

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	1 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bath Salts-CR GF 7:00 Sherri & Peyton's Ice	2 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 Dollar Tree-OG MM 3:00 Mindful Moments-CR S 4:00 Resident Council	3 O 9:30 Bloomington 4th of July Parade I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR	4 Independence Day V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	5 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR	6 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
7 I 10:00 Sunday Worship-MSt V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	8 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 10:45 Get to Know Me-CR K 1:30 ABC Soup: House Hold Items-CR MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bird Feeders-CR	9 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:45 Painting Party: American Flags-CR GF 2:30 Sip & Chat-ALDR MM 3:00 Mindful Moments-CR O 4:00 Dinner Out & Farmer's	10 I 10:00 Nancy's Bible Class-CR V 11:00 Movin & Groovin: Range of Motion Stretches-CR M 1:00 Musical Memories with Nathan-MSt CC 2:00 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing:	11 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	12 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR O 6:30 Jazz in July-OG	13 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
14 I 10:00 Sunday Worship-MSt GG 11:00 Rummy-CR V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	15 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Patriotic Wreaths-CR	16 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 Dairy Queen & Drive-OG MM 3:00 Mindful Moments-CR	17 I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My Parents-ALDR	18 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR O 1:00 Country Drive-OG GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B I 6:00 Blackwell Church-MSt	19 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR	20 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
21 I 10:00 Sunday Worship-MSt S 11:00 SUNDAY FAMILY BRUNCH-DR V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	22 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 10:45 Get to Know Me-CR K 1:30 ABC Soup: Vehicles-CR MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Patriotic Signs-CR	23 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:45 Painting Party: The Great Outdoors-CY GF 2:30 Sip & Chat-ALDR MM 3:00 Mindful Moments-CR O 4:00 Picnic & Music in the	24 I 10:00 Nancy's Bible Class-CR V 11:00 Movin & Groovin: Range of Motion Stretches-CR M 1:00 Musical Memories with Nathan-MSt CC 2:00 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My	25 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	26 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR O 6:30 Jazz in July-OG	27 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
28 I 10:00 Sunday Worship-MSt V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	29 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bath Salts-CR	30 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 TJ Maxx-OG MM 3:00 Mindful Moments-CR GF 4:00 Sip & Chat-ALDR	31 I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My First Love-ALDR	Ombudsman: Kirsten Bouthier 812-876-3383 812-372-6918 cell State Survey Results are located at Guest Relations.	Please check your LifeShare schedule for any additions or changes to the Calendar.	Register for Outings at the AL Nurses' Station No Later Than the Day Before the Outing. Weather Conditions May Postpone Outings.

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	1 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bath Salts-CR GF 7:00 Sherri & Peyton's Ice	2 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 Dollar Tree-OG MM 3:00 Mindful Moments-CR S 4:00 Resident Council	3 O 9:30 Bloomington 4th of July Parade I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD S 2:00 HC Resident Council	4 Independence Day V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	5 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR	6 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
