

July 2019



Symphony at The Waterways 1 - Spring

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30	Jul 1 Mixed Vegetable Salad Caesar Spinach Salad Beef Tips Au Jus Veal/Mushroom Sauce Chicken Madras Lemon Rice Ranch Roasted Potatoes Steamed Sugar Snap Peas Ratatouille Baked Roll Cranberry Apple Crisp Angel Food Cake	Beef and Vegetable Soup Fruity Green Salad Grilled Pork Cutlet Swiss Steak/Tomatoes Avocado Chicken with Mushroom Sauce Baked Yams Oven Rice Herbed Corn Roasted Cabbage Baked Roll Shoo Fly Pie Glazed Pumpkin Cake	Soup Du Jour Fruited Jello Salad Steak Diane Turkey Roast/Stuffing Baked Tilapia with Creole Sauce Baked Potato Greens Mixed Vegetables Baked Roll Graham Streusel Cake Lemon Cream Pie	Vegetable Sausage Soup Marinated Potato Salad Rosemary Lemon Chicken Maple Marinated Pork Roast Baked Fish/Basil Cream Sauce Seasoned Potatoes Seasoned Brown Rice Capri Blend Parsley Carrots Baked Roll Blackberry Vanilla Parfait Baked Cinnamon Apples	Beef Barley Soup Carrot Apple Celery Salad Crunch-Topped Fish Big Island Pork Chops Apricot Chicken Roasted Red Potatoes Simple Pinto Beans Green Beans Almondine Bacon Sauteed Lima Beans Baked Roll Orange Cake Pina Colada Cream Pie	Soup Du Jour Classic Waldorf Salad Mozzarella Meatloaf Turkey Cutlets/Pan Gravy Baked Cod/Dill Sauce O'Brien Potatoes Rice Pilaf Peas and Pearl Onions Roasted Brussels Sprouts Baked Roll Cherry Crisp Red Velvet Cake
Soup Du Jour Carrot Coin Salad Smothered Cube Steak Cashew Chicken Baked Tilapia w/Dijon Dill Sauce Garlic Herb Mashed Potatoes Noodles Oven Roasted Broccoli Yellow Squash/Onions Baked Roll Grandma's Apple Pie Banana Bread Pudding	Cream of Zucchini Soup 7-Up Salad Oven Roasted Pork Bacon Tomato Quiche Baked Chicken Ziti Glazed Sweet Potatoes Rice Orzo Pilaf Green Beans Italian Grilled Eggplant Baked Roll Cream Puffs Homemade Carrot Cake	Bean Vegetable Soup Cucumber Corn Salad Classic Lasagna Grilled Catfish Beef and Green Beans Lemon Rice Roasted Potato Medley Roasted Carrots Sauteed Peppers/Onions Baked Roll Peanut Butter Brownie Lemon Cream Cake	Caesar Salad Turkey Cutlet/Spinach Bacon Feta Topping Crispy Pork Chops	Soup Du Jour Fruit Compote Ham Roast Chicken Riviera Salmon Fillet Cream and Cheese Potatoes Baked Yams Scalloped Tomatoes Parmesan Roasted Cauliflower Baked Roll Cranberry Cake Butterscotch Cream Pie	Soup Du Jour Fresh Fruit/Lemon Dip Honey Glazed Meatballs Cod AuGratin Apple Pineapple Chicken Rice Corn Pudding Snap Pea Vegetable Blend Sweet Sour Beets Baked Roll Pecan Pie Spiced Pear Cake	Beefy Mushroom Soup Romaine Orange Salad Cranberry Chicken Veal Steak/Onions Buttermilk Breaded Catfish Rice Pasta Pilaf Seasoned Brown Rice Capri Blend Garlic Carrots Baked Roll Caramel Apple Crisp Chocolate Custard
Basil Tomato Soup Green Salad North Carolina Pork Roast Baked Chicken with Garlic and Herbs Roasted Beef Tenderloin Fried Potatoes and Onions Penne Pasta California Normandy Blend Peas Baked Roll Lemon Meringue Pie Crescent Cream Bars	Green Salad Cucumber Onion Salad Country Fried Steak/Gravy Rosemary Roasted Turkey Cod Fillet Fresh Mashed Potatoes Seasoned Rice Green Beans Brussels Sprouts/Lemon Sauce Baked Roll Chocolate Love Cake Apple Custard Pie	Soup Du Jour Colorful Corn Salad Southern Fried Drumstick Rigatoni Italian Grouper Palmeiro Penne Pasta Calico Beans Skillet Cabbage Sauteed Zucchini Baked Roll Apricot Crisp Banana Split Dessert	Cream of Tomato Soup Juicy Fruit Salad Pan Seared Tilapia Cranberry Glazed Ham	Chicken Egg Noodle Soup Wedge Salad Beef Parmesan Patty Lemon Oregano Turkey Red Snapper Provencal Ranch Potato Bake Jasmine Rice Sauteed Zucchini Braised Celery Baked Roll Cheesecake/Fruit Topping Chocolate Vanilla Pudding Dessert	Tortilla Soup Peach Yogurt Salad Grilled Chicken/Roasted Pepper Sauce Glazed Salmon Orange Apricot Glazed Pork Rice Angel Hair Pasta Green Beans Baked Seasoned Squash Baked Roll Dump Cake Pineapple Bread Dessert	Soup Du Jour Pineapple Marshmallow Salad St. Louis BBQ Pork Ribs Sirloin Steak Champagne Chicken Oven Rice Fresh Cooked Yams Corn on the Cob Garlic Spinach Baked Roll Lemon Whipped Pie Rootbeer Float Cake

21	22	22	2.4	25	26	27
Baked Potato Soup	Soup Du Jour	Black Bean Cuban	24 Soup Du Jour	25 Vegetable Rice Soup	26 New England Clam	27 Pasta Fagioli Soup
Green Salad	Baby Wedge Salad	Style Soup	Zesty Cucumber	Antipasto Pasta Salad	Chowder	Greek Salad
Zesty Meatloaf	Honey Curry	Crunchy Vegetable	Salad	Jeweled Pork Roast	Green Salad	Braised Beef Cubes
Fried	Chicken Breast	Salad	Salisbury Steak	Baked Fish/Basil	Seasoned Baked	Baked Ranch
Chicken/Creamy	Cod/Garlic Butter	Almond Crusted	Ham with Raisin	Cream Sauce	Tilapia	Rockfish Nuggets
Gravy	Sauce	Pork Cutlet	Sauce	Oven Roasted	Steak with Balsamic	Turkey A La King
Baked Fish Barataria	Almond Crusted	Cranberry Glazed	Baked Cod Fillet	Chicken Breast	Cranberry Sauce	Seasoned Brown Rice
Fresh Mashed	Pork Cutlet	Turkey Roast	Fresh Cooked Yams	Lyonnaise Potatoes	Apricot Chicken	Field Peas
Potatoes	Rice Pilaf	Lamb Stew	Linguine Putenesca	Delicious Rice	Cheesy Rice	Chef's Steamed
Parsley Rice		Boiled Potatoes	•	Harvard Beets	Baked Sweet Potato	Vegetable
	Homemade Stuffing Broccoli	Lemon Pasta	Parsley Carrots Sauteed Spinach	Seasoned Cauliflower		Fresh Cooked Beets
Scandinavian Veg Stewed Tomatoes	Chef's Steamed	Brussels Sprouts	Baked Roll	Baked Roll	Beans	Baked Roll
Baked Roll	Vegetable	Garlic Green Beans	Fresh Banana Cream	Blueberry Cream	Peas and Carrots	Coconut Cake
	Baked Roll	Baked Roll	Pie	•	Baked Roll	Cheesecake/Fruit
Maple Bar	Peach Cobbler	Cream Pecan Cake	Almond Sugar	Angel Dessert	Fruit Tart	
Pumpkin Pie	Brownie Batter Ice	Black Forest Mousse	Cookie	Pear Crisp	Texas Sheet Cake	Topping
	Cream	Diack Polest Mousse	Cookie		Texas Silect Cake	
20	29	30	31	A 1	2	2
Soup Du Jour	Cream of Tomato	Autumn Ham Soup	Soup Du Jour	Aug 1	2	3
1		Green Salad	Wax Bean Salad			
Cucumber Pepper Salad	Soup Lemon Cream Salad	Bohemian	Herb Crusted Pork			
Brown Sugar Ham	Garlic Ranch Chicken		Roast			
Roast Beef with	Shrimp Style Scampi	Turkey Cutlet/Garlic	Grilled Chicken Legs			
Mustard Sauce	Asian Beef with	Turkey Cutlet/Gariic Tomato Sauce	Alaskan Fish and			
Baked Parmesan Fish	Snow Peas	Citrus Baked Fish	Chips			
Roasted Yams	Bacon and Blue	Best Noodles	Parmesan Roasted			
Butter Beans	Potato Salad	Boiled Red Potatoes	Potatoes			
	Baked Sweet Potato					
Skillet Cabbage	Corn O'Brien	Scandinavian Veg	Savory Rice			
Sauteed Carrots Baked Roll	Garlic Zucchini Saute	Cheesy Spinach Bake Baked Roll				
Butter Pecan Cake	Baked Roll	Boston Cream Cake	Parmesan Asparagus Baked Roll			
Pear Parfait	Cranberry Cheesecake	Caramel Chocolate	Mixed Berry Crisp Sour Cream Raisin			
		Sundae				
	Coconut Cake		Bar			