

July 2019
Life at Cypress Place Independent Living

created with  Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Wii Bowling 6:30 Mexican Train Dominoes with Helen	1 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Wii Bowling 6:30 Mexican Train Dominoes with Helen	2 10:00 Communion w/ Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 3:00 POKER!!! 6:00 Scrabble with Friends	3 Blood Pressure Health Check HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Bingo with Juliette 2:00 Blood Pressure Health Check 2:00 Fireside Social & Snacks 3:00 Shopping at Walmart and Trader Joe's! 6:00 Scrabble with Friends	4 4th of July BBQ today!!! INDEPENDENCE DAY! 10:30 Osteo Stretch & Strength Exercise 11:30 4TH OF JULY BBQ! 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:30 A Day at the Opera 6:15 Hand & Foot Game	5 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Hollyn! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour Pamela Vincent 6:30 Balance & Strength Exercise 7:00 Friday Movie Night: "The Blue Max"	6 9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Bean Bag Toss 10:45 Osteo Stretch and Strength 1:00 Bingo with Gene! 2:00 Fireside Social & Snacks 2:30 Saturday Matinee: "Ma & Pa Kettle" 3:00 Bingo with Friends 5:30 Wii Game Party 7:00 Residents Choice Movie Night
7 7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 2:30 Classic Sunday Matinee 2:30 Classic Sunday Matinee: "The fighting Seabees" 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 6:00 Hand & Foot Game	8 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 2:45 Root Beer Floats! 3:00 Sing-along & Fun with Paula Marie Jones 6:30 Mexican Train Dominoes with Helen	9 HAPPY BIRTHDAY TED HAMMOND! 9:30 Braille Institute Low Vision Consult 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 3:00 POKER!!! 3:00 POKER!!! 6:00 Scrabble with Friends	10 HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Bingo with Juliette 2:00 Fireside Social & Snacks 3:00 Shopping at Pacific View Mall 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn: "L.A. Story"	11 THIRSTY THURSDAY! 9:00 Banking Business 10:00 Cypress Bunco Group! 10:15 Shopping at CVS 10:45 Painting & Mimosas 1:00 Card Making with Karen & Donna! 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 3:30 THIRSTY THURSDAY! 6:15 Hand & Foot Game	12 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Live Exercise with Juliette 11:15 New Resident Luncheon 1:00 Bingo with Hollyn! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with Bob Long 6:30 Balance & Strength Exercise 7:00 Friday Movie Night: "The Wizard of Oz"	13 9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 9:00 Computer Club 10:00 Play Cards with Friends 10:45 Bean Bag Toss 10:45 Osteo Stretch and Strength 1:00 Bingo with Gene! 2:00 Fireside Social & Snacks 2:30 Saturday Matinee 3:00 Bingo with Friends 5:30 Wii Game Party 7:00 Residents Choice Movie Night
14 7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 2:30 Classic Sunday Matinee 2:30 Classic Sunday Matinee: "Shag the movie" 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 6:00 Hand & Foot Game	15 ROOT BEER FLOATS 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Wii Bowling 6:30 Mexican Train Dominoes with Helen	16 10:00 Bible Study w/ Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 POKER!!! 6:00 Scrabble with Friends	17 HAIR/NAIL SALON OPEN HAPPY BIRTHDAY KATE KASKE 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Bingo with Juliette 1:00 Exploring Community~Michoacanita Ice Cream Shop 2:00 Fireside Social & Snacks 3:00 Shopping at Ross Ventura 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:	18 Fireside Chat with Steve Spira HAPPY BIRTHDAY GERI ODEN! 9:00 Banking Business 10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 10:15 Shopping at Target 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 3:30 Fireside Chat with Steve 3:30 Thirsty Thursday 6:15 Hand & Foot Game	19 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Live Exercise with Juliette 11:15 July Birthday Luncheon 1:00 Bingo with Hollyn! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour 3:30 Happy Hour 6:30 Balance & Strength Exercise 7:00 Friday Movie Night	20 9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Bean Bag Toss 10:45 Osteo Stretch and Strength 1:00 Bingo with Gene! 2:00 Fireside Social & Snacks 2:30 Saturday Matinee 3:00 Bingo with Friends 5:30 Wii Game Party 7:00 Residents Choice Movie Night
21 7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 2:30 Classic Sunday Matinee 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 6:00 Hand & Foot Game	22 BINGO STORE TODAY! WEDDING PICTURES DISPLAY 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:30 Bingo Store 6:30 Mexican Train Dominoes with Helen	23 10:00 Bible Study w/ Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 POKER!!! 6:00 Scrabble with Friends	24 HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 9:30 Acoustic Hearing 10:30 Balance & Strength Exercise 11:00 Lunch Outing 1:00 Bingo with Juliette 2:00 Fireside Social & Snacks 3:00 Shopping at Big Lots 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn:	25 Supper Club Dinner Outing 9:00 Banking Business 10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 10:15 Shopping at 99 Cent Store 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:15 Hand & Foot Game	26 LUNCH & EXCURSION 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Hollyn! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour 3:30 Happy Hour 3:30 Happy Hour with Marion Calhoun 6:30 Balance & Strength Exercise 7:00 Friday Movie Night	27 9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Bean Bag Toss 10:45 Osteo Stretch and Strength 1:00 Bingo with Gene! 2:00 Fireside Social & Snacks 2:30 Saturday Matinee 3:00 Bingo with Friends 5:30 Wii Game Party 7:00 Residents Choice Movie Night
28 HAPPY BIRTHDAY KAY CUSHMAN & TED HOSTETLER! 7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 2:30 Classic Sunday Matinee 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 6:00 Hand & Foot Game	29 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Wii Bowling 6:30 Mexican Train Dominoes with Helen	30 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 Town Hall ALL Staff Meeting 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 POKER!!! 6:00 Scrabble with Friends	31 Blue Hawaii Luau Party! HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Bingo with Juliette 2:00 Fireside Social & Snacks 3:00 Shopping at Walmart & Trader Joe's 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:			

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
		Wheel of Fortune and Doughnuts 1		8:15 9:00	Fitnessize~Stretch & Tone Balance & Strength Exercise 2	8:15 9:00	Fitnessize~Stretch & Tone Yoga For Seniors 3	4th of July BBQ today!!! 4 INDEPENDENCE DAY!		8:15 9:00	Fitnessize~Stretch & Tone Balance & Strength Exercise 5	8:15	6		
		8:00 8:15 9:00 10:00 12:30 1:00	Dr. Transportation - Ventura (8-11am) Fitnessize~Stretch & Tone Morning Yoga! Wheel of Fortune and Doughnuts! Women's Club Bunco! Dr. Transportation - Ventura (1-3 pm)	10:00 10:30 1:00 1:00 1:00 1:30 2:00 2:30 3:30	Communion w/ Chaplain Virgil We All Yell 'Yahtzee!' Dr. Transportation - Ventura (1-3 pm) Sassafras Creek Band Wii Bowling Tuesday Afternoon Poker with Chris Warm Apple Pie Social Tunes & Trivia w/ Mary Z. Wilson <i>Building Bones & Better Balance</i>	10:45 1:00 2:00 3:00 3:00	Just Add Color..... Bean Bag Toss! Yahtzee! Veggies & Dip Social Bingo with Friends Shopping at Walmart and Trader Joe's!	8:15 9:00 11:30 2:30	Fitnessize~Stretch & Tone Morning Yoga! 4TH OF JULY BBQ! Fourth of July with Lori Sunshine!	9:15 10:00 1:30 2:00 3:00	Catholic Communion Sing-a-Long with Bill Carter! Texas Hold 'em Bistro Social and Snack Friday Bingo!	9:00 9:30 10:45 2:00 3:00	Fitnessize~Stretch & Tone Morning Yoga For Seniors Yahtzee in the Bistro Bean Bag Toss Bistro Social and Snack Bingo with Friends		
		7		8		9		10		11		12		13	
		7:30 8:15 9:00 2:00 3:00	Church Transportation Fitnessize~Stretch & Tone Morning Yoga Sundaes on Sunday with Hollyn! Ventura Jubilee Fellowship (Same Team - New Name)	8:00 8:15 9:00 10:00 1:00 1:00 2:00 3:00 3:00	Dr. Transportation - Ventura (8-11am) Fitnessize~Stretch & Tone Morning Yoga! Wheel of Fortune and Doughnuts! Dr. Transportation - Ventura (1-3 pm) Wii Bowling Bistro Social and Snack Bingo with Cathie Friendship & Song with Paul L!	8:15 9:00 9:30 10:00 10:30 1:00 1:00 1:30 2:00 2:30 3:30	Fitnessize~Stretch & Tone Balance & Strength Exercise Braille Institute Low Vision Consult Bible Study w/Chaplain Virgil We All Yell 'Yahtzee!' Dr. Transportation - Ventura (1-3 pm) Wii Bowling Tuesday Afternoon Poker with Chris Warm Apple Pie Social Tunes & Trivia w/ Mary Z. Wilson <i>Building Bones & Better Balance</i>	8:15 9:00 9:30 9:30 9:30 9:30 10:45 12:30 1:00 2:00 3:00 3:00	Medi Tech Visit Fitnessize~Stretch & Tone Yoga For Seniors Alzheimer's Association Support Group Just Add Color..... Scenic Drive to Orchid Farm in Carpenteria Bean Bag Toss! Resident Council Meeting Card Making with Karen & Donna! Veggies & Dip Social Bingo with Friends Shopping at Pacific View Mall	8:15 9:00 9:00 9:00 10:00 10:15 10:15 12:30 1:00 2:30 2:30	Hair and Nail Salon Open Today! Fitnessize~Stretch & Tone Banking Business Hair & Nail Salon Open Today Morning Yoga! Cypress Bunco Group! Accordion Music with George! Shopping at CVS See whats cooking with Cat Dr. Transportation - Oxnard (1:00-3:00) Happy Hour & Specialty Drink ~ Bill Carter Happy Hour & Specialty Drink ~ Bill Carter	8:15 9:00 9:15 10:00 10:15 1:30 2:00 3:00	Fitnessize~Stretch & Tone Balance & Strength Exercise Catholic Communion Wheel of Fortune Music with The Dreamers! Texas Hold 'em Bistro Social and Snack Friday Bingo!	8:15 9:00 9:00 9:30 10:45 2:00 3:00	Fitnessize~Stretch & Tone Fitnessize~Stretch & Tone Computer Club Morning Yoga For Seniors Yahtzee in the Bistro Bean Bag Toss Bistro Social and Snack Bingo with Friends
		14		15		16		17		18		19		20	
		7:30 8:15 9:00 2:00 3:00	Church Transportation Fitnessize~Stretch & Tone Morning Yoga Sundaes on Sunday with Hollyn! Ventura Jubilee Fellowship (Same Team - New Name)	8:00 8:15 9:00 10:00 1:00 1:00 2:00 3:00 3:00	Dr. Transportation - Ventura (8-11am) Fitnessize~Stretch & Tone Morning Yoga! Wheel of Fortune and Doughnuts! Dr. Transportation - Ventura (1-3 pm) Wii Bowling Bistro Social and Snack Bingo with Cathie	8:15 9:00 10:00 10:30 1:00 1:00 1:30 2:00 2:30 3:30	Fitnessize~Stretch & Tone Balance & Strength Exercise Bible Study w/Chaplain Virgil We All Yell 'Yahtzee!' Dr. Transportation - Ventura (1-3 pm) Wii Bowling Tuesday Afternoon Poker with Chris Warm Apple Pie Social Tunes & Trivia w/ Mary Z. Wilson <i>Building Bones & Better Balance</i>	8:15 9:00 9:30 10:45 1:00 2:00 2:00 3:00 3:00	Fitnessize~Stretch & Tone Yoga For Seniors Just Add Color..... Bean Bag Toss! Exploring Community~Michoacanita Ice Cream Shop Sing Along with Paula Marie! Veggies & Dip Social Bingo with Friends Shopping at Ross Ventura	8:15 9:00 9:00 9:00 10:00 10:15 12:30 1:00 1:30 2:30 2:30	Fireside Chat with Steve Spira Hair and Nail Salon Open Today! Fitnessize~Stretch & Tone Banking Business Hair & Nail Salon Open Today Morning Yoga! Cypress Bunco Group! Shopping at Target Wii Bowling Dr. Transportation - Oxnard (1:00-3:00) Fireside Chat with Steve Happy Hour & Specialty Drink ~ Armando Happy Hour & Specialty Drink ~ Bill Carter	8:15 9:00 9:15 10:00 1:30 2:00 3:00	Happy Birthday Wally! Fitnessize~Stretch & Tone Balance & Strength Exercise Catholic Communion Wheel of Fortune Texas Hold 'em Bistro Social and Snack Friday Bingo!	8:15 9:00 9:30 10:45 2:00 3:00	Happy Birthday Ann Livingston! Fitnessize~Stretch & Tone Morning Yoga For Seniors Yahtzee in the Bistro Bean Bag Toss Bistro Social and Snack Bingo with Friends
		21		22		23		24		25		26		27	
7:30 8:15 9:00 2:00 3:00	Happy Birthday Adele! Church Transportation Fitnessize~Stretch & Tone Morning Yoga Sundaes on Sunday with Hollyn! Ventura Jubilee Fellowship (Same Team - New Name)	8:00 8:15 9:00 10:00 12:30 12:30 1:00 1:00 2:00 3:00	WEDDING PICTURES DISPLAY Wheel of Fortune and Doughnuts Dr. Transportation - Ventura (8-11am) Fitnessize~Stretch & Tone Morning Yoga! Wheel of Fortune and Doughnuts! Visiting Bunco Buddies Group Women's Club Bunco! Dr. Transportation - Ventura (1-3 pm) Wii Bowling Bistro Social and Snack Bingo with Cathie	8:15 9:00 10:00 10:30 1:00 1:00 1:30 2:00 2:30 3:30	Fitnessize~Stretch & Tone Balance & Strength Exercise Bible Study w/Chaplain Virgil We All Yell 'Yahtzee!' Dr. Transportation - Ventura (1-3 pm) Wii Bowling Tuesday Afternoon Poker with Chris Warm Apple Pie Social Tunes & Trivia w/ Mary Z. Wilson <i>Building Bones & Better Balance</i>	8:15 9:00 9:30 9:30 9:30 10:45 11:00 1:00 2:00 3:00 3:00	Fitnessize~Stretch & Tone Yoga For Seniors Acoustic Hearing Alzheimer's Association Support Group Just Add Color..... Bean Bag Toss! Lunch Outing Sassafras Creek Band Veggies & Dip Social Bingo with Friends Shopping at Big Lots	8:15 9:00 9:00 9:00 10:00 10:15 12:30 1:00 2:30 2:30	Hair and Nail Salon Open Today! Fitnessize~Stretch & Tone Banking Business Hair & Nail Salon Open Today Morning Yoga! Cypress Bunco Group! Shopping at 99 Cent Store Wii Bowling Dr. Transportation - Oxnard (1:00-3:00) Happy Hour & Specialty Drink ~ Bill Carter Happy Hour & Specialty Drink ~Fun Fiddle & Friends	8:15 9:00 9:15 10:00 1:30 2:00 3:00	Fitnessize~Stretch & Tone Balance & Strength Exercise Catholic Communion Wheel of Fortune Texas Hold 'em Bistro Social and Snack Friday Bingo!	8:15 9:00 9:30 10:45 2:00 3:00	Fitnessize~Stretch & Tone Fitnessize~Stretch & Tone Morning Yoga For Seniors Yahtzee in the Bistro Bean Bag Toss Bistro Social and Snack Bingo with Friends		
28		29		30		31									
7:30 8:15 9:00 2:00 3:00	Church Transportation Fitnessize~Stretch & Tone Morning Yoga Sundaes on Sunday with Hollyn! Ventura Jubilee Fellowship (Same Team - New Name)	8:00 8:15 9:00 10:00 1:00 1:00 2:00 3:00	Dr. Transportation - Ventura (8-11am) Fitnessize~Stretch & Tone Morning Yoga! Wheel of Fortune and Doughnuts! Dr. Transportation - Ventura (1-3 pm) Wii Bowling Bistro Social and Snack Bingo with Cathie	8:15 9:00 10:00 10:30 1:00 1:00 1:30 2:00 2:30 3:30	Fitnessize~Stretch & Tone Balance & Strength Exercise Bible Study w/Chaplain Virgil We All Yell 'Yahtzee!' Dr. Transportation - Ventura (1-3 pm) Sassafras Creek Band Wii Bowling Town Hall ALL Staff Meeting Tuesday Afternoon Poker with Chris Warm Apple Pie Social Tunes & Trivia w/ Mary Z. Wilson <i>Building Bones & Better Balance</i>	8:15 9:00 9:30 10:45 2:00 3:00 3:00	Fitnessize~Stretch & Tone Yoga For Seniors Just Add Color..... Bean Bag Toss! Veggies & Dip Social Bingo with Friends Shopping at Walmart & Trader Joe's								

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hershey's kisses Day (1907) 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Music & Memories (IPods) 9:45 Bingo with the NCL Girls!! 10:00 Warm Cookie Social 10:30 Morning Stroll 1:00 Afternoon Favorite TV Shows 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Fruit Smoothie Social 4:00 Bird Watching /Patio 6:00 Table Crossword Puzzles 6:30 Mini Ham & Cheese Bites Social	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Coffee & Newspaper 9:30 Music & Memories (IPods) 9:30 Scenic Drive to Somis 10:15 PB & J Social 10:30 Memory Boxes 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 Sassafras Creek Band 2:30 Tunes & Trivia w/ Mary Z. Wilson 2:45 Warm Apple Pie & Ice Cream Social 3:30 <i>Building Bones & Better Balance</i> 3:30 Enjoy the Sunshine and Birdwatch 6:00 Movie Night & Popcorn	Exploring our Community Outing 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Exploring our Community Outing- Resident Choice 9:30 Morning Cardio Walk 9:30 Music & Memories (IPods) 10:00 Chocolate Brownie Social 1:00 Afternoon Movie 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 The Yahtzee Girls' Club 2:45 Greek Yogurt w/Fruit Social 3:00 The Bakin' Shakin' Club: cookies from scratch 4:00 Cocktail Wednesday with Jose :) 6:30 Fresh Baked Goods Social 7:30 Comedy Hour with Carol Burnett	Independence Day 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Newspaper/Patio 9:30 Music & Memories (IPods) 9:45 4th of July Noodle Ball with the NCL Girls!! 10:00 Peanut Butter & Banana Triangles 10:30 Art Corner (Expressive Design) 11:30 Outdoor Barbecue Lunch 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Fourth of July with Lori Sunshine! 3:30 Bird Watching- Patio 6:30 Chocolate Milk Social 7:00 Comedy Hour with Dean Martin	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Catholic Communion 9:30 Music & Memories (IPods) 10:00 Sing-a-Long with Bill Carter! 10:00 Tuna Mini Bite Sandwich Social 10:30 Art Corner (Expressive Design) 11:00 Patio/Sunshine & Birdwatching 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:10 Walking Club 2:00 Hymn's with John & Gary 2:45 Happy Friday Make your Own Sundae Social 3:00 Craft Friday with Sarah 3:40 Table Games 6:30 Grilled Cheese Bites Social 7:30 TV Land	8:00 Mail Delivery 9:30 Morning Newspaper & Sunshine 9:30 Music & Memories (IPods) 10:00 PB & J Social 10:00 <i>Painting with Angell!!</i> 1:00 Afternoon Movie & Popcorn!! 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Root Beer Floats with Jose & Staff 3:00 Table Games 3:30 Art Corner 6:30 Warm Cookie Social
8:00 Mail Delivery 9:00 Newspaper-Current Events 9:00 Newspaper-Current Events 9:30 Music & Memories (IPods) 10:00 Hot Chocolate Social 10:15 Angelica's Beauty Corner 1:00 Afternoon Movie & Popcorn 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Sundaes' on Sunday Social 3:15 Vesper Service 6:00 Classic Movie Night 6:30 Mini Cake Bites Social	Drink a Coca-Cola Day! (1831) 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Music & Memories (IPods) 9:45 Bingo with the NCL Girls!! 10:00 Warm Cookie Social 10:30 Morning Stroll 1:00 Afternoon Favorite TV Shows 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Fruit Smoothie Social 3:00 Friendship & Song with Paul L! 4:00 Bird Watching /Patio 6:00 Table Crossword Puzzles 6:30 Mini Ham & Cheese Bites Social	Happy Birthday Doris! 8:00 Mail Delivery 8:30 Let's all Celebrate Doris today! 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Coffee & Newspaper 9:30 Music & Memories (IPods) 9:30 Scenic Drive to Channel Islands Harbor 10:15 PB & J Social 10:30 Memory Boxes 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Tunes & Trivia w/ Mary Z. Wilson 2:45 Warm Apple Pie & Ice Cream Social 3:30 <i>Building Bones & Better Balance</i> 3:30 Enjoy the Sunshine and Birdwatch 6:00 Movie Night & Popcorn	Lady Godiva Day Medi Tech Visit 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Morning Cardio Walk 9:30 Music & Memories (IPods) 10:00 Chocolate Brownie Social 1:00 Afternoon Movie 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 The Yahtzee Girls' Club 2:45 Godiva Chocolate Mousse & Trivia Social 3:00 The Bakin' Shakin' Club: cookies from scratch 4:00 Cocktail Wednesday with Jose :) 6:30 Fresh Baked Goods Social 7:30 Comedy Hour with Carol Burnett	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:00 Hair & Nail Salon Open Today 9:15 Morning Newspaper/Patio 9:30 Music & Memories (IPods) 10:00 Peanut Butter & Banana Triangles 10:15 Accordion Music with George! 10:30 Art Corner (Expressive Design) 1:00 Coffee Lovers Club (Pee's Coffee Shop) 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Happy Hour & Specialty Drink ~ Bill Carter 3:30 Bird Watching- Patio 6:30 Chocolate Milk Social 7:00 Comedy Hour with Dean Martin	National Pecan Pie Day 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Catholic Communion 9:30 Music & Memories (IPods) 10:00 Tuna Mini Bite Sandwich Social 10:15 Music with The Dreamers! 10:30 Art Corner (Expressive Design) 11:00 Patio/Sunshine & Birdwatching 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:10 Walking Club 2:45 Happy Friday Make your Own Pecan Sundae Social 3:00 Craft Friday with Sarah 3:40 Table Games 6:30 Grilled Cheese Bites Social 7:30 TV Land	8:00 Mail Delivery 9:30 Morning Newspaper & Sunshine 9:30 Music & Memories (IPods) 10:00 <i>Bingo Time with Angell!!</i> 1:00 Afternoon Movie & Popcorn!! 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Root Beer Floats with Jose & Staff 3:00 Table Games 3:30 Art Corner 6:30 Warm Cookie Social
8:00 Mail Delivery 9:00 Newspaper-Current Events 9:00 Newspaper-Current Events 9:30 Music & Memories (IPods) 10:00 Hot Chocolate Social 10:15 Angelica's Beauty Corner 1:00 Afternoon Movie & Popcorn 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Sundaes' on Sunday Social 3:15 Vesper Service 6:00 Classic Movie Night 6:30 Mini Cake Bites Social	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Music & Memories (IPods) 10:00 Warm Cookie Social 10:15 Art Corner (Expressive Design) 10:30 Morning Stroll 1:00 Afternoon Favorite TV Shows 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Fruit Smoothie Social 4:00 Bird Watching /Patio 6:00 Table Crossword Puzzles 6:30 Mini Ham & Cheese Bites Social	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Coffee & Newspaper 9:30 Music & Memories (IPods) 9:30 Scenic Drive on Foothill Road 10:15 PB & J Social 10:30 Memory Boxes 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Tunes & Trivia w/ Mary Z. Wilson 2:45 Warm Apple Pie & Ice Cream Social 3:30 <i>Building Bones & Better Balance</i> 3:30 Enjoy the Sunshine and Birdwatch 6:00 Movie Night & Popcorn	Exploring our Community Outing 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Exploring our Community Outing 9:30 Morning Cardio Walk 9:30 Music & Memories (IPods) 10:00 Chocolate Brownie Social 1:00 Afternoon Movie 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 The Yahtzee Girls' Club 2:00 Sing Along with Paula Marier 2:45 Greek Yogurt w/Fruit Social 3:00 The Bakin' Shakin' Club: cookies from scratch 4:00 Cocktail Wednesday with Jose :) 6:30 Fresh Baked Goods Social 7:30 Comedy Hour with Carol Burnett	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:00 Hair & Nail Salon Open Today 9:15 Morning Newspaper/Patio 9:30 Music & Memories (IPods) 10:00 Noodle Volleyball 10:00 Peanut Butter & Banana Triangles 10:30 Art Corner (Expressive Design) 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Happy Hour & Specialty Drink ~ Armando 3:30 Bird Watching- Patio 6:30 Chocolate Milk Social 7:00 Comedy Hour with Dean Martin	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Catholic Communion 9:30 Music & Memories (IPods) 10:00 Train Ride to Santa Barbara 10:00 Tuna Mini Bite Sandwich Social 10:30 Art Corner (Expressive Design) 11:00 Patio/Sunshine & Birdwatching 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:10 Walking Club 2:00 Hymn's with John & Gary 2:45 Happy Friday Make your Own Sundae Social 3:00 Craft Friday with Sarah 3:40 Table Games 6:30 Grilled Cheese Bites Social 7:30 TV Land	8:00 Mail Delivery 9:30 Morning Newspaper & Sunshine 9:30 Music & Memories (IPods) 10:00 <i>Bingo Time with Angell!!</i> 10:00 PB & J Social 1:00 Afternoon Movie & Popcorn!! 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Root Beer Floats with Jose & Staff 3:00 Table Games 3:30 Art Corner 6:30 Warm Cookie Social
8:00 Mail Delivery 9:00 Newspaper-Current Events 9:00 Newspaper-Current Events 9:30 Music & Memories (IPods) 10:00 Hot Chocolate Social 10:15 Angelica's Beauty Corner 1:00 Afternoon Movie & Popcorn 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Sundaes' on Sunday Social 3:15 Vesper Service 6:00 Classic Movie Night 6:30 Mini Cake Bites Social	Blue Monday 8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Music & Memories (IPods) 10:00 Warm Cookie Social 10:15 Art Corner (Expressive Design) 10:30 Morning Stroll 1:00 Afternoon Favorite TV Shows 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Fruit Smoothie Social 4:00 Bird Watching /Patio 6:00 Table Crossword Puzzles 6:30 Mini Ham & Cheese Bites Social	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Coffee & Newspaper 9:30 Music & Memories (IPods) 10:15 PB & J Social 10:30 Memory Boxes 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Tunes & Trivia w/ Mary Z. Wilson 2:45 Warm Apple Pie & Ice Cream Social 3:30 <i>Building Bones & Better Balance</i> 3:30 Enjoy the Sunshine and Birdwatch 6:00 Movie Night & Popcorn	Happy Birthday Linda! 