


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>National Postal Worker Day 1</b> 10:30 <b>AE</b> Relaxing Reminiscing w/ Positive Meditation 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Monday Motivations 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Early Evening Exercises 6:30 <b>LL</b> Wheel of Fortune on FOX	<b>Happy Birthday Shirley M! 2</b> 10:00 <b>AE</b> Poetry Club 10:30 <b>PE</b> Move, Groove, then Sooth 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Words to Fill Our Spirit 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> ALL Bowlers 2 A.L.! 6:00 <b>LL</b> Next w/ Kyle Clark on NBC	<b>3</b> 9:30 <b>PE</b> Optimal Exercise in A.L! 10:00 <b>CE</b> Learning w/ the Bird-Man 10:30 <b>SS</b> Catholic Communion & Blessings 1:30 <b>AE</b> Interactive Music & Entertainment 3:00 <b>CE</b> Teachable Moments 7:00 <b>LL</b> MasterChef on FOX	<b>Independence Day 4</b> 9:30 <b>SS</b> Patriotic Sing-A-Long 10:00 <b>LL</b> July 4th Trivia 11:00 <b>PE</b> Let's Move It! 1:00 <b>LL</b> Block Party in A.L. 2:15 <b>CC</b> Thank You Cards 3:00 <b>AE</b> Seasonal Puzzles 6:00 <b>CE</b> Jeopardy on FOX	<b>10:30 PE Elevated Exercises w/ Optimal 5</b> 11:30 <b>SS</b> Words to Fill Our Spirit 1:00 <b>AE</b> Fancy Nails on Friday! 2:00 <b>LL</b> Patio Possibilities 2:30 <b>CC</b> Entertainment in A.L. 6:00 <b>CE</b> Weekly Chronicles	<b>Happy Birthday Norma T! 6</b> 10:00 <b>LL</b> Singing w/ Susie Q 11:00 <b>CC</b> Walker's Club 11:30 <b>CE</b> Finish the Lines b4 Lunch 2:30 <b>SS</b> New Life Church in A.L. 3:00 <b>PE</b> Simple Stretches w/ Staff 6:00 <b>LL</b> The Lawrence Welk Show on PBS	
	<b>7</b> 9:30 <b>SS</b> in2Ls Spiritual Songs 10:30 <b>PE</b> Sunday Stretches 11:00 <b>CC</b> Walker's Club 2:30 <b>CE</b> Treats & Trivia+ 3:00 <b>AE</b> Karaoke of All Kind 6:00 <b>LL</b> Sentimental Sunday Movies	<b>8</b> 10:30 <b>AE</b> Relaxing Reminiscing w/ Positive Meditation 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Monday Motivations 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Early Evening Exercises 6:30 <b>LL</b> Wheel of Fortune on FOX	<b>9</b> 10:00 <b>AE</b> Poetry Club 10:30 <b>PE</b> Move, Groove, then Sooth 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Words to Fill Our Spirit 2:00 <b>CC</b> Gentlemen's Group! 3:00 <b>PE</b> ALL Bowlers 2 A.L.! 6:00 <b>LL</b> Next w/ Kyle Clark on NBC	<b>10</b> 9:00 <b>CC</b> Celestial Seasonings Tour 9:30 <b>PE</b> Optimal Exercise in A.L! 10:30 <b>SS</b> Catholic Communion & Blessings 1:30 <b>AE</b> Interactive Music & Entertainment 3:00 <b>CE</b> Teachable Moments 7:00 <b>LL</b> MasterChef on FOX	<b>9:30 SS Singing w/ Susie Q 11</b> 10:00 <b>LL</b> Morning Bingo 11:00 <b>PE</b> Let's Move It! 1:15 <b>LL</b> Walkabout in A.L. 2:15 <b>CC</b> Thank You Cards 3:00 <b>AE</b> Seasonal Puzzles 6:00 <b>CE</b> Jeopardy on FOX	<b>7:30 CC Tube to Work Day?!? 12</b> 10:30 <b>PE</b> Elevated Exercises w/ Optimal 11:30 <b>SS</b> Words to Fill Our Spirit 1:00 <b>AE</b> Fancy Nails on Friday! 2:00 <b>LL</b> Patio Possibilities 2:30 <b>CC</b> Entertainment in A.L. 6:00 <b>CE</b> Weekly Chronicles	<b>10:00 LL Singing w/ Susie Q 13</b> 11:00 <b>CC</b> Walker's Club 11:30 <b>CE</b> Finish the Lines b4 Lunch 2:30 <b>SS</b> New Life Church in A.L. 3:00 <b>PE</b> Simple Stretches w/ Staff 6:00 <b>LL</b> The Lawrence Welk Show on PBS
	<b>14</b> 9:30 <b>SS</b> in2Ls Spiritual Songs 10:30 <b>PE</b> Sunday Stretches 11:00 <b>CC</b> Walker's Club 2:30 <b>CE</b> Treats & Trivia+ 3:00 <b>AE</b> Karaoke of All Kind 6:00 <b>LL</b> Sentimental Sunday Movies	<b>15</b> 10:30 <b>AE</b> Relaxing Reminiscing w/ Positive Meditation 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Monday Motivations 1:30 <b>CC</b> Vitals by Encompass 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Early Evening Exercises 6:30 <b>LL</b> Wheel of Fortune on FOX	<b>16</b> 10:00 <b>AE</b> Poetry Club 10:30 <b>PE</b> Move, Groove, then Sooth 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Words to Fill Our Spirit 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> ALL Bowlers 2 A.L.! 6:00 <b>LL</b> Next w/ Kyle Clark on NBC	<b>National Hot Dog Day 17</b> 9:30 <b>PE</b> Optimal Exercise in A.L! 10:00 <b>CE</b> Learning w/ the Bird-Man 10:30 <b>SS</b> Catholic Communion & Blessings 12:45 <b>CC</b> Honeyman "Day Programs" Healthy Interactions 1:30 <b>AE</b> Interactive Music & Entertainment 2:30 <b>LL</b> Grilling 'N' Chilling 3:00 <b>CE</b> Teachable Moments 7:00 <b>LL</b> MasterChef on FOX	<b>9:30 SS Singing w/ Susie Q 18</b> 10:00 <b>LL</b> Morning Bingo 11:00 <b>PE</b> Let's Move It! 12:00 <b>CC</b> Veterans' Lunch 1:15 <b>LL</b> Walkabout in A.L. 2:15 <b>CC</b> Thank You Cards 3:00 <b>AE</b> Seasonal Puzzles 6:00 <b>CE</b> Jeopardy on FOX	<b>8:30 CC Thrift Store Shopping 19</b> 10:30 <b>PE</b> Elevated Exercises w/ Optimal 11:30 <b>SS</b> Words to Fill Our Spirit 1:00 <b>AE</b> Fancy Nails on Friday! 2:00 <b>LL</b> Patio Possibilities 2:30 <b>CC</b> Entertainment in A.L. 6:00 <b>CE</b> Weekly Chronicles	<b>10:00 LL Singing w/ Susie Q 20</b> 11:00 <b>CC</b> Walker's Club 11:30 <b>CE</b> Finish the Lines b4 Lunch 2:30 <b>SS</b> New Life Church in A.L. 3:00 <b>PE</b> Simple Stretches w/ Staff 6:00 <b>LL</b> The Lawrence Welk Show on PBS
	<b>National Ice Cream Day 21</b> 9:30 <b>SS</b> in2Ls Spiritual Songs 10:30 <b>PE</b> Sunday Stretches 11:00 <b>CC</b> Walker's Club 1:15 <b>LL</b> Ice Cream Floats! 2:30 <b>CE</b> Sweet Sweet Trivia 3:00 <b>AE</b> Karaoke of All Kind 6:00 <b>LL</b> Sentimental Sunday Movies	<b>22</b> 10:30 <b>AE</b> Relaxing Reminiscing w/ Positive Meditation 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Monday Motivations 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Early Evening Exercises 6:30 <b>LL</b> Wheel of Fortune on FOX	<b>23</b> 10:00 <b>AE</b> Poetry Club 10:30 <b>PE</b> Move, Groove, then Sooth 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Words to Fill Our Spirit 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Support Vs. Assisted Bowling Tournament! 6:00 <b>LL</b> Next w/ Kyle Clark on NBC	<b>24</b> 9:30 <b>PE</b> Optimal Exercise in A.L! 10:30 <b>SS</b> Catholic Communion & Blessings 10:30 <b>CE</b> Taste & Tell Outside! 1:30 <b>AE</b> Interactive Music & Entertainment 3:00 <b>CE</b> Teachable Moments 7:00 <b>LL</b> MasterChef on FOX	<b>9:30 SS Singing w/ Susie Q 25</b> 10:15 <b>CE</b> 25 Things to Share & More 11:00 <b>PE</b> Let's Move It! 1:15 <b>LL</b> Walkabout in A.L. 2:30 <b>CC</b> 25 Things to Know for Our 2nd Shift 3:00 <b>AE</b> Seasonal Puzzles 6:00 <b>CE</b> Jeopardy on FOX	<b>10:30 PE Elevated Exercises w/ Optimal 26</b> 11:30 <b>CC</b> Lunch Outing: Las Delicias 1:00 <b>AE</b> Fancy Nails on Friday! 2:00 <b>LL</b> Patio Possibilities 2:30 <b>CC</b> Entertainment in A.L. 3:30 <b>CE</b> One Small Step for Man .. 50 years ago Today! 6:00 <b>CE</b> Weekly Chronicles	<b>10:00 LL Singing w/ Susie Q 27</b> 11:00 <b>CC</b> Walker's Club 11:30 <b>CE</b> Finish the Lines b4 Lunch 2:30 <b>SS</b> New Life Church in A.L. 3:00 <b>PE</b> Simple Stretches w/ Staff 6:00 <b>LL</b> The Lawrence Welk Show on PBS
	<b>28</b> 9:30 <b>SS</b> in2Ls Spiritual Songs 10:30 <b>PE</b> Sunday Stretches 11:00 <b>CC</b> Walker's Club 2:30 <b>CE</b> Treats & Trivia+ 3:00 <b>AE</b> Karaoke of All Kind 6:00 <b>LL</b> Sentimental Sunday Movies	<b>29</b> 10:30 <b>AE</b> Relaxing Reminiscing w/ Positive Meditation 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Monday Motivations 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> Early Evening Exercises 6:30 <b>LL</b> Wheel of Fortune on FOX	<b>Happy Birthday Barbara T! National Cheesecake Day 30</b> 10:00 <b>AE</b> Poetry Club 10:30 <b>PE</b> Move, Groove, then Sooth 11:00 <b>CC</b> Support Our Stroll! 11:30 <b>SS</b> Words to Fill Our Spirit 2:00 <b>CE</b> Good News Network! 3:00 <b>PE</b> ALL Bowlers 2 A.L.! 5:30 <b>CC</b> Our Community Support Meeting 6:00 <b>LL</b> Next w/ Kyle Clark on NBC	<b>31</b> 9:30 <b>PE</b> Optimal Exercise in A.L! 10:00 <b>CE</b> Learning w/ the Bird-Man 10:30 <b>SS</b> Catholic Communion & Blessings 12:30 <b>CC</b> Butterfly Pavilion Outing 3:00 <b>CE</b> Teachable Moments 7:00 <b>LL</b> MasterChef on FOX	11475 Pearl Street Northglenn, CO 80233 303-452-0501		<b>Healthy Snacks &amp; Hydration offered throughout each day!</b>

**AE** Artistic Expression  
**CC** Community Connections  
**CE** Continuing Education  
**LL** Lifestyle & Leisure  
**PE** Physical Engagement  
**SS** Spiritual Support