7 I 10:00 Sunday Worship-MSt V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	8 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 10:45 Get to Know Me-CR K 1:30 ABC Soup: House Hold Items-CR MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bird Feeders-CR	9 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:45 Painting Party: American Flags-CR GF 2:30 Sip & Chat-ALDR MM 3:00 Mindful Moments-CR O 4:00 Dinner Out & Farmer's	10 I 10:00 Nancy's Bible Class-CR V 11:00 Movin & Groovin: Range of Motion Stretches-CR M 1:00 Musical Memories with Nathan-MSt CC 2:00 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing:	11 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	12 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR O 6:30 Jazz in July-OG	13 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
14 I 10:00 Sunday Worship-MSt GG 11:00 Rummy-CR V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	15 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Patriotic Wreaths-CR	16 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 Dairy Queen & Drive-OG MM 3:00 Mindful Moments-CR	17 I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My Parents-ALDR	18 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR O 1:00 Country Drive-OG GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B I 6:00 Blackwell Church-MSt	19 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR	20 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
21 I 10:00 Sunday Worship-MSt S 11:00 SUNDAY FAMILY BRUNCH-DR V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	22 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 10:45 Get to Know Me-CR K 1:30 ABC Soup: Vehicles-CR MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Patriotic Signs-CR	23 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:45 Painting Party: The Great Outdoors-CY GF 2:30 Sip & Chat-ALDR MM 3:00 Mindful Moments-CR O 4:00 Picnic & Music in the	24 I 10:00 Nancy's Bible Class-CR V 11:00 Movin & Groovin: Range of Motion Stretches-CR M 1:00 Musical Memories with Nathan-MSt CC 2:00 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My	25 V 10:00 Movin & Groovin: Range of Motion Stretches-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR CC 4:00 Country Kitchen-B	26 V 10:00 Movin & Groovin: Range of Motion Stretches-CR I 11:00 Courtyard Crew: Planting Pots-CY K 2:00 Leisure Cart-DD M 3:00 Happy Hour-JP MM 4:00 Mindful Moments-CR O 6:30 Jazz in July-OG	27 I 10:00 Morning Meditation-CR K 11:00 Current Events-CR GG 2:00 BINGO-CR MM 3:00 Mindful Moments-CR K 4:00 Chinese Checkers-ALDR
28 I 10:00 Sunday Worship-MSt V 2:00 Outdoor Walks-O MM 3:00 Mindful Moments-CR K 4:00 Weekend Packets-ALDR	29 V 10:00 Movin & Groovin: Range of Motion Stretches-CR CC 11:30 Library Van Visits-MSt K 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR A 4:00 Crafty Creations: Bath Salts-CR	30 V 10:00 Movin & Groovin: Range of Motion Stretches-CR S 10:45 Chef's Circle-ALDR A 1:30 Jeanne's Pottery Class-CR O 2:30 TJ Maxx-OG MM 3:00 Mindful Moments-CR GF 4:00 Sip & Chat-ALDR	31 I 10:00 Nancy's Bible Class-CR I 11:00 Babette & Jim's Bible Study-CR M 1:00 Musical Memories with Nathan-MSt CC 1:30 Leisure Cart-DD MM 3:00 Mindful Moments-CR I 4:00 Creative Writing: My First Love-ALDR	Ombudsman: Kirsten Bouthier 812-876-3383 812-372-6918 cell State Survey Results are located at Guest Relations. Resident funds are available in the Business Office.	Please check your LifeShare schedule for any additions or changes to the Calendar.	Please Register for Outings with Life Enrichment Staff No Later Than the Day Before the Outing. Weather Conditions May Postpone Outings.

Daily Rhythms
Legacy Lane

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	1 V Drum Circle K Inspired Tales CC Broccoli Salad Supreme Relax & Recharge A Cut Up Art M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	2 V Walk On The Beach K Roll to 20! CC Raspberry Peach Delight Relax & Recharge A Patriotic Wind Catcher M Summer Singin' GG Fair Midway Games Healthy Hands GF Reminiscing Through Photos	3 V Soccer K Yard Sale CC Buttons and Bows Relax & Recharge A Fireworks Sponge Art M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	4 Independence Day V Let's Take A Trip K American Landmarks CC Independence Day Red Velvet Cupcakes Relax & Recharge A Creative Storytelling M Yankee Doodle Dandy GG Aim for the Stars Healthy Hands	5 V Pump It Up K Summer Vacation CC Chocolate Stawberry Trifle Relax & Recharge A Marble Painting M Margaritaville Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	6 V Dance Party K Summer Colors CC Banana Nut Bread Relax & Recharge A Clothespin Trivet M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
7 V Mindful Movements K Categories CC Roast Beef Pinwheels Relax & Recharge A Flower Pounding M Listen to the Wind GG Word Works Healthy Hands GF A Time For Tea!	8 V Drum Circle K Inspired Tales CC Peanut Butter Cookies Relax & Recharge A Sandpaper Art M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	9 V Walk On The Beach K Roll to 20! CC Strawberry Cheesecake Pie Relax & Recharge A Watermelon Painting M Summer Singin' GG Fair Midway Games Healthy Hands GF Reminiscing Through Photos	10 V Soccer K Yard Sale CC Key Lime Pie Relax & Recharge A Poetry Writing M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	11 V Let's Take A Trip K American Landmarks CC Spiced Cocoa Cupcakes Relax & Recharge A Coffee Filter Butterflies M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	12 V Pump It Up K Summer Vacation CC Chocolate Toffee Biscuits Relax & Recharge A Clay Pinch Pots-Day1 M Margaritaville Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	13 V Dance Party K Summer Colors CC Apple Zucchini Bread Relax & Recharge A Clay Pinch Pots-Day2 M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
14 V Mindful Movements K Categories CC Pineapple Cheddar Spread Relax & Recharge A Monet Water Lillies M Listen to the Wind GG Word Works Healthy Hands GF A Time For Tea!	15 V Drum Circle K Inspired Tales CC Loaded Pretzel Cookies Relax & Recharge A Pineapple Prints M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	16 V Walk On The Beach K Roll to 20! CC Creamy Peanut Butter Pie Relax & Recharge A Cling Wrap Painting M Summer Singin' GG Fair Midway Games Healthy Hands GF Reminiscing Through Photos	17 V Soccer K Yard Sale CC Banana Wheat Bread Relax & Recharge A Have a Gentle Conversation M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	18 V Let's Take A Trip K American Landmarks CC Lemon Sparkle Cupcakes Relax & Recharge A Watercolors & Oil M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	19 V Pump It Up K Summer Vacation CC Giant Chocolate Chip Cookie Relax & Recharge A Multi-Stage Process Art M Margaritaville Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	20 V Dance Party K Summer Colors CC Honey Spiced Bread Relax & Recharge A Multi-Stage Process Art M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
21 V Mindful Movements K Categories CC Strawberry Salsa Relax & Recharge A Multi-Stage Process Art M Listen to the Wind GG Word Works Healthy Hands GF A Time For Tea!	22 V Drum Circle K Inspired Tales CC Tropical Muffins Relax & Recharge A Lavander Wands M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	23 V Walk On The Beach K Roll to 20! CC Cherry Pie Relax & Recharge A Wood and Washer Wind Chimes M Summer Singin' GG Fair Midway Games Healthy Hands GF Reminiscing Through Photos	24 V Soccer K Yard Sale CC Orange Banana Nut Bread Relax & Recharge A Zen Doodle Moon Art M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory	25 V Let's Take A Trip K American Landmarks CC Chocolate Zucchini Cupcakes Relax & Recharge A Ask a Beutiful Question M Hats Off to You GG Aim for the Stars Healthy Hands GF Hangman	26 V Pump It Up K Summer Vacation CC Oatmeal Butterscotch Cookies Relax & Recharge A Fibonacci Art Project M Margaritaville Happy Hour GG Sorting Fair Winners Healthy Hands GF LifeShare Games	27 V Dance Party K Summer Colors CC Parmesan Italian Loaf Relax & Recharge A Ribbon Dancers M Campfire Songs GG Name 3 Toss & Catch Healthy Hands GF Old Time Theater
28 V Mindful Movements K Categories CC Veggie Pizza Squares Relax & Recharge A Wall Art - Textured Mixed Media M Listen to the Wind GG Word Works Healthy Hands GF A Time For Tea!	29 V Drum Circle K Inspired Tales CC Pumpkin Bread Relax & Recharge A Wall Art - Textured Mixed Media M Dancing Monday GG Water Balloon Bucket Toss Healthy Hands GF LifeShare Games	30 V Walk On The Beach K Roll to 20! CC Peach Delight Pie Relax & Recharge A Bird Nesting Ball M Summer Singin' GG Fair Midway Games Healthy Hands GF Reminiscing Through Photos	31 V Soccer K Yard Sale CC Zucchini Cupcakes Relax & Recharge A Bird Nesting Ball M Gone Fishin' GG Velcro Catch Healthy Hands GF Shake Loose A Memory			