



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

*We also have basic levels
for outside donors.

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Happy Birthday!

Residents

July 04	Ann H.
July 15	Bob B.
July 16	G. Woodfill
July 17	Nidia G.
July 20	Dorothy W.
July 25	Martha B.
July 26	Florence N.
July 27	Jeanine N.
July 28	Shirley M.

Staff

July 07	Lori S.
July 09	Darlene L.
July 21	Sarah C.
July 26	Kim Mc.



Executive Director Corner

Every year, I tell myself that I'm not going to miss the

cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July will be upon us! In honor of the holiday, I want to take this opportunity to acknowledge all

of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to preserve our independence, we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you. Keep an eye out for our cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Gwen Reverman
Executive Director

Did You Know...?

Certified Massage Therapist Appointments are available each Monday to residents and their family members. Contact Ashlee Owens for more information.

Happy Hour is every Friday at 3:00pm. Come and join us!

The Trilogy Foundation grants wishes for our residents through Live A Dream. If you can think of some-thing that your loved one would enjoy doing, please contact the activity department (812) 537-5700.

The Private Dining Room, Riverboat Café, and Activity Room can be reserved for families to come and enjoy a birthday party, get together, or to share a meal with their loved one.

Family Forums are held the last Wednesday of each month at 6:00pm. Contact our Legacy Director, Kellee Couch for more details.

SENIOR HEALTH & FITNESS DAY

Residents enjoyed the Therapy Department's annual Senior Health and Fitness Day. It was an Olympic themed event that inspired all to "Go For the Gold!"





Live A Dream

Charma S. lived her dream of doing water aerobics! She enjoyed a wonderful lunch, water aerobics, Dairy Queen, and a stop at Schmidts Bakery! Let us know if we can grant you your live a dream!

Sunday Brunch

July 7th from 11:00 to 1:00 p.m. Reservations are required. All guests of brunch pay \$5.00 per person.

Save the Date

Mark your calendars for August 3rd for our Annual Car Show. See you there!

Smiles of the Month

Myra shares her smile with us during Sing Fit.



OUT AND ABOUT

Legacy visited Schmidts Bakery in Batesville for one last Cherry Thing-A-Ling Fling!



Chef's Corner

May we think of freedom, not as a right to do as we please, but as the opportunity to do what is right." Peter Marshall. Happy Independence month! Thursday, July 4th we will be continuing our Holiday grill outs with some red, white and blue treats. On, July 7th we are back to normal with our monthly brunches, if you are attending please make reservations! You can email abby.siebert@ridgewoodhs.com or call us at (812) 537-5700. For Taste of Town in July, we will be trying out a new Restaurant in town, Snappy Tomato Pizza. Hopefully, the weather will be staying nice and we will enjoy some happy hours out on the patio. Dietary is always looking forward to having some fun, so be prepared for a pop up surprise in July... you never know what we have planned. Like always, if you have any questions or concerns please see Abby for any dining concerns.

RESIDENT SPOTLIGHT

Bob E. was presented the Quilt of Valor while surrounded by family & friends. Thank you for your sacrifice and your service, Bob!





RIDGEWOOD

HEALTH CAMPUS

A Trilogy Senior Living Community

**181 Campus Drive
Lawrenceburg, IN 47025
812-537-5700
ridgewoodhs.com |  **

*Gwen Reverman
Executive Director*

*Bonnie Burnham
Director of Health Services*

*Rhonda McCrory
Assistant Director of Health Services*

*Tonda Denton
Customer Service Representative*

*Ashlee Owens
Business Office Manager*

*Lori Schwipps
Life Enrichment Director*

*Kellee Couch
Legacy Neighborhood Director*

*Adam Clark
Director of Plant Operations*

*Abby Siebert
Director of Food Services*

*Amie Lowe
Social Services Director*

*Milly Rich
MDS Coordinator*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Independence from Hunger

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Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.
Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
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CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE