


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Brookridge Heights Assisted Living & Memory Care</div> <div>1901 Division Street Marquette, MI 49855 (906) 225-4488</div>		<div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle & Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div>	Healthy Snacks & Hydration offered throughout each day!	9:00 <div>CE</div> Morning Connection 10:00 <div>AE</div> Come Shop with Me 11:00 Dance Fitness [MCLR] 12:00 Ladies Lunch on the Patio 1:30 Art in the Garden 3:00 Checking In with You 3:00 <div>PE</div> Circle Soccer	National Coloring Book Day 9:00 <div>CE</div> Morning Connection 10:00 <div>PE</div> Hit the Trails - Outdoor Hike 10:15 YMCA Sittercise [AR] 11:00 Out in the U.P. Air 2:00 <div>LL</div> Happy Hour 3:00 Checking In with You	9:00 <div>CE</div> Morning Connection 10:00 Bocce Ball 3:00 Checking In with You 6:30 Saturday Feature Movie Presentation
9:00 <div>CE</div> Morning Connection 10:00 <div>SS</div> Let the Bible Speak 3:00 Checking In with You	9:00 <div>CE</div> Morning Connection 10:15 <div>PE</div> Sitter Yoga YMCA [CL] 11:00 Photographs and Memories 1:30 <div>SS</div> Catholic Mass [CL] 2:00 Artist Impressions 2:00 Coffee and a Stroll 3:00 Checking In with You	9:00 <div>CE</div> Morning Connection 10:00 Sing-along with the Ukulele Ladies [MCLR] 11:00 <div>PE</div> Dance Fitness [MCLR] 1:00 Trivia Fun 2:00 <div>LL</div> Out in the U.P. Air 3:00 Checking In with You 6:30 <div>LL</div> Bingo [ADR]	9:00 Foot Care w/Katie's place 9:00 <div>CE</div> Morning Connection 10:00 <div>LL</div> Manicures 10:30 Hand Massages 11:00 Charades 11:00 <div>CC</div> Coffee and a Stroll Downtown 2:00 Outdoor Lawn Games 3:00 Checking In with You 3:00 <div>LL</div> Wags and Wiggles	World Cat Day 9:00 <div>CE</div> Morning Connection 10:00 <div>AE</div> Come Shop with Me 11:00 Dance Fitness [MCLR] 12:00 Ladies Lunch on the Patio 1:30 Art in the Garden 3:00 Checking In with You 3:00 <div>PE</div> Circle Soccer	9:00 <div>CE</div> Morning Connection 10:00 <div>PE</div> Hit the Trails - Outdoor Hike 10:15 YMCA Sittercise [AR] 11:00 Out in the U.P. Air 2:00 <div>LL</div> Happy Hour 3:00 Checking In with You	9:00 <div>CE</div> Morning Connection 10:00 Bocce Ball 3:00 Checking In with You 6:30 Saturday Feature Movie Presentation
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