



Independence from Hunger

As we celebrate our nation's independence from tyranny, our servant leaders here at Trilogy continue to strive for independence from hunger – an ever present threat to the people of our country and the world at large. For our 2019 Independence From Hunger Campaign, we're striving to change the world through our efforts in our local communities.

What is Independence From Hunger?

The Independence from Hunger Campaign, which first began in 2008, is one of two annual

companywide fundraisers that we are proud to support. The campaign began to address the fact that more than 5 million senior citizens currently face hunger in our country. Last year, we provided over 1.5 million pounds of food to benefit local food banks and non-profit organizations. This year, we hope to collect 1.6 million pounds of food through unique, local fundraising events held at all of our Trilogy Senior Living Communities throughout Kentucky, Indiana, Ohio and Michigan.

How Can I Help?

If you or a family member would like to help us achieve this year's goal, we'll be accepting non-perishable food items until July 15th. This will provide us with ample time to distribute your contributions to our local food bank partner. We're also happy to accept any of the following cash donations:

\$10 = Feeds a baby for 1week

\$25 = Feeds a child for 1week

\$50 = Feeds a senior for 1month

\$100 = Feeds a family for 1month

*We also have basic levels
for outside donors.

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Happy Birthday!

Residents

7/1	Julia S.
7/2	Jo S.
7/5	Sharon W.
7/6	Fay G.
7/9	Tom M.
7/10	Kristy H.
7/14	Danny S.
7/27	Alice L.
7/28	Charlene D.
7/31	Gerald K.

Executive Director Corner

Every year, I tell myself that I'm not going to miss the cold weather once it's gone – and July always comes around to prove me wrong! If you're like me and are looking for a way to cool off, I encourage you to stop by for one of our Happy Hours. There is no better way to combat the summer heat than with a nice, refreshing beverage!

Just as sudden as the changing weather, the Fourth of July has already come and gone. In honor of the holiday, I want to take this opportunity to acknowledge all of our veterans who selflessly put duty ahead of their own wants and needs. Because you fought to preserve our independence,

we are able to gather in peace to celebrate our Independence Day. We're forever indebted to your service to us, and it's our pleasure to always serve you.

I hope you were able to see some of the amazing fireworks from our courtyard, and if not, I'm sure they'll still be going off for the next few days! Our local community loves to keep the celebration going, and so do we. Keep an eye out for the cookouts, outings, and personalized activities that we have planned for the rest of the summer!

Yours in Service,

Brent Hayes
Executive Director

Door Usage

Families are not to use the hallway doors to enter or leave the campus. Instead, use the main entrances only.

Guest Driving

Please slow down when driving through the parking lot and the roads near the villas.

Popcorn Wednesdays

Come get popcorn from Life Enrichment every Wednesday Afternoon. Free of charge to residents and guests...50 cents for staff.

Lost and Found

We have a lost and Found rack in the laundry room. Please come see us if your loved one is missing any clothing items.

Massages

Schedule your massage appointment for May with Massage Therapist Kate Young, LMT.

\$65 for 1hr massage

248-231-5283

Volunteer Spotlight: Karen

We'd love to introduce you to our wonderful volunteer, Karen! She is our happy hour volunteer, and she always comes prepared with a joke of the day. Karen is an integral part of our happy hours, and even does crosswords with the residents as well. If you see her say hello!



Please Label Clothing

If you bring in any new items (clothes, blankets, shoes, slippers) for your loved one, please bring them down to the laundry room so that they can be labeled. You may leave them in a bag with the resident's name and room number if no staff are present in the laundry room at the time. If you do not want one of our company labels, you may choose to use permanent marker (available in the laundry room) to identify the item by writing your loved ones initials on the clothing tags. This will help us ensure safe keeping of personal items.



Resident Spotlight: Betty P.

We would like to introduce you to Betty P., one of our residents in the Assisted Living Memory Care area. Betty is so sweet and has the most beautiful, contagious smile! She brings life and laughter into the lives of everyone she meets. Betty's favorite song is "West Virginia" because she was born there. She is always so enthusiastic about what she is doing, whether it be cooking, dancing or crafts. She inspires all of her fellow residents to get involved!



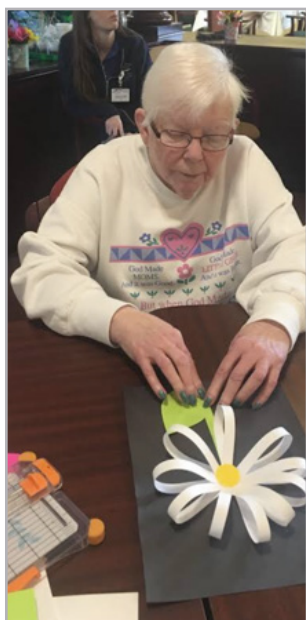
Ponny Morris curating the library

Please Come Check Out Our Library!

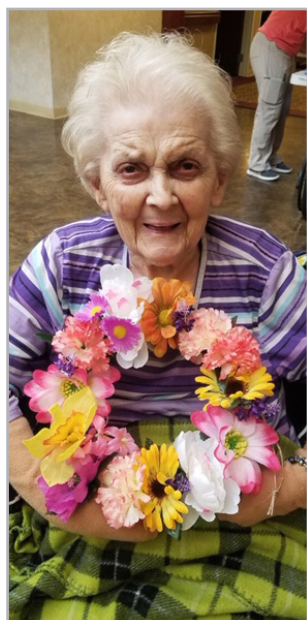
A former resident, Ponny Morris has been diligently working on creating a great library space for the residents at Westlake. It is in the Activity Room near the Assisted Living dining room and looks beautiful. No need to check books out, just borrow and return at your leisure or keep and enjoy!

SNAPSHOTS OF WESTLAKE

We have been having a great time this winter, spending lots of time making memories and making friends. Here are some photos of some of the fun we have been having out and about in the community and in our own backyard!



*MJ creating an
amazing spring craft*



*Helen made a gorgeous
spring wreath*



*Barb is hard at work making
our campus beautiful!*



*Charlene and MJ love
when furry friends visit!*



Friendly Reminder

The campus and its grounds are non-smoking. Please refrain from smoking on the property-including the parking lot and from discarding of cigarettes on the grounds.

Upcoming Events

7/17 Support Group 6-7pm

7/21 Sunday brunch

Volunteer News

There are plenty of resources available for residents and community members that are visually impaired. See a Life Enrichment team member for information on receiving free books on tape.

Life Enrichment is also happy to help provide magazines, books, adult coloring, word puzzles, jigsaw puzzles and other leisure resources as needed.

Out and About

We take the residents on outings each week. Assisted Living and Health Campus typically goes out on Tuesdays and Thursdays. Legacy goes out on Friday's. It would be helpful if you could leave money for your loved on in an account at the business office to use for outings. Many of them are free, but sometimes we go shopping or to the museum. We are also always looking for volunteers to help us on these outings. If you are available to attend with your loved one please let Life Enrichment know! See the calendar or Life Enrichment for more information on where we are going each week!



WESTLAKE

HEALTH CAMPUS

A Trilogy Senior Living Community

**10735 Bogie Lake Road
Commerce Township, MI 48382**

248-363-9400

westlakehc.com |  

*Brent Hayes
Executive Director*

*Madeline Heierman
Associate Administrator*

*Suzanne Poling
Business Office Manager*

*Megan Campbell
Life Enrichment Director*

*Rick Gasperowich
Director of Plant Operations*

*Lori Craig
Director of Dining Services*

*Kim Penn
Director of Environmental Services*

*Marissa Jao
MDS Coordinator*

*Regina Hughes
Legacy Neighborhood Director*

*Casey Bernaiche
Therapy Director*

*Erica Koelzer
Director of Social Services*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Independence from Hunger

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Even if you can't make a
contribution, we're eternally
grateful for all the other
ways in which you
change the lives of
those around us.

Thank you for
always smiling,
laughing with us, and
making our campus
a community which
shares their good
fortune with others!



Word Search

O	W	D	W	C	S	S	F	Q	N	E	Z	X	T	P	K	Y	L	F
W	U	B	G	O	D	N	T	P	O	G	H	K	N	R	G	S	O	U
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CAMPAIGN
CASH
CHANGE
COLLECT

CONTRIBUTION
DONATE
EVENTS
FEED

FOOD
FORTUNE
FUNDRAISE
GRATEFUL

HAPPY
HUNGER
LIVES
NON PERISHABLE