



ST. ELIZABETH
HEALTHCARE CAMPUS
A Trilogy Senior Living Community

Elizabethian

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

Arnold A.	August 13
Rebecca D.	August 13
Dorothy G.	August 25
Alice L.	August 27

Staff

Ann S.	August 06
Janice B.	August 08
Cheryl W.	August 13
Cindy F.	August 22
Julie B.	August 28
Tammy K.	August 28
Shelby B.	August 28
Abigail B.	August 29



Executive Director Corner

Happy August! I hope that everyone has been

enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Shelly Dyrek
Executive Director

Sunday Brunch

Our next Sunday Brunch will be held on Sunday, August 18. Come enjoy time with your loved one while enjoying delicious food prepared by our wonderful dietary department. We will also be holding our annual art walk!

Taste of Town

Residents enjoyed eating from Dairy Queen in the month of June.

Out and About

Residents were happy to get out and about in June. Residents enjoyed going on our scenic and afternoon drives, especially our drive to the lake. Everyone enjoyed going out to lunch at Dairy Queen and going to our churches for lunch and bingo as well as our Walmart shopping trip. We enjoyed going to White Oaks in Monticello for some fun and games as well as our fishing trip. We also enjoyed going to the Logansport movie theater two times this month as well as going to the Kokomo Jack Rabbits and Lafayette Aviators baseball games. We are really enjoying our summer field trips.

Volunteer News

At St. Elizabeth Healthcare Center, we have several volunteer opportunities. If you love to have fun and would be interested in providing meaningful activities to our Residents please feel free to stop by our campus and speak with Amber Lantz or you can contact her by email at Amber.Lantz@stelizabethhc.com or by phone at 765-564-6380. Currently we are looking for volunteers to help on our outings. We look forward to working with you!

Family Night

Our next family night will be held on Tuesday, September 10, please join us for a wonderful evening of food and fun along with a car show!

JUNE HIGHLIGHTS

Residents enjoyed the fun activities that were scheduled throughout the month of June. Some of the highlights were our exercise program, our different types of bingo, art class, zoo visit, cooking classes, games and trivia, manicures, Lockport Church, our mindful moment's program, Taste of the Town, staff and Resident led programs and the men's group enjoyed Donuts with Dad for Father's Day and a men's art class. Residents enjoyed entertainment this month as well, Happy Hour with Roy, Lee and John, as well as piano with Shirley, the Cutler Band and Mennonites. We enjoyed celebrating Flag Day, Father's Day and the first day of summer as well!



Celebrating Flag Day



Hole in One!



Enjoying lunch outside at Dairy Queen



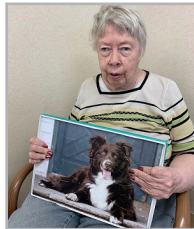
Making Patriotic Flag Kabobs during cooking class



Camp Tecumseh kids come for some fun



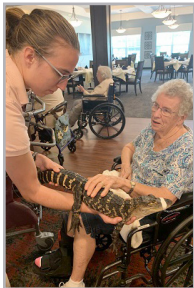
Lafayette Aviators Baseball Game



Jody enjoying our mindful moments program



Kokomo Jack Rabbits Baseball Game



Columbian Park Zoo Visit



Celebrating Father's Day during Sunday Brunch



Campus in Color



At the movies!



Enjoying the lake views on our scenic drive



Fishing trip was a success!



Having fun during our Taste of the Town

LifeShare

If you or your loved one would like to know more about LifeShare, please contact our Life Enrichment Department today. LifeShare offers many things, such as, viewing the daily dining menu, activity schedule, weather and notifications. You can also stay in touch with your loved one through email and send pictures that will be put into a slideshow. There is also a variety of games that you can play, such as, chess, Sudoku, math monsters and much more. You can also listen to music and faith programs; keep up with the news, just to name a few.

Themed Dinner

Our next Theme Dinner will be held on Thursday, August 22. The theme for this week will be Las Vegas: Casino Night.

Live a Dream

Please let the life enrichment team know if you have a live a dream that we can help come to life! We would be honored to help with this.

Senior Executive Club

Please join us for our Annual Art Walk on Sunday, August 18th from 11:00am – 2:00pm. A time for you and your loved one to enjoy wonderful food, music, along with the residents beautiful artwork, community vendors and shopping of local art! We will have several vendors attending such as jewelry, clothes and artwork on display from the community and our residents.

Thank you,

Amber Beatty

Customer Service Representative



ST. ELIZABETH HEALTHCARE CAMPUS

A Trilogy Senior Living Community

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Life Enrichment Director

Dr. Li, MD
Medical Director

Kelly Best
Director of Social Services

Cindy Fisher, RN, BSN
MDS Coordinator

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Seniors'

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See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
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AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD