

HERITAGE GREEN ASSISTED LIVING

AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
(1) Cognitive/Creative (2) Physical (3) Productive (4) Social (5) Sensory (6) Reflective/Spiritual (7) Outdoor	<b>August Birthdays</b>  Patricia Hudson 8/1 Shirley Smoot 8/15 Rosalie Reed 8/18 Elaine Holmes 8/24 Murray Lee 8/24 Jean Bond 8/30	  Pampered Hands 1:00PM-2:00 PM  Van Rides Mon-Wed-Thurs- & Friday	  Bingo– Main Dining Board Games Main Dining Country Store–Main Dining Captain’s Table– PVT Dining Men’s Group– HG Theatre All Activities 30-60 Minutes Calendar Subject To Change	  1 10:00 <b>Strength &amp; Balance</b> 10:30 Daily Chronicle 2 11:00 Light & Lively 2 3:00 Bingo-1 4:00 Timeless Trivia 1	  2 Ice Cream Sandwich Day 10:00 <b>Devotions w/ Teresa</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 2:00 Make A Sandwich Party 4 3:00 Timeless Trivia 1 4:00 Sing A Long 4	  3 10:00 Light & Lively 4 11:00 Daily Chronicles1 2:00 Bingo– 4 4:00 <b>LCC Church Visits</b> 4 6:00 <b>Music w/ Billy</b> 4
  4  10:00 <b>Calvary Chapel</b> 6 11:00 Daily Chronicle-1 2:30 Scrabble 1 3:30 Puzzles 1	  5  10:00 <b>Devotions w/ Jamie</b> 6 10:30 Daily Chronicle 1 11:00 Morning Moves 2 11:30 Mind Joggers-1 2:00 You Be The Judge 4 3:00 Bingo 1	  6 American Artist Day 10:00 <b>Strength &amp; Balance</b> 2 11:00Morning Devotions 6 11:00 <b>Pet Visits w/ Wendy</b> 5 2:00 <b>Sip &amp; Paint Social</b> 3:00 <b>Wine&amp; Cheese</b> 4 4:00 You Be the Judge 1	  7 Resident Birthday Party 10:00 <b>Devotions w/ Nancy</b> 6 10:30 <b>Music w/ Robert C</b> 6 11:00 Daily Chronicles 1 12:00 <b>Captain’s Table</b> 4 2:00 <b>Birthday Bash</b> 4 3:00 <b>Crafting w/ Cindy</b> 2 4:00 Board Games 1	  8 Hawaiian Day 10:00 <b>Strength &amp; Balance</b> 2 10:30 Light & Lively 2 11:00 Daily Chronicles 1 2:00 <b>The Goodtimers</b> 4 3:00 Bingo 1 5:00 <b>All Things Hawaiian</b> 4	  9 NTL Bowling Day 10:00 <b>Devotions w/ Teresa</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 11:00 <b>AMF Bowling Alley</b> 4 2:00 Penny Ante-4 4:00 Sing A Long 4	  10  10:30 Morning Chat –4 11:00 Daily Chronicles 1 1:30 <b>Wings On Prayer</b> 4 3:00 Bingo– 4 4:00 <b>LCC Church Visits</b> 4
  11  10:00Daily Chronicle –1 11:30 TRBC Program 4 2:30 <b>Dennis TRBC</b> 6 3:30 Checkers 1	  12 <b>Elvis</b> 10:00 <b>Devotions w/ Jamie</b> 6 10:30 Daily Chronicle 1 11:00 Morning Moves 2 11:30 <b>Elvis Trivia</b> 2:00 You Be The Judge 1 3:00 Hg vs DB Bocce Ball 1 7:00 <b>Saving Grace</b> 4	  13 10:00 <b>Strength &amp; Balance</b> 2 11:00 Morning Devotions 6 11:00 <b>Pet Visits w/ Wendy</b> 5 2:00 <b>Music w/ Nick-</b> 4 3:00 <b>Wine &amp; Cheese</b> - 4 4:00 What would you Do? 1	  14 <b>Presley</b> 10:00 <b>Devotions w/ Nancy</b> 6 10:30 Light & Lively –6 11:00 Sit & Fit 2 1:00 Resident Council 3 2:00 <b>Heritage Girls</b> -2 4:00 Board Games 1	  15 10:00 <b>Strength &amp; Balance</b> 2 11:00 <b>Dick &amp; Norma</b> - 6 11:30Daily Chronicle-1 2:00 <b>Country Store</b> 4 3:00 Bingo– 1 4:00 Sentimental Reflections 1	  16 <b>Week</b> 10:00 <b>Wayne &amp; Melinda</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 2:00 <b>PB &amp; Banana Social</b> 3:00 <b>His Name Is Elvis</b> 1 4:00 Sing A Long 4	  17  10:00 <b>Michelle &amp;Michael</b> 11:00 Daily Chronicle-1 2:00 Bingo 4 4:00 <b>LCC Church Visits</b> 4
  18  10:00 <b>Calvary Chapel</b> 6 2:00 Board Games 1 3:30 Puzzles 1	  19 <b>Walmart Trip</b> 10:00 <b>Devotions w Jamie</b> 6 10:30 Daily Chronicles 1 11:00 Morning Moves 2 11:30 Mind Joggers-1 1:00 <b>Walmart Shopping</b> 1 3:00 Bingo 1	  20 10:00 <b>Strength &amp; Balance</b> 2 11:00Morning Devotions 6 11:00 <b>Pet Visits w/ Wendy</b> 5 2:00 <b>Gospel Trio</b> 6 3:00 <b>Wine&amp; Cheese</b> 4 4:00 You Be The Judge 1	  21 Senior Citizens Day 10:00 <b>Devotions w/ Nancy</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 2:00 <b>Visit w/ Cindy</b> - 2 3:00 Jewelry Making 2 4:00 Board Games 1	  22 10:00 <b>Strength &amp; Balance</b> 2 10:30Light & Lively 2 11:00 <b>Senior Saints</b> -6 2:00 Bingo 1 3:00 <b>Music w/ McKinley</b> 4 4:00 Timeless Trivia 1	  23 <b>Lunch Outing</b> 10:00 <b>Devotions w/ Teresa</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 11:30 <b>Big Lick’s</b> 4 2:30 <b>Calvary Baptist Tea</b> 4 3:00 Timeless Trivia 1 4:00 Sing A Long 4	  24  10:00 Light & Lively 4 11:00 Daily Chronicle– 1 3:00 <b>Music w/ Keith</b> 4 4:00 <b>LCC Church Visits</b> 4
  25  10:00 <b>Grace Assembly</b> 6 2:30 <b>Wayne &amp;Melinda</b> 6 11:30TRBC Program 4 3:30 Checkers 1	  26 10:00 <b>Devotions w/ Jamie</b> 6 10:30 Morning Moves 2 11:00 Daily Chronicles 1 2:00 <b>Cooking w/ Graham</b> 4 3:00 Bingo 1 4:00 You Be The Judge 1 6:30 <b>Sweet Teaz Karaoke</b> 4	  27 10:00Strength & Balance 2 11:00Morning Devotions 6 11:00 <b>Billy Hunt Singers–</b> 6 2:00 Giant Scrabble-1 3:00 <b>Wine &amp; Cheese</b> 4 4:00 You Be The Judge 1	  28 10:00 <b>Devotions w/ Nancy</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 2:00 Sing A Long 4 3:00 <b>Visits w/ Cindy</b> 4 4:00 Board Games 1	  29 10:00 <b>Strength &amp; Balance</b> 2 11:00 <b>Senior Saints</b> -6 2:00 <b>Peach Cobbler Social</b> 4 3:00 Bingo-1 4:00 Timeless Trivia 1	  30 10:00 <b>Devotions w/ Teresa</b> 6 10:30 Daily Chronicles 1 11:00 Light & Lively 2 2:00 Penny Ante-4 3:00 Timeless Trivia 1 4:00 Sing A Long 4	  31  10:00 Light & Lively 4 11:00 Daily Chronicle– 1 2:00 <b>Guitar w/ Emily</b> –4 3:00 Bingo 4 4:00 <b>LCC Church Visits</b> 4

Family Participation Is Encouraged With All Activities: Please Contact Activities Department @ 434-477-5829

# Heritage Herald

Heritage Green Assisted Living • 201 Lillian Lane •  
Lynchburg Virginia • 24502 • 434-385-5102



## Heritage Green Leadership Team

Heather Pippen  
Executive Director

Alice Waller— LPN  
Resident Care Director

Cheryl Knight  
Memory Care Director  
—Memory Care Supervisor  
Lavenia Henry— Resident Care Supervisor

Waddell Hill  
Environmental Services Director

Ta'Shauna Johnson  
Marketing Director  
Karen Jones  
Marketing Associate

Jessica Taylor  
Business Office Director

Jennifer Carson -Memory Care  
Clarissa Chapman—Assisted Living  
Activities Directors

Graham Wilson  
Dining Services Director



## Community Outings

*AMF Bowling Alley 8/9*  
*Walmart 8/19*  
*Big Lick's 8/23*

## August Birthdays

Patricia Hudson 8/1  
Shirley Smoot 8/15  
Rosalie Reed 8/18  
Elaine Holmes 8/24  
Murray Lee 8/24  
Jean Bond 8/30

# Hawaiian Themed Dinner



Wednesday, August 8th  
5:00 pm– 6:00pm



## Upcoming Events:

### Hawaiian Themed Dinner

( Thursday, August 8th @ 5:00 Pm)

### AMF Bowling Alley Trip

( Friday, August 9 h @ 5: 00 Pm)

### Music w/ McKinley Cardwell

( Monday, July 22nd @ 2:00 Pm)