



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your

skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Music is another effective way in which you can keep your mind active, so why not make some of your own? If you've ever thought about trying your hand at an instrument but never got around to it, there's no time like the present! Pick up a guitar, sit down at a piano, or find whatever else it may be that could lead to a new talent.

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our Villas! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our Life Enrichment team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!

Happy Birthday!

Carlos B. August 05

Welcome to new Villa Resident

Welcome to our new residents! If you haven't had a chance to meet them yet, stop by and say hello!!

Special Events from Last Month

We had fun at our July 3rd Cookout! Thanks for coming!!

Sunday Brunch

Sunday, August 18, 2019

Live a Dream

If your love one has something on their bucket list, we may be able to make that dream come true for them. Please see Life Enrichment Dept.

Did You Know...?

The Clubhouse can be reserved for family gatherings or any occasion. Call Jean to reserve it today!

*Andy Musser
Executive Director*

*Jean Wuerch
Villa Lifestyle Director
Teri House
Community Service Rep.*

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

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Villa Lifestyle Corner

Happy August! I hope that everyone has been enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,
Jean Wuerch
Villa Lifestyle Director

Volunteer News

Please see Life Enrichment Staff if you have a talent you would love to share with our residents. We are also looking for someone to call BINGO, do visits, and deliver newspapers and mail.

Out and About

We have had a great time at our Lunch outings on Tuesdays.... we have plenty of room for more people! Take a look at your At-A-Glance and call Jean to RSVP!

Customer Service Moment

The greatest compliment is when a resident thinks of Springhurst as home, and staff as part of their family. They are certainly part of ours.

LIVING WELL IN THE VILLAS

