

# **Celebrating our Seniors**

On August 21st, we celebrate
National Senior Citizen's Day

– a time for us to acknowledge
all of the incredible seniors who
have impacted our own lives,
as well as the lives of others. At
our campus, we know them as
husbands and wives, grandfathers
and grandmothers, and visionaries
with a thirst for adventure. If you're
looking for a way to celebrate
yourself this Senior Citizen's Day,
here are a few activities to get you
started – brought to you by the
National Council for Aging Care!

#### **Get Competitive**

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

#### **Embrace the Power of Music**

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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## Happy Birthday!

Assisted Living

Conrad "Vince" J. August 03

Health Center

Joyce C. August 01
Katherine S. August 10
Beverly W. August 23
Janice J. S. August 24
Linda R. August 25

### Sunday Brunch

We look forward to see you on August 11, 2019

Our chef works hard to provide the best dishes for the residents and guests.

Please call ahead to make your reservations if you plan to have guests.

### Taste of Town

Taste of Town lunch this month will feature food from Simonton Lake Drive-In August 21, 2019. Come hungry!

## Happy Hour

Happy Hour is weekly at 3-4pm every Friday where we share laughter, refreshments, fellowship and live entertainment. Family and friends are welcomed to come and enjoy. Come and have a great time at Greenleaf Health Campus.

### Volunteer News

We love our volunteers! We are always looking for ways to enrich the lives of our residents. We will be having lots of outings this summer! If you would like to volunteer, please visit with our Life Enrichment team to discuss the possibilities.



# Executive Director Corner

Happy August! I hope that everyone has been enjoying themselves

these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that

we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one. we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service.

Cassie Dunlap

**Executive Director** 

## Independence From Hunger







Stuff the bus at our local Martins with a couple of our residents, we raised close to 400 lbs!

## **LEGACY LANE FAMILY NIGHT**







## Highlights from our Cocktail Party







# Zoo Theme Family Night









Special thanks to Potawatomi Zoo-to you for bringing out neat animals!



Drinks, appetizers and great friends! What else can you ask for.

## Smiles of the Month

Janice had not been to her favorite pizza place in 5 years! Cici's Pizza welcomed her with a shirt and balloons.





A Trilogy Senior Living Community

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> Cassie Dunlap Executive Director

Brittany Boomershine Director of Health Services

Angela Schwarz Assistant Director of Health Services

Angaleana Nixon Community Service Representative

> James Morales Life Enrichment Director

Curtis Hollar Director of Plant Operations

Brett Boomhower Director of Food Services

Tammi Assistant Director of Food Services Donna Holliday Environmental Services Director

> Lacquisha Hunt Director of Social Services

### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

## 'Seniors'

#### See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



# Word Gearch

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AGING	CRUISE	FUN	SENIOR
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CITIZEN	EXPLORE	PASTIME	WORLD