

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |  |
|--|---|---|--|--|--|--|--|
| <div>Symphony at Valley Farms</div> <div>Personal Care &amp; Memory Care</div> | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Fancy Nails [AR]<br>1:30 <span>CC</span> <b>Outing to store</b><br>2:00 <span>CC</span> <b>July Birthday Party [AR]</b><br>4:15 <span>CE</span> News & Views [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CC</span> <b>Healing Hearts Outreach Club [AR]</b><br>11:00 <span>CE</span> Trivia [AR]<br>2:00 <span>CC</span> Bingo [AR]<br>3:30 <span>AE</span> Let's Get Crafty [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CE</span> <b>Wellness Club [AR]</b><br>10:30 <span>SS</span> <b>Rosary [MR]</b><br>2:00 <span>SS</span> Meditation [AR]<br>3:30 <span>CC</span> <b>Welcome To The Neighborhood Party [AR]</b><br>4:15 <span>PE</span> Afternoon Stroll [CY] | <b>Independence Day</b><br>9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>PE</span> Morning Stroll [AR]<br>— No Bingo Today<br>4:00 <span>CE</span> My Family Channel Trivia [AR]<br>9:00 <span>LL</span> <b>Fireworks Display [CY]</b>  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>AE</span> Crafty Club [AR]<br>11:00 <span>CC</span> <b>Fundraiser Food Friday</b><br>1:30 <span>CC</span> <b>Scenic Ride</b><br>3:00 <span>LL</span> Happy Hour [AR]<br>4:00 <span>LL</span> Play Cards [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:15 <span>PE</span> Let's Take A Stroll<br>10:30 <span>LL</span> Saturday Morning Humor [AR]<br>11:00 <span>LL</span> Board Games [AR]<br>2:00 <span>LL</span> Card Play [AR]<br>2:30 <span>AE</span> <b>Music with Steve Pate [MDR]</b><br>4:00 <span>LL</span> Chit Chat Club   |  |
|  | 9:30 <span>LL</span> Coffee & News [AR]<br>0:30 <span>PE</span> Exercise<br>1:00 <span>SS</span> <b>Communion Service</b><br>1:30 <span>SS</span> Daily Devotion [AR]<br>2:00 <span>PE</span> Sunday Stroll [CY]<br>4:00 <span>LL</span> Card Play [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CE</span> <b>VNA Health Topic [AR]</b><br>10:30 <span>LL</span> Fancy Nails [AR]<br>11:15 <b>Chair Yoga [AR]</b><br>1:30 <span>CC</span> <b>Outing to store</b><br>3:00 <span>SS</span> <b>Piano &amp; Praise [MDR]</b><br>4:15 <span>CE</span> News & Views [AR]            | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CC</span> <b>Healing Hearts Outreach Club [AR]</b><br>11:00 <span>CE</span> Trivia [AR]<br>12:00 <span>LL</span> <b>TACO TUESDAY [MDR]</b><br>2:00 <span>CC</span> Bingo [AR]<br>3:30 <span>AE</span> Let's Get Crafty [AR]                 | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>SS</span> <b>Rosary [MR]</b><br>11:15 <span>CC</span> <b>LUNCH OUTING to Whistle Stop</b><br>2:00 <span>SS</span> Meditation [AR]<br>2:30 <span>LL</span> <b>Resident Council Meeting [MDR]</b><br>3:30 <span>LL</span> Play Cards [AR]<br>4:15 <span>PE</span> Afternoon Stroll [CY] | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>LL</span> Readind with Lisa [AR]<br>11:00 <span>LL</span> Bingo [AR]<br>1:30 <span>PE</span> Afternoon Stroll [CY]<br>2:30 <span>LL</span> <b>Music with Bernie Schweikart [MDR]</b><br>4:00 <span>CE</span> Trivia [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> <b>Music with Tari Martin [MDR]</b><br>11:00 <span>CC</span> <b>Fundraiser Food Friday</b><br>1:30 <span>CC</span> <b>Scenic Ride</b><br>3:00 <span>LL</span> Happy Hour [AR]<br>4:00 <span>LL</span> Play Cards [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Saturday Morning Humor [AR]<br>11:00 <span>LL</span> Board Games [AR]<br>2:00 <span>LL</span> Card Play [AR]<br>3:30 <span>LL</span> Colorful Creations [AR]<br>4:00 <span>LL</span> Chit Chat Club   |
|  | 9:30 <span>LL</span> Coffee & News [AR]<br>0:30 <span>PE</span> Exercise<br>1:00 <span>SS</span> <b>Communion Service</b><br>1:30 <span>SS</span> Daily Devotion [AR]<br>2:00 <span>PE</span> Sunday Stroll [CY]<br>4:00 <span>LL</span> Card Play [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Fancy Nails [AR]<br>1:30 <span>CC</span> <b>Outing to store</b><br>3:30 <span>LL</span> Puzzles & Games [AR]<br>4:15 <span>CE</span> News & Views [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CC</span> <b>Healing Hearts Outreach Club [AR]</b><br>11:00 <span>CE</span> Trivia [AR]<br>12:00 <span>LL</span> <b>Soup and Salad Bar [MDR]</b><br>3:00 <span>LL</span> Bingo [AR]<br>4:15 <span>AE</span> Let's Get Crafty [AR]           | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>SS</span> <b>Rosary [MR]</b><br>11:30 <span>LL</span> <b>Picnic at the Park</b><br>2:00 <span>SS</span> Meditation [AR]<br>3:00 <span>LL</span> <b>Music With Dianna Fiourucci [MDR]</b><br>3:30 <span>LL</span> Play Cards [AR]<br>4:15 <span>PE</span> Afternoon Stroll [CY]        | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>LL</span> Readind with Lisa [AR]<br>11:00 <span>LL</span> Bingo [AR]<br>1:30 <span>PE</span> Afternoon Stroll [CY]<br>4:00 <span>CE</span> Trivia [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>AE</span> Crafty Club [AR]<br>11:00 <span>CC</span> <b>Fundraiser Food Friday</b><br>1:30 <span>CC</span> <b>Scenic Ride</b><br>3:00 <span>LL</span> Happy Hour [AR]<br>3:00 <span>LL</span> <b>Music With Gil Kaelin [MDR]</b><br>4:00 <span>LL</span> Play Cards [AR] | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:15 <span>PE</span> Let's Take A Stroll<br>10:30 <span>LL</span> Saturday Morning Humor [AR]<br>11:00 <span>LL</span> Board Games [AR]<br>2:00 <span>LL</span> Card Play [AR]<br>3:00 <span>LL</span> <b>Music with Doug Pinson [MDR]</b><br>4:00 <span>LL</span> Chit Chat Club  |
|  | 9:30 <span>LL</span> Coffee & News [AR]<br>0:30 <span>PE</span> Exercise<br>1:00 <span>SS</span> <b>Communion Service</b><br>1:30 <span>SS</span> Daily Devotion [AR]<br>2:00 <span>PE</span> Sunday Stroll [CY]<br>4:00 <span>LL</span> Card Play [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Fancy Nails [AR]<br>11:15 <b>Chair Yoga [AR]</b><br>1:30 <span>CC</span> <b>Outing to store</b><br>3:00 <span>SS</span> <b>Piano &amp; Praise [MDR]</b><br>3:30 <span>LL</span> Puzzles & Games [AR]<br>4:00 <span>CE</span> Spiritual Time with Pastor Steve [AR] | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CC</span> <b>Healing Hearts Outreach Club [AR]</b><br>10:00 <span>SS</span> <b>Mass [MR]</b><br>11:00 <span>CE</span> Trivia [AR]<br>2:00 <span>CC</span> Bingo [AR]<br>3:30 <span>AE</span> Let's Get Crafty [AR]                          | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>11:15 <span>CC</span> <b>LUNCH OUTING</b><br>1:30 <span>LL</span> <b>Chef Chat [MDR]</b><br>2:00 <span>SS</span> Meditation [AR]<br>3:30 <span>LL</span> Play Cards [AR]<br>4:15 <span>PE</span> Afternoon Stroll [CY]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>LL</span> Readind with Lisa [AR]<br>11:00 <span>LL</span> Bingo [AR]<br>1:30 <span>PE</span> Afternoon Stroll [CY]<br>4:00 <span>CE</span> Trivia [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>AE</span> Crafty Club [AR]<br>11:00 <span>CC</span> <b>Fundraiser Food Friday</b><br>1:30 <span>CC</span> <b>Scenic Ride</b><br>3:00 <span>LL</span> Happy Hour [AR]<br>3:00 <span>LL</span> <b>Music with David Hunt [MDR]</b><br>4:00 <span>LL</span> Play Cards [AR] | <b>Community Yardsale</b><br>9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Saturday Morning Humor [AR]<br>11:00 <span>LL</span> Board Games [AR]<br>11:00 <span>SS</span> <b>Cathedral Church of Praise</b><br>2:00 <span>LL</span> Card Play [AR]<br>2:30 <span>AE</span> <b>Music with Allen Hilbert [MDR]</b><br>3:30 <span>LL</span> Colorful Creations [AR]<br>4:00 <span>LL</span> Chit Chat Club |
|  | 9:30 <span>LL</span> Coffee & News [AR]<br>0:30 <span>PE</span> Exercise<br>1:00 <span>SS</span> <b>Communion Service</b><br>1:30 <span>SS</span> Daily Devotion [AR]<br>2:00 <span>PE</span> Sunday Stroll [CY]<br>3:30 <span>LL</span> <b>Maryville Baptist Church [MDR]</b><br>4:00 <span>LL</span> Card Play [AR] | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>LL</span> Fancy Nails [AR]<br>1:30 <span>CC</span> <b>Outing to store</b><br>3:30 <span>LL</span> Puzzles & Games [AR]<br>4:15 <span>CE</span> News & Views [AR]   | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:00 <span>CC</span> <b>Healing Hearts Outreach Club [AR]</b><br>11:00 <span>CE</span> Trivia [AR]<br>2:00 <span>CC</span> Bingo [AR]<br>3:30 <span>AE</span> Let's Get Crafty [AR]  | 9:30 <span>PE</span> Light and Lively Exercise [AR]<br>10:30 <span>CE</span> Morning Trivia [AR]<br>2:00 <span>SS</span> Meditation [AR]<br>3:30 <span>LL</span> Play Cards [AR]<br>4:15 <span>PE</span> Afternoon Stroll [CY]   | <div>10201 Valley Farms Drive<br/>Louisville, KY 40272<br/>502-937-3028</div> <div><div><div><span>AE</span> Artistic Expression</div><div><span>CC</span> Community Connections</div><div><span>CE</span> Continuing Education</div><div><span>LL</span> Lifestyle &amp; Leisure</div><div><span>PE</span> Physical Engagement</div><div><span>SS</span> Spiritual Support</div></div><div><div>Location Keys</div><div>Activity Room AR</div><div>Courtyard CY</div><div>Main Dining Room MDR</div><div>Multipurpose Room MR</div></div></div> |  |  |