Morrison Woods Health Campus
Life Enrichment - Assisted Living

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key Code: 1. Assisted Living Activity Room 2. Charlie's Pub 3. Sun Room 4. Health Center Activity Room 5. Assisted Living Living Room 6. Conference Room	**1** **10:00** AL Resident Council Meeting 1 **11:00** Motion Madness 1 **3:00** Campus Gardening 1 **6:00** Game Night 1	**2** **11:00** Motion Madness 1 **1:30** Card Club with Myra 1 **3:00** Folks and Spokes 5 **4:00** BINGO 4	**3** **9:00** Men's Group 1 **10:30** Church of the Living God 5 **11:00** Motion Madness 1 **1:30** Euchre Group 1 **2:00** Mystery Outing 5*	**4** Independence Day **10:00** Cooking at the Pub 2 **11:00** Motion Madness 1 **1:30** Euchre 1 **8:00** Hometown Band&Fireworks *Pls Inform Activities Staff 48 hrs prior	**5** **9:00** Friday Fun Outing *5 **10:30** Chef's Circle 5 **11:00** Motion Madness 5 **1:30** Euchre Group 1 **4:00** Happy Hour 5	**6** **10:00** Move to Music 4 **10:00** Farmers Market 5 **11:00** BINGO 4 **1:30** Card Club 1 **2:30** Fun at the Pub 2
7 **10:00** Notable News Review 3 **11:00** Wii Sports 4 **1:30** Card Club 1 **2:00** Gospel Music with Larry D. 5	**8** **10:30** Activity Planning Committee Meeting 1 **11:00** Motion Madness 1 **3:00** Campus Gardening 1 **6:00** Game Night 1	**9** **11:00** Motion Madness 1 **1:30** Card Club with Myra 1 **3:00** Folks and Spokes 5 **4:00** BINGO 4	**10** **9:00** Men's Group 1 **11:00** Motion Madness 1 **1:30** Euchre Group 1 **2:00** Mystery Outing 5*	**11** **10:00** Cooking at the Pub 2 **10:30** Catholic Communion 2 **11:00** Motion Madness 1 **2:30** Music with Jimmy Priest 5 **6:00** Game Night - 1	**12** **9:00** Friday Fun Outing *5 **10:30** Chef's Circle 5 **11:00** Motion Madness 5 **1:30** Euchre Group 1 **4:00** Happy Hour 5	**13** **10:00** Move to Music 4 **10:00** Farmers Market 5 **11:00** BINGO 4 **1:30** Card Club 1 **2:30** Fun at the Pub 2
14 **10:00** Notable News Review 3 **11:00** Wii Sports 4 **1:30** Card Club 1 **2:30** Fun at the Pub 3	**15** **11:00** Motion Madness 1 **1:00** Massages with Myra 2 **3:00** Campus Gardening 1 **6:00** Game Night 1	**16** **11:00** Motion Madness 1 **1:30** Card Club with Myra 1 **3:00** Folks and Spokes 5 **4:00** BINGO 4	**17** **9:00** Men's Group 1 **11:00** Motion Madness 1 **1:30** Euchre Group 1 **2:00** Mystery Outing 5*	**18** **10:00** Cooking at the Pub 2 **11:00** Motion Madness 1 **2:30** Monthly Birthday Celebration - 4 **3:30** Hymn Sing with the Burtons 5 **6:00** Game Night - 1	**19** **9:00** Friday Fun Outing *5 **10:30** Chef's Circle 5 **11:00** Motion Madness 5 **1:30** Euchre Group 1 **4:00** Happy Hour 5	**20** **10:00** Move to Music 4 **10:00** Farmers Market 5 **11:00** BINGO 4 **1:30** Card Club 1 **2:30** Fun at the Pub 2
21 **10:00** Notable News Review 3 **11:00** Wii Sports 4 **1:30** Card Club 1 **2:50** Fun at the Pub 3	**22** **11:00** Motion Madness 1 **1:30** Euchre **3:00** Campus Gardening 1 **6:00** Game Night 1	**23** **11:00** Motion Madness 1 **1:30** Card Club with Myra 1 **3:00** Folks and Spokes 5 **4:00** BINGO 4	**24** **9:00** Men's Group 1 **11:00** Motion Madness 1 **1:30** Euchre Group 1 **2:00** Mystery Outing 5*	**25** **10:00** Cooking at the Pub 2 **11:00** Motion Madness 1 **2:00** Wheel of Fortune 1 **6:00** Game Night - 1	**26** **9:00** Friday Fun Outing *5 **10:30** Chef's Circle 5 **11:00** Motion Madness 5 **1:30** Euchre Group 1 **4:00** Happy Hour 5	**27** **10:00** Move to Music 4 **10:00** Farmers Market 5 **11:00** BINGO 4 **1:30** Card Club 1 **2:30** Music with Jimmy Priest 5
28 **10:00** Notable News Review 3 **11:00** Family Brunch 11a - 1p **1:30** Card Club 1 **2:30** Fun at the Pub 3	**29** **11:00** Motion Madness 1 **1:30** Euchre **3:00** Campus Gardening 1 **6:00** Game Night 1	**30** **11:00** Motion Madness 1 **1:30** Card Club with Myra 1 **3:00** Folks and Spokes 5 **4:00** BINGO 4	**31** **9:00** Men's Group 1 **11:00** Motion Madness 1 **1:30** Euchre Group 1 **2:00** Mystery Outing 5*		** - Please notify Life Enrichment Staff 24 hours prior to outing if interested $ - May require money Outings are subject to change due to weather conditions.	Special Days July 4th - Independence Day

Morrison Woods Health Campus
Life Enrichment- Health Center

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	**1** S **10:00** H.C. Resident Council Meeting 3 V **11:00** Motion Madness 1 K **3:00** Brain Games 4 O **6:00** Game Night 1	**2** V **10:30** Move to Music 3 V **11:00** Motion Madness 1 K **1:30** Card Club with Myra 1 A **3:00** Folks and Spokes 5 K **4:00** BINGO 4	**3** JG **9:00** Men's Group 1 M **10:00** Judy's Therapeutic Music I **10:30** Church of the Living God 5 V **11:00** Motion Madness 1 K **1:30** Euchre Group 1 O **2:00** Mystery Outing 5*	**4** **Independence Day** CC **10:00** Cooking at the Pub 2 S **10:30** Chef's Circle 2 V **11:00** Motion Madness 1 K **1:30** Euchre 1 S **8:00** Hometown Band&Fireworks *Pls Inform Activities Staff 48 hrs prior	**5** O **9:00** Friday Fun Outing *5 L **10:30** Chef's Circle 5 MM **10:30** Happy Hands 3 V **11:00** Motion Madness 5 K **1:30** Euchre Group 1 S **4:00** Happy Hour 5	**6** V **10:00** Move to Music 4 O **10:00** Farmers Market 5 K **11:00** BINGO 4 K **1:30** Card Club 1 GF **2:30** Fun at the Pub 2
7 K **10:00** Notable News Review 3 V **11:00** Wii Sports 4 K **1:30** Card Club 1 I **2:00** Gospel Music with Larry D. 5	**8** V **10:00** Massages with Myra 3 S **10:30** Activity Planning Committee Meeting 1 V **11:00** Motion Madness 1 K **3:00** Brain Games 4 O **6:00** Game Night 1	**9** V **10:30** Move to Music 3 V **11:00** Motion Madness 1 K **1:30** Card Club with Myra 1 A **3:00** Folks and Spokes 5 K **4:00** BINGO 4	**10** JG **9:00** Men's Group 1 V **11:00** Motion Madness 1 K **1:30** Euchre Group 1 O **2:00** Mystery Outing 5*	**11** CC **10:00** Cooking at the Pub 2 S **10:30** Chef's Circle 2 I **10:30** Catholic Communion 2 V **11:00** Motion Madness 1 M **2:30** Music with Jimmy Priest 5 K **6:00** Game Night - 1	**12** O **9:00** Friday Fun Outing *5 L **10:30** Chef's Circle 5 MM **10:30** Happy Hands 3 V **11:00** Motion Madness 5 K **1:30** Euchre Group 1 S **4:00** Happy Hour 5	**13** V **10:00** Move to Music 4 O **10:00** Farmers Market 5 K **11:00** BINGO 4 K **1:30** Card Club 1 GF **2:30** Fun at the Pub 2
14 K **10:00** Notable News Review 3 V **11:00** Wii Sports 4 K **1:30** Card Club 1 **2:30** Fun at the Pub 3	**15** V **11:00** Motion Madness 1 MM **11:00** Mindful Moments 3 K **3:00** Brain Games 4 O **6:00** Game Night 1	**16** V **10:30** Move to Music 3 V **11:00** Motion Madness 1 K **1:30** Card Club with Myra 1 A **3:00** Folks and Spokes 5 K **4:00** BINGO 4	**17** JG **9:00** Men's Group 1 M **10:00** Judy's Therapeutic Music V **11:00** Motion Madness 1 K **1:30** Euchre Group 1 O **2:00** Mystery Outing 5*	**18** CC **10:00** Cooking at the Pub 2 S **10:30** Chef's Circle 2 V **11:00** Motion Madness 1 S **2:30** Monthly Birthday Celebration - 4 I **3:30** Hymn Sing with the Burtons 5 K **6:00** Game Night - 1	**19** O **9:00** Friday Fun Outing *5 L **10:30** Chef's Circle 5 MM **10:30** Happy Hands 3 V **11:00** Motion Madness 5 K **1:30** Euchre Group 1 S **4:00** Happy Hour 5	**20** V **10:00** Move to Music 4 O **10:00** Farmers Market 5 K **11:00** BINGO 4 K **1:30** Card Club 1 GF **2:30** Fun at the Pub 2
21 K **10:00** Notable News Review 3 V **11:00** Wii Sports 4 K **1:30** Card Club 1 S **2:50** Fun at the Pub 3	**22** V **11:00** Motion Madness 1 MM **11:00** Mindful Moments 3 K **1:30** Euchre K **3:00** Brain Games 4 O **6:00** Game Night 1	**23** V **10:30** Move to Music 3 V **11:00** Motion Madness 1 K **1:30** Card Club with Myra 1 A **3:00** Folks and Spokes 5 K **4:00** BINGO 4	**24** JG **9:00** Men's Group 1 V **11:00** Motion Madness 1 K **1:30** Euchre Group 1 O **2:00** Mystery Outing 5*	**25** CC **10:00** Cooking at the Pub 2 S **10:30** Chef's Circle 2 V **11:00** Motion Madness 1 K **6:00** Game Night - 1	**26** O **9:00** Friday Fun Outing *5 L **10:30** Chef's Circle 5 MM **10:30** Happy Hands 3 V **11:00** Motion Madness 5 K **1:30** Euchre Group 1 S **4:00** Happy Hour 5	**27** V **10:00** Move to Music 4 O **10:00** Farmers Market 5 K **11:00** BINGO 4 K **1:30** Card Club 1 M **2:30** Music with Jimmy Priest 5
28 K **10:00** Notable News Review 3 S **11:00** Family Brunch 11a - 1p K **1:30** Card Club 1 GF **2:30** Fun at the Pub 3	**29** V **11:00** Motion Madness 1 MM **11:00** Mindful Moments 3 K **1:30** Euchre K **3:00** Brain Games 4 O **6:00** Game Night 1	**30** V **10:30** Move to Music 3 V **11:00** Motion Madness 1 K **1:30** Card Club with Myra 1 A **3:00** Folks and Spokes 5 K **4:00** BINGO 4	**31** JG **9:00** Men's Group 1 V **11:00** Motion Madness 1 K **1:30** Euchre Group 1 O **2:00** Mystery Outing 5*	* - Please notify Life Enrichment Staff at least 24 hours prior to outing if interested $ - May require money Outings are subject to change due to weather conditions.	Key Code 1 Assisted Living Activity Room 2 Charlie's Pub 3 Sun Room 4 Health Center Activity Room 5 Assisted Living Living Room 6 Conference Room	Special Days July 4th - Independence Day

Daily Rhythmns

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Drum Circle Inspired Tales Broccoli Salad Supreme Relax & Recharge Cut Up Art Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	**2** Walk On The Beach Roll to 20! Raspberry Peach Delight Relax & Recharge Patriotic Wind Catcher Summer Singin' Fair Midway Games Healthy Hands Reminiscing Through Photos	**3** Soccer Yard Sale Buttons and Bows Relax & Recharge Fireworks Sponge Art Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	**4** Independence Day Let's Take A Trip American Landmarks Independence Day Red Velvet Cupcakes Relax & Recharge Creative Storytelling Yankee Doodle Dandy Aim for the Stars Healthy Hands	**5** Pump It Up Friday Fun Outing Summer Vacation Chocolate Stawberry Trifle Relax & Recharge Marble Painting Margaritaville Happy Hour Sorting Fair Winners Healthy Hands	**6** Dance Party Summer Colors Banana Nut Bread Relax & Recharge Clothespin Trivet Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
7 Mindful Movements Categories Roast Beef Pinwheels Relax & Recharge Flower Pounding Listen to the Wind Word Works Healthy Hands A Time For Tea!	**8** Drum Circle Inspired Tales Peanut Butter Cookies Relax & Recharge Sandpaper Art Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	**9** Walk On The Beach Roll to 20! Strawberry Cheesecake Pie Relax & Recharge Watermelon Painting Summer Singin' Fair Midway Games Healthy Hands Reminiscing Through Photos	**10** Soccer Yard Sale Key Lime Pie Relax & Recharge Poetry Writing Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	**11** Let's Take A Trip American Landmarks Spiced Cocoa Cupcakes Relax & Recharge Coffee Filter Butterflies Hats Off to You Aim for the Stars Healthy Hands Hangman	**12** Pump It Up Friday Fun Outing Summer Vacation Chocolate Toffee Biscuits Relax & Recharge Clay Pinch Pots-Day1 Margaritaville Happy Hour Sorting Fair Winners Healthy Hands	**13** Dance Party Summer Colors Apple Zucchini Bread Relax & Recharge Clay Pinch Pots-Day2 Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
14 Mindful Movements Categories Pineapple Cheddar Spread Relax & Recharge Monet Water Lillies Listen to the Wind Word Works Healthy Hands A Time For Tea!	**15** Drum Circle Inspired Tales Loaded Pretzel Cookies Relax & Recharge Pineapple Prints Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	**16** Walk On The Beach Roll to 20! Creamy Peanut Butter Pie Relax & Recharge Cling Wrap Painting Summer Singin' Fair Midway Games Healthy Hands Reminiscing Through Photos	**17** Soccer Yard Sale Banana Wheat Bread Relax & Recharge Have a Gentle Conversation Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	**18** Let's Take A Trip American Landmarks Lemon Sparkle Cupcakes Relax & Recharge Watercolors & Oil Hats Off to You Aim for the Stars Healthy Hands Hangman	**19** Pump It Up Friday Fun Outing Summer Vacation Giant Chocolate Chip Cookie Relax & Recharge Multi-Stage Process Art Margaritaville Happy Hour Sorting Fair Winners Healthy Hands	**20** Dance Party Summer Colors Honey Spiced Bread Relax & Recharge Multi-Stage Process Art Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
21 Mindful Movements Categories Strawberry Salsa Relax & Recharge Multi-Stage Process Art Listen to the Wind Word Works Healthy Hands A Time For Tea!	**22** Drum Circle Inspired Tales Tropical Muffins Relax & Recharge Lavander Wands Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	**23** Walk On The Beach Roll to 20! Cherry Pie Relax & Recharge Wood and Washer Wind Chimes Summer Singin' Fair Midway Games Healthy Hands Reminiscing Through Photos	**24** Soccer Yard Sale Orange Banana Nut Bread Relax & Recharge Zen Doodle Moon Art Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory	**25** Let's Take A Trip American Landmarks Chocolate Zucchini Cupcakes Relax & Recharge Ask a Beutiful Question Hats Off to You Aim for the Stars Healthy Hands Hangman	**26** Pump It Up Friday Fun Outing Summer Vacation Oatmeal Butterscotch Cookies Relax & Recharge Fibonacci Art Project Margaritaville Happy Hour Sorting Fair Winners Healthy Hands	**27** Dance Party Summer Colors Parmesan Italian Loaf Relax & Recharge Ribbon Dancers Campfire Songs Name 3 Toss & Catch Healthy Hands Old Time Theater
28 Mindful Movements Categories Veggie Pizza Squares Relax & Recharge Wall Art - Textured Mixed Media Listen to the Wind Word Works Healthy Hands A Time For Tea!	**29** Drum Circle Inspired Tales Pumpkin Bread Relax & Recharge Wall Art - Textured Mixed Media Dancing Monday Water Balloon Bucket Toss Healthy Hands LifeShare Games	**30** Walk On The Beach Roll to 20! Peach Delight Pie Relax & Recharge Bird Nesting Ball Summer Singin' Fair Midway Games Healthy Hands Reminiscing Through Photos	**31** Soccer Yard Sale Zucchini Cupcakes Relax & Recharge Bird Nesting Ball Gone Fishin' Velcro Catch Healthy Hands Shake Loose A Memory			