ASHFORD PLACE HEALTH CAMPUS
ASSISTED LIVING

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Cafe 4) Covered Courtyard 5) Assisted Living Activity 6) A.L. Living Room	AUGUST BIRTHDAYS Alfred R. 8/30 George 'Dewey' M. 8/24 Larry K. 8/25 Marilyn V. 8/27 Rosemary F. 8/13	AUGUST EVENTS Taste of Town: 8/6 Pascettis Sunday Brunch: 8/11 Resident Council: 8/27 Out to Lunch: 8/27 Pizza Hut Chefs Circle: 8/15 at 10:00am	**1** V 9:30 Gardening Club O 10:30 Country Cruise GG 10:30 Farkle (5) O 2:00 Outing- Walmart K 3:30 Phase 10 (1) GG 6:30 Pokeno (2)	**2** V 9:30 Exercise CC 10:30 Nutty Monkey Treats (5) GG 1:30 POKENO (2) S 3:00 Happy Hour with Steve Jeffris	**3** V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:15 Group Crossword (5)
4 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) I 2:00 Worship - Salvation Army (2) K 3:00 Yahtzee (5)	**5** I 9:30 Meditation (5) A 10:30 Artisans- Pineapple Cozy (5) JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1) M 3:30 The Sheppard Brothers (6)	**6** V 9:30 Gardening Club K 10:30 Left, Right, Center (1) S 11:45 Taste of Town- Pascettis O 2:00 Outing- 3 sisters bookstore K 3:00 Phase 10 (5) GG 6:30 Bingo (5)	**7** L 9:00 Daily Chronicle M 9:30 Walking Club & Music (6) I 2:00 Spiritual Reflections - DH (1) K 3:00 Euchre Club (1)	**8** V 9:30 Gardening Club O 10:30 Country Cruise O 2:00 Outing- Dollar Tree K 3:30 Phase 10 (1) GG 6:30 Pokeno (2)	**9** V 9:30 Exercise CC 10:30 Lemonade Cookies (5) GG 1:30 POKENO (2) S 3:00 Happy Hour	**10** V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:15 Group Crossword (5)
11 GF 9:00 Coffee Social (5) S 11:00 SUNDAY BRUNCH 11 to 1 PM I 2:00 Ashford Place Worship (2) K 3:00 Yahtzee (5)	**12** I 9:30 Meditation (5) A 10:30 Artisans- FAN-tastic Watermelon (5) JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	**13** L 9:00 Daily Chronicle V 9:30 Gardening Club K 10:30 Left, Right, Center (1) K 3:00 Phase 10 (5)	**14** L 9:00 Daily Chronicle M 9:30 Walking Club & Music (6) I 2:00 Chicken Soup for the Grandparents Soul K 2:30 Euchre Club (1)	**15** V 9:30 Gardening Club S 10:00 Chefs Circle (2) O 10:30 Country Cruise O 2:00 Outing- Gordmans K 3:30 Phase 10 (1) GG 6:30 Pokeno (2)	**16** V 9:30 Exercise CC 10:30 Picnic Pasta Salad (5) GG 1:30 POKENO (2) S 3:00 Happy Hour with Don Stegemiller	**17** V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:15 Group Crossword (5)
18 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) I 2:00 Worship - Beacon Baptist (2) K 3:00 Poker (5)	**19** I 9:30 Meditation (5) A 10:30 Flower Pot Barnyard Buddies (5) JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	**20** V 9:30 Gardening Club K 10:30 Left, Right, Center (1) O 2:00 Outing- Casino K 3:00 Phase 10 (5) GG 6:30 Bingo (5)	**21 Senior Citizens Day** L 9:00 Daily Chronicle M 9:30 Walking Club & Music (6) A 10:30 Casino Craft and Decorating I 2:00 Spiritual Reflections - DH K 3:00 Euchre Club (1)	**22** V 9:30 Gardening Club M 10:30 Music Therapy (1) O 10:30 Country Cruise S 5:00 Theme Dinner- Casino Night	**23** K 9:00 Daily Chronicle CC 10:30 Minty Kiwi Lemonade (5) GG 1:30 POKENO (2) S 3:00 Happy Hour- Harpist Mary Bonner	**24** V 9:30 Gardening Club K 10:30 Black Jack (1) GG 2:15 Bingo (5) K 3:15 Group Crossword (5)
25 GF 9:00 Coffee Social (5) GG 9:30 Pokeno (5) I 2:00 Worship - First Church K 3:00 Yahtzee (5)	**26** I 9:30 Meditation (5) A 10:30 Artisans- Photo Finish JG 2:30 Just the Guys- Domino Club K 3:00 FARKLE (1)	**27** V 9:30 Gardening Club S 10:00 Resident Council/Inspired Living K 10:45 Left, Right, Center (1) O 11:45 Out to Eat- Pizza Hut K 3:00 Phase 10 (5) GG 6:30 Bingo (5)	**28** L 9:00 Daily Chronicle M 9:30 Walking Club & Music (6) I 2:00 Chicken Soup for the Grandparents Soul K 3:00 Euchre Club (1)	**29** V 9:30 Gardening Club O 10:00 Bear Wallow Distillery GG 6:30 Pokeno (2)	**30** V 9:30 Exercise CC 10:30 Cocoa Meringues (5) GG 1:30 POKENO (2) S 3:00 Happy Hour with Doug Debaun	**31** V 9:30 Gardening Club K 10:30 Euchre (1) GG 2:15 Bingo (5) K 3:15 Group Crossword (5)

