



HEARTHSTONE

HEALTH CAMPUS

A Trilogy Senior Living Community

Herald

July 2019



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1 week

\$25 = Feeds a child for 1 week

\$50 = Feeds a senior for 1 month

\$100 = Feeds a family for 1 month

*We also have basic levels for outside donors.

...continued on back page

Happy Birthday!

Janet M.	7/06
Colleen F.	7/08
Peggy S.	7/08
Ted T.	7/10
Max F.	7/17
Margaret S.	7/18
Barbara N.	7/18
Deloris B.	7/20
Ted Z.	7/25
Ralph M.	7/29
Doris G.	7/31

Smile of the Month

Mary Alice P. enjoying an outing at May's Greenhouse!



Live a Dream

Did you know Hearthstone has a Live a Dream program? Imagine doing the one thing you have always wanted to do, and through a partnership with the Trilogy Foundation, dreams can become a reality. Please see, Life Enrichment team member for more information.



Executive Director Corner

Every year, I tell myself that I'm not going to miss the cold

weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and

needs. Because you fought to preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Zachary Wilson, HFA
Executive Director

Legacy Neighborhood Spotlight

Campus in Color is in full swing here at Hearthstone! The Legacy Neighborhood has worked hard planting flowers in their courtyard!



A Picnic at the Park

Our resident's took advantage of the beautiful Summer weather and enjoyed a picnic at Karst Farm Park! Our kitchen here at Hearthstone prepared to-go lunches for those in attendance, and we set off for a fun afternoon in the sun! We spent the afternoon at a shelter house that had a nice shady spot to relax, plenty of picnic tables to chat at, and perfect views of the playgrounds and fields at Karst Farm Park! We look forward to more summer fun and outings here at Hearthstone!



Volunteer News

Give the gift of time and have fun! Volunteering as little as two hours per week can help reduce depression, lessen chronic pain, and give your brain a boost. Volunteer opportunities include community outings, Sunday Brunch, Life-long learning, one-to-one visits, Bingo, or sharing a talent or hobby. Please see the Life Enrichment Team or call 812.333.7622.

Gathering Around the Hearthstone

July 11th: Senior Executive Club
Senior Executive club begins at 1:30 in the AL dining room. SEC provides the opportunities to meet new people, enjoy our wonderful food, participate in new activities, and have a group of friends with whom to discuss topics of interest.

July 14th: Brunch Join us for Sunday Brunch starting at 11:00am for a chef-prepared buffet. Loved ones are invited and encouraged to attend.

July 9th: Family Forum with Veteran's Financial
Join us in our Legacy Neighborhood to learn more about the Alzheimer's Resource Center

July 26th: Taste of Trilogy Fair 5:00-7:00 pm.

July 25th Taste of Town:
Square Donuts

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link www.HearthstoneHC.com.

You can follow us on Facebook, simply type Hearthstone Health Campus into the search bar. You can also find us on Twitter. Our handle is @Hearthstone_HC

Happy Hour is weekly at 3:00pm on Fridays in the Stardust Café. Join us for music, appetizers, and drinks!

We go on community outings twice a week. Please sign up in the Activity Room, space is limited!



HEARTHSTONE

HEALTH CAMPUS

A Trilogy Senior Living Community

3043 North Lintel Drive

Bloomington, IN 47404

812-333-7622

hearthstonehc.com |  

Zachary Wilson
Executive Director

Paula McCarthy
Director of Health Services

Janet Thomas
Assistant Director of Health Services

Lynsie Hagg
Customer Service Representative

Brandi Freese
Business Office Manager

Bailey Anderson
Life Enrichment Director

Brenda Wagner
Director of Environmental Services

Cameron Mizell
Director of Food Services

Brandon Jensen
Legacy Neighborhood Director

Tara Todd
Social Service Director

Mary Ann Wininger
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Independence from Hunger

...continued from cover

Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.

Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
V	A	Y	L	A	X	I	J	K	J	A	C	A	M	P	A	I	G	N
K	D	U	R	Z	R	K	F	R	U	U	X	C	O	B	N	Z	S	D
P	P	T	Z	E	Y	B	C	I	U	H	K	O	M	E	J	N	D	R
K	E	S	G	O	F	Y	Y	L	Z	D	O	N	A	T	E	O	B	A
C	K	N	F	W	O	R	A	Q	F	O	R	T	U	N	E	N	G	I
I	U	V	M	U	O	X	A	J	Y	V	C	R	X	M	L	P	S	S
H	M	A	M	S	D	H	U	U	F	X	W	I	I	A	E	E	T	E
Q	B	E	E	W	B	H	F	Z	V	T	O	B	G	Q	G	R	W	V
S	U	V	U	Z	R	L	A	Q	K	J	F	U	O	P	R	I	N	E
L	I	Y	D	C	X	H	H	P	Z	I	B	T	G	M	A	S	P	N
L	Q	H	V	H	L	Q	U	D	P	Z	O	I	G	D	T	H	E	T
W	Q	V	V	A	P	C	D	F	D	Y	F	O	N	B	E	A	G	S
U	X	A	P	N	M	P	S	Z	W	X	R	N	Q	H	F	B	S	Z
U	M	H	S	G	Y	N	J	D	C	N	V	X	Y	K	U	L	G	E
N	K	Q	D	E	F	X	E	K	O	K	S	I	S	O	L	E	N	X
F	W	F	B	A	H	E	U	C	O	L	L	E	C	T	L	E	H	J
V	K	P	M	V	F	T	D	K	C	A	S	H	O	H	J	V	G	G

CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE