



ST. CHARLES

HEALTH CAMPUS

A Trilogy Senior Living Community

Connection

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

August 02	William K.
August 02	Arnie N.
August 03	Delores U.
August 07	Kenneth R.
August 09	Doris Virginia B.
August 10	Maurice H.
August 12	Donald L.
August 13	Art D.
August 13	Rita D.
August 15	Claudette K.
August 15	Suzanne D.
August 16	Rita A.
August 24	Rose B.
August 23	Sarah S.

Staff

August 03	Leah A.
August 04	Terri F.
August 04	Jenny S.
August 04	Sara C.
August 05	Joyce K.
August 07	Makayla C.
August 16	Katherine A.
August 20	Brittany W.
August 29	Rosa M.



Executive Director Corner

Happy August! I hope that everyone

has been enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we

have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in service,

Todd Maki, HFA, RN, CDP
Executive Director

Family Night

Please contact the Life Enrichment Team for more information on when the next family night will be.

Volunteer News

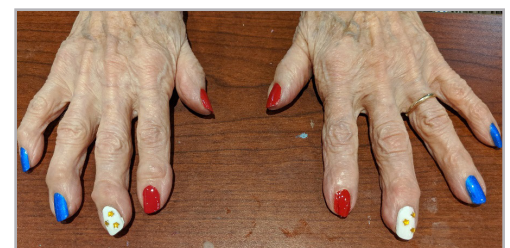
Please let us know if you have a calling to become a volunteer! We'd love to have you join our team!

Live a Dream

Live a Dreams are available to ANY resident! Please contact the Life Enrichment Team for more information.

Living Arts

We are all about RED, WHITE and BLUE this month!





Community Fundraiser

Raising money can be sometimes difficult, but throwing in the words 'team leaders', 'dunking booth' and 'competition' made it a team bonding fun! Our goal was to raise \$300, but we surpassed it with a total of \$1,250!!! Way to go to everyone who donated money to the Disabled Dubois County Veterans!



Villas went out to eat at the Mill House located in Jasper, IN.

Out and About



Villa Ice Cream Social at the Clubhouse!

Men's Group

Men's Group is held on the first and third Tuesday of each month. The first Tuesday is a supper held in the Activities room and the second Tuesday is held in the café area which consists of a card game/board game.



Sunday Brunch

August's Sunday Brunch will be held on August 18 in the dining rooms starting at 11:30am. A resident can have 2 members eat free, but extra members must pay a small fee of \$7 per person to account for the food expenses. We hope to see you there!

Themed Dinner

Please contact the Life Enrichment Team for more information on when the next themed dinner will be.

Taste of Town

August's Taste of Town will be held on August 09. This will be in replace of our normal noon meal.

Did You Know...?

The Private Dining Room can be reserved for anyone at any time. Please contact the Life Enrichment Team for more information.

Happy Hour is weekly on Fridays at 3:15pm in the Assisted Living Dining Room. Please join us and bring your loved one to enjoy a light refreshment and drink.

Smiles of the Month

This month's smile of the month goes to these two ladies! They loved their 4th of July popsicles and flags!





ST. CHARLES

HEALTH CAMPUS

A Trilogy Senior Living Community

3150 St. Charles Street

Jasper, IN 47546

812-634-6570

stcharleshc.com |

Todd Maki

Executive Director

Tanya Hentrup

Director of Health Services

Lisa Dorsey

Asst. Director of Health Services

Heather Jones

Business Office Manager

Sherri Byers

Life Enrichment Director

Bailey Sherman

Community Services Director

Tracy Tinker

Director of Dining Services

Jamie Welker

Director of Environmental Services

Deena Mokris

Therapy Program Director

Toni Clifton

Assisted Living Unit Manager

Jenny Schum

Social Services Director

Aimee Oser

MDS Coordinator

TBD

Guest Relations

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

'Seniors'

...continued from cover

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
V	Z	M	D	K	X	X	P	V	M	W	Y	S	D	P	X	E	A	B
T	C	I	U	O	Y	M	C	I	B	R	A	G	I	N	G	H	H	G
Y	I	Y	D	S	E	E	H	S	M	W	P	N	J	G	E	L	E	L
H	T	R	T	U	I	G	O	I	K	T	R	A	V	E	L	C	X	Z
R	I	Z	C	A	V	C	I	O	Y	M	K	C	S	I	E	E	P	P
H	Z	Y	H	D	M	C	R	N	H	E	J	W	A	T	I	C	L	R
O	E	P	D	S	L	O	R	A	C	R	U	I	S	E	I	D	O	Y
B	N	J	Q	J	K	C	G	R	W	R	L	L	S	I	V	M	R	O
K	D	S	W	J	D	D	H	Y	B	C	R	D	A	W	X	N	E	S
G	Q	Q	S	U	L	Z	P	E	M	B	R	A	C	E	O	F	D	U
Y	P	T	I	R	E	O	F	A	C	H	Z	S	R	X	T	C	T	I
M	D	P	O	U	M	Z	B	G	E	K	L	M	I	Q	C	U	R	Y
Z	C	W	G	A	M	E	S	L	T	C	E	Q	H	K	V	O	A	A
J	B	I	O	S	G	N	D	E	X	P	E	R	I	E	N	C	E	Z
A	S	B	B	O	M	F	W	S	X	M	U	N	S	E	N	I	O	R
Z	Z	T	J	W	A	V	F	U	N	Z	O	R	D	T	Z	N	V	R
K	V	V	Q	O	Y	H	C	M	L	E	N	J	U	Z	V	K	E	X

AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD