



30	Jul 1	2	3	4	5	6
	Black Bean Pepper Salad Honey Roasted Chicken Thigh <i>or</i> Veal Scallopini/Lemon Sauce Oven Rice Garlic Green Beans Baked Roll Peach Crisp	Green Salad Pork Chop Dijon <i>or</i> Beef Cube Steaks Smashed Sweet Potatoes Harvard Beets Baked Roll Pineapple Upside Down Cake	Fresh Fruit Spring Mix Salisbury Steak/Gravy <i>or</i> Turkey Roast/Zesty Rub Baked Potato Peas/Mushrooms Marble Cake	Goat Cheese and Spinach Salad Grilled Chicken Breast Marinated Pork Roast Creamy Pasta Alfredo Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Honeydew Salad Sour Cream Crusted Tilapia Baked Ham/Mango Salsa Rice Pasta Pilaf Sauteed Spinach Baked Roll Lemonade Cake	Green Salad Pineapple Meatloaf Lemon Herb Turkey Roast with Gravy Fresh Cooked Yams California Normandy Blend Baked Roll Cherry Hand Pie
7	8	9	10	11	12	13
Crunchy Vegetable Salad Hawaiian Chicken <i>or</i> Zesty Beef Roast Aloha Sweet Potatoes Green Beans Baked Roll Homemade Peach Pie	Pineapple Salad Orange Herb Pork Roast <i>or</i> Spinach Tomato Lasagna Glazed Sweet Potatoes Fresh Asparagus Baked Roll Oreo Delight	Green Salad Beef Tips Au Jus <i>or</i> Grilled Tuna Steak Best Noodles Peas and Pearl Onions Baked Roll Pound Cake	Three Bean Salad Slow Roasted Turkey <i>or</i> Smothered Pork Chop Cornbread Stuffing/Chilies Baked Seasoned Squash Baked Roll Berry Cobbler	Vegetable Layered Salad Classic Baked Ham Chicken Cacciatore Cheesy Scalloped Potatoes Beets Baked Roll Pineapple Cream Pie	Fruity Green Salad BBQ Glazed Meatballs Cod/Tomato Cream Sauce Seasoned Rice Country Trio Medley Baked Roll White Almond Cake	Green Salad Bacon Ranch Chicken Corned Beef and Cabbage Steamed Red Potatoes Capri Blend Baked Roll Banana Cream Pudding
14	15	16	17	18	19	20
24-Hour Fruit Salad Orange Apricot Glazed Pork <i>or</i> Roast Beef au Jus Hawaiian Style Rice Sesame Green Beans Baked Roll Buttery Coconut Bars	Apple Broccoli Salad Country Fried Steak/Gravy <i>or</i> Honey Glazed Roasted Turkey Fresh Mashed Potatoes Corn Chocolate Sour Cream Cake	Mediterranean Tomato Salad Greek Grilled Chicken <i>or</i> Grilled Polish Sausage Penne Pasta Oven Roasted Cauliflower Baked Roll Fruit Cobbler	Green Salad Lemon Baked Sole <i>or</i> Baked Ham/Mustard Sauce Aloha Sweet Potatoes Fresh Asparagus Baked Roll Peach Angel Food Cake	Cucumber Corn Salad Steak Picante Herb Roasted Turkey with Gravy Baked Potato Peas and Onions Baked Roll Cherry Parfait	Spinach Strawberry Salad Chicken Diane Baked Dijon Salmon White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Yellow Cake with Fruit Topping	Green Salad Tangy Country-Style Ribs Braised Beef Favorite Baked Beans Fresh Cooked Carrots Baked Roll Rootbeer Float Cake
21	22	23	24	25	26	27
Wedge Salad Balsamic Tomato Glazed Meatloaf <i>or</i> Almond Crusted Chicken Herb Roasted Red Potatoes California Normandy Blend Baked Roll Lemon Cake	Marinated Salad Chicken/Raspberry Sauce <i>or</i> Seasoned Baked Cod Lemon Rice Steamed Sugar Snap Peas Baked Roll Peach Cobbler	Spiced Apples Parmesan Crusted Pork Chops <i>or</i> Turkey Divan Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	Green Salad Glazed Hamburger Steak <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	Tomato Mozzarella Salad Lemon Pepper Chicken Ginger Lime Pork Parmesan Pasta Grilled Asparagus Baked Roll Pineapple Blueberry Crumble	Whipped Pineapple Salad Tropical Tilapia Pepper Smothered Cube Steak Seasoned Rice Sauteed Spinach Baked Roll Mini S'mores Tart	Green Salad Beef Mushroom Stroganoff Smoked Roasted Turkey Baked Fried Potatoes California Normandy Blend Garlic Bread Coffee Cake
28	29	30	31	Aug 1	2	3
Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Fresh Blueberry Pie	Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp			