

Messenger August 20



Celebrating our Seniors

On August 21st, we celebrate
National Senior Citizen's Day

– a time for us to acknowledge
all of the incredible seniors who
have impacted our own lives,
as well as the lives of others. At
our campus, we know them as
husbands and wives, grandfathers
and grandmothers, and visionaries
with a thirst for adventure. If you're
looking for a way to celebrate
yourself this Senior Citizen's Day,
here are a few activities to get you
started – brought to you by the
National Council for Aging Care!

Get Competitive

Are you a chess champion? A
Pictionary prodigy? Maybe checkers
is where you're yet to meet your
match. Invite some friends over to
put your skills to the test! Not only
are board games a fun pastime,
but they also get the creative
juices flowing and help maintain
a happy and healthy mind. Just
by participating in a friendly game
of Scrabble, you could be doing
great things for your memory.
Start a Game Night tradition
today by reaching out to your
Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

| August 08 | Juanita B. |
|-----------|------------|
| August 09 | Laureda P. |
| August 17 | Della P. |
| August 23 | Carolyn P. |
| August 27 | Jane M. |

Staff

August 30

| | 00 |
|------------|-----------|
| Barb W. | August 10 |
| Lamont N. | August 14 |
| Sherri H. | August 18 |
| Paula S. | August 20 |
| Alice S. | August 26 |
| Krystal B. | August 26 |
| | |

Bonnie L.

Volunteer News

We are in need of a volunteer to help call Bingo on Wednesday or Saturday from 2:30-3:30! We could also benefit from help on our weekly outings every Tuesday and Thursday! If you, or anyone you know would like to volunteer, contact our LED Tricia Flanigan at 419-227-3661!

Sunday Brunch

This months Sunday Brunch will be held on August 18th! Families are welcome to come and join us for a delicious brunch made by our kitchen staff.

Did You Know...?

Our Senior Executive Club lunch will be held August 13th from 1:00-2:00 p.m. Join us for a complimentary chefprepared meal, bingo, and a possible guest speaker! Please RSVP at (419) 227-3661!



Executive Director Corner

Happy August! I hope that everyone

has been enjoying themselves these past few weeks. We've been busy in the best ways possible - celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service.

Channa M. Barns, LNHA **Executive Director**

FAMILY NIGHT

Last month's Flag Day Family night was a success! We enjoyed classic cookout foods and listened to all our favorite patriotic songs.



Donna M. and her family





MORE FROM FAMILY NIGHT

(Left) Winnie
M. smiling for a
photo during our
Family Night
(Right) Johnny D.
getting ready for the
classic cookout foods!

Living Arts

We had a wonderful time creating these beautiful sculptures. Amy S., our activities associate, taught us how to make roses out of clay! They turned out beautiful! Next, we will add some color!



A neat sculpture made by Ron S, Dougie F, and Minnie L.



Ron S. crafting a rose petal



A finished rose sculpture ready to dry and be painted

TASTE OF THE TOWN

We had such a fun time last month during our Taste of the Town! We ordered delicious wings and drums from Lee's Chicken! Two sassy chickens came in to get everyone dancing in the dining room before we enjoyed our great lunch!



Some Chickens leading the Chicken Dance at Lee's Taste of the Town



Joan K. smiling for a photo with a fluffy chicken



Juanita was smiling ear to ear when she saw the chickens dancing around



A Trilogy Senior Living Community

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Shanna Barns Executive Director

Deb Simpson
Director of Health Service

Ashlee Robinson Assistant Director of Health Services

Sophia Loser Community Service Representative

> Tricia Flanigan Life Enrichment Director Brian Huckeriede Director of Food Services

> Jayna Fry Director of Social Services

Heather Potts Rehabilitation Director

Joyce Hauenstein Director of Environmental Services

> Heather Ellerbrock MDS Coordinator

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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'Seniors'

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Gearch

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