and we hope you'll join us in observing it!

It was back in 1988 that then President Ronald Reagan set in motion the day to annually highlight seniors' achievements, and bring awareness and assistance to their needs. He stated: "We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature

and grow older, places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance, and services they need to continue to lead lives of encouraging examples for all of us goalindependence and dignity. [...] For all they have achieved throughout life and for all they small you think they are, and feel the pride continue to accomplish, we owe older citizens that comes from taking the journey. our thanks and heartfelt salute."

We are proud to celebrate and thank our seniors for their contributions to society. As part of observing such a day, read on for seniors reaching golden-year goals, hobby ideas, and a few helpful online resources.

#### **Success Can Come at Any Age**

Seniors most certainly prove one can reach for the stars at an older age. A few examples: Laura Ingalls Wilder wrote the "Little House" series between the ages of 65 and 76. Gladys Burrill completed the Honolulu • Marathon at age 92. Peter Mark Roget of "Roget's Thesaurus of English Words and Phrases" did not start the book until age 69. Painter Grandma Moses was 78 when she gained fame for her works. Julia Child was 50



when she released her first cookbook. And Colonel Sanders didn't come into great success with KFC until age 62. These are chasers. Stick to your goals no matter how

#### **Hobbies to Consider Trying Out**

**Cooking:** Share and make recipes in groups. **Golf:** Whether for fun or competition! **Painting:** Acrylics, watercolors, or oils **Poetry:** Spoken or written, alone or for friends **Pottery:** Start making hands-on masterpieces!

#### **3 Resources Seniors May Find Helpful:**

- U.S. Department of Treasury Tax Counseling for Seniors: https:// www.benefits.gov/benefit/722
- **Social Security Administration Social Security Retirement Benefits**: https:// www.ssa.gov/benefits/retirement
- Corp. of National & Community Service **Retired and Senior Volunteer Program:** https://www.nationalservice.gov/serve

## **Special Moments**













#### What is the very best thing about summer?

'Swimming, picnicking and drag racing" - Martha & Richard

"Gardening & the longer sunny days" **Dorothy & Charlotte** 

"The Weather" - John

"Sunshine" - Katie

"My swimming pool & Camping" -Richard & Gulyla

"Hiking & Basking in the Sun" -Jim&Katie

"I remember the long summer days in Alaska" - Trixie

## **August Highlights**

August is Catfish Month, Eye Exam Month, Family Fun Month, Golf Month, Peaches Month, and Sandwich Month!

**Aug. 1: Raspberry Cream Pie Day** 

Aug. 2: Ice Cream Sandwich Day

Aug. 3: Disc Golf Day; Mustard Day

Aug. 4: Friendship Day; Choc. Chip Cookie Day

Aug. 5: Oyster Day

Aug. 6: Root Beer Float Day; Wiggle Toes Day

**Aug. 7: Lighthouse Day; Purple Heart Day** 

Aug. 9: Book Lover's Day; Rice Pudding Day

Aug. 10: Bowling Day; S'mores Day

Aug. 13: Left-Handers Day

Aug. 14: Creamsicle Day

Aug. 16: Tell a Joke Day Aug. 17: Black Cat Day;

Aug. 19: Aviation Day; Intl. Bow Day

Aug. 20: Radio Day; Pecan Pie Day

Aug. 21: Senior Citizens Day; Spumoni Day

Aug. 22: Pecan Torte Day; Tooth Fairy Day

Aug. 24: Peach Pie Day; Waffle Day

Aug. 26: Dog Day; Cherry Popsicle Day

Aug. 28: Bow Tie Day; Cherry Turnovers Day

Aug. 31: Trail Mix Day

#### **Resident/Family Survey**

It is our desire to provide the best possible care/service for each resident. We would appreciate your feedback on how we may continue to care and provide services to you.

Your comments and suggestions will be carefully considered.

Please complete the survey at: <a href="https://www.surveymonkey.com/">https://www.surveymonkey.com/</a> reugene2019

Thank you for helping us become a more Radiant Community!

#### Follow us on Social Media:

Facebook.com/FarmingtonSquareEugene

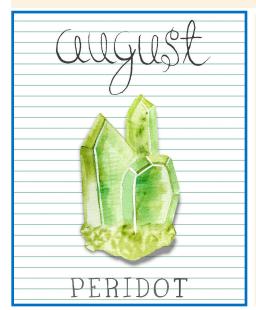
Blog.radiantseniorliving.com

Radiantsrliving on Instagram
Radiantvoices on Instagram

RadiantSrLiving on Twitter

Pinterest.com/radiantsrliving

Radiant Senior Living on YouTube



# Happy Birthday to all those who celebrate their special day during the month of August!

Mary, August 7th
Jim, August 8th
Brittney, August 13th
Andrew, August 15th
Jake, August 31st
Mia, August 15th
John, August 24th

Angel, August 17th Juanita, August 30th Wanda, August 31st

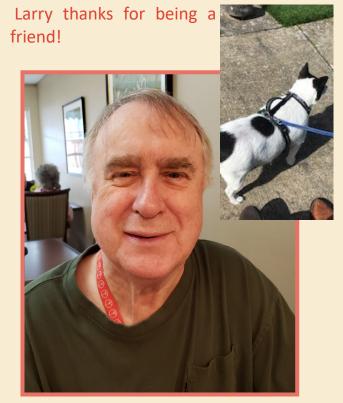


# Resident Spotlight! LARRY

We want you to meet our resident Larry. He has a four legged companion named "jimmy". They both go out for walks and sit in the sunshine of the courtyard.

Larry and Jimmy are from Elmira where they had fruit trees, berry bushes, and dear would come and visit them. He has two adult kids and he loves to reminisce about his "beautiful wife".

Here at Farmington Square Larry has some good friends; Larry, (he enjoys sharing his name) Keith and Paul. They have conversations, eat together, like music, presentations, trivia and the Scenic Drives together. Larry is very knowledgeable about our area and shares historical references on our drives. He's a great tour guide



# Staff Spotlight! ASHLEE



We here at Farmington Square Eugene want to announce that Ashlee is the Employee of the month! She has been with the company as a Life Enrichment Coordinator for over a year now. Look at her Radiant Smile! She has great smile for everyone. Ashlee is a wonderful young lady who has a beautiful report with everyone. She is a hard worker, caring, creative, dependable, takes initiative, patient, a team player, mature, and she has a big heart for our residents. She loves to make the residents smile with her sense of humor too. It is an honor to have such a wonderful young lady be a part of our Farmington Square Team. Thank you for being "an all around fantastic person" Ashlee. And congratulations on your Employee of the Month! Woop! woop!:0)

