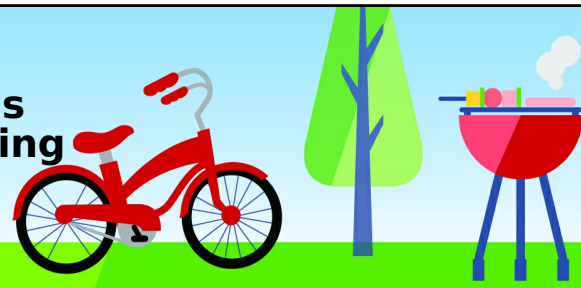
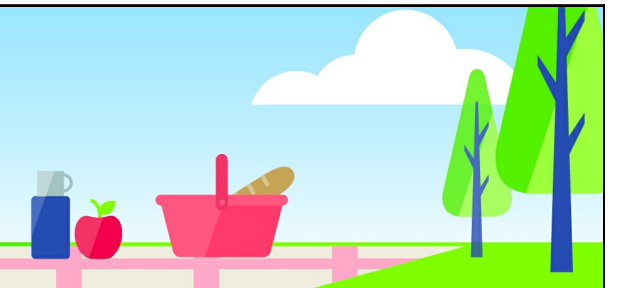


Forest Springs Health Campus
Life Enrichment- Assisted Living

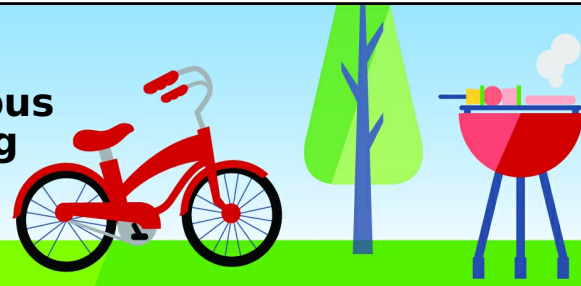


AUGUST 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	All activities are subject to change! Transportation is provided on Mondays and Wednesdays to Doctor Appointments. See Becky Dunaway LED for details!	Volunteers enrich the lives of others. Become a volunteer today! Beauty Shop Schedule: Tuesday and Thursday's. To make an appointment see, Sarah Hampton, Business Office.	Room Key Code: SC- The Slugger Café SJB- St. James Bistro DR- Dining Room PP- Paddock Parlor LR- Living Room	1 M 9:30 Music with Mary Sue- HCRR* A 10:30 DIY Flower Pots- HCRR O 11:00 Johnny Rockets K 11:45 Mealtme Chronicles- DR GG 2:30 Bunco- HCRR K 6:00 Games Resident's Choice- PCRR	2 K 9:30 Discussion Starters- HCRR* I 9:30 Rosary with Richard- 500 Hall M 10:30 Happy Hour/Curtis Williams- LR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR	3 V 9:30 Parachute Time- HCRR I 10:00 Bible Study with Brian- HCRR K 11:45 Mealtme Chronicles- DR GG 2:00 Scoops & Scriptures- HCRR GG 3:00 Bingo - HCRR
4 M 9:30 Songs of Faith- HCRR GG 10:30 Family Fued- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 K 11:45 Mealtme Chronicles- DR I 2:30 St. Al's Church Service- HCRR	5 V 9:30 Sit & Be Fit- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall K 11:45 Mealtme Chronicles- DR K 2:30 Bingocize - HCRR	6 L 9:30 History of Vegas- HCRR A 10:30 Cactus Rocks- HCRR K 11:45 Mealtme Chronicles- DR O 2:00 Scenic Ride & Ice Cream Treats K 6:00 Games/ Resident's Choice- PCRR	7 I 9:00 Catholic Communion R to R V 9:30 Music & Movement- HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingo- HCRR	8 A 9:30 Deck of Cards Banner- HCRR M 10:30 Big Band Music- HCRR O 11:00 Red Robin K 11:45 Mealtme Chronicles- DR GF 2:30 Snack and Chat - CY GG 6:00 Bingo Nite - PCRR	9 M 9:30 Relaxation Music and Lemonade- CY I 9:30 Rosary with Richard- 500 Hall K 10:30 A Question In Time- CY V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR M 2:00 Happy Hour with Al	10 V 9:30 Making Music/Exercise- HCRR I 10:00 Bible Study with Brian- HCRR K 11:45 Mealtme Chronicles- DR GF 2:00 Ice Cream Social- HCRR GG 2:30 Bingo- HCRR
11 M 9:30 Singing with Susie Q- HCRR* GG 10:30 Price is Right- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 S 11:00 Sunday Brunch- DR K 11:45 Mealtme Chronicles- DR	12 V 9:30 Sittercize- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall K 11:45 Mealtme Chronicles- DR S 2:00 Calendar Planning Meeting- HCRR K 2:30 Bingocize - HCRR	13 L 9:30 History of Hoover Dam- HCRR A 10:30 Mandala Art- HCRR K 11:45 Mealtme Chronicles- DR O 2:00 Dollar Tree Outing Games/ Resident's Choice- PCRR K 6:00	14 I 9:00 Catholic Communion R to R V 9:30 Noodlesize -HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR S 12:00 Taste of Town - ADA S 2:00 Chef's Circle - HCRR K 2:30 Bingo- HCRR	15 A 9:30 Casino Frames- HCRR JG 10:30 Just the Guys/Farming- HCRR O 11:00 Sandi's Kitchen K 11:45 Mealtme Chronicles- DR GG 2:30 Casino Trivia- HCRR K 6:00 Games Resident's Choice- PCRR	16 GG 9:30 Hawaii Admission Day Pictionary- HCRR I 9:30 Rosary with Richard- 500 Hall GG 10:00 Elite Daycare - HCRR A 10:30 Sailboats- HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR	17 V 9:30 Morning Stretch- HCRR I 10:00 Bible Study with Brian- HCRR K 11:45 Mealtme Chronicles- DR GG 2:30 Bingo- HCRR
18 M 9:30 Gaither Family Reunion- HCRR GG 10:30 Hangman- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 K 11:45 Mealtme Chronicles- DR CC 2:00 Ice Cream in a Bag-	19 V 9:30 Tai Chi- HCRR* GG 10:30 Left- Right Center- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall K 11:45 Mealtme Chronicles- DR K 2:30 Bingocize - HCRR	20 A 9:30 Card Bow Ties- HCRR O 10:30 Derby City Casino K 11:45 Mealtme Chronicles- DR JG 2:30 Black Jack- HCRR 6:00 On the Edge of Illusion- LR	21 Senior Citizens Day I 9:00 Catholic Communion R to R S 9:30 Sharing Memories/Senior Citizens Day- CY V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR S 2:00 Chef's Circle with	22 GG 9:30 Slotzball- HCRR A 10:30 Vegas Visors- HCRR K 11:45 Mealtme Chronicles- DR S 4:00 Pre Dinner Happy Hour- PP S 5:00 Las Vegas Casino Dinner	23 M 9:30 Viva Las Vegas Sounds-HCRR I 9:30 Rosary with Richard- 500 Hall GG 10:30 Nerf Gun Poker- HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR M 2:00 Happy Hour/Swing	24 V 9:30 Lets Get Moving- HCRR I 10:00 Bible Study with Brian- HCRR K 11:45 Mealtme Chronicles- DR M 2:00 Sing-a-long- HCRR GG 2:30 Bingo- HCRR
25 M 9:30 Theraputic Music- HCRR I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 K 11:45 Mealtme Chronicles- DR V 2:00 WII Bowling- 400 Hall	26 V 9:30 Chair Dancing- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall K 11:45 Mealtme Chronicles- DR S 2:00 AL Resident Council Meeting- HCRR K 2:30 Bingocize - HCRR	27 L 9:30 Vegas Trivia- HCRR* A 10:30 Tissue Paper Painting- HCRR K 11:45 Mealtme Chronicles- DR O 1:30 Bowling at King Pin M 6:00 Rick Matillo- LR	28 I 9:00 Catholic Communion R to R V 9:30 Octaband- HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingo- HCRR	29 M 9:30 Making Tunes- HCRR A 10:30 Silhouettes- HCRR K 11:45 Mealtme Chronicles- DR K 2:00 Dean Martin Hour & Popcorn- HCRR M 6:00 Sing-a-long Sisters- LR	30 I 9:30 Rosary with Richard- 500 Hall A 10:00 Art with Don- HCRR V 10:30 Trilogy Fit- 400 Hall K 11:45 Mealtme Chronicles- DR M 2:00 Happy Hour with Tom Cunningham- LR	31 V 9:30 Conductorcize- HCRR* I 10:00 Bible Study with Brian- HCRR K 11:45 Mealtme Chronicles- DR GF 2:00 Coke Floats- HCRR GG 2:30 Bingo- HCRR

