The Springs of Mooresville-AL Life Enrichment Opportunities UNITY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking F - Gathering of Friends G - Group Games I - Inspirations G - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	GC 9:30 Inspired Living Commitee V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art- American Flag Sky	1 10:00 Bible study with Toni 1 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle A 3:30 Garden Club K 6:00 Card Shark	3 O 9:15 Children's Museum & Lunch-RSVP A 3:30 Crafts- Wood Yarn Stars GC 6:00 Jingo	Independence Day GC 9:00 Extra Extra! O 10:00 Country Drive- Sonic- RSVP JG 12:00 Men's Luncheon S 12:00 TOT-Dairy Queen GC 2:00 Bingo:Auction V 3:15 Trilogy Fit	S 9:00 Crossword Group 9:30 Learning: How it's Made 10:30 Cooking Group 2:00 Triominos 3:00 Happy Hour	GF 10:10 Donut Social GC 10:20 Dice Game V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Bowling
10:10 Who, What, When 11:00 Worship Hymns 1:15 Sunday Devotions 2:30 Popcom Social 3:30 Rummy	6 9:30 Game of Sequence V 10:30 Live Music W/ RJ Sutton K 1:30 LRC A 2:30 Art- Seascapes	1 10:00 Bible study with Toni 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle A 3:30 Garden Club K 6:00 Card Shark	9:30 Crafts-Jewlery Making 011:30 O' Charley's- RSVP M 3:00 Popcom by the Piano K 3:15 Shut The Box! GC 6:00 Jingo	GC 9:00 Extra Extra! O10:00 Ollie's Outlet-RSVP GC 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Matinee	9:00 Crossword Group 9:30 Learning: How it's Made 10:30 Live Music W/ Torrie & Neville 2:00 Triominos 3:00 Happy Hour	13 GF 10:10 Donut Social GC 10:20 Nix Six V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Putt Putt
10:10 Who, What, When 11:00 Worship Hymns 1:15 Sunday Devotions 2:30 Root Beer Floats 3:30 UNO	15 GC 9:30 Dominos V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art-Foot Prints in the Sand	16 1 10:00 Bible study with Toni 1 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle A 3:30 Garden Club K 6:00 Card Shark	A 9:30 Crafts- Dream Catchers 1:30 AL- Shopping Trip-RSVP 3:00 Popcom by the Piano 3:15 Shut The Box! GC 6:00 Jingo	18 GC 9:00 Extra Extra! O 10:00 Country Drive-HC- Shopping Trip-RSVP GC 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Matinee	19 K 9:00 Crossword Group 9:30 Learning: How it's Made C 10:30 Cooking Group K 2:00 Triominos 5 3:00 Happy Hour	GF 10:10 Donut Social GC 10:20 Dice Game V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Comhole
10:10 Who, What, When 11:00 Sunday Brunch 11:00 Worship Hymns 1:15 Sunday Devotions 2:30 Popcom Social 3:30 Kings in the Comer	GC 9:30 Yahtzee V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art-Sunflower	1 10:00 Bible study with Toni 1 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle A 3:30 Garden Club K 6:00 Card Shark	7:30 Cracker Barrel- RSVP 1:30 Crafts- Lavendar Wands 3:00 Popcom by the Piano 3:15 Shut The Box! GG 6:00 Jingo	25 GC 9:00 Extra Extra! O 10:00 Country Drive- Wendy's-RSVP JG 12:00 Men's Luncheon GC 2:00 Bingo:Auction V 3:15 Trilogy Fit GF 6:00 Movie Matinee	26 K 9:00 Crossword Group 9:30 Learning: How it's Made C 10:00 Live Music W/Doug DeBaun K 2:00 Triominos 5 3:00 Happy Hour	27 GF 10:10 Donut Social GC 10:20 Nix Six V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Putt Putt
10:10 Who, What, When 11:00 Worship Hymns 1:15 Sunday Devotions 2:30 Root Beer Floats 3:30 Skip Bo	29 GC 9:30 Scrabble V 10:45 Trilogy Fit-Strength V 11:00 Kickball K 1:30 LRC A 2:30 Art- Watercolor Weaving	1 10:00 Bible study with Toni 1 11:00 Meditation Moments GC 2:00 Bingo 5 3:00 Chef's Circle 5 4:00 Resident Council- AL K 6:00 Card Shark	31 A 9:30 Crafts- Gel Air Freshener O 1:30 Five Below-RSVP M 3:30 Popcom by the Piano GC 6:00 Jingo	We are always looking for volunteers to help enrich the lives of our residents if you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.	Activities are subject to change please check Community Share for daily activities.	The activities on this calendare a great way to compler your therapy service. Pleas your therapist which might best for you.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
A - Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	1 GG 9:30 Inspired Living Commitee V10:45 Trilogy Fit-Strength V11:00 Kickball MN 11:30 What's Next K 1:30 LRC A 2:30 Art- American Flag Sky	I 10:00 Bible study with Toni MN 10:15 Sensational Walks I 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle MN 3:30 Grocery Games A 3:30 Garden Club K 6:00 Card Shark	3 O 9:15 Children's Museum & Lunch-RSVP A 3:30 Crafts- Wood Yarn Stars GC 6:00 Jingo	Independence Day GC 9:00 Extra Extra! O 10:00 Country Drive- Sonic- RSVP JG 12:00 Men's Luncheon S 12:00 TOT-Dairy Queen MIN 1:15 Sensational Senses GC 2:00 Bingo:Auction V 3:15 Trilogy Fit MIN 3:45 Garden Games	9:30 Learning: How it's Made 10:30 Cooking Group 1:30 Sensational Senses 2:00 Triominos 3:00 Happy Hour	GF 10:10 Donut Social GC 10:20 Dice Game V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Bowling MN 3:30 Sensational Senses	
10:10 Who, What, When 10:30 Reminisce Group 11:00 Worship Hymns 1:15 Sunday Devotions 2:30 Popcom Social 3:30 Rummy	9:30 Game of Sequence V 10:30 Live Music W/ RJ Sutton M 11:30 What's Next 1:30 LRC A 2:30 Art- Seascapes	I 10:00 Bible study with Toni I 10:15 Sensational Walks I 11:00 Meditation Moments C 2:00 Bingo S 3:00 Chef's Circle MN 3:30 Grocery Games A 3:30 Garden Club K 6:00 Card Shark	9:30 Crafts-Jewlery Making MN 10:45 Sensational Senses O 11:30 O' Charley's- RSVP M 3:00 Popcom by the Piano K 3:15 Shut The Box! MN 4:00 Matching Mania GC 6:00 Jingo	9:00 Extra Extra! 010:00 Ollie's Outlet-RSVP 1:15 Sensational Senses 2:00 Bingo:Auction V 3:15 Trilogy Fit M 3:45 Garden Games GF 6:00 Movie Matinee	Neville	GF 10:10 Donut Social GG 10:20 Nix Six V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Putt Putt MN 3:30 Sensational Senses	
10:10 Who, What, When 11:00 Reminisce Group 11:15 Sunday Devotions 2:30 Root Beer Floats 3:30 UNO	GC 9:30 Dominos V 10:45 Trilogy Fit-Strength V 11:00 Kickball MV 11:30 What's Next K 1:30 LRC A 2:30 Art-Foot Prints in the Sand	I 10:00 Bible study with Toni MN 10:15 Sensational Walks I 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle MN 3:30 Grocery Games A 3:30 Garden Club K 6:00 Card Shark	17 A 9:30 Crafts- Dream Catchers MI10:45 Sensational Senses O 1:30 AL- Shopping Trip-RSVP M 3:00 Popcom by the Piano K 3:15 Shut The Box! MI 4:00 Matching Mania GG 6:00 Jingo	GC 9:00 Extra Extra! Olo:00 Country Drive-HC-Shopping Trip-RSVP MR 1:15 Sensational Senses GC 2:00 Bingo:Auction V 3:15 Trilogy Fit MR 3:45 Garden Games GF 6:00 Movie Matinee		GF10:10 Donut Social GG10:20 Dice Game V 11:15 Trilogy Fit GG 1:30 Pokeno V 2:15 Comhole MN 3:30 Sensational Senses	
10:10 Who, What, When Reminisce Group 11:00 Sunday Brunch Worship Hymns 1:15 Sunday Devotions Popcom Social Kings in the Comer	GC 9:30 Yahtzee V 10:45 Trilogy Fit-Strength V 11:00 Kickball MN 11:30 What's Next K 1:30 LRC A 2:30 Art-Sunflower	I 10:00 Bible study with Toni MI 10:15 Sensational Walks I 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle MIN 3:30 Grocery Games A 3:30 Garden Club K 6:00 Card Shark	7:30 Cracker Barrel- RSVP MN10:45 Sensational Senses A 1:30 Crafts- Lavendar Wands M 3:00 Popcom by the Piano Shut The Box! MN 4:00 Matching Mania GC 6:00 Jingo	GC 9:00 Extra Extra! O 10:00 Country Drive- Wendy's-RSVP JG 12:00 Men's Luncheon MIN 1:15 Sensational Senses GC 2:00 Bingo:Auction V 3:15 Trilogy Fit MIN 3:45 Garden Games GF 6:00 Movie Matinee		GF 10:10 Donut Social GC 10:20 Nix Six V 11:15 Trilogy Fit GC 1:30 Pokeno V 2:15 Putt Putt MN 3:30 Sensational Senses	
10:10 Who, What, When 10:30 Reminisce Group 11:00 Worship Hymns 1:15 Sunday Devotions F 2:30 Root Beer Floats G 3:30 Skip Bo	GC 9:30 Scrabble V 10:45 Trilogy Fit-Strength V 11:00 Kickball MN 11:30 What's Next K 1:30 LRC A 2:30 Art- Watercolor Weaving	I 10:00 Bible study with Toni MN 10:15 Sensational Walks I 11:00 Meditation Moments GC 2:00 Bingo S 3:00 Chef's Circle S 3:30 Resident Council-HC S 4:00 Resident Council- AL K 6:00 Card Shark	31 A 9:30 Crafts- Gel Air Freshener MN10:45 Sensational Senses O 1:30 Five Below-RSVP M 3:30 Popcom by the Piano MN 4:00 Matching Mania GC 6:00 Jingo	We are always looking for volunteers to help enrich the lives of our residents. If you have any gifts, talents, or time, please see a member of the Life Enrichment team for more information.	Activities are subject to change please check community share for daily activities.	The activities on this calendal are a great way to compleme your therapy services. Please ask your therapist which migh be the best for you.	