August 2019



Celebrating our Seniors

On August 21st, we celebrate
National Senior Citizen's Day

– a time for us to acknowledge
all of the incredible seniors who
have impacted our own lives,
as well as the lives of others. At
our campus, we know them as
husbands and wives, grandfathers
and grandmothers, and visionaries
with a thirst for adventure. If you're
looking for a way to celebrate
yourself this Senior Citizen's Day,
here are a few activities to get you
started – brought to you by the
National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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Happy Birthday!

	Resident
Evelyn G.	8/29
Betty M.	8/29
	Staff
Sara C.	8/11
Amber M.	8/17
Jenna G.	8/17
Cristi S.	8/18
Ryan P.	8/20
Rhonda Sue B.	8/31

Out and About

Summer is a great time to enjoy our local parks. In June before the weather turned too hot, a group of residents enjoyed spending time at Litzenburg. They walked through the garden that is like gardens of the early settlers to our area.

Volunteer News

We are looking for volunteers to share their talents and time with our residents. Anything from assisting with weekly outings, summer field trips, assisting with Campus in Color Company Competition. Anyone interested in volunteering, contact Kate Kottenbrock, Life Enrichment Director at 419-257-2421...



Executive Director Corner

Hello Briar Hill Residents and Families,

My name

is Amber Morris. I am excited and grateful to be a part of the amazing Briar Hill family as the new Executive Director. Alicia and her team have created a wonderful home for the residents and I know I have big shoes to fill.

My health care career started 18 years ago as an STNA. I joined Trilogy Health Services in 2006 as an Occupational Therapy Assistant and then a Rehab Director. I have continued on my journey in long-term care to become an Executive Director.

On a personal note, my husband's name is Steve. We have three children (ages 21, 18, and 11), and one granddaughter (1 ½). I like to golf (badly), we enjoy camping, attending my son's baseball and football games and traveling. I love music. If you stop by the office there is a chance you may hear me singing, this was your warning

I look forward to meeting all of you, so please do not hesitate to stop in and say Hello!

Summer is now upon us! I hope that everyone has been enjoying themselves these past few weeks. We have been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. However, we are not done

celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you have been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that is meant to share, and we are so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service.

Amber Morris

Executive Director



Enjoying the garden at Litzenburg Park

water balloon fun



Victoria enjoys Mollie's visits



Shirley M.



snuggles with Bernice





Patriotic Pony Mollie



LEGACY LANE

The Legacy Lane Residents enjoy spending time outside in their courtyard. They recently celebrated the 4th of July with a party which

included water balloons to toss at the Legacy Lane Coordinator Brenda R.

SPOTLIGHT

Richard gives Mollie a hug.

Sunday Brunch

August 11th at 11:00 AM. Please RSVP to 419-257-2421. There are two complimentary Tickets per resident and \$10.00 for each additional ticket.

Themed Dinner

Our next 2019 Party in the USA Theme Dinner for the residents is Las Vegas Casino Night. The Themed Dinner and additional meals will take place on Thursday, August 22nd. The menu for the themed meals will provide residents with a delicious dining experience, similar to what you might expect to find when at a Las Vegas Casino. During this theme week we will take a trip to the Hollywood Casino in Toledo. Programming for this week will mirror Vegas and Casino experiences. Life Long Learning will include learning how to play poker. Looking forward to a great Theme Week.

FEATURED RESIDENT





June 25th Gail and Helen C. celebrated their 75th wedding anniversary. We surprised them with a special meal of salad, grilled sirloin steak, and loaded baked potato and cheesecake. Rhonda B. brought in china and crystal to set the table. A beautiful live floral centerpiece graced the table. Gail was given a boutonnière and Gail received a corsage to wear. Gail and Helen met at the skating rink in Findlay when they were Sophomore's. They began dating and married soon after graduation.









HEALTH CAMPUS

A Trilogy Senior Living Community

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North Baltimore, OH 45872

419-257-2421

briarhillhc.com | ♥ f

Amber Morris Executive Director Whittney Podach, RN Director of Health Services

Stephanie Walters Community Service Representatives

Jenna Gasser Business Office Manager Kate Kottenbrock Life Enrichment Director Shelley Coykendall Director of Resident Services

Ryan Parker
Director of Food Services

Dr. Michael Manuel Medical Director

Steve Apple Assistant Divisional Vice President Renee' Baughman, LPN MDS Coordinator

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

'Seniors'

See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Gearch

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AGING	CRUISE	FUN	SENIOR
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