

# **Celebrating our Seniors**

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

#### **Get Competitive**

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

#### **Embrace the Power of Music**

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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## Happy Birthday!

#### Residents

Vicki R.	8/4
Evelyn C.	8/9
Junior B.	8/12
Lois R.	8/12
Bettie R.	8/17
Joan G.	8/20
Staff	
Emily P.	8/4
Cindy L.	8/11
Becky R.	8/12
Kristin	8/18
Chelsea	8/22
Jenna D.	8/22
Amie W.	8/23
Madison F.	8/31

#### Sunday Brunch

August 11th from 11:00am-1:00pm Each resident may have up to two guests at no charge. Each additional guest is \$7.00. Please RSVP by August 8th to 937-548-1993.

### Senior Exec. Club

August 21st at 2:00pm Entertainment and a meal will be provided. Please RSVP by August 19th to 937-548-1993.

### Did You Know...?

We have rooms available for reservation to hold birthday parties, family gatherings and more! Please see Guest Relations or Life Enrichment for more info.

Happy Hour is weekly on Fridays at 2:30pm. Family and friends are always invited to join in the fun!

Executive Director Corner

Happy August! I hope that everyone has been enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared. and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one. we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Alyssa Winner Executive Director

## **Out and About**

Great times at Hoosier Park Casino!





## Artisans

Making flip-flop wreaths was a great way to kick off summer!





## Village Green Garage Sale

August 1st from 9am-5pm. Please contact 937-548-1993 if you would like to donate items for the sale.

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HEALTH CAMPUS A Trilogy Senior Living Community

> 1315 KitchenAid Way Greenville, OH 45331 937-548-1993 villagegreenhc.com | ♥ f

Alyssa Winner Executive Director Sara Agler Director of Health Servi<u>ces</u>

Cheryl Stump Business Office Manager

Cortney Yount Life Enrichment Director

Tammie Moore Director of Resident Services

Brett Shock Director of Dining Services Natasha Sizemore

Environmental Services Director Casey Steinbrenner

Therapy Director

#### Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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### 'Seniors'

#### See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information! Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



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