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| 30                                                                                                                                                                                                                                                                                            | Jul 1                                                                                                                                                                                                                                                                       | 2                                                                                                                                                                                                                                                                | 3                                                                                                                                                                                                                                                                                | 4                                                                                                                                                                                                                                                                                           | 5                                                                                                                                                                                                                                                                           | 6                                                                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                                                               | Mixed Vegetable Salad<br>Caesar Spinach Salad<br>Beef Tips Au Jus<br>Veal/Mushroom Sauce<br>Chicken Madras<br>Lemon Rice<br>Ranch Roasted Potatoes<br>Steamed Sugar Snap Peas<br>Ratatouille<br>Baked Roll<br>Cranberry Apple Crisp<br>Angel Food Cake                      | Beef and Vegetable Soup<br>Fruity Green Salad<br>Grilled Pork Cutlet Swiss<br>Steak/Tomatoes<br>Avocado Chicken with Mushroom Sauce<br>Baked Yams<br>Oven Rice<br>Herbed Corn<br>Roasted Cabbage<br>Baked Roll<br>Shoo Fly Pie<br>Glazed Pumpkin Cake            | Soup Du Jour<br>Fruited Jello Salad<br>Steak Diane<br>Turkey<br>Roast/Stuffing<br>Baked Tilapia with Creole Sauce<br>Baked Potato Greens<br>Mixed Vegetables<br>Baked Roll<br>Graham Streusel Cake<br>Lemon Cream Pie                                                            | Vegetable Sausage Soup<br>Marinated Potato Salad<br>Rosemary Lemon Chicken<br>Maple Marinated Pork Roast<br>Baked Fish/Basil Cream Sauce<br>Seasoned Potatoes<br>Seasoned Brown Rice<br>Capri Blend<br>Parsley Carrots<br>Baked Roll<br>Blackberry Vanilla Parfait<br>Baked Cinnamon Apples | Beef Barley Soup<br>Carrot Apple Celery Salad<br>Crunch-Topped Fish<br>Big Island Pork Chops<br>Apricot Chicken<br>Roasted Red Potatoes<br>Simple Pinto Beans<br>Green Beans<br>Almondine<br>Bacon Sautéed Lima Beans<br>Baked Roll<br>Orange Cake<br>Pina Colada Cream Pie | Soup Du Jour<br>Classic Waldorf Salad<br>Mozzarella Meatloaf<br>Turkey Cutlets/Pan Gravy<br>Baked Cod/Dill Sauce<br>O'Brien Potatoes<br>Rice Pilaf<br>Peas and Pearl<br>Onions<br>Roasted Brussels<br>Sprouts<br>Baked Roll<br>Cherry Crisp<br>Red Velvet Cake     |
| 7                                                                                                                                                                                                                                                                                             | 8                                                                                                                                                                                                                                                                           | 9                                                                                                                                                                                                                                                                | 10                                                                                                                                                                                                                                                                               | 11                                                                                                                                                                                                                                                                                          | 12                                                                                                                                                                                                                                                                          | 13                                                                                                                                                                                                                                                                 |
| Soup Du Jour<br>Carrot Coin Salad<br>Pepper Smothered<br>Cube Steak<br>Cashew Chicken<br>Baked Tilapia<br>w/Dijon Dill Sauce<br>Garlic Herb Mashed Potatoes<br>Noodles<br>Oven Roasted<br>Broccoli<br>Yellow<br>Squash/Onions<br>Baked Roll<br>Grandma's Apple Pie<br>Banana Bread<br>Pudding | Applesauce Salad<br>Roasted Pork<br>Baked Ziti/Four<br>Cheese Sauce<br>Glazed Sweet Potatoes<br>Harvard Beets<br>Baked Roll<br>Oreo Delight                                                                                                                                 | Bean Vegetable Soup<br>Cucumber Corn Salad<br>Classic Lasagna<br>Grilled Catfish<br>Beef and Green Beans<br>Lemon Rice<br>Roasted Potato<br>Medley<br>Roasted Carrots<br>Sautéed<br>Peppers/Onions<br>Baked Roll<br>Peanut Butter<br>Brownie<br>Lemon Cream Cake | Toscana Soup<br>Caesar Salad<br>Turkey<br>Cutlet/Spinach<br>Bacon Feta Topping<br>Crispy Pork Chops<br>Baked Parmesan Fish<br>Cornbread Dressing<br>Baked Sweet Potato<br>Roasted Squash<br>Spinach Polonaise<br>Baked Roll<br>Blueberry Cobbler<br>Fruit Marshmallow<br>Dessert | Soup Du Jour<br>Fruit Compote<br>Ham Roast<br>Chicken Riviera<br>Salmon Fillet<br>Cream and Cheese<br>Potatoes<br>Baked Yams<br>Scalloped Tomatoes<br>Parmesan Roasted<br>Cauliflower<br>Baked Roll<br>Cranberry Cake<br>Butterscotch Cream<br>Pie                                          | Soup Du Jour<br>Fresh Fruit/Lemon<br>Dip<br>Honey Glazed<br>Meatballs<br>Cod AuGratin<br>Apple Pineapple<br>Chicken<br>Rice<br>Corn Pudding<br>Snap Pea Vegetable<br>Blend<br>Sweet Sour Beets<br>Baked Roll<br>Pecan Pie<br>Spiced Pear Cake                               | Beefy Mushroom<br>Soup<br>Romaine Orange<br>Salad<br>Cranberry Chicken<br>Veal Steak/Onions<br>Buttermilk Breaded<br>Catfish<br>Rice Pasta Pilaf<br>Seasoned Brown Rice<br>Capri Blend<br>Garlic Carrots<br>Baked Roll<br>Caramel Apple Crisp<br>Chocolate Custard |
| 14                                                                                                                                                                                                                                                                                            | 15                                                                                                                                                                                                                                                                          | 16                                                                                                                                                                                                                                                               | 17                                                                                                                                                                                                                                                                               | 18                                                                                                                                                                                                                                                                                          | 19                                                                                                                                                                                                                                                                          | 20                                                                                                                                                                                                                                                                 |
| Basil Tomato Soup<br>Green Salad<br>North Carolina Pork<br>Roast<br>Baked Chicken with<br>Garlic and Herbs<br>Roasted Beef<br>Tenderloin<br>Fried Potatoes and<br>Onions<br>Penne Pasta<br>California Normandy<br>Blend<br>Peas<br>Baked Roll<br>Lemon Meringue Pie<br>Crescent Cream Bars    | Green Salad<br>Cucumber Onion<br>Salad<br>Country Fried<br>Steak/Gravy<br>Rosemary Roasted<br>Turkey<br>Cod Fillet<br>Fresh Mashed<br>Potatoes<br>Seasoned Rice<br>Green Beans<br>Brussels<br>Sprouts/Lemon Sauce<br>Baked Roll<br>Chocolate Love Cake<br>Apple Custard Pie | Soup Du Jour<br>Colorful Corn Salad<br>Southern Fried<br>Drumstick<br>Rigatoni Italian<br>Grouper Palmeiro<br>Penne Pasta<br>Calico Beans<br>Skillet Cabbage<br>Sautéed Zucchini<br>Baked Roll<br>Apricot Crisp<br>Banana Split Dessert                          | Cream of Tomato<br>Soup<br>Juicy Fruit Salad<br>Pan Seared Tilapia<br>Cranberry Glazed<br>Ham<br>Bacon Wrapped Pork<br>Tenderloin<br>Scalloped Potatoes<br>Roasted Yams<br>Parsley Carrots<br>Greens<br>Baked Roll<br>Peach Melba Ribbon<br>Pie<br>Chocolate Caramel<br>Cake     | Chicken Egg Noodle<br>Soup<br>Wedge Salad<br>Beef Parmesan Patty<br>Lemon Oregano<br>Turkey<br>Red Snapper<br>Provencal<br>Ranch Potato Bake<br>Jasmine Rice<br>Sautéed Zucchini<br>Braised Celery<br>Baked Roll<br>Cheesecake/Fruit<br>Topping<br>Chocolate Vanilla<br>Pudding Dessert     | Tortilla Soup<br>Peach Yogurt Salad<br>Grilled<br>Chicken/Roasted<br>Pepper Sauce<br>Glazed Salmon<br>Orange Apricot<br>Glazed Pork<br>Rice<br>Angel Hair Pasta<br>Green Beans<br>Baked Seasoned<br>Squash<br>Baked Roll<br>Dump Cake<br>Pineapple Bread<br>Dessert         | Soup Du Jour<br>Pineapple<br>Marshmallow Salad<br>St. Louis BBQ Pork<br>Ribs<br>Sirloin Steak<br>Champagne Chicken<br>Oven Rice<br>Fresh Cooked Yams<br>Corn on the Cob<br>Garlic Spinach<br>Baked Roll<br>Lemon Whipped Pie<br>Rootbeer Float Cake                |

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| 21                                                                                                                                                                                                                                        | 22                                                                                                                                                                                                                                                                        | 23                                                                                                                                                                                                                                                                       | 24                                                                                                                                                                                                                                                                | 25                                                                                                                                                                                                                                                                                 | 26                                                                                                                                                                                                                                                               | 27                                                                                                                                                                                                                                                              |
| Baked Potato Soup<br>Green Salad<br>Zesty Meatloaf<br>Fried Chicken/Creamy Gravy<br>Baked Fish Barataria<br>Fresh Mashed Potatoes<br>Parsley Rice<br>Scandinavian Veg<br>Stewed Tomatoes<br>Baked Roll<br>Maple Bar<br>Pumpkin Pie        | Soup Du Jour<br>Baby Wedge Salad<br>Honey Curry<br>Chicken Breast<br>Cod/Garlic Butter Sauce<br>Almond Crusted Pork Cutlet<br>Rice Pilaf<br>Homemade Stuffing<br>Broccoli<br>Chef's Steamed Vegetable<br>Baked Roll<br>Peach Cobbler<br>Brownie Batter Ice Cream          | Black Bean Cuban Style Soup<br>Crunchy Vegetable Salad<br>Almond Crusted Pork Cutlet<br>Cranberry Glazed Turkey Roast<br>Lamb Stew<br>Boiled Potatoes<br>Lemon Pasta<br>Brussels Sprouts<br>Garlic Green Beans<br>Baked Roll<br>Cream Pecan Cake<br>Black Forest Mousse  | Soup Du Jour<br>Zesty Cucumber Salad<br>Salisbury Steak<br>Ham with Raisin Sauce<br>Baked Cod Fillet<br>Fresh Cooked Yams<br>Linguine Putenesca<br>Parsley Carrots<br>Sauteed Spinach<br>Baked Roll<br>Fresh Banana Cream Pie<br>Almond Sugar Cookie              | Vegetable Rice Soup<br>Antipasto Pasta Salad<br>Jeweled Pork Roast<br>Baked Fish/Basil Cream Sauce<br>Oven Roasted Chicken Breast<br>Lyonnaise Potatoes<br>Delicious Rice<br>Harvard Beets<br>Seasoned Cauliflower<br>Baked Roll<br>Blueberry Cream<br>Angel Dessert<br>Pear Crisp | New England Clam Chowder<br>Green Salad<br>Seasoned Baked Tilapia<br>Steak with Balsamic Cranberry Sauce<br>Apricot Chicken<br>Cheesy Rice<br>Baked Sweet Potato<br>Lemon Pepper Green Beans<br>Peas and Carrots<br>Baked Roll<br>Fruit Tart<br>Texas Sheet Cake | Pasta Fagioli Soup<br>Greek Salad<br>Braised Beef Cubes<br>Baked Ranch<br>Rockfish Nuggets<br>Turkey A La King<br>Seasoned Brown Rice<br>Field Peas<br>Chef's Steamed Vegetable<br>Fresh Cooked Beets<br>Baked Roll<br>Coconut Cake<br>Cheesecake/Fruit Topping |
| 28                                                                                                                                                                                                                                        | 29                                                                                                                                                                                                                                                                        | 30                                                                                                                                                                                                                                                                       | 31                                                                                                                                                                                                                                                                | Aug 1                                                                                                                                                                                                                                                                              | 2                                                                                                                                                                                                                                                                | 3                                                                                                                                                                                                                                                               |
| Soup Du Jour<br>Cucumber Pepper Salad<br>Brown Sugar Ham<br>Roast Beef with Mustard Sauce<br>Baked Parmesan Fish<br>Roasted Yams<br>Butter Beans<br>Skillet Cabbage<br>Sauteed Carrots<br>Baked Roll<br>Butter Pecan Cake<br>Pear Parfait | Cream of Tomato Soup<br>Lemon Cream Salad<br>Garlic Ranch Chicken<br>Shrimp Style Scampi<br>Asian Beef with Snow Peas<br>Bacon and Blue Potato Salad<br>Baked Sweet Potato<br>Corn O'Brien<br>Garlic Zucchini Saute<br>Baked Roll<br>Cranberry Cheesecake<br>Coconut Cake | Autumn Ham Soup<br>Green Salad<br>Bohemian<br>Beef/Sauerkraut<br>Turkey Cutlet/Garlic Tomato Sauce<br>Citrus Baked Fish<br>Best Noodles<br>Boiled Red Potatoes<br>Scandinavian Veg<br>Cheesy Spinach Bake<br>Baked Roll<br>Boston Cream Cake<br>Caramel Chocolate Sundae | Soup Du Jour<br>Wax Bean Salad<br>Herb Crusted Pork Roast<br>Grilled Chicken Legs<br>Alaskan Fish and Chips<br>Parmesan Roasted Potatoes<br>Savory Rice<br>Seasoned Cauliflower<br>Parmesan Asparagus<br>Baked Roll<br>Mixed Berry Crisp<br>Sour Cream Raisin Bar |                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                 |