The Carriage House
Gracious Retirement Living

4680 Bellwether Lane • Oxford, FL 34484 • Phone (352) 330-5987 • www.seniorlivinginstyle.com

AUGUST 2019

CARRIAGE HOUSE STAFF

Managers.....JOHN & BECKY COON
Management Team.....ROD & JUDY JOBMAN
Executive Chef.....DAVE FERGUSON
Activity Coordinator.....LUKE MCKAIN
Bus Drivers.....SANDY HECK, ALLAN HARRIS & DIANA CANCEL
Transportation.....BILL HECK

TRANSPORTATION

Monday & Friday, 9:15 a.m.: Walmart Shopping
Monday & Friday, 11 a.m.:
Publix, CVS, Walgreens & Banks
Monday & Friday, Noon-3 p.m.:
Local Doctor Appointments
Tuesday & Thursday, 9 a.m.-3 p.m.:
Local Doctor Appointments
Wednesday, 9 a.m.-1 p.m.:
Local Doctor Appointments
Wednesday, 9 a.m.-5 p.m.: Resident Outing
Sunday, 8:55 a.m.: New Covenant Methodist Church
Sunday, 9:15 a.m.: St. Mark's Catholic Church
Sunday, 9:45 a.m.: Live Oaks Church

HAWTHORN SENIOR LIVING

A Day In Your Life

Occasionally, we like to take the camera and find residents doing "stuff" and that's what happened on Wednesday, July 10th. Grab a cup of your favorite and enjoy a Day-In-Your-Life!

(Photos continued inside)

Fellowship and exercise with a friend

Phil C. the Harmonica Guy performed.

Ukulele lessons, anyone?

Champion Speller

It took seven rounds of all-in competition between 13 contestants and an additional three rounds between the two finalists, but Doris Martin was crowned the Carriage House Champion Speller. Her winning word was “gherkin” (like the pickle).

Georgia McGraw was runner-up, missing on “bouillon.” Both were given gift cards from Publix.

Georgia and Doris ... still pals!

A Day In Your Life *(Continued)*

Perhaps Dominoes?

Bible Study resumed with Pastor Mark at the helm.

Coming in August

As you’ve seen, we’re revamping our Activities schedule, eliminating some of the less popular, and adding new and different things to do. Due to the success of our Spelling Bee, we’ll move ahead and continue that on a limited basis. We’ll add another game — The Newlywed Game — on the 20th at 2 p.m.

On the 2nd of the month you’ll be able to get a new red SOS T-shirt when the vets have a table sale in the Dining Room from 11 a.m. until 1 p.m. The very next day we’ll celebrate National Watermelon Day with all kinds of fun planned. Buddy Mitchell performs at our Pool Party on the 7th, and again the following day for his regularly scheduled show.

We’ll have a floral design class with Suzanne on the 12th — it’s just $8. The LEGACY anniversary party will be in the Activity Center on the 22nd and on the same day Petrina will perform for us. Finally, during the last week of the month pianist Steve Sternberg will entertain us on the 26th and we’ll have an interesting program on the 31st — Unusual Musical Instruments.

It’s shaping up to be a banner month in August. Please check the sign-up table to be up to date on all new happenings.

Two Poems in 20 Years
By Peggy Gillen

Written during the Blizzard of 1999 in Rochester, New York.

I'm not tired — should I be?
In a few more months I'll be 73
But the winters are longer and there IS more snow
I'd like to move but where can I go?

I'm beginning to long for warm weather and sun,
A place for grandkids to come and have fun
I'd walk the beach and volunteer at the zoo,
and continue to help at a hospital, too.

I'd find a nice church and spend some time there,
Doing what's needed and kneeling in prayer.
My income is limited and stretching the seams,
So it won't be easy to find the home of my dreams.

I'm writing this plea in form of a verse
Longfellow I'm not — but it could be worse!
If I win this contest, it will help me to find
This retirement home I have etched in my mind.

The follow-up to this poem was written during our latest bout of record-setting hot weather earlier in 2019.

I'm very tired — I deserve to be
In a few more months I'll be 93.
Twenty years ago I wrote that first poem
I entered a contest to win a dream home.

I didn't win — many years passed by
But I did find a dream home; I'll tell you no lie.
My home is The Carriage House, a very nice place
I have a studio, so not too much space.

The older you get, the less things you need,
Just my writing pad, pens, good books to read.
I love to write letters — I do it with passion,
Those who receive them love my style,
old-fashioned

When I longed for warm weather, I didn't mean hot
I didn't get snow, but hot I sure got!
I'm happy here, now I hope I can stay,
With my son and his wife, not too far away.

I don't think I could ask for better than this.
I found my dream home — I did get my wish!

"Reminiscing in My Rocker"
By Jackee Day

It didn't happen overnight
You could say it crept up on me
But who counts birthday candles
Over ninety? PARDON ME!

I remember "catching" streetcars
That cost a nickel for each ride
At night when the streetlights came on
It signaled, "Time for us to go inside"

When we sat down and wrote a letter
A three-cent stamp sent it on its way
And that letter would be delivered
Anywhere in the USA

I recall all these memories
Some are happy. Some have a sting
Then I remember my childhood prayer
Thank you, God, for EVERYTHING!

Texas Visitors

Pally O. had a nice surprise when her nephew and his family from Texas dropped by to see her on their way to a family vacation in Orlando. You might remember Hunter — the tall gentleman in the photo has been on the CBS program "Survivor" and appears in several print ads nationally.

Pally's guests last month

AUGUST 2019

Birthdays

Gwen Brown, 7th
Don Hawkins, 17th
Glennis Black, 24th
John B., 24th
Glennis B., 24th
Kathleen Stats, 24th
Katleen S., 24th
John Black, 24th
Esther Jackson, 26th
Al Bolduc, 26th
Esther Jackson, 26th
Al Bolduc, 26th
Ginnie Windham, 29th
Virginia Windham, 29th
Dotty Miller, 31st

Locations

Activity Center, AC
Atrium, ATR
Bistro, Bistro
Dining Room, DR
Front Door, FTDR
Grandma's Kitchen, GRK
Library, LIB
Movie Theater, Movie
Pool Table Room, Pool TAB
Private Dining Room, PDR
Second Floor TV Room, 2FTV
Swimming Pool, SWP
Third Floor Chapel, Chapel
Third Floor Exercise Room, 3FEX

Every night at 6:45 p.m., we have a movie in the Theater.

Every Wednesday is Outing Day. Check the sign-up table for when and where.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:00 Morning Stretch, AC 2:00 Health Talk by Legacy, Movie 4:30 Bus Leaves for the Villages Square, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	2 **6:00 Wear Red Day!** 8:30 Blood Pressure Checks by Legacy, Bistro *9:30 Chair Exercises, AC* **11:00 Red T-Shirt Table Sale, DR** 2:00 Hang Yer Hat Bingo, AC 3:15 Shabbat Services, Chapel 6:45 Movie Night, Movie	3 11:00 "I've Got Rhythm" Class, AC 2:00 Matinee Movie, Movie 2:30 Celebration of National Watermelon Day, AC *3:30 Catholic Communion Service & Rosary (Chapel)* 6:45 Movie Night, Movie
4 10:30 Prayer Services in the Chapel 2:00 Matinee Movie, Movie 2:00 Karaoke with Marci Carlson, AC 6:45 Movie Night, Movie 7:00 Bring-A-Buck Bingo with Roy, AC	5 *9:30 Chair Exercises, AC* 10:30 New Resident Class, AC 11:00 Ukulele Lessons, Movie 2:00 Hang Yer Hat Bingo, AC 3:00 Wheel of Fortune, AC 6:45 Movie Night, Movie 7:00 Dominoes, 2FTV	6 9:00 Morning Stretch, AC 9:00 Dr. Marcus Frey, Podiatrist, Movie 10:00 Bring-A-Buck BUNCO, AC 2:00 Sunshiners Go to Visit!, FTDR 4:30 $5 Movies in the Villages, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	7 *9:30 Chair Exercises, AC* **10:00 Bible Study Pastor Dale, Chapel** 10:00 Village Home Care Health Talk: Work Out at Home, Movie 10:30 Horse Race, AC 11:00 Chair Chi, 3FEX 2:00 Hang Yer Hat Bingo, AC **4:00 Resident/Manager Meeting, DR** 6:30 Pool Party, Buddy Mitchell Performs, SWP 6:45 Movie Night, Movie	8 9:00 Morning Stretch, AC **9:30 Barrack From Beltone Speaks, Movie** 4:30 Bus Leaves for the Villages Square, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	9 **6:00 Wear Red Day!** 8:30 Blood Pressure Checks by Legacy, Bistro *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 4:00 Happy Hour, Bistro 6:45 Movie Night, Movie	10 11:00 "I've Got Rhythm" Class, AC 2:00 Matinee Movie, Movie *3:30 Catholic Communion Service & Rosary (Chapel)* 6:45 Movie Night, Movie 6:45 Ami Reese Performs, AC
11 10:30 Open Bible Church Services, Chapel 2:00 Matinee Movie, Movie 6:45 Movie Night, Movie 7:00 Bring-A-Buck Bingo with Roy, AC	12 *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 2:00 52 Card Bingo with J and J, AC 3:00 Wheel of Fortune, AC **3:00 Floral Design Class, $8, AC** 6:45 Movie Night, Movie 7:00 Dominoes, 2FTV	13 9:00 Morning Stretch, AC 10:00 Bring-A-Buck BUNCO, AC 2:00 Sunshiners Go to Visit!, FTDR 4:30 $5 Movies in the Villages, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	14 *9:30 Chair Exercises, AC* **10:00 Bible Study Pastor Dale, Chapel** 10:00 Interim Health Talk, Movie 10:00 Health Talk Village Home Care's Joy, Movie 11:00 Chair Chi, 3FEX 2:00 Hang Yer Hat Bingo, AC 2:45 Hometown Twirlers Perform, AC 6:45 Movie Night, Movie	15 9:00 Morning Stretch, AC 10:00 American Mobility, Fix-It Day, ATR 10:00 Central Mobility Fix-It Day, ATR 2:00 Play Time with Legacy, AC 2:00 Connect Hearing Clean and Checks, Movie 4:30 Off to the Squares, FTDR 4:30 Bus Leaves for the Villages Square, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	16 **6:00 Wear Red Day!** 8:30 Blood Pressure Checks by Legacy, Bistro *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 4:30 Bus Leaves, Spaghetti Feed, FTDR 6:45 Movie Night, Movie	17 11:00 "I've Got Rhythm" Class, AC 2:00 Matinee Movie, Movie *3:30 Catholic Communion Service & Rosary (Chapel)* 6:45 Movie Night, Movie
18 10:30 Prayer Services in the Chapel 1:45 Harbor Lights Gospel Group Performs, AC 2:00 Matinee Movie, Movie 2:00 Harbor Lights Gospel Group Performs, AC 2:30 Sundae on Sunday Ladies Aux. Of Am. Legion, AC 6:45 Movie Night, Movie 7:00 Bring-A-Buck Bingo with Roy, AC	19 *9:30 Chair Exercises, AC* 10:30 New Resident Class, AC 11:00 Ukulele Lessons, Movie 2:00 Hang Yer Hat Bingo, AC 3:00 Wheel of Fortune, AC 6:45 Movie Night, Movie 7:00 Dominoes, 2FTV	20 9:00 Morning Stretch, AC 10:00 Bring-A-Buck BUNCO, AC 2:00 Sunshiners Go to Visit!, FTDR 2:00 Newlywed Game, AC **2:30 Activity Coord./Resident Monthly Meeting, AC** 4:30 $5 Movies in the Villages, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR 7:00 Butterbean Band Performs, AC	21 *9:30 Chair Exercises, AC* **10:00 Bible Study Pastor Dale, Chapel** 10:30 Horse Race, AC 10:30 American Mobile Dermatology Health Talk, Movie **11:00 Mass (Third Floor Chapel)** 11:00 Chair Chi, 3FEX 2:00 Hang Yer Hat Bingo, AC **3:00 Resident/Chef Meeting, AC** 6:45 Movie Night, Movie	22 9:00 Morning Stretch, AC 10:00 Dermatology on the Spot Health Talk, Movie 1:45 Petrina Performs, AC 2:00 Dermatology on the Spot Health Talk, Movie 4:30 Bus Leaves for the Villages Square, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	23 **6:00 Wear Red Day!** 8:30 Blood Pressure Checks by Legacy, Bistro *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 4:00 Happy Hour, Bistro 6:45 Movie Night, Movie 7:00 New Covenant Methodist Church Strummers, AC	24 11:00 "I've Got Rhythm" Class, AC **2:00 Pat & Earle Musical Performance, AC** 2:00 Matinee Movie, Movie 2:00 Earle and Pat Le Vier Perform, AC *3:30 Catholic Communion Service & Rosary (Chapel)* 6:45 Movie Night, Movie
25 10:30 Open Bible Church Services, Chapel 1:45 Laura Lee Performs, AC 2:00 Matinee Movie, Movie 6:45 Movie Night, Movie 7:00 Bring-A-Buck Bingo with Roy, AC	26 *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 3:00 Wheel of Fortune, AC 6:45 Movie Night, Movie 7:00 Dominoes, 2FTV	27 9:00 Morning Stretch, AC 9:00 Dr. Marcus Frey, Podiatrist, Movie 10:00 Bring-A-Buck BUNCO, AC 2:00 Sunshiners Go to Visit!, FTDR 4:30 $5 Movies in the Villages, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	28 *9:30 Chair Exercises, AC* **10:00 Bible Study Pastor Dale, Chapel** 11:00 Chair Chi, 3FEX 2:00 Hang Yer Hat Bingo, AC 4:00 New Time: Financial Guru Cindy Richards Speaks, 2FTV 6:45 Movie Night, Movie	29 9:00 Morning Stretch, AC 4:30 Bus Leaves for the Villages Square, FTDR 6:45 Movie Night, Movie 7:00 Pinochle, DR	30 **6:00 Wear Red Day!** 8:30 Blood Pressure Checks by Legacy, Bistro *9:30 Chair Exercises, AC* 2:00 Hang Yer Hat Bingo, AC 6:45 Movie Night, Movie	31 11:00 "I've Got Rhythm" Class, AC 2:00 Matinee Movie, Movie *3:30 Catholic Communion Service & Rosary (Chapel)* 6:45 Movie Night, Movie

A Little Birdie Told Me

- Over 250 teddy bears have found new caves in the back of Sumter County Sheriff's vehicles! Another 100 or so are in local memory-care buildings, including The Willows next door.
- We have over 5,000 books in our library — all resident donated. Thank you!
- **Question:** How many married couples live in the Carriage House? Answer below.
- There are over 20,000 gallons of water in our heated swimming pool. That's over 120 gallons per person in The Carriage House.
- Based on census right now, our culinary crew cranks out over 100,000 meals each year ... 300 meals a day times 365 days a year turns out to be 109,500 meals. That doesn't count holidays.
- We have 16 four-person teams in our Wii Bowling league. That's the highest number of participants in the entire Hawthorn family of buildings! FYI — way to go!
- We've had eight blood drives since we opened, and all eight exceeded LifeSouth's expectations. Our community gives to the outside community with gusto!
- We just cracked the century mark. With pianist Steve Sternburg's performance last week, we've had 101 new and different entertainers come in to play for us!
- **Answer:** There are 23 married couples that live here!

County Fair

Over a dozen vendors came in to support The Carriage House family in our search for a great STAY-CATION to our local County Fair.

Vendors hosted games of skill and chance, while we served traditional fair foods of corn dogs, soft pretzels, pizza bites and other goodies.

Mustang Sally offered an old-time country music concert (including the "Green Acres" theme song). At the end of it all it was hard to say who had more fun: the vendors, our residents, or the singer!

The Activity Center right after the concert!

Games of skill and chance drew a record number of visitors.

New Resident Orientation

Some of the newer residents in our home take a long time to "get oriented." They'll spend hours learning the ropes and getting to know the residents … or managers … or employees. In some cases, it takes a day or two, sometimes a week, sometimes several weeks. The smart ones sign up for New Resident Orientation calls held every third Monday in the Activity Center.

One of the recent New Resident chats

Those that have taken advantage of the opportunity are unanimous in their praise of its value of both the class and its leader. The class is led by one of our original residents, Toots Emond, who in her earlier life was a Navy nurse. Her program is based on information in the Resident's Guidebook that is given to us all when we move in … sadly, few have ever read it.

Toots got a surprise in a recent meeting. Normally, between four and 12 folks attend her meetings, but at this meeting there were only two … both named Lucille. That's also Toots's name! Three in the class, all named Lucille.

She is consistently surprised at what most newcomers want to know. Most ask about the fire alarm system and are surprised by the fact that our manager here cannot shut it off, but that it has to be shut off by the Fire Department.

Our informal set of codes, however, is picked up quickly, like how to tell someone what they want to drink, or SPOT (Sweet Potatoes on Thursday). Some days they're available, but it depends on how many residents eat them that day! It took some us a long time to learn that if the main meal and alternate aren't to our liking, we can always order a grilled cheese and tomato sandwich.

Bottom line is pretty simple: We eat "Southern" style at The Carriage House — breakfast is always at 8 a.m., dinner is at 12:30 p.m., and supper starts at 5:30 p.m. Remember, though … if you come to breakfast at 9 a.m., there may not be a lot of choices available.

A Big Day for Cliff

It's hard to keep a secret between two people, let alone over 160 family members, but by golly we sure did! It was a surprise birthday party for Cliff Bulmer recently … and he had no idea it was happening.

Our culinary crew came up with the three different-flavored cakes, balloons were blown and "hung," and the performers, Sounds of Time, were ready and rockin' when he walked through the doors to 75 people shouting HAPPY BIRTHDAY!

He said later that it was one of his happiest days in quite some time.

Eleanor and Cliff on his birthday

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EQUAL HOUSING OPPORTUNITY

Hello Sunshine!

We do believe that our home is where the heart is. Please come join us for a cold glass of lemonade and see firsthand how things are really heating up with our summer activities calendar. Give us a call for more information on any of the activities you would like to participate in or feel free to stop by to meet our caring staff and have a complimentary meal and tour.

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