



Celebrating our Seniors

On August 21st, we celebrate National Senior Citizen's Day – a time for us to acknowledge all of the incredible seniors who have impacted our own lives, as well as the lives of others. At our campus, we know them as husbands and wives, grandfathers and grandmothers, and visionaries with a thirst for adventure. If you're looking for a way to celebrate yourself this Senior Citizen's Day, here are a few activities to get you started – brought to you by the National Council for Aging Care!

Get Competitive

Are you a chess champion? A Pictionary prodigy? Maybe checkers is where you're yet to meet your match. Invite some friends over to put your skills to the test! Not only are board games a fun pastime, but they also get the creative juices flowing and help maintain a happy and healthy mind. Just by participating in a friendly game of Scrabble, you could be doing great things for your memory. Start a Game Night tradition today by reaching out to your Life Enrichment Director!

Embrace the Power of Music

Have you ever thought about being a part of a choir? Maybe trying your hand at a new instrument? Music is another effective way in which we can keep our minds active, so why not make some of our own? With our *Music To My Ears* program, we invite entertainers, resident performers, student musical groups and more to come express themselves through the power of song. Talk to a member of our Life Enrichment team to learn more!

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Happy Birthday!

Residents

August 04	Henrietta L.
August 16	Jean S.
August 16	Barbara S.
August 17	Virginia G.
August 21	Rose S.
August 21	Elsie H.
August 24	Clara W.
August 25	Olive T.
August 30	Ruth A.

Welcome!

William H.	Phyllis D.
Marjorie F.	Wilbur T.
John R.	Beverly R.
Ruth S.	Virginia G.
Patricia A.	Elsie H.

Volunteer News

All of us at Aspen Place were saddened to learn of the passing of our friend, Charlie Bill Connall. Charlie's wife, Linda, resides at Aspen Place and since 2013 Charlie has spent countless hours with her and with all of us, so it was only natural that we grew to know and love him like one of our family. Charlie began our Sunday worship service six years ago. He passed drinks in the dining room almost every day during lunch and dinner – when he would come to share a meal with his wife. Residents were often greeted by Charlie Bill with a loaf of banana bread that he had made that day and brought in to share with them. He was instrumental in so many of the volunteer events that happened at our campus and was always ready to lend a hand or offer some guidance. His happy personality and sense of humor was an inspiration to all who spent time around him. He was a blessing to us and he will be missed.



Executive Director Corner

Happy August! I hope that everyone has been

enjoying themselves these past few weeks. We've been busy in the best ways possible – celebrating the Fourth of July with friends, enjoying Sunday Brunches with family, and making memories together that are sure to stay with us for the rest of our lives. But we're not done celebrating yet!

August 21st is Senior Citizen's Day, so I wanted to take some time to acknowledge all of the incredible senior citizens who call our campus home. Whether you've been with us for two weeks or two years, your approachability, warmth, and wisdom has been evident ever since you first came through our doors, and has made serving you each and every day an absolute joy. Life is an adventure that was meant to be shared, and we're so lucky that we have you to share it with.

Speaking of adventure, I also want to take this opportunity to remind all of our residents about our Live a Dream program. With Live a Dream, we're proud to take our seniors on all kinds of adventures – whether it's something they haven't done since they were a teenager, or it's something that they've never done before in their life. We've had residents who have gone sky-diving, met their favorite bands backstage, and even sat in a replica of the Batmobile! Whether you're looking for a new experience or want to relive an old one, we're happy to make your dream a reality. Contact a member of our Life Enrichment team to find out how.

I hope everyone has a great month, and I hope to see you soon!

Yours in Service,

Katrina Keck
Executive Director

Featured Resident

Clara K. just celebrated her 95th birthday in July and it was a testament to her life seeing all of the visitors, cards (91 to be exact), flowers, balloons and special treats that she received all week long. Clara has a quiet demeanor and a wonderful sense of humor that draws other residents and employees to her for conversation. She enjoys just about any activity that is planned and also jumps on the bus any time she is able for a jaunt around town. Thank you, Clara, for being such a special blessing!





Out and About

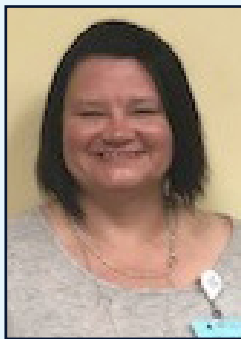
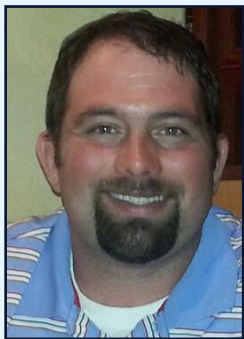
With the bus packed full of fishing poles, tackle boxes and boxed lunches, Brookville Lake was the destination. It was a beautiful, sunny day that offered a cool breeze and our residents had high hopes that they would catch a net full of fish! While no fish were caught that day, there was a lot of laughter and many smiles from a day spent at the lake with friends and future endeavors to return again soon.

Legacy Lane Spotlight

Legacy Lane residents recently spent the day out in their courtyard with wading pools, squirt guns and water balloons. It was a fun-filled day that had the residents tired and happy by the end.



Customer Service Moment



Welcome to our new Directors: Matt Tatman, Plant Operations and Mellissa Shook, Environmental Services. They both hit the ground running and have not stopped since. Your hard work, attention to detail and love of our residents is appreciated. We are happy to have you on our team!



COMMUNITY CONNECTIONS

The Greensburg Fire Department were the highlight of Just The Guys in July. Not only did they come and enjoy lunch with our guys, but they also brought their firetrucks to show off to all of the residents. It was an afternoon the residents will not soon forget and they enjoyed every moment spent with this special group of men.



Living Arts

Each month we host a Ladies High Tea and a special guest is brought in to share a special talent they have. We decided to do something a little different in July. We made a family tree that is displayed in our home and features the ladies handprints, which would be adorned as leaves on the tree. Each leaf is "autographed" and this will be a lovely reminder throughout



the years as we reminisce about our family at Aspen Place and those who made it so very special.

Did You Know...?

Trilogy has a travel club? At Trilogy, we believe that age shouldn't prevent you from doing the things that you love with the people you love. If you dream of traveling, but are concerned about getting the care you need, then the Trilogy Travel Club is here for you. Reach out to Life Enrichment Director, Jeni Schnebelt or visit Trilogy.travelclub.com.

Aspen Place Health Campus hosts Virtual Dementia Tours? Increase your understanding of Alzheimer's and other forms of dementia through firsthand experience by participating in one of these tours. For more information, contact our CSR, Courtney Crowe at (812) 527-2222.

Ladies Tea is on the 3rd Thursday of each month at 3:00pm. We welcome all visitors and anyone who would like to volunteer to share their special talents. Contact Jeni Schnebelt, Life Enrichment Director, at (812) 527-2222.



ASPEN PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

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Greensburg, IN 47240

812-527-2222

aspenplacehc.com |  

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Executive Director

Beverly Williams
Director of Health Services

Courtney Crowe
Community Services Representative

Melissa Shook
Director of Environmental Services

Jeni Schnebelt
Life Enrichment Director

Kristine Brooks
Business Office Manager

Tina Adams
Social Services Director

Christy Scoggins
Medical Records Clerk

Rachael Tatman
Staff Development LPN

Matt Tatman
Director Plant Ops

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Seniors'

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See the World

Who doesn't feel better after a vacation? Not only is traveling great for our mental health, but it's a very real possibility for the residents of our campus! With the Trilogy Travel Club, we're proud to offer our residents the chance to go on cruises, visit museums, and explore uncharted territory. While you're having fun, you'll still be receiving the same level of quality care that you're accustomed to. Contact a member of our campus team for more information!

Whatever it is that keeps you entertained and active, we have an experience tailored just for you. Simply talk to anyone on our staff today and ask them how you can begin living your best life!



Word Search

B	W	W	A	D	U	J	B	X	F	V	A	A	Y	P	L	E	D	I
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AGING
CHECKERS
CHOIR
CITIZEN

CRUISE
EMBRACE
EXPERIENCE
EXPLORE

FUN
GAMES
MUSIC
PASTIME

SENIOR
TRAVEL
VISIONARY
WORLD