



SENIOR LIVING AT
FOREST RIDGE

A Trilogy Senior Living Community

Leaflet

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

Connie C.	August 03
Bobby B.	August 06
Irene G.	August 22
Ethel C.	August 24
Aileen M.	August 29
Bill S.	August 30

Staff

Tyera L.	August 05
Tiffany B.	August 14
Nancy B.	August 18

Welcome New Residents

We would like to extend our warmest welcome and thank you for choosing us!

Did You Know...?

You can read the monthly newsletter online rather than receiving it in the mail? Please follow the campus link www.seniorlivingatforestridge.com and let Norma know if you would like to discontinue the newsletter by mail.

Social Hour is weekly at 4:00pm. Come enjoy live entertainment, drinks, and appetizers!

Join us on the fourth Sunday of every month for our Family Brunch at 11:00am. Please call our business office at 765-521-4740 and let us know that you will be joining us!



Executive Director Corner

Happy August! I hope everyone has been enjoying these

past few weeks as we have been busy in the best ways possible – celebrating the Fourth of July with fireworks, enjoying Sunday Brunches with family, and making memories together.

August 21st is Senior Citizen's Day. Therefore, I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home.

Life is an adventure that was meant to be shared, and we're so lucky to share it with you.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream,

we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've always wanted to do. We have residents who have gone on a hot air balloon, met their favorite bands backstage, and even sat in a replica of the Batmobile. We're happy to make your dream a reality. Contact our Life Enrichment Director, Norma Kriner, to find out how.

I hope everyone has a great month, and my door is always open!

Yours in Service,

Laura Lisa Stamper

Executive Director

Stone Creations and Ice Cream Social/Trifecta Event

Stone Creations and Ice Cream Social was a community event, which was hosted in our garden area. Visitors made stone creations to take home and place in their own gardens and while the creative juices were flowing, we offered strawberry and orange flavored water and ice cream treats, too keep everyone cool. The event was a success and we hope to host another Ice Cream Social in 2020.



Out and About

Our residents were delighted to travel to the Colt's Fan Fest in Muncie this month, where they visited with the BSU & Colt Cheerleaders. They also were excited to speak with Colt's players, Darius Leonard and Pierre Desir. Further, in to June, we had lunch at Top Hat Pizza and went antique shopping at Whimsical N Such in New Castle. Volunteers were also in abundance in June. Employee Tyera L. demonstrated her UFC fighting skills for the residents and Joan Cupp held her Piano Recitals at our community. Both presentations were terrific and we hope to see both Tyera and Joan in the future.



Father's Day Cook Out/ Volunteer News

Senior Living honored our resident "Dads" by hosting a Father's Day Luncheon, which included hamburgers, hot dogs, and brews. Resident's sons, daughters, and or friends were also invited to join in the fun. I want to thank our employee, Chuck R. for hosting this event and everyone for participating. We will definitely be looking forward to the next Father's Day Luncheon!

Taste of Town

We were excited to have KY's Kreation Food Truck host our July's Taste of Town, for our residents and the Community. Fantastic fried meatloaf sandwiches, coleslaw, chips, baked beans and beverages were served during this event. In addition, everyone enjoyed lunch as a picnic outside, soaking up the beautiful sun.





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2800 Forest Ridge Parkway

New Castle, IN 47362

765-521-4740

seniorlivingatforestridge.com



LauraLisa Stamper
Executive Director

Debbie Godfrey
Business Office Manager

Charles Riley
Director of Plant Operations

Stacey Bonwell
Director of Food Services

Vickie Taylor
Director of Environmental Services

Norma Kriner
Resident Activity Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Seniors'

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See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
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AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD