








JUNE

JULY 2019








Senior Commons Independent Living 1775 Powder Mill Rd. York (717)-741-0961

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30-Coffee & Chat-AR 31</p> <p>9:00-Morning Newspaper-AR</p> <p>9:30-Worship Service-CH</p> <p>10:15-Dominoes-AR</p>  <p>2:00-Afternoon Movie-AR "Goodbye Christopher Robin" The story of Winnie Pooh creator A.A. Milne and his relationship w/his son and family.</p>	<p>Happy Birthday 1</p> <p>Donna Ernst Hershey Kiss Debut-1907</p> <p>Kissing Contest -AR-</p> <p>9:30-Be Fit-FR</p> <p>10:00-Catholic Communion</p> <p>10:30-Devotions & Hymns-CH</p> <p>11:00-R-L-C game-AR</p>  <p>1:00-Food Committee mtg.-DR</p> <p>1:30-Witness the Balance-FR</p> <p>2:00-Pet visits w/Bella-AR</p> <p>2:30-Bingo-DR</p> <p>3:30-"Off to the Races" trivia-AR</p>	<p>Wimbledon 2</p> <p>9:30-Be Fit-FR</p> <p>9:45-Shop @ Weis Mkts***</p> <p>10:30-Pokeno-AR</p>  <p>1:00-Manicures***-AR</p> <p>1:00-Trip to Brown's Orchard***</p> <p>2:00-Bridge Club</p> <p>2:00-Yahtzee-AR</p> <p>3:15-Beanbag Craft-AR</p>	<p>3</p> <p>9:30-Be Fit -FR</p> <p>10:30-Devotions & Hymns-CH</p> <p>11:00-Uno-AR</p> <p>1:00-Townhall Mtg.-DR</p> <p>1:00-People's Bank-AR</p> <p>2:00-Bingo-DR</p> <p>3:30-"Wii" bowling-AR</p> 	<p>Independence Day 4</p> <p>9:30-Be Fit-FR</p> <p>10:00-Bible Study-CH</p> <p>10:00-Brady Visits</p> <p>10:45-Make Fruit Kabobs-AR</p>  <p>1:00-"500"-AR</p> <p>1:30-Witness the Balance-FR</p> <p>2:30-Trivia-AR</p> <p>3:30-Patriotic Kabobs-AR/Porch</p> <p>6:00-Movie-"America; Imagine the world without her"-AR</p> <p>7:00-White Rose Chorus practices</p>	<p>Happy Birthday 5</p> <p>Bikini-1946</p> <p>9:30-Circuit Training-FR</p> <p>10:00-Bikini Talk-AR</p> <p>10:30-Brain Crunchers-AR</p>  <p>1:00-Shop-ility-AR</p> <p>1:30-Music w/Bernie-DR</p> <p>3:15-"Wii" bowling-AR</p>	<p>6</p> <p>8:30-News & Weekend Update-AR</p> <p>9:30-Circuit Training-FR</p> <p>10:30-Puzzles & coloring-AR</p>  <p>2:00-Music w/ Jerry & Duane-DR</p>

KEY...AR-Activities Room DR-Dining Room FR-Fitness Room CH-Chapel LB-Library***Sign up in Activities Room/Calendar subject to change.

JULY 2019

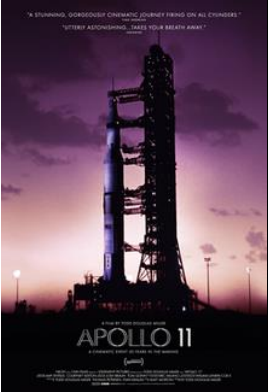






Senior Commons Independent Living 1775 Powder Mill Rd. York (717)-741-0961

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Passport Week 7 8:30-Coffee & Chat-AR 9:00-Morning Newspaper-AR 9:30-Worship Service-CH 10:15-Resident Led Games-AR</p>  <p>2:00-Afternoon Movie-AR "Saving Shiloh" The magic of a dog, a boy and a grumpy old man.</p> <p>6:00-Travel Video... "Journey of a Lifetime"-AR</p>	<p>Travel to Antarctica 8 9:30-Be Fit-FR 10:00-Catholic Communion 10:30-Devotions & Hymns-CH 11:00-Uno-AR</p> <p>1:30-Witness the Balance-FR 2:00-Pet visits w/Bella-AR 2:30-Bingo-DR 3:30-Antartica facts & trivia-LB</p>  <p>5:00-Piano music w/Michael-DR 6:00-Travel Video... "Encounters to the end of the World"-AR</p>	<p>Travel to The America's 9 9:30-Be Fit-FR 9:45-Morning Ride*** 10:30-Geography Jingo-AR</p>  <p>1:00-Trivia-LB 2:00-Bridge Club 2:00-Yahtzee-AR 3:30-America's facts & trivia-LB</p> <p>6:00-Travel Video... "Over America"</p>	<p>Travel to Europe 10 9:30-Be Fit -FR 10:30-Devotions & Hymns-CH 11:00-Chicken Soup For the Soul-AR 12:00-Pizza-AR lunch-in***\$3.00</p>  <p>1:00-"Wii" bowling-AR 1:00-People's Bank-AR 2:00-Bingo-DR 3:30-European Facts & Trivia-AR</p> <p>6:00-Travel Video... "Touring Scotland & England"</p>	<p>Travel to Africa 11 9:30-Be Fit-FR 9:45-Shop @ Walmart*** 10:00-Pet Visits 10:30-R-L-C game-AR</p> <p>1:00-"500"-AR 1:30-Witness the Balance-FR 2:30-African Facts & Trivia-AR 3:30-Rootbeer Floats-AR/porch</p>  <p>6:00-Travel Video...AR Cameroon Savannah Safari</p> <p>7:00-White Rose Chorus practices</p>	<p>Travel to Australia 12 9:30-Circuit Training-FR 10:30-Brain Crunchers-AR</p>  <p>1:00-Current Events-LB 1:30-Scat/"31"-AR 2:30-"Wii" bowling-AR 3:30-Australian Facts & Trivia-LB</p> <p>6:00-Travel Video... "Touring Australia * New Zealand"-AR</p>	<p>Travel to Asia 13 8:30-News & Weekend Update-AR 9:30-Be Fit w/Susan-FR 10:30-Origami-AR</p>  <p>1:00Asian Facts & Trivia-AR 2:00-Music Memory w/Tom & Randi-DR</p> <p>6:00-Travel Video... "Inside North Korea"-AR</p>

KEY...AR-Activities Room DR-Dining Room FR-Fitness Room CH-Chapel LB-Library***Sign up in Activities Room/Calendar subject to change.

JULY 2019


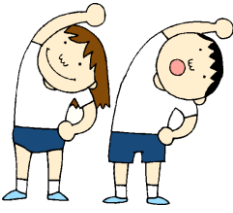

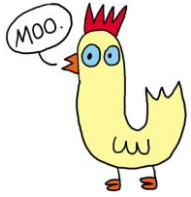




Senior Commons Independent Living 1775 Powder Mill Rd. York (717)-741-0961

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p> <p>8:30-Coffee & Chat-AR 9:00-Morning Newspaper-AR 9:30-Worship Service-CH 10:30-Ball Toss-AR</p>  <p>2:00-Afternoon Movie-AR "Apollo 11"- 2019/1hr. 33 mins</p>	<p>15</p> <p>9:30-Be Fit-FR 10:00-Catholic Communion 10:30-Devotions & Hymns-CH 11:00-Uno-AR</p> <p>1:30-Witness the Balance-FR 2:00-Pet visits w/Bella-AR 2:30-Bingo-DR 3:30-Croquet-Porch</p> 	<p>16</p> <p>Happy Birthday Jane Miller 9:30-Be Fit-FR 10:30-Pokeno-AR</p>  <p>1:00-Trivia-LB 2:00-Bridge Club 2:00-Yahtzee-AR 3:15-Summertime Craft-AR</p> <p>6:00-Spring Garden Stage Band-outside</p>	<p>17</p> <p>Happy Birthday Grace Barley 9:30-Be Fit -FR 10:30-Devotions & Hymns-CH 11:00-Dominoes-AR</p> <p>1:00-Afternoon Stroll 1:00-People's Bank-AR 2:00-Bingo-DR 3:30-"Wii" bowling-AR</p> 	<p>18</p> <p>Happy Birthday Jim Rudisill & Petrina Chin 9:30-Be Fit-FR 9:45-Shop @ Giant*** 10:00-Bible Study-CH 10:00-Pet Visits 11:00-R-L-C game-AR</p> <p>1:00-"500"-AR 1:30-Witness the Balance-FR 2:30-Beanbag Toss-AR 3:30-Fruit Smoothies-AR & porch</p>  <p>7:00-White Rose Chorus practices</p>	<p>19</p> <p>Frankfurter Day 9:30-Circuit Training-FR 10:00-Music & Poetry w/ Sunshine Mike-LB 11:30-Hotdog Sale-AR \$3.00 (benefits Alzheimer's Org.)</p>  <p>1:00-Shop-ility-AR 1:00-Current Events-LB 2:00-Scat/"31"-AR 3:15-"Wii" bowling-AR</p>	<p>20</p> <p>Happy Birthday Annette Fuligni 8:30-News & Weekend Update-AR 9:30-Circuit Training-FR 10:30-Weekend Puzzles & Coloring-AR</p> <p>2:00-Music & songs w/Rhonda Lee-DR</p> 

KEY...AR-Activities Room DR-Dining Room FR-Fitness Room CH-Chapel LB-Library***Sign up in Activities Room/Calendar subject to change.

JULY 2019

Senior Commons Independent Living 1775 Powder Mill Rd. York (717)-741-0961











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>National Zookeepers Day 21 8:30-Coffee & Chat-AR 9:00-Morning Newspaper-AR 9:30-Worship Service-CH 10:15-Resident Led Games-AR</p>  <p>2:00-Afternoon Movie-AR "We Bought a Zoo" Starring Matt Damon & Scarlett Johansson</p>	<p>Jeopardy 22 1940 9:30-Be Fit-FR 10:00-Catholic Communion 10:30-Devotions & Hymns-CH 11:00-Dominoes-AR</p>  <p>1:30-Witness the Balance-FR 2:00-Pet visits w/Bella-AR 2:30-Bingo-DR 3:30-Summertime Jeopardy-AR</p>	<p>Happy Birthday Don Keller 23 Lighthouse Day 9:30-Be Fit-FR 9:45-Morning Ride*** 10:30-Jingo-AR</p>  <p>1:00-Trivia-LB 2:00-Bridge Club 2:00-Yahtzee-AR 3:00-Talk on "Lighthouses"-LB</p> <p>6:00-Lighthouse Video-AR</p>	<p>Happy Birthday 24 Pauline Marshall 9:30-Be Fit -FR 10:30-Devotions & Hymns-CH 11:00-Uno-AR 12:00-KFC Lunch-in*** \$5.00-AR</p>  <p>1:00-Afternoon Stroll 1:00-People's Bank-AR 2:00-Bingo-DR 3:30-"Wii" bowling-AR</p> <p>6:00-Music w/ Gospel Country Harmonies-DR</p>	<p>Ice Cream Cone-1904 25 9:30-Be Fit-FR 9:45-Shop @ Dollar Tree*** 10:00-Pet Visits 10:30-R-L-C game-AR</p>  <p>1:00-"500"-AR 1:30-Witness the Balance-FR 2:30-Noodle Volleyball-AR 3:30-Ice Cream Social-AR/porch</p> <p>7:00-White Rose Chorus practices</p>	<p>9:30-Circuit Training-FR 26 10:30-"Spell It Out"-AR</p> <p>Birthday Lunch Happy Birthday to all July Babies</p>  <p>1:00-Current Events-LB 2:00-Scat/"31"-AR 3:15-"Wii" bowling-AR</p>	<p>8:30-News & Weekend Update-AR 27 9:30-Be Fit w/Susan-FR 10:30-Summer-time Hangman-AR</p>  <p>2:00-Music w/Mick-DR</p> 

KEY...AR-Activities Room DR-Dining Room FR-Fitness Room CH-Chapel LB-Library***Sign up in Activities Room/Calendar subject to change.

JULY 2019

AUGUST 2019

Senior Commons Independent Living York (717)-741-0961

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>National Chocolate Milk Day 28</p> <p>8:30-Chocolate Milk Challenge-AR 9:00-Morning Newspaper-AR 9:30-Worship Service-CH 10:15-Beanbag Toss-AR</p>  <p>2:00-Afternoon Movie-AR "David Attenborough's Wildlife...Big & Large"</p>	<p>Happy Birthday Doris Harper 29</p> <p>9:30-Be Fit-FR 10:00-Catholic Communion 10:30-Devotions & Hymns-CH 11:00-Uno-AR</p> <p>1:30-Witness the Balance-FR 2:00-Pet visits w/Bella-AR 2:30-Bingo-DR 3:30-Mini-Golf-LB</p> 	<p>Happy Birthday Linda Lemasters 30</p> <p>International Day of Friendship 9:30-Be Fit-FR 9:45-Shop @ Price Rite*** 10:30-Pokeno-AR</p>  <p>1:00-Trivia-LB 2:00-Bridge Club 2:00-Yahtzee-AR 3:15-Making Friendship gifts-AR</p>	<p>Happy Birthday Catherine Benshoof 31</p> <p>9:30-Be Fit -FR 10:30-Devotions & Hymns-CH 11:00-Dominoes-AR</p> <p>1:00-Afternoon Stroll 1:00-People's Bank-AR 2:00-Bingo-DR 3:30-"Wii" bowling-AR</p> 	<p>1</p>   	<p>2</p>  	<p>3</p> 

KEY...AR-Activities Room DR-Dining Room FR-Fitness Room CH-Chapel LB-Library***Sign up in Activities Room/Calendar subject to change.