Forest Springs-- Health Campus Life Enrichment Programming



AUGUST 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	Room Key Code SC- The Slugger Cafe SJB- St. James Bistro DR- Dining Room TSL- Tom Sawyer Lane PP- Paddock Parlor	Room Key Code LR- Living Room PCRR- Personal Care Rec Room HCRR- Health Center Rec Room CY- Court Yard ADA-All Dining Areas	All outings are subject to change due to unsafe weather conditions. We provide transportation to doctors appointments on Mondays and Wednesdays. See Becky Dunaway LED for details.	1 M 9:30 Music with Mary Sue- HCRR* A 10:30 DIY Flower Pots- HCRR O 11:00 Johnny Rockets MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:30 Bunco-HCRR	2 K 9:30 Discussion Starters- HCRR* I 9:30 Rosary with Richard- 500 Hall M 10:30 Happy Hour/Curtis Williams- LR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles-	3 V 9:30 Parachute Time- HCRR I 10:00 Bible Study with Brian- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 Scoops & Scriptures- HCRR
4 M 9:30 Songs of Faith- HCRR GG 10:30 Family Fued- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR	5 V 9:30 Sit & Be Fit- HCRR K 10:30 Wellness Group- 100 Hall MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Resident Council HC- HCRR	6 L 9:30 History of Vegas- HCRR A 10:30 Cactus Rocks- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 2:00 Scenic Ride & Ice Cream Treats K 6:00 Games/ Resident's	7 I 9:00 Catholic Communion R to R V 9:30 Music & Movement- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR	8 A 9:30 Deck of Cards Banner- HCRR M 10:30 Big Band Music- HCRR O 11:00 Red Robin MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:30 Snack and Chat - CY	9 M 9:30 Relaxation Music and Lemonade- CY I 9:30 Rosary with Richard- 500 Hall K 10:30 A Question In Time- CY MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR	10 V 9:30 Making Music/Exercise- HCRR I 10:00 Bible Study with Brian- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Ice Cream Social- HCRR
11 M 9:30 Singing with Susie Q- HCRR* GG 10:30 Price is Right- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 MN 11:00 Sensory Themed Baskets S 11:00 Sunday Brunch- DR	12 V 9:30 Sittercize- HCRR K 10:30 Wellness Group- 100 Hall MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Calendar Planning Meeting- HCRR	13 L 9:30 History of Hoover Dam- HCRR A 10:30 Mandala Art- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 2:00 Dollar Tree Outing K 6:00 Games/ Resident's	14 I 9:00 Catholic Communion R to R V 9:30 Noodlesize -HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 12:00 Taste of Town - ADA S 2:00 Chef's Circle - HCRR	15 A 9:30 Casino Frames- HCRR JG 10:30 Just the Guys/Farming- HCRR O 11:00 Sandi's Kitchen MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:30 Casino Trivia- HCRR	16 GG 9:30 Hawaii Admission Day Pictionary- HCRR I 9:30 Rosary with Richard- 500 Hall GG 10:00 Elite Daycare - HCRR A 10:30 Sailboats- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles-	17 V 9:30 Morning Stretch- HCRR I 10:00 Bible Study with Brian- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:30 Bingo- HCRR M 6:00 Lawrence Welk on KET
18 M 9:30 Gaither Family Reunion- HCRR GG 10:30 Hangman- HCRR* I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles-	19 V 9:30 Tai Chi- HCRR* GG 10:30 Left- Right Center- HCRR K 10:30 Wellness Group- 100 Hall MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR	20 A 9:30 Card Bow Ties- HCRR O 10:30 Derby City Casino MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR JG 2:30 Black Jack- HCRR 6:00 On the Edge of Illusion- LR	21 Senior Citizens Day I 9:00 Catholic Communion R to R S 9:30 Sharing Memories/Senior Citizens Day- CY MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR	22 GG 9:30 Slotzball- HCRR A 10:30 Vegas Visors- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 4:00 Pre Dinner Happy Hour- PP S 5:00 Las Vegas Casino	23 M 9:30 Viva Las Vegas Sounds-HCRR I 9:30 Rosary with Richard- 500 Hall GG 10:30 Nerf Gun Poker- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR	24 V 9:30 Lets Get Moving- HCRR I 10:00 Bible Study with Brian- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Sing-a-long- HCRR GG 2:30 Bingo- HCRR
25 M 9:30 Theraputic Music- HCRR I 10:00 Christ Fellowship Worship - LRR I 10:30 Mass on the Air Ch- 5 I 11:00 South East Christian Ch 102 MN 11:00 Sensory Themed Baskets	26 V 9:30 Chair Dancing- HCRR K 10:30 Wellness Group- 100 Hall MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR K 2:30 Bingocize - HCRR K 4:00 Media Cart- RtoR	27 L 9:30 Vegas Trivia- HCRR* A 10:30 Tissue Paper Painting- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 1:30 Bowling at King Pin M 6:00 Rick Matillo- LR	28 I 9:00 Catholic Communion R to R V 9:30 Octaband- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingo- HCRR	29 M 9:30 Making Tunes- HCRR A 10:30 Silhouettes- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR K 2:00 Dean Martin Hour & Popcorn- HCRR M 6:00 Sing-a-long Sisters- LR	30 I 9:30 Rosary with Richard- 500 Hall A 10:00 Art with Don- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Tom Cunningham- LR	31 V 9:30 Conductorcize- HCRR* I 10:00 Bible Study with Brian- HCRR MN 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Coke Floats- HCRR GG 2:30 Bingo- HCRR