3

## August 2019

### Farmington Square Eugene • 2730 Bailey Lane, Eugene OR 97401 • 541-744-4902

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				9:00 Beauty & Grooming (all)	9:00 Beauty & Grooming (all)	:
				9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:00 Beauty & Grooming Time (all)
				10:30 Snacktivity: Snack & iN2LPaint*(A,B)	10:00 Pet Visit: Angus11:00 Church Guy(B)	9:30 Exercise Fun* (B)
				12:30 B-I-N-G-O* (B,C) 1:00 (A)	12:30 Game: Yahtzee (all)	10:30 Snacktivity: Snack & Domino's (B
				1:30 Thursday is for Trivia* (all)	2:00 Scenic Drive: Leaburg	12:30 B-I-N-G-O* (B,C)
				2:00 Piano Player: Steven (B)	3:30 Creative Arts: Adult Coloring (all)	2:00 Snacktivity: Sing-a-long* (A)
				3:00 Pretty Nails & Manicures (B)	4:00 Exercise Fun* (A)	3:00 Saturday Stroll/ Resident Focus Visit
				4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)	4:00 Exercise Fun* (A)
				5:15 Exercise Fun* (B)	6:00 Movie Night! (B)	5:15 Exercise Fun* (B)
				6:00 Toss-N-Talk (B)		6:00 Game: Yahtzee (B)
4	9:30 Exercise Fun* (A,B) 5	9:00 Beauty & Grooming Time (all) 6	9:00 Beauty & Grooming Time (all) 7	8	9	1
9:00 Beauty & Grooming Time (all)	10:00 Snacktivity: Snack & Music (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:00 Beauty & Grooming Time (all)	9:00 Beauty & Grooming Time (all)	9:00 Beauty & Grooming Time (all)
9:30 Exercise Fun Time * (A,B)	10:00 Singer from The Shedd School (C)	10:30 Snacktivity: Snack & Travel* (A,B)	10:30 Snacktivity:Snack& Brain Neuron* (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (B)
0:30 B-I-N-G-O* (B)	12:30 Game: Dominoes (all)	12:30 B-I-N-G-O* (B,C) 1:00 (A)	12:30 Word Puzzle Games* (all)	10:30 Snacktivity: Snack & iN2LTedTalk*(A,B)	10:30 Snacktivity: Snack & Story* (A,B)	10:30 Snacktivity: Snack & Domino's (E
2:30 Yahtzee (B)	1:30 Floral Arranging (B,C)	1:30 Game: Yahtzee (all)	1:00 Creative Arts* (A,B)	12:30 B-I-N-G-O* (B,C) 1:00 (A)	11:00 Church Guys (B)	12:30 B-I-N-G-O * (B,C)
2:30 Game: Crossword (C)	2:30 Snacktivity: Snack & Story* (A,B)	2:00 Snacktivity:Snack & Suzie-Q* (A,B)	2:00 Snacktiity: Snack and Animals* (A,B)	1:30 Thursday is for Trivia* (all)	12:30 Game: Yahtzee (all)	2:00 Snacktivity: Sing-a-long* (A)
2:00 Snacktivity: Snack & Art Time* (A,B)	3:00 Card Games (A,B)	2:30 Tuesday Trivia* (all)	3:30 Game: Penny Ante (B)	2:00 Snacktivity: Snack & Travel* (A,B)	2:00 Farmington Square Staff Meeting (C)	3:00 Saturday Stroll/ Resident Focus Visi
3:00 Sunday Stroll/ Resident Focus Visits (C)	3:00 B-I-N-G-O* (C)	3:00 Pretty Nails & Manicures (A)	FAMILY GAME NIGHT!	3:00 Pretty Nails & Manicures (B)	3:30 Creative Arts: Adult Coloring (all)	4:00 Exercise Fun* (A)
4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	BATTLESHIP	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)
5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	Food, Fun, and discover how you can use the iN2L system!	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	6:00 Game: Yahtzee (B)
6:00 Game: Dominoes (B)	6:00 Game: Penny Ante (B)	6:00 Game: Match Them Up* (B)	now you can use the INZE system:	6:00 Board Game: Life Stories (B)	6:00 Movie Night! (B)	
11	9:30 Exercise Fun* (A,B) 12	9:00 Beauty & Grooming Time (all) 13	9:00 Beauty & Grooming Time (all) 14	15	16	1
	10:00 Snacktivity: Snack & Music (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:00 Beauty & Grooming Time (all)	9:00 Beauty & Grooming Time (all)	9:00 Beauty & Grooming Time (all)
9:30 Exercise Fun Time * (A,B) 0:30 B-I-N-G-O* (B)	10:00 Singer from The Shedd School (A) 12:30 Game: Dominoes (all)	10:30 Snacktivity: Snack & Travel* (A,B) 12:30 B-I-N-G-O* (B,C) 1:00 (A)	10:30 Snacktivity:Snack& Brain Neuron* (A,B) 12:30 Word Puzzle Games* (all)	9:30 Exercise Fun* (A,B) 10:30 Snacktivity:Snack&iN2LMemoryBio(A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (B) 10:30 Snacktivity: Snack & Domino's (I
2:30 Yahtzee (B)	1:30 Floral Arranging (B,C)	1:30 Game: Yahtzee (all)	1:00 Creative Arts* (A,B)	12:30 B-I-N-G-O* (B,C) 1:00 (A)		12:30 B-I-N-G-O * (B,C)
2:30 Game: Crossword (C)	2:30 Snacktivity: Snack & Story* (A,B)	2:00 Snacktivity:Snack & MarySue*(A,B)	2:00 Snacktiity:Snack & Challenges* (A,B)	1:30 Thursday is for Trivia* (all)	12:30 Game: Yahtzee (all)	2:00 Snacktivity: Sing-a-long* (A)
2:00 Snacktivity: Snack & Art Time* (A,B)	3:00 Card Games (A,B)	2:30 Tuesday Trivia* (all)	2:30 Music: Basil on Piano (C)	2:00 August Birthday Social (B,C)	2:00 Scenic Drive: Dexter Lake Loop	3:00 Saturday Stroll/ Resident Focus Visi