ASHFORD PLACE HEALTH CAMPUS
HEALTH CENTER

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Cafe 4) Covered Courtyard 5) Assisted Living Activity 6) A.L. Living Room	AUGUST BIRTHDAYS Arvenia P. 8/14 Charles E. 8/26 Lois L. 8/8 Mary M. 8/14 Opal M. 8/21 Verna O. 8/24	EVENTS Taste of Town: 8/6 Pascettis Sunday Brunch: 8/11 Resident Council: 8/28 at 10:00am Chefs Circle: 8/15 at 10:00am Out to Lunch: 8/27 Pizza Hut	**1** V **9:30** Gardening Club O **10:30** Country Cruise GG **10:30** Farkle (5) O **2:00** Outing- Walmart MM **2:30** Mindful Moments K **3:30** Phase 10 (1) GG **6:30** Pokeno (2)	**2** V **9:00** Exercise CC **10:30** Nutty Monkey Treats (5) GG **1:30** POKENO (2) MM **2:30** Mindful Moments S **3:00** Happy Hour with Steve Jeffris	**3** V **9:30** Gardening Club K **10:30** Euchre (1) GG **2:15** Bingo (5) K **3:15** Group Crossword (5)
4 GF **9:00** Coffee Social (5) GG **9:30** Pokeno (5) I **2:00** Worship - Salvation Army (2) K **3:00** Yahtzee (5)	**5** I **9:30** Meditation (5) A **10:30** Artisans- Pineapple Cozy (5) MM **2:30** Mindful Moments JG **2:30** Just the Guys- Domino Club K **3:00** FARKLE (1) M **3:30** The Sheppard Brothers (6)	**6** V **9:30** Gardening Club K **10:30** Left, Right, Center (1) S **11:45** Taste of Town- Pascettis O **2:00** Outing- 3 sisters bookstore MM **2:30** Mindful Moments K **3:00** Phase 10 (5) GG **6:30** Bingo (5)	**7** L **9:00** Daily Chronicle M **9:30** Walking Club & Music (6) I **2:00** Spiritual Reflections - DH (1) MM **2:30** Mindful Moments K **3:00** Euchre Club (1)	**8** V **9:30** Gardening Club S **10:00** Chefs Circle (2) O **10:30** Country Cruise O **2:00** Outing- Dollar Tree MM **2:30** Mindful Moments K **3:30** Phase 10 (1) GG **6:30** Pokeno (2)	**9** V **9:00** Exercise CC **10:30** Lemonade Cookies (5) GG **1:30** POKENO (2) MM **2:30** Mindful Moments S **3:00** Happy Hour	**10** V **9:30** Gardening Club K **10:30** Euchre (1) GG **2:15** Bingo (5) K **3:15** Group Crossword (5)
11 GF **9:00** Coffee Social (5) S **11:00** SUNDAY BRUNCH 11 to 1 PM I **2:00** Ashford Place Worship (2) K **3:00** Yahtzee (5)	**12** I **9:30** Meditation (5) A **10:30** Artisans- FAN-tastic Watermelon (5) MM **2:30** Mindful Moments JG **2:30** Just the Guys- Domino Club K **3:00** FARKLE (1)	**13** L **9:00** Daily Chronicle V **9:30** Gardening Club K **10:30** Left, Right, Center (1) MM **2:30** Mindful Moments K **3:00** Phase 10 (5)	**14** L **9:00** Daily Chronicle M **9:30** Walking Club & Music (6) I **2:00** Chicken Soup for the Grandparents Soul K **2:30** Euchre Club (1) MM **2:30** Mindful Moments	**15** V **9:30** Gardening Club S **10:00** Chefs Circle (2) O **10:30** Country Cruise O **2:00** Outing- Gordmans MM **2:30** Mindful Moments K **3:30** Phase 10 (1) GG **6:30** Pokeno (2)	**16** V **9:00** Exercise CC **10:30** Picnic Pasta Salad (5) GG **1:30** POKENO (2) MM **2:30** Mindful Moments S **3:00** Happy Hour with Don Stegemiller	**17** V **9:30** Gardening Club K **10:30** Euchre (1) GG **2:15** Bingo (5) K **3:15** Group Crossword (5)
18 GF **9:00** Coffee Social (5) GG **9:30** Pokeno (5) I **2:00** Worship - Beacon Baptist (2) K **3:00** Poker (5)	**19** I **9:30** Meditation (5) A **10:30** Flower Pot Barnyard Buddies (5) MM **2:30** Mindful Moments JG **2:30** Just the Guys- Domino Club K **3:00** FARKLE (1)	**20** V **9:30** Gardening Club K **10:30** Left, Right, Center (1) O **2:00** Outing- Casino MM **2:30** Mindful Moments K **3:00** Phase 10 (5) GG **6:30** Bingo (5)	**21** **Senior Citizens Day** L **9:00** Daily Chronicle M **9:30** Walking Club & Music (6) A **10:30** Casino Craft and Decorating I **2:00** Spiritual Reflections - DH MM **2:30** Mindful Moments K **3:00** Euchre Club (1)	**22** V **9:30** Gardening Club M **10:30** Music Therapy (1) O **10:30** Country Cruise MM **2:30** Mindful Moments S **5:00** Theme Dinner- Casino Night	**23** K **9:00** Daily Chronicle CC **10:30** Minty Kiwi Lemonade (5) GG **1:30** POKENO (2) MM **2:30** Mindful Moments S **3:00** Happy Hour- Harpist Mary Bonner	**24** V **9:30** Gardening Club K **10:30** Black Jack (1) GG **2:15** Bingo (5) K **3:15** Group Crossword (5)
25 GF **9:00** Coffee Social (5) GG **9:30** Pokeno (5) I **2:00** Worship - First Church K **3:00** Yahtzee (5)	**26** I **9:30** Meditation (5) A **10:30** Artisans- Photo Finish MM **2:30** Mindful Moments JG **2:30** Just the Guys- Domino Club K **3:00** FARKLE (1)	**27** V **9:30** Gardening Club K **10:45** Left, Right, Center (1) O **11:45** Out to Eat- Pizza Hut MM **2:30** Mindful Moments K **3:00** Phase 10 (5) GG **6:30** Bingo (5)	**28** L **9:00** Daily Chronicle M **9:30** Walking Club & Music (6) S **10:00** Resident Council/Inspired Living I **2:00** Chicken Soup for the Grandparents Soul MM **2:30** Mindful Moments K **3:00** Euchre Club (1)	**29** V **9:30** Gardening Club O **10:00** Bear Wallow Distillery MM **2:30** Mindful Moments GG **6:30** Pokeno (2)	**30** V **9:00** Exercise CC **10:30** Cocoa Meringues (5) GG **1:30** POKENO (2) MM **2:30** Mindful Moments S **3:00** Happy Hour with Doug Debaun	**31** V **9:30** Gardening Club K **10:30** Euchre (1) GG **2:15** Bingo (5) K **3:15** Group Crossword (5)

ASHFORD PLACE HEALTH CAMPUS
DAILY RHYTHMS

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Morning 9:30 Vitality 10:00 Keeping it Sharp 10:15 Morning Refresher 10:30 Housekeeping 10:45 Creative Cooking 11:30 Lunch Prep	Early Afternoon 12:45 Relax & Recharge 1:30 Connections: Reminisce 2:00 Artisans Late Afternoon 3:00 Musical Celebration 3:30 Afternoon Refresher 4:00 Connections: Group	Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions	**1** V Let's Take A Trip K American Landmarks CC Cucumber Caprese Salad Relax & Recharge A No Sew Hats M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	**2** V Pump It Up K Summer Vacation CC Ice Cream Sandwich Relax & Recharge A Flower Stamps S Happy Hour with Steve Jeffris M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	**3** V Dance Party K Summer Colors CC Watermelon Feta Salad Relax & Recharge A Balloon Prints M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
4 V Mindful Movements K Categories CC Veggie Cups Relax & Recharge A Blue Collage M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	**5** V Drum Circle K Inspired Tales CC Mandarin Orange Salad Relax & Recharge A Bean Mosaic M Dancing Monday M The Sheppard Brothers (6) GG Water Balloon Bucket Toss Healthy Hands	**6** V Walk On The Beach K Roll to 20! O Country Cruise CC Lucy's Chocolate Truffles Relax & Recharge A Crayon Melts M Summer Singin' GG Fair Midway Games Healthy Hands	**7** V Soccer K Yard Sale CC Cherry Cobbler Relax & Recharge A Creative Storytelling M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	**8** V Let's Take A Trip K American Landmarks CC Mixed Berry Oatmeal Cups Relax & Recharge A No Sew Hats M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	**9** V Pump It Up K Summer Vacation CC Elvis' PB & Banana Sandwich Relax & Recharge A DIY Resident Scrapbook S Happy Hour M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	**10** V Dance Party K Summer Colors CC Sunshine Salad Relax & Recharge A Ice Cream Photos M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
11 V Mindful Movements K Categories CC Summer Corn Salad S SUNDAY BRUNCH 11 to 1 PM Relax & Recharge A Kindness Rock Painting M Listen to the Wind GG Word Works Healthy Hands	**12** V Drum Circle K Inspired Tales CC Orange Creamsicles Relax & Recharge A Partner Prints M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	**13** V Walk On The Beach K Roll to 20! O Country Cruise CC S'mores Rice Krispy Relax & Recharge A Recycled Art M Summer Singin' GG Fair Midway Games Healthy Hands	**14** V Soccer K Yard Sale CC Berry-Banana Smoothie Relax & Recharge A Rubbings Exploration M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	**15** V Let's Take A Trip K American Landmarks CC Oreo Cookie Pops Relax & Recharge A No Sew Hats M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	**16** V Pump It Up K Summer Vacation CC Stuffed Celery Relax & Recharge A Ask a Beautiful Question S Happy Hour with Don Stegemiller M Float With Me Happy Hour GG Sorting Fair Winners	**17** V Dance Party K Summer Colors CC Tomato Bruschetta Relax & Recharge A Fabric Bowls M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
18 V Mindful Movements K Categories CC Crunchy Corn Avocado Salad Relax & Recharge A Fabric Bowls M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	**19** V Walk on Vegas Strip K Inspired Tales CC Domino Brownies Relax & Recharge A Vegas Poker Top Hat M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	**20** V Stomp K Roll to 20! O Country Cruise CC Las Vegas Queen of Hearts Cupcakes Relax & Recharge A Card Crown M Summer Singin' GG Five Card Flip	**21** **Senior Citizens Day** V MGM Boxing Gym K Yard Sale CC Banana Split Silver Dollar Pancakes Relax & Recharge A Card Neck Ruff M Gone Fishin' GG Velcro Catch Healthy Hands	**22** V Lion Face Yoga K American Landmarks CC High Roller Antipasta Kabobs Relax & Recharge A No Sew Hats M Name That Croon GG Aim for the Stars Healthy Hands GF Hangman	**23** V Pump It Up K Summer Vacation CC Casino Royale Mocktail Relax & Recharge A DIY Sharpie Mug S Happy Hour- Harpist Mary Bonner M Float With Me Happy Hour GG Horseracing	**24** V Dance Party K Summer Colors CC Woodland Donut Holes Relax & Recharge A Fairy Garden Mason Jar Topper M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
25 V Mindful Movements K Categories CC Raspberry Jello Salad Relax & Recharge A Sun Print Wall Art M Listen to the Wind GG Word Works Healthy Hands GF A Time For 'Vegas Night Cap!'	**26** V Drum Circle K Inspired Tales CC Herbed Cream Cheese Cucumber Cracker Relax & Recharge A Corn Syrup Painting M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands	**27** V Walk On The Beach K Roll to 20! O Country Cruise CC Mug Bread Pudding Relax & Recharge A Glue Batik Aprons M Summer Singin' GG Fair Midway Games Healthy Hands	**28** V Soccer K Yard Sale CC Tomato Basil Mozzerella Puff Pastry Relax & Recharge A Stained Glass Painting M Gone Fishin' GG Velcro Catch Healthy Hands	**29** V Let's Take A Trip K American Landmarks CC Cowboy Cavier Relax & Recharge A No Sew Hats M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	**30** V Pump It Up K Summer Vacation CC Potato Poppers Relax & Recharge A Create a Sensory Book S Happy Hour with Doug Debaun M Float With Me Happy Hour GG Sorting Fair Winners Healthy Hands	**31** V Dance Party K Summer Colors CC Banana Split Bites Relax & Recharge A Have a Gentle Conversation M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater

ASHFORD PLACE HEALTH CAMPUS
VILLA CALENDAR

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	NUMERIC CODES: 1) Health Center Activity 2) Health Center Main Dining 3) Health Center Riley Café 4) Covered Courtyard 5) Assisted Living Activity 6) A.L Living Room 7) Villa Clubhouse		none	**1** GG **10:30** Current Events Club at The Clubhouse V **3:00** Stretching and Balancing at the Clubhouse GG **4:30** Puzzles at Clubhouse	**2** GG **2:30** Baked Goods at the Clubhouse S **3:00** Happy Hour with Steve Jeffris V **3:30** Walking Club at the Clubhouse	**3**
4 K **3:00** Yahtzee (5)	**5** GG **10:00** Villa Social Hour at The Clubhouse GG **10:30** Book Club at The Clubhouse M **3:30** The Sheppard Brothers (6) GG **4:00** Board Games at The Clubhouse	**6** GG **10:30** Euchre at the Clubhouse V **4:00** Strength Training at The Clubhouse I **4:30** Soothing Sounds Meditation at The Clubhouse	**7** GG **9:45** Muffins and Socialize at The Clubhouse CC **2:00** Ice Cream Day GG **2:00** Trivia at the Clubhouse GG **4:30** Dominoes at the Clubhouse	**8** GG **10:30** Current Events Club at The Clubhouse V **3:00** Stretching and Balancing at the Clubhouse GG **4:30** Puzzles at Clubhouse	**9** GG **2:30** Baked Goods at the Clubhouse S **3:00** Happy Hour V **3:30** Walking Club at the Clubhouse	**10**
11 S **11:00** SUNDAY BRUNCH 11 to 1 PM K **3:00** Yahtzee (5)	**12** GG **10:00** Villa Social Hour at The Clubhouse GG **10:30** Book Club at The Clubhouse GG **4:00** Board Games at The Clubhouse	**13** GG **10:30** Euchre at the Clubhouse V **4:00** Strength Training at The Clubhouse I **4:30** Soothing Sounds Meditation at The Clubhouse	**14** GG **9:45** Muffins and Socialize at The Clubhouse GF **12:00** Villa Lunch GG **2:00** Trivia at the Clubhouse GG **4:30** Dominoes at the Clubhouse	**15** GG **10:30** Current Events Club at The Clubhouse V **3:00** Stretching and Balancing at the Clubhouse GG **4:30** Puzzles at Clubhouse	**16** GG **2:30** Baked Goods at the Clubhouse S **3:00** Happy Hour with Don Stegemiller V **3:30** Walking Club at the Clubhouse	**17**
18	**19** GG **10:00** Villa Social Hour at The Clubhouse GG **10:30** Book Club at The Clubhouse GG **4:00** Board Games at The Clubhouse	**20** GG **10:30** Euchre at the Clubhouse V **4:00** Strength Training at The Clubhouse I **4:30** Soothing Sounds Meditation at The Clubhouse	**21** **Senior Citizens Day** GG **9:45** Muffins and Socialize at The Clubhouse GG **2:00** Trivia at the Clubhouse **3:30** Out and About ! GG **4:30** Dominoes at the Clubhouse	**22** GG **10:30** Current Events Club at The Clubhouse V **3:00** Stretching and Balancing at the Clubhouse GG **4:30** Puzzles at Clubhouse	**23** GG **2:30** Baked Goods at the Clubhouse S **3:00** Happy Hour- Harpist Mary Bonner V **3:30** Walking Club at the Clubhouse	**24**
25 K **3:00** Yahtzee (5)	**26** GG **10:00** Villa Social Hour at The Clubhouse GG **10:30** Book Club at The Clubhouse GG **4:00** Board Games at The Clubhouse	**27** GG **10:30** Euchre at the Clubhouse V **4:00** Strength Training at The Clubhouse I **4:30** Soothing Sounds Meditation at The Clubhouse	**28** GG **9:45** Muffins and Socialize at The Clubhouse GG **2:00** Trivia at the Clubhouse GG **4:30** Dominoes at the Clubhouse	**29** GG **10:30** Current Events Club at The Clubhouse V **3:00** Stretching and Balancing at the Clubhouse GG **4:30** Puzzles at Clubhouse	**30** GG **2:30** Baked Goods at the Clubhouse V **3:30** Walking Club at the Clubhouse	**31**