Villa Lifestyle Calendar
Villas at Forest Springs



AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend: CH = Club House HCRR = Large Recreation Room (Health Center) PCD = PC (Small) Dining Room PCRR = PC (Small) Recreation Room PP = Paddock Parlor			St. Aloysius comes for Communion every Sunday and Wednesday. If you would like to participate, please contact Becky Dunaway at 243-1643!	1 11:00 Johnny Rockets	2 10:00 TrilogyFIT, Strength - CH 2:00 Live Music - PCD 3:00 B.I.N.G.O - CH 4:00 Social Hour - CH	3 9:00 Villa Breakfast Club - PCRR 10:00 Bible Study w/ Brian - HCRR 2:00 Scoops and Scriptures - HCRR 2:30 B.I.N.G.O. - HCRR 3:00 B.I.N.G.O - HCRR
4 10:30 Mass on the Air Ch- 5 11:00 Southeast Christian on TV (Ch. 102) 2:30 St. Aloysius Worship Service - HCRR	5 10:00 TrilogyFIT, Balance - CH 1:30 Matinee Movie - CH 2:00 Office Hours - CH 2:30 B.I.N.G.O - HCRR 5:45 Villa Dining - CH	6 11:30 Villa Lunch and Learn - CH 2:00 Scenic Ride & Ice Cream Treats	7 10:00 TrilogyFIT - CH 2:30 B.I.N.G.O - HCRR 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH	8 9:30 Office Hours 11:00 Red Robin	9 10:00 TrilogyFIT, Strength - CH 2:00 Live Music - PCD 3:00 B.I.N.G.O - CH 4:00 Social Hour - CH	10 9:00 Villa Breakfast Club - PCRR 10:00 Bible Study w/ Brian - HCRR 2:30 B.I.N.G.O. - HCRR
11 10:30 Mass on the Air Ch- 5 11:00 Sunday Brunch 11:00 Southeast Christian on TV (Ch. 102) 3:00 Worthington Church of Christ Devotional - HCRR	12 10:00 TrilogyFIT, Balance - CH 1:30 Matinee Movie - CH 2:00 Office Hours - CH 2:30 B.I.N.G.O - HCRR 5:45 Villa Dining - CH	13 2:00 Dollar Tree Outing	14 9:30 Senior Executive Club - CH 2:30 B.I.N.G.O - HCRR 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH 6:00 Resident's Game Night - CH	15 9:30 Office Hours 11:00 Sandi's Kitchen 3:00 Ice Cream Social - CH	16 10:00 TrilogyFIT, Strength - CH 2:00 Live Music - PCD 3:00 B.I.N.G.O - CH 4:00 Social Hour - CH	17 9:00 Villa Breakfast Club - PCRR 10:00 Bible Study w/ Brian - HCRR 2:30 B.I.N.G.O. - HCRR
18 10:30 Mass on the Air Ch- 5 11:00 Southeast Christian on TV (Ch. 102)	19 10:00 TrilogyFIT, Balance - CH 1:30 Matinee Movie - CH 2:00 Office Hours - CH 2:30 B.I.N.G.O - HCRR 5:45 Villa Dining - CH	20 10:30 Derby City Casino	21 Senior Citizens Day 10:00 TrilogyFIT - CH 2:30 B.I.N.G.O - HCRR 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH	22 9:30 Office Hours 10:00 Community Meeting & Coffee - CH 4:00 Pre Dinner Happy Hour-PP 5:00 Las Vegas Casino Dinner	23 10:00 TrilogyFIT, Strength - CH 2:00 Live Music - PCD 3:00 B.I.N.G.O - CH 4:00 Social Hour - CH	24 9:00 Villa Breakfast Club - PCRR 9:30 Lets Get Moving- HCRR 10:00 Bible Study w/ Brian - HCRR 2:30 B.I.N.G.O. - HCRR
25 10:00 Christ Fellowship Worship - LRR 10:30 Mass on the Air Ch- 5 11:00 Southeast Christian on TV (Ch. 102) 2:00 WII Bowling- 400 Hall	26 10:00 TrilogyFIT, Balance - CH 1:30 Matinee Movie - CH 2:00 Office Hours - CH 2:30 B.I.N.G.O - HCRR 5:45 Villa Dining - CH	27 1:30 Bowling at King Pin	28 10:00 TrilogyFIT - CH 2:30 B.I.N.G.O - HCRR 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH 6:00 Resident's Game Night - CH	29 9:30 Office Hours	30 10:00 TrilogyFIT, Strength - CH 2:00 Live Music - PCD 3:00 B.I.N.G.O - CH 4:00 Social Hour - CH	31 9:00 Villa Breakfast Club - PCRR 10:00 Bible Study w/ Brian - HCRR 2:30 B.I.N.G.O. - HCRR