3:00 Sunday Stroll/ Resident Focus Visits (B)	3:00 B-I-N-G-O* (C)	3:00 Pretty Nails & Manicures (C)	4:00 Exercise Fun* (A)	3:30 Pretty Nails & Manicures (A)	3:30 Creative Arts: Adult Coloring (all)	4:00 Exercise Fun* (A)
4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)
5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	6:00 B-I-N-G-O Night! (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	6:00 Game: Yahtzee (B)
6:00 Game: Dominoes (B)	6:00 Game: Penny Ante (B)	6:00 Game: Yahtzee (B)		6:00 Toss-N-Talk (B)	6:00 Movie Night! (B)	
18	9:30 Exercise Fun* (A,B) 19	9:00 Beauty & Grooming Time (all) 20	9:00 Beauty & Grooming Time (all) 21	• • • • • •	12p -2p 23	2
9:00 Beauty & Grooming Time (all)	10:00 Snacktivity: Snack & Music (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	ALOHA! MAHALO!	9:00 Beauty & Grooming Time (all)
9:30 Exercise Fun Time * (A,B)	10:00 Singer from The Shedd School (B)	10:30 Snacktivity: Snack & Travel* (A,B)	10:30 Snacktivity:Snack& Brain Neuron* (A,B)	10:30 Snacktivity:Snack & iN2LCommercials*	ITS "LUAU" TIME	9:30 Exercise Fun* (B)
0:30 B-I-N-G-O* (B) 2:30 Yahtzee (B)	12:30 Game: Dominoes (all) 1:30 Floral Arranging (B,C)	12:30 B-I-N-G-O* (B,C) 1:00 (A) 1:30 Game: Yahtzee (all)	12:30 Word Puzzle Games* (all) 1:00 Creative Arts* (A,B)	12:30 B-I-N-G-O* (B,C) 1:00 (A) 1:30 Thursday is for Trivia* (all)	TIO EDAO TIIVIL	10:30 Snacktivity: Snack & Domino's (I
2:30 Game: Crossword (C)	2:30 Snacktivity: Snack & Story* (A,B)	2:00 Snacktivity:Snack & MarySue* (A,B)		2:00 Snacktivity: Snack & Travel* (A,B)		2:00 Snacktivity: Sing-a-long* (A)
2:00 Snacktivity: Snack & Art Time* (A,B)	3:00 Card Games (A,B)	2:30 Tuesday Trivia* (all)	2:30 Music: Basil on Piano (A)	2:00 Piano Player: Steven (B)		3:00 Saturday Stroll/ Resident Focus Visi
3:00 Sunday Stroll/ Resident Focus Visits (A)	3:00 B-I-N-G-O* (C)	3:00 Pretty Nails & Manicures (B)	4:00 Exercise Fun* (A)	3:30 Pretty Nails & Manicures (C)		4:00 Exercise Fun* (A)
4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)	4:00 Exercise Fun* (A)		5:15 Exercise Fun* (B)
5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	6:00 B-I-N-G-O Night! (B)	5:15 Exercise Fun* (B)		6:00 Game: Yahtzee (B)
6:00 Game: Dominoes (B)	6:00 Game: Penny Ante (B)	6:00 Game: Match Them Up* (B)		6:00 Board Game: Life Stories (B)		
25	9:30 Exercise Fun* (A,B) 26	9:00 Beauty & Grooming Time (all) 27	9:00 Beauty & Grooming Time (all) 28	29	30	3:
9:00 Beauty & Grooming Time (all)	10:00 Snacktivity: Snack & Music (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:00 Beauty & Grooming Time (all)	9:00 Beauty & Grooming (all)	9:00 Beauty & Grooming Time (all)
9:30 Exercise Fun Time * (A,B)	10:00 Singer from The Shedd School (C)	10:30 Snacktivity: Snack & Travel* (A,B)	10:30 Snacktivity:Snack& Brain Neuron* (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (A,B)	9:30 Exercise Fun* (B)
0:30 B-I-N-G-O* (B)	12:30 Game: Dominoes (all)	12:30 B-I-N-G-O* (B,C) 1:00 (A)	12:30 Word Puzzle Games* (all)	10:30 Snacktivity: Snack & iN2LPaint*(A,B)	10:00 Pet Visit: Angus (all)	10:30 Snacktivity: Snack & Domino's (
2:30 Yahtzee (B)	1:30 Floral Arranging (B,C)	1:30 Game: Yahtzee (all)	1:00 Creative Arts* (A,B)	12:30 B-I-N-G-O* (B,C) 1:00 (A)	11:00 Church Guys (B) 12:30 Game: Yahtzee (all)	12:30 B-I-N-G-O * (B,C)
2:30 Game: Crossword (C) 2:00 Snacktivity: Snack & Art Time* (A,B)	2:30 Snacktivity: Snack & Story* (A,B) 3:00 Card Games (A,B)	2:00 Snacktivity:Snack & Suzie-Q* (A,B) 2:30 Tuesday Trivia* (all)	2:00 Snactiity: Snack & Challenges* (A,B) 3:30 Resident Council Meeting (C)	1:30 Thursday is for Trivia* (all) 2:00 Snacktivity: Snack & Travel* (A,B)	2:00 Scenic Drive: McKenzie View Drive	2:00 Snacktivity: Sing-a-long* (A) 3:00 Saturday Stroll/ Resident Focus Vis
3:00 Sunday Stroll/ Resident Focus Visits (A)	3:00 B-I-N-G-O* (C)	3:00 Pretty Nails & Manicures (A)	3:30 Game: Penny Ante (B)	3:00 Pretty Nails & Manicures (B)	3:30 Creative Arts: Sensory (A,B)	4:00 Exercise Fun* (A)
4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	4:00 Exercise Fun* (A)	5:15 Exercise Fun* (B)
5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	5:15 Exercise Fun* (B)	6:00 Game: Yahtzee (B)
6:00 Game: Dominoes (B)	6:00 Game: Penny Ante (B)	6:00 Game: Yahtzee (B)	6:00 B-I-N-G-O Night! (B)	6:00 Toss-N-Talk (B)	6:00 Movie Night! (B)	