



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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Happy Birthday!

Residents

Barbara G.	August 01
Charles H.	August 05
Helen H.	August 13
Keith B.	August 18
Gloria M.	August 19
Allan K.	August 21
Rita L.	August 22
Ruth L.	August 22
Donna B.	August 24
Barbara V.	August 25
Kathryn G.	August 26
Clarence B.	August 27
Gena B.	August 27
Joyce W.	August 29
Theresa F.	August 30
Lynda P.	August 30

Staff

Megan R.	August 01
Victoria W.	August 06
Angel P.	August 07
Becky M.	August 13
Shannon K.	August 14
Monica N.	August 14
Rachel U.	August 18
John C.	August 18
Ivy K.	August 18
Eugene K.	August 30



Executive Director Corner

Hi everyone, hope all of you are having a great summer so

far. My name is Andy Russell, and I have recently assumed the role of Executive Director at West River. I am so excited to be a part of such a great team. I am looking forward to getting to know all the residents and family members so please stop by and say hi. I have previously been an Executive Director for Trilogy at the Tell City campus. I also worked in the Princeton and Vincennes facilities. I am married, a Graduate of USI, and love to play guitar and sing. I will be entertaining occasionally so please join in.

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first

came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our *Live a Dream* program. With *Live a Dream*, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Andy Russell
Executive Director

Photo Highlights



Margaret K. & Daughter with Flowers

More Photo Highlights



Jo with Flowers



Launita celebrating July 4th



Jeanette & Eugene at the Mall



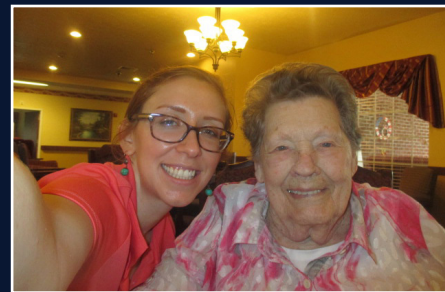
Joyce & Pam at the Mall



Donna & Angless Craft

BFF Program

Legacy has a new training program for our staff called BFF Program (Best Friends Forever). Here are some shots with some of our best friends.



BFFs LEA Annie & Juanita B.



BFFs LND Lisa & Maxine B.



BFFs Carolyn & LEA Melissa



WEST RIVER

HEALTH CAMPUS

A Trilogy Senior Living Community

714 S. Eickhoff Road

Evansville, IN 47712

812-985-9878

westriverhc.com |  

Andy Russell

Executive Director

Shannon Mobler

Director of Health Services

Jackie Offerman

Community Service Representative

Ali Hathaway

Business Office Manager

Sarah Nellis

Life Enrichment Director

Heather Howery

Director of Social Services

Natasha McKinney

Director of Food Services

Lisa Glahn

Legacy Neighborhood Director

Whitney Jackson

Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Seniors'

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See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
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K	V	V	Q	O	Y	H	C	M	L	E	N	J	U	Z	V	K	E	X

AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD