



PARK TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Times

August 2019



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

...continued on back page

Happy Birthday!

Residents

Kenneth S. August 11
BJ A. August 30

Staff

Patty D. August 01
Charlotte B. August 02
Angela G. August 03
Devon B. August 03
Lisa M. August 08
Amy August 10
Jessica D. August 15
Susan M. August 16
Nelly P. August 26
Patty C. August 30



Executive Director Corner

Happy August!
I hope that
everyone
has been

enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in service,

Kevin Foote

Executive Director

Volunteer News

Park Terrace is always looking for volunteers! We are happy to welcome family members, friends and the community to volunteer your time and talents with our residents. Not only do our residents benefit, but our volunteers find they do as well! Please contact our Life Enrichment Director Susan English Crider for further details and ideas for volunteer opportunities.

Happy Hour

Happy Hour is weekly on Fridays from 3:00 to 4:00 in our 1st floor cafeteria. Please come join us for this fantastic community event. Finger foods and mixed drinks are served. We feature live entertainment every week and Elvis is in the building every month. We put the Happy in Happy Hour! Music enriches our resident's lives.

LEGACY LANE SPOTLIGHT

Our Longest Day Celebration raising funds and awareness for Alzheimer's was a huge success. We all wore our Purple even our entertainer Elvis to show support for this important cause. Thank you to everyone donated, we raised \$350.00 for the Alzheimer's Association.



SPECIAL EVENT

Our residents loved going to the movies. We showed the movie Grease on the Big Screen, served fresh popcorn and had all the favorite movie candies. It was a great night for us all! Thanks to our CSS Amber and her family for bringing their fantastic projector and screen!



Volunteer Spotlight

Our deepest thanks to our wonderful volunteer Walt! We don't know what we would without him and he doesn't know what he would do without us, he tells us.

Walt is always here when we need him helping the residents, working in the garden and even being Santa at Christmas. In volunteering, Walt has found the joy of sharing your time and talents with others.



Live a Dream

We were so happy to make Maryann's dream come true by arranging for her and her daughter to experience the Broadway Musical sensation "Hamilton". It was a day they will treasure!

Out and About

It couldn't have been a more beautiful day for a ball game. The gang had a beautiful suite at Slugger field to relax and enjoy the Bats game.



Smile of the Month: Faith

Here is Faith having a ball at Our Movie Night Event!



It's Never 2 Late™ (IN2L™) program!

It's Never 2 Late™ (IN2L™) program! IN2L is an innovative computer system designed just for your loved ones in our care. It's user-friendly and intuitive regardless of technology skill level for residents, staff, families and even volunteers. Our system incorporates over 4,600 senior-friendly technology enrichment and therapy staff to provide a truly integrated experience that includes sensory programming, lifelong learning, artistic expression, music, flight simulator and so much more. Make sure to ask, Susan English Crider your Life Enrichment Director, for a demonstration at your next visit. We guarantee you'll love it!

Sunday Brunch

We always look forward to mingling with our residents and their families and friends during our Sunday Brunch August 25 from 11:00 to 1:00. Each resident can invite up to 2 guests free of charge. Additional tickets may be purchased for \$10 from the business office.

If you anticipate bringing a large group, reservations are accepted up to three days in advance. As Chef Paul is always serving up delicious home-cooked recipes, make sure to come hungry!

Living Arts

Our residents enjoy exercising their creativity through our exciting Artisan's programming that includes a variety of media! Our door is always open, so feel free to come visit and participate in our life enriching programming!



PARK TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

9700 Stonestreet Road

Louisville, KY 40272

502-995-6600

parkterracehc.com |  

Kevin Foote
Executive Director

Cindy O'Connor
Director of Health Services

Crystal Combs
Asst. Director of Health Services

Allison Haley
Business Office Manager

Susan English Crider
Life Enrichment Director

Heather Richey
Legacy Lane Coordinator

Paul Burckle
Dietary Food Services Director

Shirley Manner
Environmental Services Director

Kathy Umfleet
HR & AP

Jordan O'Connell
Director of Social Services

Josh Smith
Maintenance Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Seniors'

...continued from cover

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
O	M	Z	W	O	J	P	A	B	P	R	M	E	R	Z	C	P	Z	Z
V	Z	M	D	K	X	X	P	V	M	W	Y	S	D	P	X	E	A	B
T	C	I	U	O	Y	M	C	I	B	R	A	G	I	N	G	H	H	G
Y	I	Y	D	S	E	E	H	S	M	W	P	N	J	G	E	L	E	L
H	T	R	T	U	I	G	O	I	K	T	R	A	V	E	L	C	X	Z
R	I	Z	C	A	V	C	I	O	Y	M	K	C	S	I	E	E	P	P
H	Z	Y	H	D	M	C	R	N	H	E	J	W	A	T	I	C	L	R
O	E	P	D	S	L	O	R	A	C	R	U	I	S	E	I	D	O	Y
B	N	J	Q	J	K	C	G	R	W	R	L	L	S	I	V	M	R	O
K	D	S	W	J	D	D	H	Y	B	C	R	D	A	W	X	N	E	S
G	Q	Q	S	U	L	Z	P	E	M	B	R	A	C	E	O	F	D	U
Y	P	T	I	R	E	O	F	A	C	H	Z	S	R	X	T	C	T	I
M	D	P	O	U	M	Z	B	G	E	K	L	M	I	Q	C	U	R	Y
Z	C	W	G	A	M	E	S	L	T	C	E	Q	H	K	V	O	A	A
J	B	I	O	S	G	N	D	E	X	P	E	R	I	E	N	C	E	Z
A	S	B	B	O	M	F	W	S	X	M	U	N	S	E	N	I	O	R
Z	Z	T	J	W	A	V	F	U	N	Z	O	R	D	T	Z	N	V	R
K	V	V	Q	O	Y	H	C	M	L	E	N	J	U	Z	V	K	E	X

AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD