

August 2019 Memory Suppor					created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday Saturday
Brookridg Heights Assisted Living & Memory	ge 1901 Division Street Marquette, MI 49855 (906) 225-4488	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	11:00 Dance Fitness [MCLR] 12:00 Ladies Lunch on the Patio 1:30 Art in the Garden 3:00 Checking In with You 10:00 № Hit out 10:15 YM0 11:00 Out 2:00 ■ Hit out 10:15 YM0 11:00 Out 11:00 Ut 11	the Trails - door Hike CA Sittercise [AR] in the U.P. Air 10:00 Bocce Ball 3:00 Checking In with You 6:30 Saturday Feature Movie Presentation
9:00 Morning Connection 10:00 SS Let the Bible Speak 3:00 Checking In with You	9:00 GE Morning Connection 10:15 PE Sitter Yoga YMCA [CL] 11:00 Photographs and Memories 1:30 SS Catholic Mass [CL] 2:00 Artist Impressions 2:00 Coffee and a Stroll 3:00 Checking In with You	9:00 Morning Connection 10:00 Sing-along with the Ukulele Ladies [MCLR] 11:00 Dance Fitness [MCLR] 1:00 Trivia Fun 2:00 Out in the U.P. Air 3:00 Checking In with You 6:30 Bingo [ADR]	9:00 Foot Care w/Katie's place 9:00 Morning Connection 10:00 Manicures 10:30 Hand Massages 11:00 Charades 11:00 Coffee and a Stroll Downtown 2:00 Outdoor Lawn Games 3:00 Checking In with You 3:00 Wags and Wiggles	9:00 Morning Connection 10:00 AE Come Shop with Me 11:00 Dance Fitness [MCLR] 12:00 Ladies Lunch on the Patio 1:30 Art in the Garden 10:00 EE Hit: 0ut 10:15 YM0 11:00 Out 2:00 II Hap	door Hike 3:00 Checking In with You 6:30 Saturday Feature Movie
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