



BETHANY POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

Lifestyles

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your

skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Music is another effective way in which you can keep your mind active, so why not make some of your own? If you've ever thought about trying your hand at an instrument but never got around to it, there's no time like the present! Pick up a guitar, sit down at a piano, or find whatever else it may be that could lead to a new talent.

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our Villas! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our Life Enrichment team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!

Looking Ahead

Sunday Brunch is always free to Villa residents, please make sure you call and let the campus know you will be attending.

Taste of Town will be from Kung Fu Cafe this month!!

Volunteer News

Bethany Pointe Health Campus is currently seeking volunteers for many opportunities. Please contact Life Enrichment Director, Danielle Downey at 765-622-1211 if interested.

Did You Know...?

The Private Dining Room can be reserved for birthday parties, showers, holidays and family get togethers.

The Club House Hours are 9:00am-4:30pm

Christopher Fields
Executive Director

Josiah Marx
Administrator in Training

Alissa White
Interim Director of Health Services

Justus Norris
Director of Plant Operations

Monica McFerran
Director of Food Services

Mitzi Ochoa
Director of Environmental Services

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Living Well in the Villas

