



WOODMONT

HEALTH CAMPUS

A Trilogy Senior Living Community

Corner

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

August 17	Ronald S.
August 22	Charlotte A.
August 26	Ronald S.

Staff

August 01	Ashlynn D.
August 04	Heather M.
August 05	Michelle T.
August 06	Brandon M.
August 07	Tryce H.
August 12	Jordan C.
August 12	Bonnie V.
August 16	Leandra W.
August 17	Kyle T.
August 29	Tamela A.

Did You Know...?

That you can read the monthly newsletter online. Please follow the campus link:

www.woodmonthc.com.

The Private Dining Room can be reserved for Private Parties, Birthdays, and Gatherings.

Happy Hour is weekly on Fridays at 3:00pm

The Trilogy Foundation grants Live a Dream wishes to our residents.

Sunday Brunch

Please join us for Family Brunch on August 11th from 11:00 to 1:00. If you are planning to attend, please make a reservation at your earliest convenience so that we may plan accordingly. As a reminder, the first two family members are free and after that, it is \$7.00/person.

Executive Director Corner

Happy August! I hope that everyone has been enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure,

I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Jordan Shots, HFA
Executive Director

Smiles of the Month



In June Woodmont participated in SWIRCA's Annual Senior Games. Our athletes walked away with an astounding 15 medals in all with each the resident placing in at least one event.

More Smiles of the Month



Awards



Bertie F.



Dorothy M. participating in ring toss.



Duane G.



Ron S. was all smiles he was awarded a grand total of 6 medals.



Rosalee C.



Vera W.



Pauline B. and Dorothy M. enjoyed participating in our weekly Art Class.





WOODMONT

HEALTH CAMPUS

A Trilogy Senior Living Community

1325 Rockport Road

Boonville, IN 47601

Phone: 812-897-4114

Fax: 812-897-4072

woodmonthc.com |

Robyn Meador
Executive Director

Kim Gibson
Director of Health Services

Sarah Bogan
Business Office Manager

Gregory Wilkinson
Life Enrichment Director

Tracy Tinker
Director of Food Services

Becky White
Resident Services

Dr. Karl Sash
Medical Director

Tina Barnes
Community Services Rep.

Claire Hildenbrand
Therapy Program Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'Seniors'

...continued from cover

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
V	Z	M	D	K	X	X	P	V	M	W	Y	S	D	P	X	E	A	B
T	C	I	U	O	Y	M	C	I	B	R	A	G	I	N	G	H	H	G
Y	I	Y	D	S	E	E	H	S	M	W	P	N	J	G	E	L	E	L
H	T	R	T	U	I	G	O	I	K	T	R	A	V	E	L	C	X	Z
R	I	Z	C	A	V	C	I	O	Y	M	K	C	S	I	E	E	P	P
H	Z	Y	H	D	M	C	R	N	H	E	J	W	A	T	I	C	L	R
O	E	P	D	S	L	O	R	A	C	R	U	I	S	E	I	D	O	Y
B	N	J	Q	J	K	C	G	R	W	R	L	L	S	I	V	M	R	O
K	D	S	W	J	D	D	H	Y	B	C	R	D	A	W	X	N	E	S
G	Q	Q	S	U	L	Z	P	E	M	B	R	A	C	E	O	F	D	U
Y	P	T	I	R	E	O	F	A	C	H	Z	S	R	X	T	C	T	I
M	D	P	O	U	M	Z	B	G	E	K	L	M	I	Q	C	U	R	Y
Z	C	W	G	A	M	E	S	L	T	C	E	Q	H	K	V	O	A	A
J	B	I	O	S	G	N	D	E	X	P	E	R	I	E	N	C	E	Z
A	S	B	B	O	M	F	W	S	X	M	U	N	S	E	N	I	O	R
Z	Z	T	J	W	A	V	F	U	N	Z	O	R	D	T	Z	N	V	R
K	V	V	Q	O	Y	H	C	M	L	E	N	J	U	Z	V	K	E	X

AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD