







Country Club of Woodland Hills - Activities Calendar for July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1st Floor GH-Great Hall GR-Gathering Room DR-Dining Room CR-Crystal Room BR-Billiards Room C – Chapel RD – Residential Dining</p> <p>2nd floor</p> <p>2nd Floor & Cottages EC-Entertainment Center L-Library CCH—Cottage Club House</p>	<p>1 Avon 9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR</p> <p>10:30 am Dance Exercise—CCH</p> <p>2:00 pm OM:NI-BR</p> <p>3:00 pm Mindful Mondays Celebrating Road Trips with these fun challenges - GH</p> <p>6:00 pm Book Club - Library</p>	<p>2 9:30 am Sr Tai Chi DVD - BR</p> <p>10:30 am Lunch Bunch at the Mother Road Market</p> <p>12:30 Poker with Bob - BR</p> <p>1:00 pm Penny Bingo – RD 2:00 pm Chair Yoga - BR</p> <p>6:00 pm Phase 10 - EC 6:00 Bridge - EC</p>	<p>3 9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR</p> <p>10:45 Prayer Meeting - C 11-12 Therapy Dog Visit – Lobby</p> <p>12:30 pm Skip Bo—EC</p> <p>5:30 pm Hand & Foot—EC</p> <p>6:30 pm Movie Night-GH</p>	<p>4 Our business office is closed today. <i>We wish you a</i></p>  <p>6:30 pm Resident led Bingo—EC</p>	<p>5 9:30 am Breakfast Club-RD</p> <p>10:15 am Chair Exercise-BR</p> <p>12:30 pm Mexican Train—EC 12:30 Poker with Bob - BR</p> <p>2:00 pm Town Hall – GH</p> <p>3:00 pm Social Hour w/ Robert Combs</p> <p>5:00 Wii Bowling & Billiards - BR</p>	<p>6</p> <p>Arm Chair Travel Destination to be announced 2:00 pm - GH</p> 
<p>7</p> <p>9:00 am Church Bus Runs</p> <p>Sunday Brunch Buffet 11 am – 2 pm</p> <p>11:15 am Worship Service-GH</p> <p>5:00 Cottage Night Out P.F. Chang's</p> <p>5:30 pm Movie Night– GH</p>	<p>8 9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR</p> <p>10:30 am Dance Exercise—CCH</p> <p>1:00 pm Gilcrease Presents: – EC</p> <p>2:00 pm OM:NI-BR</p> <p>3:00 pm Mindful Mondays - GH</p>	<p>9 9:30 am Sr Tai Chi DVD - BR 10:45 am Lunch Bunch at Chicken Salad Chick 12:30 Poker with Bob - BR</p> <p>1:00 pm Discovery University Presents the Giant Leap for Mankind, Space Race– EC</p> <p>1:00 pm Penny Bingo – RD 2:00 pm Chair Yoga - BR 5:00 Romeo Club at the Olive Garden</p> <p>6:00 pm Phase 10 - EC 6:00 Bridge - EC</p>	<p>10 9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR</p> <p>10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC</p> <p>1:30 Ice Cream Social & Eye Care Tips by Millennium-GH</p> <p>3:30 pm Woodland Aires Choir Practice – GH</p> <p>5:30 pm Hand & Foot—EC</p> <p>6:30 pm Movie Night-GH</p>	<p>11 9:30 am Sr. Tai Chi DVD - BR 10:30 Trader Joe's 11:00 am Newcomer's Lunch - CR</p> <p>1:00 pm—1:30 pm Blood Pressure Checks-BR</p> <p>1:30 pm SCRABBLE! - EC</p> <p>2:00 pm Hand Maidens– RD</p> <p>3:15 pm Bible Study -EC</p> <p>6:30 pm Resident led Bingo—EC</p>	<p>12 9:30 am Breakfast Club-RD</p> <p>10:15 am Chair Exercise-BR</p> <p>12:30 pm Mexican Train—EC 12:30 Poker with Bob - BR</p> <p>3:00 pm Social Hour w/ TBA</p> <p>5:00 Wii Bowling & Billiards - BR</p>	<p>13</p> <p>At the Movies</p>  <p>Details TBA</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>14</p> <p>9:00 am Church Bus Runs</p> <p>Sunday Brunch Buffet 11 am – 2 pm</p> <p>11:15 am Worship Service- GH</p> <p>5:30 pm Movie Night– GH</p>	<p>15 Avon</p> <p>9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR</p> <p>10:30 am Dance Exercise – CCH</p> <p>2:00 pm OM:NI-BR 3:00 pm Mindful Mondays - GH</p>	<p>16</p> <p>9:30 am Sr Tai Chi DVD - BR</p> <p>10:15 am Lunch Bunch at Amish Country Kitchen in Muskogee & Porter’s Peach Barn</p> <p>12:30 Poker with Bob - BR 1:00 pm Penny Bingo - RD 6:00 pm Phase 10-EC 6:00 Bridge - EC</p>	<p>17</p> <p>9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR</p> <p>10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC 2:00 Skin Safety Presentation by AFLAC - GH</p> <p>5:30 pm Hand & Foot—EC 6:30 pm Movie Night-GH</p>	<p>18 Bookmobile</p> <p>9:30 am Sr. Tai Chi DVD - BR 10-12 Miracle Ear free hearing aid cleaning - GH 1:00 pm—1:30 pm Blood Pressure Checks-BR 1:30 pm SCRABBLE! - EC 2:00 pm Hand Maidens– RD 3:15 pm Bible Study –EC</p> <p>6:30 pm Resident led Bingo—EC</p>	<p>19</p> <p>9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR</p> <p>12:30 pm Mexican Train—EC 12:30 pm Poker with Bob– BR</p> <p>3:00 pm Social Hour w/ Jerome Thomas</p> <p>5:00 No Wii Bowling</p>	<p>20</p> <p>2:00 pm - GH Richard Hicks In Concert</p> 
<p>21</p> <p>9:00 am Church Bus Runs</p> <p>Sunday Brunch Buffet 11 am – 2 pm</p> <p>11:15 am Worship Service- GH</p> <p>5:30 pm Movie Night– GH</p>	<p>22</p> <p>9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR</p> <p>10:30 am Dance Exercise - CCH</p> <p>1:30 Block Party 2nd Floor South – GH</p> <p>2:00 pm OM:NI-BR 3:00 pm Mindful Mondays – GH</p>	<p>23</p> <p>9:30 am Sr Tai Chi DVD - BR</p> <p>10:45 Lunch Bunch at Osaka</p> <p>12:30 Poker with Bob - BR 1:00 pm Penny Bingo - RD 6:00 pm Phase 10 – EC 6:00 Bridge - EC</p>	<p>24 Sara Doodle Dog 4 pm</p> <p>9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR 10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC 1:00 pm Birthday Party w/ Danny Miller</p> <p>3:30 pm Woodland Aires Choir Practice - GH</p> <p>5:30 pm Hand & Foot—EC 6:30 pm Movie Night-GH</p>	<p>25 Mary Kay</p> <p>9:30 am Sr. Tai Chi DVD - BR</p> <p>1:00 pm—1:30 pm Blood Pressure Checks-BR</p> <p>1:30 pm SCRABBLE! - EC 2:00 pm Hand Maidens– RD 3:15 pm Bible Study -EC</p> <p>5:00 Cottage Potluck CCH</p> <p>6:30 pm Resident led Bingo</p>	<p>26</p> <p>9:30 am Breakfast Club-RD 10:15 am Chair Exercise-BR</p> <p>12:30 pm Mexican Train—EC 12:30 pm Poker with Bob - BR</p> <p>3:00 pm Social Hour w/ Country Cross</p> <p>5:00 Wii Bowling & Billiards - BR</p>	<p>27</p>  <p>Grand Unveiling 11 am – 2 pm</p>
<p>28</p> <p>9:00 am Church Bus Runs</p> <p>Sunday Brunch Buffet 11 am – 2 pm</p> <p>11:15 am Worship Service- GH</p> <p>5:30 pm Movie Night– GH</p>	<p>29</p> <p>9:00 am Stretch & Tone CCH 10:15 am Chair Exercise -BR</p> <p>10:30 am Dance Exercise - CCH</p> <p>2:00 pm OM:NI-BR 3:00 pm Mindful Mondays – GH</p>	<p>30</p> <p>9:30 am Sr Tai Chi DVD - BR</p> <p>10:45 am Lunch Bunch at First Watch</p> <p>12:30 Poker with Bob - BR 1:00 pm Penny Bingo - RD 6:00 pm Phase 10-EC 6:00 Bridge - EC</p>	<p>31</p> <p>9:00 am Stretch & Tone CCH 9:30 am Breakfast Club-RD</p> <p>10:15 am Chair Exercise-BR 10:45 Prayer Meeting - C 12:30 pm Skip Bo—EC</p> <p>1:30 pm RC Council & Activity – RC Sitting Room</p> <p>5:30 pm Hand & Foot—EC 6:30 pm Movie Night-GH</p>	<p>All vendors will be in the Great Hall from approximately 10 am - 2 pm</p> <p>Dr. Wong, Therapeutic Reflexologist Is at 918.813.3338 Comes to CCWH on Mondays. Please Call to make appt.</p>		