



30	Jul 1	2	3	4	5	6
	Green Salad Honey Roasted Chicken Thigh <i>or</i> Italian Sausage Links and Sauce/Rice Oven Rice Garlic Green Beans Baked Roll Peach Crisp	Green Salad Pork Chop Dijon <i>or</i> Baked Cod Fillet Smashed Sweet Potatoes Harvard Beets Baked Roll Chef's Dessert	Green Salad English Pub Steak <i>or</i> Vegetable Quiche Baked Potato Peas/Mushrooms Marble Cake	Green Salad Grilled Chicken Breast <i>or</i> Pork Roast Teriyaki Lime Cilantro Rice Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Green Salad Sour Cream Crusted Tilapia <i>or</i> Baked Ham/Mango Salsa Pierogies Sauteed Spinach Baked Roll Chef's Dessert	Green Salad Glazed Meatloaf <i>or</i> Chicken Cacciatore Fresh Mashed Potatoes California Normandy Blend Baked Roll Homemade Cherry Pie
7	8	9	10	11	12	13
Green Salad Hawaiian Chicken <i>or</i> Stuffed Shells Aloha Sweet Potatoes Green Beans Baked Roll Pumpkin Pie	Green Salad Pork Steak <i>or</i> Fried Chicken/Onions Fried Rice Carrot Green Bean Blend Baked Roll Clements Carrot Cake	Green Salad Beef Tips Au Jus <i>or</i> Baked Tilapia/Dill Sauce Best Noodles Peas and Pearl Onions Baked Roll Pound Cake	Green Salad Slow Roasted Turkey <i>or</i> Smothered Pork Chop Cornbread Stuffing/Chilies Baked Seasoned Squash Baked Roll Boston Cream Pie	Green Salad Classic Baked Ham <i>or</i> Chicken Cacciatore Cheesy Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Sweet Potato Pie	Fruity Green Salad BBQ Glazed Meatballs <i>or</i> Cod/Tomato Cream Sauce Seasoned Rice Country Trio Medley Baked Roll Chef's Dessert	Green Salad Bacon Ranch Chicken <i>or</i> Corned Beef and Cabbage Steamed Red Potatoes Capri Blend Baked Roll Pear Crisp
14	15	16	17	18	19	20
Green Salad Peppercorn Pork <i>or</i> Country Fried Steak/Gravy Hawaiian Style Rice Sesame Green Beans Baked Roll Fresh Apple Pie	Green Salad BBQ Meatloaf <i>or</i> Chicken A La King Fresh Mashed Potatoes Chef's Steamed Vegetable Chocolate Sour Cream Cake	Green Salad Greek Grilled Chicken <i>or</i> Grilled Polish Sausage Penne Pasta Oven Roasted Cauliflower Baked Roll Coconut Custard Pie	Green Salad Lemon Baked Tilapia <i>or</i> Baked Ham/Mustard Sauce Aloha Sweet Potatoes Fresh Asparagus Baked Roll Peach Angel Food Cake	Green Salad Pot Roast/Potatoes <i>or</i> Herb Roasted Turkey with Gravy Homemade Stuffing Winter Sunset Blend Baked Roll Cheesecake	Spinach Strawberry Salad Chicken Diane <i>or</i> Cajun Seasoned Fish Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	Green Salad Swedish Meatballs <i>or</i> Stuffed Shells Fresh Mashed Potatoes/Gravy California Normandy Blend Baked Roll Chef's Dessert
21	22	23	24	25	26	27
Green Salad Chicken Scampi <i>or</i> Salmon Fillet Parsley Egg Noodles California Normandy Blend Baked Roll Lemon Cake	Green Salad Mandarin Chicken <i>or</i> Penne Pasta in Sausage Marinara Sauce Lemon Rice Parmesan Green Beans Baked Roll Peach Cobbler	Green Salad Parmesan Crusted Pork Chops <i>or</i> Turkey Cutlet with Cream Sauce Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	Green Salad Glazed Hamburger Steak <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Sweet Potato Pie	Green Salad Lemon Pepper Chicken <i>or</i> Ginger Lime Pork Parmesan Pasta Green Beans Baked Roll Pineapple Blueberry Crumble	Green Salad Tropical Tilapia <i>or</i> Stuffed Shells Seasoned Rice Sauteed Spinach Baked Roll Homemade Strawberry Shortcake	Green Salad Beef Mushroom Stroganoff <i>or</i> Smoked Roasted Turkey Baked Fried Potatoes California Normandy Blend Coffee Cake
28	29	30	31	Aug 1	2	3
Green Salad Baked Ham/Peach Sauce <i>or</i> Cheddar Crumb Fish Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Chef's Dessert	Green Salad Chicken Cordon Bleu Open Face <i>or</i> Broiled Tilapia Parmesan Roasted Yukon Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta California Normandy Blend Baked Roll Apple Cake Kuchen	Green Salad Roast Pork/Ginger Glaze <i>or</i> Southwest Chicken Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp			