

**Mill Pond Health Campus
Assisted Living**

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	1 JG 11:30 Guys Lunch S 1:30 Partners & Planning (AL) S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	2 O 10:00 Walmart V 10:15 Tae Bo - AR A 11:15 Craft Circle -AR A 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	3 GF 2:00 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	4 Independence Day K 10:00 LifeShare Games V 11:00 Bowling GF 8:30 Independence Day Celebration	5 CC 9:00 Bake Sale Prep (AR) V 10:15 Bowling (AL) CC 10:30 Bake Sale K 2:00 Bingo (HCD) M 3:30 Happy Hour	6 I 9:30 Meditation K 2:00 Bingo (ALD)
7 GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	8 S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	9 V 10:15 Yoga - AL A 11:15 Craft Circle-AR A 1:00 Journal Club - AR O 1:30 Scenic Drive K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	10 V 10:15 Bocce Ball A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	11 I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR O 1:30 Fishing CC 3:00 Cooking Club	12 CC 9:00 Bake Sale Prep (AR) V 10:15 Bocce Ball - AL CC 10:30 Bake Sale K 2:00 Bingo (HCD) M 3:30 Happy Hour with Traveling Troubadours (ALF) O 8:00 Playhouse: Send Me No Flowers	13 I 9:30 Coloring Inspiration K 2:00 Bingo (ALD)
14 GF 9:30 Come Relax With Us And Watch A Movie (ALD) S 11:00 Sunday Brunch O 12:00 Putnam County 4-H Parade M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul	15 S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	16 O 10:00 Dollar Tree V 10:15 Weight Training - AR A 11:15 Craft Circle -AR S 1:00 Taste of Town : Shaved Iced A 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	17 GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	18 I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive A 1:30 Craft Circle -AR CC 3:00 Cooking Club	19 CC 9:00 Bake Sale Prep (AR) V 10:15 Cornhole - P CC 10:30 Bake Sale K 2:00 Bingo (HCD) S 3:30 Happy Hour (ALF)	20 I 9:30 Meditation K 2:00 Bingo (ALD)
21 GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL) M 3:00 Music with Faith Baptist	22 S 1:30 Resident Council (AL) AR S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	23 V 10:15 Stretching -AR A 11:15 Craft Circle -AR A 1:00 Journal Club - AR K 2:00 Bingo (HCD) O 2:30 Dollar Tree GG 3:30 Euchre Club (AL) M 6:15 Music with Shawn	24 JG 1:30 Guys Games GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	25 I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR CC 3:00 Cooking Club K 6:15 Lions Club Bingo (ALD)	26 CC 9:00 Bake Sale Prep (AR) V 10:15 Washers - P CC 10:30 Bake Sale S 1:00 Glamorous Gals O 1:30 Scenic Drive K 2:00 Bingo (HCD) S 3:30 Happy Hour with Gill Miller (ALF)	27 I 9:30 Coloring Inspiration M 2:00 Chuck Reeves K 2:00 Bingo (ALD)
28 GF 9:30 Come Relax With Us And Watch A Movie (ALD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	29 S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	30 O 10:00 Goodwill V 10:15 Noodle Hockey A 11:15 Craft Circle -AR A 1:00 Journal Club - AR K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	31 GF 2:00 Movie Matinee I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room P= Patio	Ombudsman John Turner 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.	Birthdays! 23rd Lucille S. 29th Edna S. 29th Bernice G. 29th Evelyn G.

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	1 MM 9:05 Mindful Moments V 10:15 Sit N Fit- HC JG 11:30 Guys Lunch 12:15 Healthy Hands S 1:30 Partners & Planning (AL) S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR	2 MM 9:05 Mindful Moments O 10:00 Walmart A 11:15 Craft Circle -AR K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	3 MM 9:05 Mindful Moments V 10:15 Bowling -HC (AL) 12:15 Healthy Hands GF 2:00 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	4 Independence Day MM 9:05 Mindful Moments K 10:00 LifeShare Games V 11:00 Bowling GF 8:30 Independence Day Celebration	5 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) M 3:30 Happy Hour	6 I 9:30 Meditation 12:15 Cleansing Oils MM 1:15 Mindful Moments K 2:00 Bingo (ALD)
7 GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	8 MM 9:05 Mindful Moments V 10:15 Weight Training- HC 12:15 Healthy Hands S 2:00 Chef's Comer (AR) M 3:00 Depauw Music Group K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	9 MM 9:05 Mindful Moments A 11:15 Craft Circle-AR O 1:30 Scenic Drive K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	10 MM 9:05 Mindful Moments V 10:15 Bocce Ball 12:15 Healthy Hands A 1:00 DJ Creation (AR) GF 2:30 Movie Matinee (ALD) I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	11 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR O 1:30 Fishing CC 3:00 Cooking Club M 3:00 Depauw Music Group	12 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) M 3:30 Happy Hour with Traveling Troubadours (ALF) O 8:00 Playhouse: Send Me No	13 I 9:30 Coloring Inspiration 12:15 Cleansing Oils MM 1:15 Mindful Moments K 2:00 Bingo (ALD)
14 GF 9:30 Come Relax With Us And Watch A Movie (ALD) S 11:00 Sunday Brunch MM 11:15 Mindful Moments O 12:00 Putnam County 4-H Parade 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul	15 MM 9:05 Mindful Moments V 10:15 Stretching - HC 12:15 Healthy Hands S 1:30 Resident Council (HC) AR S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	16 MM 9:05 Mindful Moments O 10:00 Dollar Tree A 11:15 Craft Circle -AR S 1:00 Taste of Town : Shaved Iced K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	17 MM 9:05 Mindful Moments V 10:15 Cornhole - P 12:15 Healthy Hands GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	18 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune O 1:30 Scenic Drive A 1:30 Craft Circle -AR CC 3:00 Cooking Club	19 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands K 2:00 Bingo (HCD) S 3:30 Happy Hour (ALF)	20 I 9:30 Meditation 12:15 Cleansing Oils MM 1:15 Mindful Moments K 2:00 Bingo (ALD)
21 GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	22 MM 9:05 Mindful Moments V 10:15 Parachute Games - HC 12:15 Healthy Hands S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	23 MM 9:05 Mindful Moments A 11:15 Craft Circle -AR K 2:00 Bingo (HCD) O 2:30 Dollar Tree GG 3:30 Euchre Club (AL) M 6:15 Music with Shawn	24 MM 9:05 Mindful Moments V 10:15 Washers -P 12:15 Healthy Hands JG 1:30 Guys Games GF 2:00 Movie Matinee -AR I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	25 MM 9:05 Mindful Moments I 10:30 Bible Study (AL) M 11:15 Name That Tune A 1:30 Craft Circle -AR CC 3:00 Cooking Club K 6:15 Lions Club Bingo (ALD)	26 CC 9:00 Bake Sale Prep (AR) MM 9:05 Mindful Moments CC 10:30 Bake Sale 12:15 Healthy Hands S 1:00 Glamorous Gals O 1:30 Scenic Drive K 2:00 Bingo (HCD) S 3:30 Happy Hour with Gill Miller (ALF)	27 I 9:30 Coloring Inspiration 12:15 Cleansing Oils MM 1:15 Mindful Moments M 2:00 Chuck Reeves K 2:00 Bingo (ALD)
28 GF 9:30 Come Relax With Us And Watch A Movie (ALD) MM 11:15 Mindful Moments 12:15 Healthy Hands (HCD) M 2:00 Hynms with Soul Harvest (AR) I 2:20 Worship with Soul Harvest (AL)	29 MM 9:05 Mindful Moments V 10:15 Chair Yoga -AR 12:15 Healthy Hands S 2:00 Chef's Comer (AR) K 3:15 Local News AR L 4:30 Lifelong Learning -AR GF 6:15 Book Club -ARF	30 MM 9:05 Mindful Moments O 10:00 Goodwill A 11:15 Craft Circle -AR K 2:00 Bingo (HCD) GG 3:30 Euchre Club (AL)	31 MM 9:05 Mindful Moments V 10:15 Noodle Hockey 12:15 Healthy Hands GF 2:00 Movie Matinee I 4:00 Fireside Women's Bible Circle GF 6:15 Book Club -ARF	Locations Key Code HC= Health Center Living Room HCD= Health Center Dining Room ALD= Assisted Living Dining Room ALF= Assisted Living Fireplace AR= Activity Room	Ombudsman John Turner 800-489-1561 812-238-1561 * All activities/outings are subject to change. Any changes will be announced on Lifeshare.	Birthdays! 7th Dan S. 11th Bev B. 14th Dale B. 16th Doris S.

Mill Pond Health Campus Daily Rhythms

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	1 V Drum Circle K Inspired Tales Refresher CC Broccoli Salad Supreme K Lunch Prep A Relax & Recharge M Cut Up Art GG Dancing Monday GG Water Balloon Bucket Toss	2 V Walk On The Beach K Roll to 20! Refresher CC Raspberry Peach Delight K Lunch Prep A Relax & Recharge M Patriotic Wind Catcher GG Summer Singin' GG Fair Midway Games	3 V Soccer K Yard Sale Refresher CC Buttons and Bows K Lunch Prep A Relax & Recharge M Fireworks Sponge Art GG Gone Fishin' GG Velcro Catch	4 Independence Day V Let's Take A Trip K American Landmarks O Scenic Drive Refresher CC Independence Day Red Velvet Cupcakes K Lunch Prep A Relax & Recharge A Creative Storytelling	5 V Pump It Up K Summer Vacation Refresher CC Chocolate Stawberry Trifle K Lunch Prep A Relax & Recharge M Marble Painting GG Margaritaville Happy Hour GG Sorting Fair Winners	6 V Dance Party K Summer Colors Refresher CC Banana Nut Bread K Lunch Prep A Relax & Recharge M Clothespin Trivet GG Campfire Songs GG Name 3 Toss & Catch
7 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Roast Beef Pinwheels K Lunch Prep A Relax & Recharge A Flower Pounding M Listen to the Wind	8 V Drum Circle K Inspired Tales Refresher CC Peanut Butter Cookies K Lunch Prep A Relax & Recharge A Sandpaper Art M Depauw Music Group M Dancing Monday	9 V Walk On The Beach K Roll to 20! Refresher CC Strawberry Cheesecake Pie K Lunch Prep A Relax & Recharge A Watermelon Painting M Summer Singin' GG Fair Midway Games	10 V Soccer K Yard Sale Refresher CC Key Lime Pie K Lunch Prep A Relax & Recharge A Poetry Writing M Gone Fishin' GG Velcro Catch	11 V Let's Take A Trip K American Landmarks O Scenic Drive Refresher CC Spiced Cocoa Cupcakes K Lunch Prep A Relax & Recharge A Coffee Filter Butterflies M Depauw Music Group	12 V Pump It Up K Summer Vacation Refresher CC Chocolate Toffee Biscuits K Lunch Prep A Relax & Recharge A Clay Pinch Pots-Day1 M Margaritaville Happy Hour GG Sorting Fair Winners	13 V Dance Party K Summer Colors Refresher CC Apple Zucchini Bread K Lunch Prep A Relax & Recharge A Clay Pinch Pots-Day2 M Campfire Songs GG Name 3 Toss & Catch
14 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Pineapple Cheddar Spread K Lunch Prep A Relax & Recharge A Monet Water Lillies M Listen to the Wind	15 V Drum Circle K Inspired Tales Refresher CC Loaded Pretzel Cookies K Lunch Prep A Relax & Recharge A Pineapple Prints M Dancing Monday GG Water Balloon Bucket Toss	16 V Walk On The Beach K Roll to 20! Refresher CC Creamy Peanut Butter Pie K Lunch Prep A Relax & Recharge A Cling Wrap Painting M Summer Singin' GG Fair Midway Games	17 V Soccer K Yard Sale Refresher CC Banana Wheat Bread K Lunch Prep A Relax & Recharge A Have a Gentle Conversation M Gone Fishin' GG Velcro Catch	18 V Let's Take A Trip K American Landmarks O Scenic Drive Refresher CC Lemon Sparkle Cupcakes K Lunch Prep A Relax & Recharge A Watercolors & Oil M Hats Off to You	19 V Pump It Up K Summer Vacation Refresher CC Giant Chocolate Chip Cookie K Lunch Prep A Relax & Recharge A Multi-Stage Process Art M Margaritaville Happy Hour GG Sorting Fair Winners	20 V Dance Party K Summer Colors Refresher CC Honey Spiced Bread K Lunch Prep A Relax & Recharge A Multi-Stage Process Art M Campfire Songs GG Name 3 Toss & Catch
21 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Strawberry Salsa K Lunch Prep A Relax & Recharge A Multi-Stage Process Art M Listen to the Wind	22 V Drum Circle K Inspired Tales Refresher CC Tropical Muffins K Lunch Prep A Relax & Recharge A Lavander Wands M Dancing Monday GG Water Balloon Bucket Toss	23 V Walk On The Beach K Roll to 20! Refresher CC Cherry Pie K Lunch Prep A Relax & Recharge A Wood and Washer Wind Chimes M Summer Singin' GG Fair Midway Games	24 V Soccer K Yard Sale Refresher CC Orange Banana Nut Bread K Lunch Prep A Relax & Recharge A Zen Doodle Moon Art M Gone Fishin' GG Velcro Catch	25 V Let's Take A Trip K American Landmarks O Scenic Drive Refresher CC Chocolate Zucchini Cupcakes K Lunch Prep A Relax & Recharge A Ask a Beutiful Question M Hats Off to You	26 V Pump It Up K Summer Vacation Refresher CC Oatmeal Butterscotch Cookies K Lunch Prep A Relax & Recharge A Fibonacci Art Project M Margaritaville Happy Hour GG Sorting Fair Winners	27 V Dance Party K Summer Colors Refresher CC Parmesan Italian Loaf K Lunch Prep A Relax & Recharge A Ribbon Dancers M Campfire Songs GG Name 3 Toss & Catch
28 V Mindful Movements I Joel Osteen TV K Categories Refresher CC Veggie Pizza Squares K Lunch Prep A Relax & Recharge A Wall Art - Textured Mixed Media M Listen to the Wind	29 V Drum Circle K Inspired Tales Refresher CC Pumpkin Bread K Lunch Prep A Relax & Recharge A Wall Art - Textured Mixed Media M Dancing Monday GG Water Balloon Bucket Toss	30 V Walk On The Beach K Roll to 20! Refresher CC Peach Delight Pie K Lunch Prep A Relax & Recharge A Bird Nesting Ball M Summer Singin' GG Fair Midway Games	31 V Soccer K Yard Sale Refresher CC Zucchini Cupcakes K Lunch Prep A Relax & Recharge A Bird Nesting Ball M Gone Fishin' GG Velcro Catch	Morning: Vitality Keeping it Sharp/ Reminiscence Refresher Creative Cooking	Every Afternoon: Relax & Recharge Artisans Musical Celebration Refresher Group Games	Every Evening: Gathering of Friends Nighttime Traditions Ombudsman John Turner 800-489-1561 812-238-1561