8:00 Mail Delivery 8:30 Let's all Celebrate Linda today! 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Morning Cardio Walk 9:30 Music & Memories (IPods) 10:00 Chocolate Brownie Social 1:00 Afternoon Movie 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 Sassafras Creek Band 1:00 The Yahtzee Girls' Club 2:45 Greek Yogurt w/Fruit Social 3:00 The Bakin' Shakin' Club: cookies from scratch 4:00 Cocktail Wednesday with Jose :) 6:30 Fresh Baked Goods Social 7:30 Comedy Hour with Carol Burnett	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:00 Hair & Nail Salon Open Today 9:15 Morning Newspaper/Patio 9:30 Music & Memories (IPods) 10:00 Noodle Volleyball 10:00 Peanut Butter & Banana Triangles 10:30 Art Corner (Expressive Design) 1:00 Coffee Lovers Club (Pee's Coffee Shop) 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:30 Happy Hour & Specialty Drink ~ Fun Fiddle & Friends 3:30 Bird Watching- Patio 6:30 Chocolate Milk Social 7:00 Comedy Hour with Dean Martin	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Catholic Communion 9:30 Music & Memories (IPods) 10:00 Tuna Mini Bite Sandwich Social 10:30 Art Corner (Expressive Design) 11:00 Patio/Sunshine & Birdwatching 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:10 Walking Club 2:45 Happy Friday Make your Own Sundae Social 3:00 Craft Friday with Sarah 3:40 Table Games 6:30 Grilled Cheese Bites Social 7:30 TV Land	Day of the Cowboy 8:00 Mail Delivery 9:30 Morning Newspaper & Sunshine 9:30 Music & Memories (IPods) 10:00 <i>Bingo Time with Angell!!</i> 10:00 PB & J Social 1:00 Afternoon Movie & Popcorn!! 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Root Beer Floats with Jose & Staff 3:00 Table Games 3:30 Art Corner 6:30 Warm Cookie Social
National Chocolate Milk Day 8:00 Mail Delivery 9:00 Newspaper-Current Events 9:00 Newspaper-Current Events 9:30 Music & Memories (IPods) 10:00 Hot Chocolate Social 10:15 Angelica's Beauty Corner 1:00 Afternoon Movie & Popcorn 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Sundaes' on Sunday Social 3:15 Vesper Service 6:00 Classic Movie Night 6:30 Mini Cake Bites Social	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Music & Memories (IPods) 10:00 Warm Cookie Social 10:15 Art Corner (Expressive Design) 10:30 Morning Stroll 1:00 Afternoon Favorite TV Shows 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 2:45 Fruit Smoothie Social 4:00 Bird Watching /Patio 6:00 Table Crossword Puzzles 6:30 Mini Ham & Cheese Bites Social	8:00 Mail Delivery 8:00 The Yahtzee Girls Outing 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:15 Morning Coffee & Newspaper 9:30 Music & Memories (IPods) 10:15 PB & J Social 10:30 Memory Boxes 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 Sassafras Creek Band 2:30 Tunes & Trivia w/ Mary Z. Wilson 2:45 Warm Apple Pie & Ice Cream Social 3:30 <i>Building Bones & Better Balance</i> 3:30 Enjoy the Sunshine and Birdwatch 6:00 Movie Night & Popcorn	8:00 Mail Delivery 8:30 Sit & Be Fit- Stretch & Tone (TV) 9:30 Morning Cardio Walk 9:30 Music & Memories (IPods) 10:00 Chocolate Brownie Social 1:00 Afternoon Movie 1:00 Rest & Restore (Gen 2nd floor 1 - 2:30pm) 1:00 The Yahtzee Girls' Club 2:45 Greek Yogurt w/Fruit Social 3:00 The Bakin' Shakin' Club: cookies from scratch 4:00 Cocktail Wednesday with Jose :) 6:30 Fresh Baked Goods Social 7:30 Comedy Hour with Carol Burnett	<div>    </div>		