



THE SPRINGS
AT LAFAYETTE

A Trilogy Senior Living Community

News

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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Happy Birthday!

Residents

Mel A.	August 09
Elizabeth O.	August 10
Vickie R.	August 10
Richard S.	August 30
Jody L.	August 30

Staff

Tracy E.	August 01
Hope C.	August 03
Patricia C.	August 03
Jesse D.	August 06
Stephanie M.	August 06
Peggy T.	August 06
Dena W.	August 08
Laura T.	August 14
Karah R.	August 17
Tina H.	August 21
Hannah N.	August 23
Nyona B.	August 30
Slyvia C.	August 30



Executive Director Corner

Happy August! I hope that everyone has been

enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Michael Meadows
Executive Director

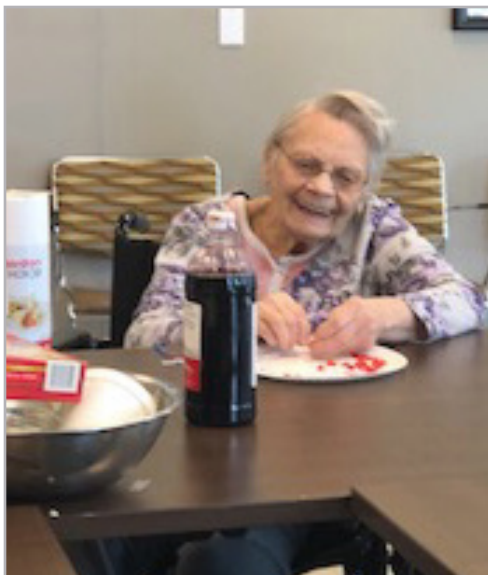
Smile of the Month



Out and About: Madam Carroll



LIVING ARTS



Indiana Senator: Brian Buchanan



Out and About: Aviators Game



A Note from Life Enrichment



Hello Everyone,
Can you believe
it is already
August? I don't
know about you
but this year is
flying by. They

do say time flies when you are having fun. I would definitely say that is the case here. This month is going to bring in so many fun, and exciting activities such as our Casino Night Theme dinner, End of summer carnival, and so much more. As always we are always looking for new volunteers to bring meaningful activities for the residents. If you or anyone you know is interested please let me, Amber LED know. Please be on the lookout for our personal inventions to our monthly resident councils. Your Opinion is very much valued. Have a wonderful August!

Warmly,

Amber McCall
Life Enrichment Director



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Executive Director*

*Stephanie McCalment
Director of Health Services*

*TBD
Assistant Director of Health Services*

*Lisa Botka
Business Office*

*Amber McCall
Life Enrichment Director*

*Hannah Napier
Director of Social Services*

*Jina Harris
Director of Food Service*

*Tom Kennedy
Director of Plant Operations*

*Barb Chumley
Director of Environmental Services*

*Brooke Ekola
Community Services Manager*

*Diana Stetler
MDS Coordinator*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Seniors'

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See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
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AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD