



WELLBROOKE
OF CRAWFORDSVILLE
A Trilogy Senior Living Community

News

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

Deanna R.	August 01
Marilyn D.	August 11
JoAnn M.	August 17
Marg R.	August 23
Charles S.	August 23
June T.	August 27
Martha S.	August 27
Wanda C.	August 28
Barbara L.	August 31

Staff

Cierra W.	August 09
Vyctoria G.	August 11
Cheryl H.	August 22
Tonya P.	August 22
Tabitha B.	August 24
Heather O.	August 28

Upcoming Events

- August 01- Health Center Resident Council
- August 02- Assisted Living Resident Council
- August 08- Taste of the Town "Long John Silvers"
- August 13- Like Father, Like Son
- August 12- AL & August 14- HC Pet Therapy
- August 14- Calendar planning Meeting
- August 15- Smartsburg Pickers
- August 22- Resident Casino Night Theme Dinner
- August 25- Sunday Brunch
- September 08- Grandparent's Day Sleepover Event



Executive Director Corner

Happy August! I hope that everyone has been enjoying themselves

these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we

have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our *Live a Dream* program. With *Live a Dream*, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,
Deana Jones
Executive Director

Family Night

This is a time for residents, family and staff to come together for a night of fun and laughter. A quarterly event, Family Night offers amazing activities, entertainment and some great refreshments created by our campus chefs. We had a great turn out and lots of fun at our Annual Fish Fry and Tractor Show!!



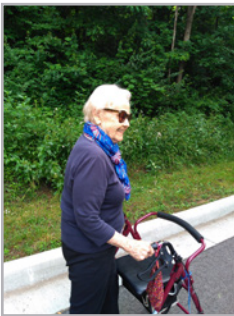
More from Family Night



SUMMER FIELD TRIPS

Trilogy knows that being outdoors is stimulating to both the mind and body. Because of this, Trilogy designates funds every summer, and throughout the year, to ensure residents have the opportunity to experience their communities through summer field trips. Residents will experience museums, theaters, zoos, train rides, sporting events and local attractions.

We had our first Summer Field Trip to Raccoon Park where the residents shared a picnic lunch, walked the trails and even got their toes wet.



Sunday Brunch

Sunday Brunch will be August 25th. PLEASE RSVP your number of guests to Olivia at the front desk so we can accommodate everyone. Just a friendly reminder that each resident is allotted 2 free guests to dine with them. After the 2nd guest, we do ask that each guest is charged the \$7 dining fee.

Message From Life Enrichment



As always, we want to know how we can best serve the social, cognitive and physical needs of your loved

one. You can always call and ask for Sheila Hale in the Life Enrichment Department at (765) 362-9122. We love to hear compliments, questions, suggestions and concerns about the program we provide. We are so blessed, and I want to thank each of you for the opportunity to care for your loved one. As always, I am here to serve. Please continue to share your comments, suggestions and concerns, to assist us in our commitment to compassionate care.

Sheila Hale,

Life Enrichment Director

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.wellbrookeofcrawfordsville.com

The Private Dining Room can be reserved for Birthday Parties, Private family gatherings, or parties at the Front Desk. Please see our Guest Relations, Olivia Horn, for further information

Happy Hour is weekly on Friday's at 3:00 in the pub with Music & appetizers served!!



WELLBROOKE OF CRAWFORDSVILLE

A Trilogy Senior Living Community

**517 Concord Road
Crawfordsville, IN 47933
765-362-9122
wellbrookeofcrawfordsville.com**
🐦 f

*Deana Jones
Executive Director*

*Cortney Pendleton
Director of Health Services*

*Brezie Hughes
Assistant Director of Health Services*

*Sheila Hale
Life Enrichment Director*

*Candy Pattengale
Business Office Manager*
*Amy Vaught
Community Service Representative*

*Matthew Roe
Director of Plant Operations*

*Judy Everly
Environmental Services Director*

*Danielle Subert
Rehabilitation Program Director*

*Shauna Cole
Business Office Assistant*

*Melissa Myers
Social Services Director*

*Robin York
Director of Dining Services*

Stay in the Loop 🐦 f

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.
Our Department Leaders are here
to solve any concerns you may have.
In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Seniors'

...continued from cover

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
V	Z	M	D	K	X	X	P	V	M	W	Y	S	D	P	X	E	A	B
T	C	I	U	O	Y	M	C	I	B	R	A	G	I	N	G	H	H	G
Y	I	Y	D	S	E	E	H	S	M	W	P	N	J	G	E	L	E	L
H	T	R	T	U	I	G	O	I	K	T	R	A	V	E	L	C	X	Z
R	I	Z	C	A	V	C	I	O	Y	M	K	C	S	I	E	E	P	P
H	Z	Y	H	D	M	C	R	N	H	E	J	W	A	T	I	C	L	R
O	E	P	D	S	L	O	R	A	C	R	U	I	S	E	I	D	O	Y
B	N	J	Q	J	K	C	G	R	W	R	L	L	S	I	V	M	R	O
K	D	S	W	J	D	D	H	Y	B	C	R	D	A	W	X	N	E	S
G	Q	Q	S	U	L	Z	P	E	M	B	R	A	C	E	O	F	D	U
Y	P	T	I	R	E	O	F	A	C	H	Z	S	R	X	T	C	T	I
M	D	P	O	U	M	Z	B	G	E	K	L	M	I	Q	C	U	R	Y
Z	C	W	G	A	M	E	S	L	T	C	E	Q	H	K	V	O	A	A
J	B	I	O	S	G	N	D	E	X	P	E	R	I	E	N	C	E	Z
A	S	B	B	O	M	F	W	S	X	M	U	N	S	E	N	I	O	R
Z	Z	T	J	W	A	V	F	U	N	Z	O	R	D	T	Z	N	V	R
K	V	V	Q	O	Y	H	C	M	L	E	N	J	U	Z	V	K	E	X

AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD