

Life Enrichment Calendar Assisted Living

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	1 V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR	2 V 10:00 Trilogy Fit- PCRR L 10:45 Destination Exploration; Italy O 11:30 Picnic in the Park CC 3:40 Chef's Circle K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR	3 I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR A 4:00 Arts and Crafts; Fireworks painting GG 4:00 Resident's Choice: Games-PCRR	4 Independence Day V 10:00 Trilogy Fit -PCRR K 11:00 Current Events Discussion- HCRR CC 2:00 Love on a Leash - Room to Room S 3:15 Fourth of July Party; music by Gary- HCDDP GF 4:00 Gardening Club	5 O 10:15 Drive to the Castle L 11:00 Current Events Discussion- PCLR A 1:30 Crafting Corner with Lisa M 3:00 Happy Hour with Dave Butler - DR K 6:15 FRIDAY NIGHT BINGO! - HCRR	6 GF 10:30 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork - HCRR
7 GF 10:40 Popcom and Netflix; The Crown-HCRR I 2:30 Church of the Savior - HCRR GG 4:00 Resident's Choice: Games/Puzzles K 4:00 Patio Chats- HCDDP	8 V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR	9 V 10:00 Trilogy Fit- PCRR L 10:45 Destination Exploration; India A 1:30 Learn to draw with artist Gary - HCRR S 3:00 Calendar Planning Committee- HCRR CC 3:40 Chef's Circle K 4:00 Patio Chats- HCDDP	10 I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GG 4:00 Resident's Choice: Games-PCRR GF 4:00 Gardening Club I 6:00 Fellowship with UPC Youth- HCRR	11 V 10:00 Trilogy Fit -PCRR K 11:00 Current Events Discussion- HCRR O 11:30 Big Boy (Pay own way) I 3:15 Music and Meditation I 7:00 Trinity Life Bible Study - HCRR	12 O 10:00 Scenic Drive to Woodford Reserve L 11:00 Current Events Discussion- PCLR A 1:30 Crafting Corner with Lisa M 3:00 Happy Hour with Franklin GG 4:00 Resident's Choice:	13 GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork - HCRR
14 GF 10:40 Popcom and Netflix; The Crown-HCRR S 12:00 Sunday Brunch - DR I 1:30 Chapel Service - HCRR GF 2:30 Sunday Afternoon Movie - HCRR K 4:00 Patio Chats- HCDDP GG 4:00 Resident's Choice: Games/Puzzles	15 V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR S 3:00 Resident Council- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR	16 V 10:00 Trilogy Fit- PCRR L 10:45 Destination Exploration; France M 2:30 Resident Birthday Party with Gary Bertram - DR S 3:30 Chef's Circle K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR	17 I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GG 4:00 Resident's Choice: Games-PCRR GF 4:00 Gardening Club	18 V 10:00 Trilogy Fit -PCRR K 11:00 Current Events Discussion- HCRR O 1:45 Orange Leaf I 3:30 Music and Meditation GG 6:15 Yard Games; Bowling, Corn Hole	19 O 10:00 Scenic Drive to the River L 11:00 Current Events Discussion- PCLR A 1:30 Crafting Corner with Lisa M 3:00 Happy Hour with Dave Butler - DR GG 4:00 Resident's Choice:	20 GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR 1:15 Patio Chats in the Garden V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork -
21 GF 10:40 Popcom and Netflix; The Crown-HCRR I 1:30 Devotional- HCRR K 4:00 Patio Chats- HCDDP GG 4:00 Resident's Choice: Games/Puzzles	22 V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR GG 3:10 Games; UNO, Scrabble; Resident's choice-HCRR M 4:00 Hymns with Sydney - HCRR	23 V 10:00 Trilogy Fit- PCRR L 10:45 Destination Exploration; South Africa G 2:00 Cornbread and Buttermilk Social with Harley Cannon S 3:30 Chef's Circle JG 4:00 Men's Club - HCRR	24 I 10:45 Visits with Aurora - HCRR O 11:00 Field Trip; Lexington Legends baseball game V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GF 4:00 Gardening Club	25 V 10:00 Trilogy Fit -PCRR K 11:00 Current Events Discussion- HCRR O 1:45 Dollar Tree I 3:15 Music and Meditation GG 6:15 Put Put Golf -PCP	26 CC 10:00 Southern Hills Performance L 11:00 Current Events Discussion- PCLR A 1:30 Crafting Corner with Lisa M 3:00 Happy Hour with Franklin GG 4:00 Resident's Choice:	27 GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork - HCRR
28 GF 10:40 Popcom and Netflix; The Crown-HCRR I 1:30 Devotional- HCRR K 3:30 Snapple Facts-HCDDP GG 4:00 Resident's Choice: Games/Puzzles	29 V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR	30 V 10:00 Trilogy Fit- PCRR L 10:45 Destination Exploration; England O 1:30 Lexington Library S 3:30 Chef's Circle K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR	31 I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GG 4:00 Resident's Choice: Games-PCRR GF 4:00 Gardening Club	Key Code: DR - Dining Room ICP- Ice Cream Parlor HCRR - Health Care Recreation Room RHLR- Rehab to Home Living Room PCLR - PC Living Room PCRR - PC Recreation Room HCDDP-Health Care Dinning Room	Did you know? You can receive a phone call or text reminders about your favorite activities. Sign up with Life Enrichment today.	We love our volunteers! If you're interested in sharing your talents and volunteering with us, contact a member of the Life Enrichment team.

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<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments</p>	<p>1 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR</p>	<p>2 MN 9:15 Themed Sensory Baskets- HCRR L 10:45 Destination Exploration; Italy O 11:30 Picnic in the Park K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR</p>	<p>3 MN 9:15 Themed Sensory Baskets- HCRR CC 10:00 Cooking Club-ICP I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR A 4:00 Arts and Crafts; Fireworks painting</p>	<p>4 Independence Day MN 9:15 Themed Sensory Baskets- HCRR K 11:00 Current Events Discussion- HCRR CC 2:00 Love on a Leash - Room to Room S 3:15 Fourth of July Party; music by Gary- HCDDP GF 4:00 Gardening Club</p>	<p>5 MN 9:15 Themed Sensory Basket - HCRR O 10:15 Drive to the Castle L 11:00 Current Events Discussion- PCLR K 1:30 Life Share Games- HCRR M 3:00 Happy Hour with Dave Butler - DR</p>	<p>6 MN 10:00 Themed Sensory Baskets GF 10:30 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork -</p>
<p>7 MN 10:00 Sensory Baskets- HCRR GF 10:40 Popcom and Netflix; The Crown-HCRR I 2:30 Church of the Savior - HCRR GG 4:00 Resident's Choice: Games/Puzzles K 4:00 Patio Chats- HCDDP</p>	<p>8 MN 9:30 Themed Sensory Baskets - HCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR S 3:00 Resident Council - HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney -</p>	<p>9 MN 9:15 Themed Sensory Baskets - HCRR L 10:45 Destination Exploration; India A 1:30 Learn to draw with artist Gary - HCRR S 3:00 Calendar Planning Committee- HCRR K 4:00 Patio Chats- HCDDP</p>	<p>10 MN 9:15 Themed Sensory Baskets - HCRR CC 10:00 Cooking Club-ICP I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GF 4:00 Gardening Club I 6:00 Fellowship with UPC</p>	<p>11 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Current Events Discussion- HCRR O 11:30 Big Boy (Pay own way) I 3:15 Music and Meditation I 7:00 Trinity Life Bible Study - HCRR</p>	<p>12 MN 9:15 Themed Sensory Baskets - HCRR O 10:00 Scenic Drive to Woodford Reserve L 11:00 Current Events Discussion- PCLR K 1:30 Life Share Games- HCRR M 3:00 Happy Hour with</p>	<p>13 MN 10:00 Themed Sensory Baskets GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork -</p>
<p>14 MN 10:00 Sensory Baskets- HCRR GF 10:40 Popcom and Netflix; The Crown-HCRR S 12:00 Sunday Brunch - DR I 1:30 Chapel Service - HCRR GF 2:30 Sunday Afternoon Movie - HCRR K 4:00 Patio Chats- HCDDP GG 4:00 Resident's Choice:</p>	<p>15 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR</p>	<p>16 MN 9:15 Themed Sensory Baskets - HCRR L 10:45 Destination Exploration; France M 2:30 Resident Birthday Party with Gary Bertram - DR K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR</p>	<p>17 MN 9:15 Themed Sensory Baskets - HCRR CC 10:00 Cooking Club-ICP I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GF 4:00 Gardening Club</p>	<p>18 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Current Events Discussion- HCRR O 1:45 Orange Leaf I 3:30 Music and Meditation GG 6:15 Yard Games; Bowling, Corn Hole</p>	<p>19 MN 9:15 Themed Sensory Baskets - HCRR O 10:00 Scenic Drive to the River L 11:00 Current Events Discussion- PCLR K 1:30 Life Share Games- HCRR M 3:00 Happy Hour with Dave</p>	<p>20 MN 10:00 Themed Sensory Baskets GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR 1:15 Patio Chats in the Garden V 1:15 Walk and Talk</p>
<p>21 MN 10:00 Sensory Baskets- HCRR GF 10:40 Popcom and Netflix; The Crown-HCRR I 1:30 Devotional- HCRR K 4:00 Patio Chats- HCDDP GG 4:00 Resident's Choice: Games/Puzzles</p>	<p>22 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR GG 3:10 Games; UNO, Scrabble; Resident's choice-HCRR M 4:00 Hymns with Sydney - HCRR</p>	<p>23 MN 9:15 Themed Sensory Baskets - HCRR L 10:45 Destination Exploration; South Africa G 2:00 Combread and Buttermilk Social with Harley Cannon JG 4:00 Men's Club - HCRR</p>	<p>24 MN 9:15 Themed Sensory Baskets - HCRR CC 10:00 Cooking Club-ICP I 10:45 Visits with Aurora - HCRR O 11:00 Field Trip; Lexington Legends baseball game V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR</p>	<p>25 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Current Events Discussion- HCRR O 1:45 Dollar Tree I 3:15 Music and Meditation GG 6:15 Put Put Golf -PCP</p>	<p>26 MN 9:15 Themed Sensory Baskets - HCRR CC 10:00 Southern Hills Performance L 11:00 Current Events Discussion- PCLR K 1:30 Life Share Games- HCRR M 3:00 Happy Hour with</p>	<p>27 MN 10:00 Themed Sensory Baskets GF 10:45 Coffee & Pastries - RHLR K 11:15 Daily Chronicle Discussion- HCRR V 1:15 Walk and Talk K 2:00 Bingo - HCRR A 3:15 Inspirational Artwork -</p>
<p>28 MN 10:00 Sensory Baskets- HCRR GF 10:40 Popcom and Netflix; The Crown-HCRR I 1:30 Devotional- HCRR K 3:30 Snapple Facts-HCDDP GG 4:00 Resident's Choice: Games/Puzzles</p>	<p>29 MN 9:15 Themed Sensory Baskets - HCRR K 11:00 Book Club - HCRR V 2:00 Moving to the Music- HCRR K 3:10 Word Puzzles-HCRR M 4:00 Hymns with Sydney - HCRR</p>	<p>30 MN 9:15 Themed Sensory Baskets - HCRR L 10:45 Destination Exploration; England O 1:30 Lexington Library K 4:00 Patio Chats- HCDDP A 6:15 Brushes and Booze; art w/ a twist - HCRR</p>	<p>31 MN 9:15 Themed Sensory Baskets - HCRR CC 10:00 Cooking Club-ICP I 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR S 3:30 Chef's Circle- HCRR GG 4:00 Resident's Choice: Games-PCRR</p>	<p>Key Code: DR- Dining Room ICP - Ice Cream Parlor RHLR - Rehab to Home Living Room HCRR - Health Care Recreation Room PCRR - Personal Care Recreation Room PCLR - Personal Care Living Room</p>	<p>Did you know? You can receive a phone call or text reminders about your favorite activities. Sign up with Life Enrichment today.</p>	<p>We love our volunteers! We are looking for volunteers to help us grow. Do you have a talent you'd like to share with others? Whether it be the gift of time or a passion you'd like to share, we would love for you to join our volunteer family! Talk to a member of the Life Enrichment team to get started today.</p>